

SAVE THE DATE!

October 19, 2016

for Child Care Council's

Start Bright Gala

at the RIT Inn & Conference Center,
5257 West Henrietta Road

Enjoy dinner,
awards, a
silent auction,
and more!



Board President Jason Kiefer - CEO Barbara-Ann Mattle - Editor Jennifer Weykman

***** LOCATIONS *****

Livingston County Branch Office
3513 Thomas Dr., Suite 4
Lakeville, NY 14480-0670
Phone: (585) 346-6050
Fax: (585) 346-6058

Main Office
595 Blossom Rd., Suite 120
Rochester, NY 14610-1825
Phone: (585) 654-4720
Fax: (585) 654-4721

Wayne County Branch Office
510 West Union St., Suite 1
Newark, NY 14513-9201
Phone: (315) 331-5443
Fax: (315) 331-5271



CARING MATTERS

September 2016

Join Child Care Council for our Fall Conference

Oct. 22, 2016, 9:00 a.m. - 4:00 p.m. (with lunch)
Eisenhart Auditorium at the Rochester Museum & Science Center



play safe! be safe!

Morning Session:
play safe! be safe! award-winning fire safety education program for children — presentation by **Dr. Robert Cole**, program author and Associate Professor, University of Rochester Medical Center

- Presented in English & Spanish

Sponsored by BIC Corp.



Afternoon Session:
Presentation by **Byron V. Garrett**, National Family Engagement Alliance Chairman

- Author of "The ABC's of Life" and several other books
- Accomplished speaker who has delivered presentations across the U.S., Europe, Africa, and the Caribbean

Sponsored by Joan Frazier



Register online at childcarecouncil.com or complete the enclosed registration form.



Family Focus



Vroom

Parents and caregivers play an important role in building a child's natural curiosity.

Vroom Tips help parents and caregivers to feed this. One example of this is *Baby Chef*

<p>Baby Chef Ages 1-2</p> <p>Making meals offers amazing things for your child to see, smell, hear, touch and taste. Sit him/her safely in their highchair and talk back and forth about what you are cooking. Give him/her a piece of banana to mush and eat, or some cereal to munch.</p>	<p>Brainy Background</p> <p>Powered by Mind in the Making Having your child there when you cook may not seem like doing much. But you are building on his/her natural curiosity when you talk about what you are doing. Inviting him/her to explore new things will serve him/her well in school - and for the rest of his/her life.</p>
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Making comparisons and using working memory to group into categories are important in the development of math skills. Example: *His Hair, Her Hair*

<p>His Hair, Her Hair Ages 2-3</p> <p>When you are brushing your child's hair, talk to him/her about how his/her hair compares to others'. "Who has hair that's curly like yours? Who has hair that is the same color as yours? Who has hair that is the same color as mine?"</p>	<p>Brainy Background</p> <p>Powered by Mind in the Making Back and forth conversations about how your child's hair compares to others' help him/her learn to pay attention to what he/she sees, to use his/her memory, and to group things into categories-all important in the development of vocabulary and math skills.</p>
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CCC Membership Benefits and Application

Individual-Non-Child Care Membership—\$35.00/yr

- Loan privileges at the Early Childhood Professional Libraries
- My First Library loan privileges for your own children between the ages of 6 wks thru 5 yrs
- Free Notary Public Services
- Council Pin, Lanyard, Tote Bag or Carabineer Key Tag

Child Care Center Staff Member, Registered Family Child Care Provider or Legally Exempt Child Care Provider Membership—\$50/yr

- All Benefits Above Plus**
- 50% discount on Business Center Services
 - 10% membership discount every Tuesday on Recycle Shop purchases
 - Substantial member savings on Council offered classes and events

Non-Child Care Organization Membership—\$75/yr

- All Benefits Above Plus**
- \$5.00 discount on individual staff memberships in the Child Care Council

Single Site Group Family Child Care Provider—\$75/yr

- All Benefits Above Plus**
- Substantial member discount on in-service training at your location
 - Substantial discount on Council classes and events for provider and assistants

Child Care Center, Nursery School, School-Age, Multi-Site Group Family Child Care Membership

- | | | |
|--------------------------------|-------------------------------------|-----------------------------------|
| All Benefits Above Plus | ➤ \$150.00/yr (1-10 staff members) | \$250.00/yr (21-30 staff members) |
| | ➤ \$200.00/yr (11-20 staff members) | \$300.00/yr (31+ staff members) |
- Substantial Discount on Individualized Training Program and In-Service Sessions
 - All staff members eligible for substantial member savings on Council classes and events

CCC Annual Membership Application

- Individual Membership (\$35)
- Center Staff Member Membership (\$50)
- Family Provider Membership (\$50)
- Single Site Group Family Child Care Membership (\$75)
- Non-Child Care Organization Membership (\$75)
- CACFP Family Provider (\$25)
- CACFP Group Provider (\$37.50)
- Center
 - Nursery School
 - School-Age
 - Multiple Site
 - Group Family
 - 1 - 10 Staff Members (\$150)
 - 11-20 Staff members (\$200)
 - 21-30 Staff members (\$250)
 - 31+ Staff members (\$300)

Mail form & payment to:
 Child Care Council Membership
 595 Blossom Road, Suite 120
 Rochester, NY 14610

Membership Fees are non-refundable

Please one

New Membership

Renewal Membership # _____

Name _____ Home Phone () _____

Home Address _____ City _____ Zip _____

Center Name _____ Center Phone () _____

Center Address _____ City _____ Zip _____

Total \$: _____ MC/Visa# _____ Exp. Date _____ V# _____

(3 digit # on back of credit card)

Amount Enclosed: _____ - Check # _____ Signature: _____

Please check one: Council Pin Lanyard Carabiner Key Tag



EXCELLENCE IN EARLY CARE AND EDUCATION
WITH EQUAL ACCESS FOR ALL FAMILIES

QUALITY INVESTMENTS FOR CHILDREN

Quality Investments for Children (QIC) is a statewide initiative which seeks to not only educate communities about the importance of Quality, but to generate new resources that support Quality, such as volunteers, grants, in-kind donations, and the influence of community leaders. The first phase of the program is the United to Promote Quality campaign, which seeks to educate the community and raise awareness.

What is Quality?

Quality is defined as high quality early learning experiences, which help a child to thrive. It can also be described as those events, activities, environments, relationships and factors that have a positive impact on a young child's cognitive, physical, social, and emotional development.



For more information, visit
www.earlycareandlearning.org
or call ECLC at 518-690-2887



"...the QIC program is
the most comprehensive
approach of its kind that
I have seen anywhere."

— Bill Millett, President, Scope
View Strategic Advantage

The campaign is a partnership effort between the Early Care & Learning Council (ECLC) and the network of Child Care Resource & Referral (CCR&R) agencies serving as quality resource centers throughout the state.



What I Need...Through the Eyes of a Baby!

By: Rose Shufelt, Infant Toddler Specialist

- **I need a caregiver...**who will hold me when I am crying and when I am happy. Please be patient with me when I am sad and hard to console. Don't be afraid to pick me up and cuddle me both when I am happy or sad. When I am in your arms, I feel safe and secure.
- **I need a caregiver...**who talks with me, sings with me, and tells me stories. Hearing your voice and your words helps me learn language and recognize sounds. When you respond to my cooing and babbling, I learn that what I have to say is important.
- **I need a caregiver...**who will create an environment that keeps me safe and healthy. By removing any dangerous or harmful materials from my play space, lets me explore my environment without the fear of getting hurt.
- **I need a caregiver...**who works hand in hand with my family. Consistency with my home environment will help both of our days run smoothly.
- **I need a caregiver...**who understands the importance of having objects and pictures from home. I need to have the security of things that I know with me all day. I love my blankie!
- **I need a caregiver...**who gives me time to explore and learn. By offering a variety of play experiences, you are helping my brain make connections and you are fostering my physical, cognitive, emotional and social development.
- **In return...**I will greet you in the morning with big smiles and reach out to hug you when it's time to say goodbye.
- **In return...**I will point to and pull you over to see the many new discoveries that I will make as I play. I want to share everything with you.
- **In return...**I will talk to you with babbles and coos. I have a lot to tell you.
- **In return...**I will kick and move my body in excitement when you walk into the room. You are a very special person in my life.
- **In return...**I will hold your fingers, pull your hair, smile, and laugh when you are feeding me or rocking me to sleep. Routines are a very important part of our day.
- **In return...**I will grow in leaps and bounds in your care.
I am ready and waiting. Please take care of me!

Welcome Our New Health Care Consultant!

By Joanne M. Buell RN, MS, Health Services Coordinator

Child Care Council, Inc. Health Services Department is excited to welcome our new Health Care Consultant, **Colleen Barron RN, BSN**. Colleen has a strong background in pediatric care having worked in a pediatric emergency department and most recently as a pediatric phone triage nurse.



Colleen, Chris Meagher, RN, BSN, and I, our Health Services team, are available to assist all school age, center and home based child care programs with their health needs. Some of the services offered are:

- * Assistance in development and revision of the program's Health Care Plan.
- * Consultation on health conditions of program children and staff.
- * Consultation and recommendations on exclusion criteria.
- * Assistance in development of a Health Care Plan for individual children with special health care needs.
- * Review and signed approval of the Health Care Plan for medication approved programs as the program's Health Care Consultant of Record.

Our services are delivered through the following:

- * Unlimited phone, email or fax assistance.
- * Appointments at the Child Care Council, Inc. offices.
- * On-site visits at the child care program (a fee may apply).

Per OCFS, medication approved child care programs require a Health Care Consultant of Record to review and approve the program's Health Care Plan policies and practices. The Health Care Consultant and the program work together to put into practice the policies outlined in their Health Care Plan and monitor the on-going compliance with these policies. Child Care Council Inc. is required to

charge a fee for on-site Health Care Consultant services. We have established a basic Health Care Consultant Agreement that consists of all of the above services and one annual on-site visit. An enhanced Agreement is available for programs seeking up to four annual visits per year. Contact our Health Services Team for details.



Colleen, Chris, and I work hard to deliver the health services that you and the children in your care need. We look forward to partnering with you as you provide quality care for the children in your program.

Contact our Health Services Team by calling (585) 654-4720 or email me at j.buell@childcarecouncil.com

Emergency Regulations

In July of this year, NYS enacted emergency regulations which affect all modalities of child care.

What are emergency regulations?

An emergency regulation is a regulation that has been adopted on an expedited, temporary basis because the Office of Children and Family Services (OCFS) has determined that it is necessary for the preservation of the public health, safety or general welfare, and that it would be contrary to the public interest to delay the adoption to comply with the ordinary process for adopting regulatory proposals.

An emergency regulation is effective immediately when it is filed with the Department of State. An initial emergency filing expires in 90 days. Emergency regulations may be re-adopted. A re-adoption is effective for 60 days from date of filing.

Where can I find the new regulations?

The regulations can be found at :

<http://ocfs.ny.gov/main/legal/Regulatory/er/default.asp#daycare-safety>.

Why were emergency regulations enacted?

These regulations are necessary to protect the health, safety and welfare of children in licensed and registered child day care programs throughout New York State, and to better protect children from programs that do not have the required license or registration to operate.

How can I comment on the new regulations?

Comments will be accepted until September 12, 2016 in the following forms:

Email- info@ocfs.ny.gov

Or

Mail: Public Information Office, New York State Office of Children and Family Services, 52 Washington Street, Rensselaer, New York 12144

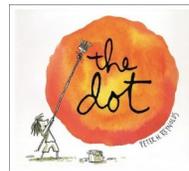
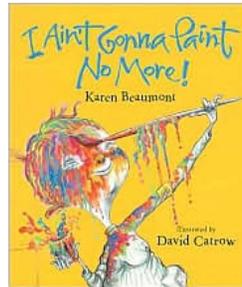
**include the following description in the subject line of an email or heading of a letter: 'Child Care Safety Regulations'.

Language and Literacy Tips:

Two Books to Encourage Creativity

- *I Ain't Gonna Paint No More!*
By Karen Beaumont
- *The Dot* by Peter H. Reynolds

These books have eye catching illustrations and sassy, soulful stories. Perfect books to encourage your reluctant little artists and their journey in self-expression.



**THE REPURPOSE AND MORE STORE
ITEM OF THE MONTH IS:**

Bag full of
Foam Pieces

\$1 per bag



Updates to Your Legally Exempt Enrollment

By Gina Barber, Legally Exempt Enrollment Specialist

As a legally exempt provider, your enrollment is renewed yearly. It is important you get your re-enrollment paperwork to us on a timely basis so that we can ensure there is no lapse in your enrollment period. At this time, you are responsible to update your enrollment and notify us if you are still doing child care for any subsidized families. Throughout the year of your enrollment though, you may also have changes to your program. It is **IMPORTANT** that you share any changes to your program with your enrollment specialist so we can determine if your program is remaining in compliance with NYS regulations. Changes may include, but are not limited to:

- * adding/changing household members over 18
- * children entering or leaving care (this includes non-subsidized children as well)
- * change of location of care
- * change of the hours of care
- * any major events in your home (flooding, fire, home improvement projects) that may create hazards in your home

Please be aware that you may also have to notify your local department of human services as well as your CACFP representative of any changes to your program. Notifying one department does not mean all departments will be notified of changes so making sure all are aware is important.

If you ever have any questions regarding your enrollment or whether our office should be notified of changes please call us at **(585) 654-4720** and we will be happy to assist you and explain the guidelines and regulations for legally exempt care to you.





Putting Vegetables in the Spotlight

By Chelsea Peckham, CACFP Specialist

Breaking down aversions to vegetables is difficult. It's important to continue to introduce and serve new vegetables to children in the hope that they will try and enjoy these food items. But many times, parents and providers report feeling wasteful and hopeless in the quest for children to eat their vegetables. No matter how many times carrots are served, they end up in the trash.

A study done by Texas A&M University looked into the food patterns of children, specifically when and why kids choose to eat their vegetables, and when they don't. After looking at plate waste data for the 8,500 students participating in the study, they found what affected whether children ate vegetables had to do with what else was on the plate.

"Kids, in short, are much more likely to eat their vegetable portion when it's paired with a food that isn't so delicious that it gets all the attention. When chicken nuggets and burgers, the most popular items among schoolchildren, are on the menu for instance, vegetable waste tends to rise significantly. When other less beloved foods, like deli sliders or baked potatoes are served, the opposite seems to happen." Article by Robert Ferdman, Washington Post, <https://www.washingtonpost.com/news/wonk/wp/2015/09/29/researchers-have-found-a-simple-way-to-get-kids-to-eat-more-veggies/>

What does this mean? It's time to be mindful when preparing meals. Think of the vegetable as the star you are trying to feature on the plate. Consider serving a variety of colors, textures and flavors when making and planning meals. Try serving a vegetable when it isn't in direct competition with a kid favorite food item. Encourage children to try/eat their vegetables first, when they are the most hungry. This allows vegetables to shine without being overshadowed by the entrée on the plate.

And remember, it's great to be persistent when serving vegetables but never to be pushy. Keep things positive, don't bribe or reward children with food, and allow them to pick between two food choices to put them in control of what is on their plate. Don't get discouraged, you're teaching healthy habits that make a difference!

Looking for ideas to add variety to your meals/snacks? Try these tips:

Eat the rainbow: You can choose to focus on a specific color at a meal and ask your children to help you come up with the food item that matches the color you had in mind. Or you can ask the child what color they should eat for snack, allowing them to feel like they are in charge.

Prepare vegetables differently: Some children are partial to certain textures which can make certain preparations of vegetables undesirable. Change it up! Serve both raw and cooked varieties of foods to find the preparation that works best. Vegetables can be served steamed, boiled, roasted, baked, sautéed, and, of course, raw! You can also change flavors by adding herbs, spices or sauces that highlight your ingredient.

Be a role model: If you're constantly avoiding vegetables yourself, children are going to think it's okay to skip their portions too! Be adventurous with children, try new foods, and make sure children know it's all right to have favorite and not so favorite foods because grown ups do, too!



Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Livingston County-Lakeville & Wayne County-Newark

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

September 2016

- 5th - Office Closed for Labor Day
- 30th - Child Care Council Staff Retreat-Office closed

October 2016

- 10th - Office Closed for Columbus Day
- 26th - Staff Meeting - Office closed 10am-Noon

Check out our social media pages!

Twitter	https://twitter.com/ChildCareCoun
Facebook	https://www.facebook.com/ChildCareCouncilinc
Pinterest	http://pinterest.com/ccouncilinc/
YouTube	http://www.youtube.com/user/ChildCareCouncilinc



In Memory of Linda

It is with deep sadness that I must tell you that Linda Stilson, our friend and dedicated colleague, died this past August 10th.

Linda was a home child care provider in the early 1980's before coming to work for us as an Administrative Coordinator. For the past 13 years, she tirelessly helped countless providers register for classes at Child Care Council, offering guidance and support, processing payments, and making sure rosters and certificates were printed for every class. She was one of the most dedicated and committed members of our staff. Her helpfulness,

friendly smile, devotion, and gentle demeanor were greatly appreciated by her family, providers and staff alike.

Please keep her family in your thoughts and prayers, and take a moment to remember Linda and all the things she did to help everyone who spoke with her. We will all miss her very, very much.

Brian Waldmiller
Chief Financial Officer



The U.S. Consumer Product Safety Commission is charged with protecting the public from unreasonable risks of injury or death from thousands of types of consumer products under the agency's jurisdiction. The CPSC is committed to protecting consumers and families from products that pose a fire, electrical, chemical, or mechanical hazard or can injure children.

Following is one of the important recalls to be found on the CPSC website at www.cpsc.gov. On the site you can sign up to receive alerts through many avenues including email, YouTube, and Twitter.

Recall Summary

Name of product: Video baby monitors

Hazard: The video monitor's batteries can overheat, swell and expand and cause the battery cover to open or come off. This can expose hot batteries, posing a burn hazard to consumers.

Remedy: Refund-Consumers should immediately stop using the recalled monitors and contact Lorex to receive a full refund.

Consumer Contact: Lorex toll-free at 844-265-7388 from 9 a.m. to 5 p.m. ET Monday through Friday or online at www.lorextechnology.com and click on "Product Recalls" for more information.

Description: This recall involves Lorex Care 'N' Share video baby monitors. The model numbers included in this recall are WL3520, WL4320 and WL3401. The model numbers are printed on the back panel of the monitor. The monitors were sold in bundles with cameras. The monitors contain a blue lithium polymer battery and measure about 4 inches tall by 5 inches wide. The monitors have a white plastic back and either a white or black border. "LOREX" or "The Lorex Baby" is printed below the monitor screen.

Incidents/Injuries: The firm has received 488 reports of batteries overheating and expanding; about 140 reports involved the swelling of the battery pack, causing its plastic casing to open or come off. No injuries have been reported.

Sold at: Babies "R" Us, B&H, Best Buy, The Home Depot, Walmart and online at www.amazon.com and www.lorextechnology.com from May 2013 through April 2016. The video baby monitors were sold in bundles for between \$60 and \$140.



Accommodations vs. Modifications

By Bethany Williams, Special Needs Services Coordinator

Accommodations and modifications are terms that you may hear when you have a child that receives special education services in school. Sometimes these words are confusing for parents, but crucial to the success of their child while they are in school. Therefore, it is necessary to understand what accommodations and modifications mean in the world of special education.

An accommodation is something that changes how a student learns, but doesn't change the instruction itself. Students are still expected to answer the same questions as all of the other students in the classroom. For example, a child with a hearing or vision deficit may be seated at the front of the classroom, but participates in the same curriculum as the rest of the class.

A modification changes what a student is expected to learn. Modifications alter the curriculum or the instruction for students with disabilities. However, according to the U.S. Department of Education they should be "aligned with State academic content standards for the grade in which a child is enrolled...so that the child can advance appropriately toward attaining those goals during the annual period covered by the IEP" (Individual Education Program). IEP teams should create goals that are "ambitious but achievable."

For parents it is important for them to remember the following when meeting their child's IEP team:

- 1) Make sure any proposed accommodation and modification are clearly spelled out in your child's IEP.
- 2) Be aware of how the proposed accommodations and modifications align with your state's academic content standards and meet your child's needs.
- 3) Determine how the proposed accommodation and modifications will help close any grade level gap in your child's performance.

Schools are required by law to use appropriate accommodations and modifications for children receiving special education services.

 **A Closer Look** 



**Preparing Your Home
For Child Care**
By: Augie Espenmiller



Maintaining our homes for child care can be challenging. How do we ready our homes for child care? Here is a list of the areas in the home and the measures that should be taken to ready your facility:

Bathroom

- All electrical appliances in the bathroom should be stored in a closed cabinet or drawer during child care hours.
- It is recommended that any toxins or other hazards NOT be stored in the bathroom (such as medications, cleaning supplies, razors, etc). A better alternative would be a different location either up high or locked.
- Garbage should be covered and inaccessible to children.

Emergency Planning

- Working smoke detectors should be mounted on the ceiling on every level of your home. Carbon Monoxide detectors, located on the floor used for napping, are required.
- Exits should be kept unblocked and free of clutter.
- Emergency phone numbers posted by the phone should include 911, poison control and your phone number and address.

Kitchen

- Knives and other sharp objects must be kept out of children's reach or locked up.
- Garbage should be in a covered container that is inaccessible to children.
- Dog and cat food, water dishes and litter boxes must be inaccessible to children.
- Tinfoil, plastic wrap and plastic bags should be inaccessible to children.



COURSE REGISTRATION FORM

For Health & Safety or Business 101 Series, NYS License/Registration Booklet #: _____

Name _____ Home Phone _____

If your name has changed, please write your previous name below

_____ Work Phone: _____

Child Care Council Membership # _____ Email Address: _____

Home / Mailing Address _____

City/Town _____ Zip _____ County _____

Is this a change of address or contact? ___ Yes ___ No

Business/Center Name _____ County _____

___ Family Child Care Facility ___ Group Family Child Care Facility ___ Legally Exempt Provider

___ Child Care Center ___ School-Age Child Care Program

___ Other _____

Home Language _____ Interpreting Services Requested ___ Yes ___ No

COURSE TITLE	COURSE DATE	LOCATION	COURSE FEE
		Lakeville Rochester Newark	
			\$
			\$

Check here If registering for the 2016 Fall Conference listed below.
Registration deadline is October 7, 2016

Fireproof Kids and Byron Garrett	October 22, 2016	Eisenhart Auditorium at RMSC	\$ 25.00
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Registrations **MUST** be received at least one week BEFORE class

Please mail this form, with your payment to:

Child Care Council, Inc.
595 Blossom Rd., Suite 120
Rochester, New York 14610

Attention: Finance Department

<i>Office Use Only</i>	
EIP technical assistance by: _____	Date _____
EIP Application Received _____	
EIP Award Letter Received _____	
PO Completed for EIP Reimbursement _____	

Revised June 2016

Method of Payment

Cash \$ _____

Check # _____ \$ _____

EIP Award # _____ \$ _____

Child Care Council Voucher
(please enclose) \$ _____

Visa/Mastercard \$ _____

Card # _____
(Three digits from back of card) V# _____

Name of Card Holder _____

Expiration Date _____

Signature _____

Total Enclosed \$ _____

Child Care Council courses, links to SUNY videoconference information, and EIP applications, are available at www.childcarecouncil.com

Individual Classes Continued

Wayne County Professional Development Group

Instructor: Colleen Peno

Newark

Sept. 12th, Oct. 3rd

Family and Group Family child care providers meet together once a month to network, support each other and participate in a training chosen by the group. There is a different topic each month. If you would like to join the group, please contact us for the details. (585) 654-4794

Series Classes

Programming with a Purpose

This series is designed to help participants develop a Child Care Program that is developmentally appropriate and will help to support children in their quest for exploring and learning through an environment that is designed with their needs in mind. Participants will leave the series with a “tool box” of ideas, materials and references to support their program and the work they do with children. Topics that will be explored are:

Programming with a Purpose, Playing with a Purpose, Planning with a Purpose and Proving the Purpose is in the “Pudding”.

Sept. 12th, 19th, 26th and Oct. 3rd - Rochester

Behavioral Support Training Series

This three part training series provides an important opportunity to educate child care providers on topics that are crucial when working with children with disabilities and also gives them a chance to expand the scope of their work with children with special needs and their families.

Participants must enroll in the entire series.

Sept. 20th, 22nd & 27th - Newark

Special Needs Series

This 5 week series is designed to highlight key topic areas in Special Education. By attending this training, you will learn the skills you need to successfully work with children who have developmental disabilities. Participants must enroll in the entire series.

* Down Syndrome *Autism * Cerebral Palsy
* Meltdown Management * ADHD

Oct. 4th, 6th, 11th, 13th, 18th - Newark

Legally Exempt Provider Classes:

The Legally-Exempt Training Series is for any in-home or family legally-exempt provider who wishes to enhance their knowledge and their reimbursement rate. Participants will learn about topics such as business regulations, child development, child abuse, and SIDS while interacting and networking with other providers.

Basement

- Furnace/laundry area should have a locked door or be inaccessible for children, with at least 3 ft of clearance around the furnace.

Outside

- Protective ground covering should be underneath all outdoor play equipment that could pose a fall hazard (teeter-totters, swings, and slides). Acceptable ground cover: sand, mulch, rubber matting.
- Bolts or screws on play equipment should be covered with plastic safety caps.
- Hot tubs and large trampolines must be inaccessible to children during child care hours.
- Lawn should be free of animal excrement.

Throughout Your Home

- Remove cords that are frayed, cut, or located where children could easily trip or pull heavy objects on to themselves (lamps, irons, etc.).
- Eliminate strangulation hazards by tying up cords from window blinds.
- Barriers should be in place to protect children from unsafe areas.
- Make sure that all painted surfaces are free of chipping or peeling paint.
- Poisonous plants should be removed from the home or kept in a place inaccessible to children.
- Safety outlet plugs should be installed in all rooms children have access to.
- Firearms and ammunition must be locked and out of children’s reach. Ammunition should be stored separately from the firearm.
- Cleaning supplies should be labeled and locked away inaccessible to children.

Please refer to the OCFS regulations of your modality of care for further guidance.



Reference: 4C Helping Communities Help Children <http://www.4-c.org/certification/preparing-your-home-for-child-care.html>

CLASSES AT CHILD CARE COUNCIL SEPT-OCT 2016

Are you interested in becoming a Family or Group Family Child Care Provider?

Follow the path to your new child care business! New York State requires that you attend an orientation class prior to ordering an application. You may attend a [Child Day Care Orientation](http://www.ocfs.state.ny.us/main/childcare/infoproviders.asp) class online at <http://www.ocfs.state.ny.us/main/childcare/infoproviders.asp> - or - Take a live, interactive class with us! Call 585-654-4720 for dates and times.

Once you complete the orientation, if you choose to proceed with Family or Group Family Child Care Registration or Licensing, you will need to fulfill your training requirements.

Child Care Council offers a comprehensive training package to meet your needs

The Child Care Business 101 Series covers all or your training needs including:

Health and Safety	First Aid and CPR	Program Development
Introduction to CACFP	Taxes	Business Class

All included for the Health and Safety registration fee which is refundable upon completion of Registration or Licensing. PLUS you will receive a complimentary Child Care Council Membership with full payment at registration, and giveaways to help you start your business!

Child Development Associate Classes (CDA)

Participants may choose one of three specializations: Infant/Toddler, Preschool, or Family Child Care. CDA Courses at Child Care Council, Inc. are designed for potential candidates to complete their 120 hours, assist with the development of competency papers, and create a professional portfolio. CDA Courses are available in the evenings.

Classes meet weekly and are from 6:00 pm- 9:00 pm.

NEXT CLASS: Starts 9/12 in Spanish, 9/29 in English

Preparing for the CDA Credentialing Process

- * Have you completed the CDA course but never took the test?
- * Did you let your credential expire and haven't renewed your CDA?
- * Did you create a portfolio under the old system but want to apply for your credential now?
- * Did you take the CDA on-line but need help with the portfolio?
- * Did you take CDA at a high school BOCES program but never continued the process?

This series is perfect for you! We will be focusing on three main topics: Navigating the new CDA 2.0 Credentialing Process, Developing a Professional Portfolio, and Preparing for the Verification Visit and CDA Exam.

To receive a Course registration package, call (585) 654-4798.

Specialty Classes:

Medication Administration Training (MAT)

In order to administer medication to children in New York State, Day Care regulations require this training. There are several options available to obtain or renew this training. To learn more about these options contact one of our MAT certified instructors. Upcoming dates are:

MAT Training: Sat. Sept. 17th & 24th—Rochester

MAT Independent Study Classes

Sept. 13th, 9:30am-12:30pm - Rochester

Sept. 22nd, 6pm-9pm - Lakeville

Oct. 4th, 10am-1pm - Rochester

October 12th, 6pm-9pm - Rochester

American Red Cross First Aid and CPR—Infant, Child and Adult CPR and Basic First Aid

Sat. September 10th, 9am-2pm—Rochester September 19th & 21st, 6:30pm-9pm—Newark

Sat. September 24th, 9am-2pm - Newark Sat. October 15th, 9am-2pm - Rochester

Sat. October 29th, 9am-2pm - Lakeville

CLASSES AT CHILD CARE COUNCIL SEPT-OCT 2016

Individual Classes: All classes are 6:30-9:00 pm unless otherwise noted.

Prepare For Nutritional Success

Instructor: Jodi VerWeire

**Newark
Rochester**

**Sept. 10th, 9am-11:30am
Oct. 15th, 9am-11am**

Effective menu planning rewards you with time, money, and happy children. In this class you'll learn to effectively plan new, exciting menus that will get you out of the rut of serving the same foods all the time, and will leave the kids in your care smiling. You'll get new tools, recipes, and strategies to keep kids eating healthfully, and save you time. You'll also learn how to incorporate learning into every meal, and why it is important for you to "swap the 7."

Simple and Fun Math Activities

Instructor: Jennifer Shook

Rochester Sept. 15th

Providing math experiences for children doesn't have to be hard! We will explore activities to help young learners discover mathematical relationships and patterns. Participants will discuss the five components of mathematics and learn how careful planning can support these components.

Asthma 101

Instructor: Joanne Buell

Rochester Sept. 19th

Child Care Council, Inc. has partnered with the American Lung Association to offer an endorsement of child care programs that are friendly to children who have asthma. This endorsement begins with training in asthma and the specific care needs required by these children including asthma information, correct medication administration techniques, emergency planning, and environmental measures.

Full Serving of Nutrition

Instructor: Chelsea Peckham

Rochester Sept. 22nd

As caregivers you are aware that infants, toddlers, preschoolers, and school age children want to be very independent and can be picky when it comes to feeding themselves foods that they choose to eat. Feeding a young child is not always simple. They may want to eat the same food three days in a row and then refuse to touch it the next day, or they won't touch their lunch but beg for a cookie. Why do children do this? How can we help them get in a full serving of fruits and vegetables at every meal? What are the correct serving sizes for each age group?

Let's explore these frequently asked questions together in this class.

Sparkling Creativity through Repurposed Materials

Instructor: Anne Leone

Rochester Sept. 26th

Join us for a fun filled evening in our newly remodeled and renamed Repurpose & More Store (formerly the Recycle Shop). Cheap and easy ideas will be given for you to transform ordinary materials into spectacular creations. Bring home a free bag of treasures to use in your child care program.

Making Your Own Art Supplies

Instructor: Anne Leone

Rochester Oct. 18th

This interactive class will explore different cost effective ways to create art supplies. We will discuss the value of making your own art supplies with the children. We will explore process art and its many benefits. The participants will leave with several ideas for art and sensory activities to do with children in their program.

Know the Regulations - Family Child Care

Instructor: Diane Deveney

Rochester Oct. 27th

Are you familiar with the changes to the NYS Child Care Regulations? Would you like a refresher on the original regulations? Become familiar with both new and old regulations, required forms, documents, and regulations regarding child abuse.