

Congratulations to Expressive Beginnings Child Care for opening their third location in Greece.

Our staff attended the ribbon cutting and open house on June 21, 2016. The center is located at 1680 Stone Rd.



Congratulations to the graduates of CDA #82!
You all worked hard and should be very proud.
Our best wishes for your continued success as you pursue your Child Development Associate Credential.



Pictured: Tara Baleno, Jennifer Shook-Instructor, Anika Hollis, Filishia Foster, Shawna Gilbo, Melissa Gordon, Amber Williams, Carolee Malin, Jennifer Wlagrove, Sarah Legler, and Sarah Miller
Not pictured: Victoria Goehring, Mary Caryk and Maria Necci

President Jason Kiefer - CEO Barbara-Ann Mattle - Editor Jennifer Weykman

***** LOCATIONS *****

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Rochester, NY 14610-1825
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Fax: (585) 654-4721

Wayne County Branch Office
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Newark, NY 14513-9201
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Fax: (315) 331-5271

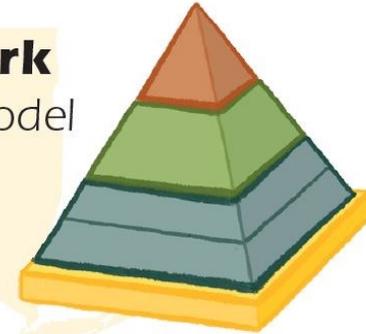


CARING MATTERS

July/August 2016 - Vol. 35 Issue 7/8



New York
Pyramid Model
State



Promoting Social & Emotional Competence in New York's Young Children

Social and emotional well-being sets the foundation for the development and learning of infants, toddlers and young children. The Early Childhood Advisory Council - comprised of experts in child care, education, health care, family support and mental health - has identified the critical need to better support and teach young children and families social and emotional skills. In response, the New York State Council on Children and Families took the lead in bringing together a team of public and private agencies to form a new partnership to provide more early childhood professional development opportunities.

This new partnership, the **New York State Pyramid Model Partnership**, will promote the statewide use of the Pyramid Model, an evidence-based framework proven to be an effective approach to building social and emotional competence in all early care and education programs.

Continued on page 3



Vroom

Parents and Caregivers play an important role in helping children to learn and think like scientists and detectives. Vroom Tips can help you to engage your children in math and science activities in everyday moments.

Bath Bottle

Give your child a clear plastic bottle to play with in the tub. How many different things can he/she do with it? Push it under the water? Fill it with water? Float it like a boat? As your child tries something new ask him/her, "What do you think will happen?"

Ages 4-5

joinvroom.org

Brainy Background
powered by Mind in the Making

Your child likes to make things happen. And it is even more fun when you watch and share your child's pleasure by having him/her guess what will happen as he/she discovers more about his/her world and impact on how things work. When your child plays this way, he/she is thinking like a scientist.

For more activities like these, check out the free Daily Vroom mobile app!

Math: Vroom Tips build on a child's number sense and encourage use of numbers in everyday activities, and Vroom Tips go beyond counting and have children look at groups of relationships, make estimations, think about larger and smaller and higher and lower. Example: *Playtime Picks*

Playtime Picks

Pick a color or letter with your child and, together, go on a scavenger hunt to find as many things as you can in three minutes. How many things in the house are blue? Count out loud together as you find each item. You can also play with letters: How many things do you see that start with T?

Ages 4-5

joinvroom.org

Brainy Background
powered by Mind in the Making

"I Spy" games like this one are great brain builders. They make your child aware of his/her environment and teach him/her to make connections between similar things. You can try this game with letters, colors, shapes - anything really!

For more activities like these, check out the free Daily Vroom mobile app!

Congratulations to The Latino Services Team for winning the first Catherine A. Riley Innovation in Quality Prize at the annual luncheon of the Early Care and Learning Council in Albany on June 8th.



Pictured Left to Right are the members of the Latino Services Team:

- Javier Ortiz, Repurpose and More Store Specialist
- Josean Vargas-Rodriguez, Referral Specialist
- Brenda Colon, Legally Exempt Inspector
- Lynne Fisher, Registrar
- Hector Santiago, Coordinator of Latino Services



The U.S. Consumer Product Safety Commission is charged with protecting the public from unreasonable risks of injury or death from thousands of types of consumer products under the agency's jurisdiction. The CPSC is committed to protecting consumers and families from products that pose a fire, electrical, chemical, or mechanical hazard or can injure children.

Following is one of the important recalls to be found on the CPSC website at www.cpsc.gov On the site you can sign up to receive alerts through many avenues including email, YouTube, and Twitter.

Recall Summary

Name of product: Cra-Z-Jewelz Gem Creations

Hazard: The “Slider Bracelet” in the jewelry making kit contains high levels of lead. Lead is ingested by young children and can cause adverse health issues.

Product Name	Item#-UPC Code	Purpose	Sold at
Shimmer N’ Sparkle Cra-Z-Art Cra-Z-Jewelz Gem Creations Ultimate Gem Machine	UPC #884920174504	Jewelry Making Kit	Retailers, including Kmart Toys R Us and Walmart
Shimmer N’ Sparkle Cra-Z-Art Cra-Z-Jewelz Gem Creations Gem Charm and Slider Bracelet	UPC #884920174849	Refill Components for the Jewelry Making Kit	Retailers, including Toys R Us and Walmart
My Look Cra-Z-Art Cra-Z-Jewelz Gem Creations Ultimate Gem Machine	UPC #884920466340	Jewelry Making Kit	Target

Remedy: Consumers should immediately take these recalled products away from children and contact LaRose for instructions to receive a full refund.

Sold at: Kmart, Toys R Us, Walmart and other retailers sold the Shimmer N’ Sparkle Cra-Z-Art Cra-Z-Jewelz Gem Creations Ultimate Gem Machine from August 2015 through April 2016 for \$30. Toys R Us, Walmart and other retailers sold the Shimmer N’ Sparkle Cra-Z-Art Cra-Z-Jewelz Gem Creations Gem Charm and Slider Bracelets from August 2015 through April 2016 for \$10.



Challenging Behaviors and the Pyramid Model

By Rose Shufelt, Infant Toddler Specialist

Challenging Behaviors in young children are just that; Challenging! It is also frustrating for providers when they don’t know how to help the child who is exhibiting those behaviors. New York State has identified the critical need to better support and teach young children and families social and emotional skills.



We Teach

If a child doesn’t know how to read, we teach.
 If a child doesn’t know how to swim, we teach.
 If a child doesn’t know how to multiply, we teach.
 If a child doesn’t know how to drive, we teach.
 If a child doesn’t know how to behave, we..... ..teach?punish?

Why can’t we finish the last sentence as automatically as we do the others?”

Tom Herner (NASDE President) Counterpoint 1998, p.2

We need to focus on **teaching children what to do** in place of the challenging behavior. Punishment/expulsion is not the answer. Pyramid model training will help you do just that. The infant toddler modules are designed for professional development of providers and teachers/home visitors/caregivers, family child care providers who work with infants and toddlers (birth – three years of age). The preschool modules are appropriate for professional development of providers, administrators, and teachers/caregivers who work with older toddlers and preschoolers (aged 2 ½ - 5 years of age).

Provider modules will be offered in the coming months. Please watch our course calendar and newsletter for dates and times. Don’t miss out on being the first providers to attend these very important training modules. The first module will be offered **August 11 & 18th 6:00-9:00pm**. For more information on the Pyramid Model, please contact me at 585-654-4740 or r.shufelt@childcarecouncil.com.

The Ants Go Marching

By Joanne M. Buell RN, MS, Child Health Coordinator



The “Ants Go Marching” is a fun game unless the ants are marching into your child care program. That’s when the fun ends! Ants are the most common indoor invading pest. They are social creatures that live in organized colonies. Ants will invade buildings for food, water and shelter. Although ants are a nuisance, they rarely cause harm to humans. Some ants (carpenter ants) can however cause costly property damage. Integrated Pest Management (IPM) strategies focus on preventing ant invasions and safely eliminating the pests from the building.

Here are some IPM strategies to **prevent** ants from invading your program:

- ◆ Eliminate food and water sources by keeping kitchen and bathroom surfaces dry. Clean up leftover food and crumbs promptly and store food in sealed plastic or glass containers.
- ◆ Inspect building foundations, around pipe fittings, doorways and windows for cracks or holes where ants can enter.
- ◆ Follow ant trails to find the entry source and nests.
- ◆ Remove wood debris, trash and leaf litter from around the building. Keep landscape plants at least 12 inches from the outside building wall.
- ◆ Keep trash receptacles tightly lidded and empty at the end of the day. Outside trash containers should be covered, located away from doors and windows, and sit on a concrete/cement surface with no garbage sitting outside the can.

Here are some strategies for **treating** an ant infestation:

- ◆ If you only see a few wandering “scout” ants, remove them to prevent them from establishing a trail into the program.
- ◆ For numerous ants, sponge them with soapy water to temporarily remove the scent trail then thoroughly clean the area.
- ◆ For an infestation, contact a Pest Management Professional who uses IPM methods such as ant baits, which are the safest treatment for child care. Ants take the bait back to the nest and expose the nest to the pesticide. Place the baits in places inaccessible to children.
- ◆ Be vigilant in sealing cracks/holes, using ant baits and cleaning up. Resource: www.ucsfchildcarehealth.org, www.cdpr.ca.gov

Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Livingston County-Lakeville & Wayne County-Newark

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

July 2016

- 4th - Office Closed for Independence Day

August 2016

- No closings

September 2016

- 5th - Office Closed for Labor Day
- 30th - Office Closed for Staff Training



Check out our social media pages!

Twitter	https://twitter.com/ChildCareCoun
Facebook	https://www.facebook.com/ChildCareCouncilinc
Pinterest	http://pinterest.com/ccouncilinc/
YouTube	http://www.youtube.com/user/ChildCareCouncilinc

Meet the Staff of Child Care Council

Introducing Marsha Tanner, Administrative Assistant
 Livingston County Branch Office



Hello, my name is Marsha Tanner. I joined Child Care Council in May of 2008. I work at the Livingston County Branch Office in Lakeville. I enjoy the variety of tasks and providing support for both my colleagues and the providers. I received my Bachelor's of Science degree in Management Science from SUNY Geneseo. My favorite way to spend my free time is with a good book or movie or visiting with family and friends.

Language and Literacy Tips:

Linking Art with Literature



How it works?

Art allows children to explore and experiment with interesting materials. Paying attention to the illustrations in books help children to better understand and comprehend the story and the world around them.

Discussing children’s book illustrators and illustration styles is a natural way of linking art and literature for young children.

Some popular illustrators are: Eric Carle, Mercer Meyer, and Dr. Seuss.

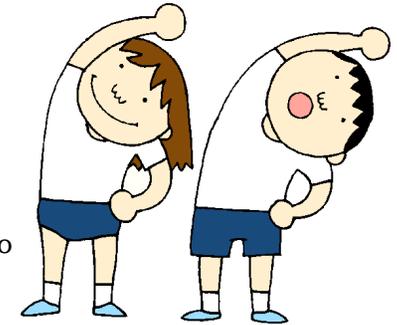
Have children create art in the likeness of their favorite author or illustrator.

THE REPURPOSE AND MORE STORE ITEM OF THE MONTH IS:

Bundles of wood for crafting



The CDC (Centers for Disease Control and Prevention) recommends that children and adolescents get a minimum of 60 minutes of physical activity each day*. It seems like an awful lot, so how do you fit it all in? Sixty minutes a day doesn’t have to be all at once, it can be broken up into two 30-minute, three 20-minute or six 10-minute sessions. Whatever works best for your schedule.



One great way to get the kids moving is to initiate a dance party. Kids love to move their bodies to the music. Dance while you’re making dinner, or for little ones, a game of Freeze Dance is an all-time favorite. Put on some music, have the kids dance, and when you turn the music off, they freeze until the music starts again. Musical chairs is also a fun movement game. How about a game of balloon volleyball or London Bridge? Babies love to reach for and toddlers love to chase bubbles. (So do older kids!) Older kids can also move baskets of laundry around the house for muscle strength.

When you can get outside, nature walks or hiking, bikes, games of tag or soccer, relay races, and obstacle courses for older kids are a good time, too.

Activities should be mostly aerobic, but you should also include bone and muscle strengthening activities such as push-ups, sit-ups, and yoga.

*For more information you can visit <http://www.cdc.gov/physicalactivity/basics/children/>



Family and Group Family Child Care Accreditation-NAFCC

By Hector Santiago, Coordinator of Latino Services



The National Association for Family Child Care sponsors the only nationally recognized accreditation system designed specifically for In-home based programs. Child care providers awarded an accreditation are ones who meet the eligibility requirements and the Quality Standards for NAFCC Accreditation.

Family child care providers achieve this high level of quality through a process that examines all aspects of the family child care program. Child Care Council has assisted 9 child care providers through the accreditation process in the City of Rochester this year. Commitment to quality is the first step that child care providers make to start the accreditation process.

Why is quality child care important?

- Brain Development**

Current research has shown that the early years (ages 0-5) are the most sensitive for brain development. Over 90% of brain growth occurs during this period.

- School Readiness**

Studies show that children who receive high quality child care enter school with better math, language, and social skills. These skills give children an excellent beginning on the road of success in school and in life.

- Reduce Stress**

The parents and child care providers will know that children are getting the kind of care they need to be healthy, happy, and successful.

- Everyone Benefits**

Our community as a whole benefits from a high quality child care program. Fostering a healthy, successful, future workforce is essential to everyone's well-being.



CCC Membership Benefits and Application

Individual-Non-Child Care Membership—\$35.00/yr

- Loan privileges at the Early Childhood Professional Libraries
- My First Library loan privileges for your own children between the ages of 6 wks thru 5 yrs
- Free Notary Public Services
- Council Pin, Lanyard, Tote Bag or Carabineer Key Tag

Child Care Center Staff Member, Registered Family Child Care Provider or Legally Exempt Child Care Provider Membership—\$50/yr

- All Benefits Above Plus**
- 50% discount on Business Center Services
 - 10% membership discount every Tuesday on Recycle Shop purchases
 - Substantial member savings on Council offered classes and events

Non-Child Care Organization Membership—\$75/yr

- All Benefits Above Plus**
- \$5.00 discount on individual staff memberships in the Child Care Council

Single Site Group Family Child Care Provider—\$75/yr

- All Benefits Above Plus**
- Substantial member discount on in-service training at your location
 - Substantial discount on Council classes and events for provider and assistants

Child Care Center, Nursery School, School-Age, Multi-Site Group Family Child Care Membership

- All Benefits Above Plus**
- | | |
|-----------------------------------|-----------------------------------|
| \$150.00/yr (1-10 staff members) | \$250.00/yr (21-30 staff members) |
| \$200.00/yr (11-20 staff members) | \$300.00/yr (31+ staff members) |
- Substantial Discount on Individualized Training Program and In-Service Sessions
 - All staff members eligible for substantial member savings on Council classes and events

CCC Annual Membership Application

- Individual Membership (\$35)
- Center Staff Member Membership (\$50)
- Family Provider Membership (\$50)
- Single Site Group Family Child Care Membership (\$75)
- Non-Child Care Organization Membership (\$75)
- CACFP Family Provider (\$25)
- CACFP Group Provider (\$37.50)
- Center
 - Nursery School
 - School-Age
 - Multiple Site
 - Group Family
 - 1 - 10 Staff Members (\$150)
 - 21-30 Staff members (\$250)
 - 11-20 Staff members (\$200)
 - 31+ Staff members (\$300)

Mail form & payment to:
 Child Care Council Membership
 595 Blossom Road, Suite 120
 Rochester, NY 14610

Membership Fees are non-refundable

Please one

New Membership

Renewal Membership # _____

Name _____ Home Phone () _____

Home Address _____ City _____ Zip _____

Center Name _____ Center Phone () _____

Center Address _____ City _____ Zip _____

Total \$: _____ MC/Visa# _____ Exp. Date _____ V# _____

(3 digit # on back of credit card)

Amount Enclosed: _____ - Check # _____ Signature: _____

Please check one: Council Pin Lanyard Carabiner Key Tag



CONFERENCE REGISTRATION POLICIES AND PROCEDURES

How to Register

Complete registration form. NOTE: Space is limited so register early. Enclose your payment and please print clearly.

Payment Options

Payment must be received at least two weeks prior to class.

Cash payments may be made during business hours at any Council office 9am to 5pm Monday through Friday.

Check or Money order may be made in person or by mail.

Master Card, Visa, Discover or AMEX in person, by mail, fax or email.

Credit card payment through online registration.

All fees are non refundable except when conference is cancelled by Child Care Council, Inc.

There is a \$25.00 fee on all returned checks.

Course Cancellations

Child Care Council, Inc. reserves the right to cancel conference due to: Severe weather or low enrollment.

Cancellations will be announced on WHAM 1180 AM, WHEC TV 10, and WVOR 100.5 FM and on a voice mail message at each of the council offices.

Speaker Cancellation

Students will be notified by a phone call or email to the **number(s) or email listed on your registration form.**

NOTE: It is your responsibility to contact the Finance Department if you are unable to attend.

**Contact Linda Stilson, (585) 654-4794 or email
l.stilson@childcarecouncil.com**

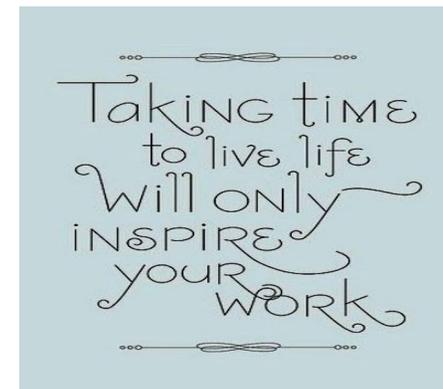
The Balancing Act

By Susan Giovannini, Inspector

Finding balance in your work and personal life is often challenging, especially when your work is dedicated to caring for children. Maintaining this balance, however, can be one of the most important things you do as a provider. Taking care of yourself is part of taking care of the children in your program. Work-Life balance is a positive relationship between work and the other equally important activities in your life which include family, leisure and other interests as well as health and exercise. While loving and taking care of others, don't forget to love and take care of yourself too!

As Licensed or Registered Day Care Providers, it is important that your contracts with parents identify when your programs will be closed for holidays, vacations or other personal time. It is also best practice to notify the Office of your planned program closings.

If your day care program remains open while you are taking personal or vacation time, all program and supervision regulations must be maintained. An approved caregiver with current CPR and First Aid certification must be on site, supervision ratios must be met and notification to the Office and parents must be made as required by regulation. It is always best to review the regulations for your modality and always contact your Licensor or Registrar with any questions you may have!





Upcoming Special Needs Trainings

By Bethany Williams, Special Needs Services Coordinator

Earn 15 hours-1.5 CEUs by attending this 6 class series!!

Cost: Only \$60 for the entire series!

This program is partially funded by a grant from the Office for People with Developmental Disabilities.

Learn evidence-based practices on how to care for school-age children with developmental disabilities in your child care program.

Topics Include:

- 1) Disability Awareness
- 2) The Inclusive Classroom
- 3) Autism in School-Agers
- 4) Meltdown (Behavior) Management
- 5) Gifted and Talented
- 6) Sensory Processing Disorder

The series will take place at our Rochester location:

Dates: July 11th, 13th, 18th, 20th, 25th and 27th

Time: 10AM-12:30PM

To Register: Call Linda Stilson at 585-654-4794

For more information, call Bethany Williams at 585-654-1287



COURSE REGISTRATION FORM

For Health & Safety or Business 101 Series, NYS License/Registration Booklet #: _____

Name _____ Home Phone _____

If your name has changed, please write your previous name below

_____ Work Phone: _____

Child Care Council Membership # _____ Email Address: _____

Home / Mailing Address _____

City/Town _____ Zip _____ County _____

Is this a change of address or contact? Yes No

Business/Center Name _____ County _____

Family Child Care Facility Group Family Child Care Facility Legally Exempt Provider

Child Care Center School-Age Child Care Program

Other _____

Home Language _____ Interpreting Services Requested Yes No

COURSE TITLE	COURSE DATE	LOCATION Lakeville Rochester Newark	COURSE FEE
			\$
			\$

Check here If registering for the 2016 Fall Conference listed below.

Registration deadline is October 7, 2016

Fireproof Kids and Byron Garrett	October 22, 2016	Eisenhart Auditorium at RMSC	\$ 25.00
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Registrations MUST be received at least one week BEFORE class

Please mail this form, with your payment to:

Child Care Council, Inc.

595 Blossom Rd., Suite 120

Rochester, New York 14610

Attention: Finance Department

Method of Payment	
Cash	\$ _____
Check # _____	\$ _____
EIP Award # _____	\$ _____
Child Care Council Voucher (please enclose)	\$ _____
Visa/Mastercard	\$ _____
Card # _____	(Three digits from back of card) V# _____
Name of Card Holder	_____
Expiration Date	_____
Signature	
Total Enclosed	\$ _____

Office Use Only	
EIP technical assistance by: _____	Date _____
EIP Application Received	_____
EIP Award Letter Received	_____
PO Completed for EIP Reimbursement	_____

You're Invited to our Fall Conference, October 22, 2016

Presenters:

Dr. Robert Cole (morning)

- ◆ Author of **play safe! be safe!**® fire prevention program
- ◆ Associate Professor, University of Rochester Medical Center

(Note: Each attendee will receive one prevention kit; trainers will receive 12 kits)

Byron V. Garrett (afternoon)

- ◆ Director of Education Leadership & Policy for Microsoft
- ◆ An engaging, entertaining speaker; one of the most compelling voices of our time
- ◆ Named to The ROOTS 100 recognizing emerging African-American leaders under 45
- ◆ Consulting author for Scholastic; author of "The ABC's of Life" and "There's Greatness on the Inside"

Date: Saturday, Oct. 22, 2016

Morning Session: 9:00 a.m. to Noon

Afternoon Session: 1:00 to 3:00 p.m.

(Lunch: Noon to 1:00 p.m.)

Place: Eisenhart Auditorium,
Rochester Museum & Science Center,
657 East Ave., Rochester, N.Y.

NYS OCFS categories (Both sessions):

- ◆ Child Development (category 1)
- ◆ Program Development (category 3)
- ◆ Safety and Parent Communication (category 4)

Pre-registration is required. Check the special section of the course registration form or register online at childcarecouncil.com

CLASSES AT CHILD CARE COUNCIL JULY & AUG. 2016

Are you interested in becoming a Family or Group Family Child Care Provider?

Follow the path to your new child care business! New York State requires that you attend an orientation class prior to ordering an application. You may attend a Child Day Care Orientation class online at <http://www.ocfs.state.ny.us/main/childcare/infoproviders.asp> - or - Take a live, interactive class with us! Call 585-654-4720 for dates and times.

Once you complete the orientation, if you choose to proceed with Family or Group Family Child Care Registration or Licensing, you will need to fulfill your training requirements.

Child Care Council offers a comprehensive training package to meet your needs

The Child Care Business 101 Series covers all or your training needs including:

Health and Safety First Aid and CPR Program Development
Introduction to CACFP Taxes Business Class

All included for the Health and Safety registration fee which is refundable upon completion of Registration or Licensing. PLUS you will receive a complimentary Child Care Council Membership with full payment at registration, and giveaways to help you start your business!

Child Development Associate Classes (CDA)

Participants may choose one of three specializations: Infant/Toddler, Preschool, or Family Child Care. CDA Courses at Child Care Council, Inc. are designed for potential candidates to complete their 120 hours, assist with the development of competency papers, and create a professional portfolio. CDA Courses are available in the evenings.

Classes meet weekly and are from 6:00 pm- 9:00 pm.

NEXT CLASS: Starts 9/12 in Spanish, 9/29 in English

Preparing for the CDA Credentialing Process

- * Have you completed the CDA course but never took the test?
- * Did you let your credential expire and haven't renewed your CDA?
- * Did you create a portfolio under the old system but want to apply for your credential now?
- * Did you take the CDA on-line but need help with the portfolio?
- * Did you take CDA at a high school BOCES program but never continued the process?

This series is perfect for you! We will be focusing on three main topics: Navigating the new CDA 2.0 Credentialing Process, Developing a Professional Portfolio, and Preparing for the Verification Visit and CDA Exam.

To receive a Course registration package, call (585) 654-4798.

Specialty Classes:

Medication Administration Training (MAT)

In order to administer medication to children in New York State, Day Care regulations require this training. There are several options available to obtain or renew this training. To learn more about these options contact one of our MAT certified instructors. Upcoming dates are:

MAT Training: Sat. July 9th & 16th 9am-2pm or Sat. Aug. 6th & 13th or Sat. Sept. 17th & 24th—Roch

MAT Independent Study Classes

Jul. 13th, 6pm-9pm—Newark Jul. 19th, 9:30am-12:30pm - Rochester

Aug. 11th, 6pm-9pm—Rochester Aug. 16th, 6pm-9pm—Rochester

Sept. 13th, 9:30am-12:30pm—Rochester Sept. 22nd, 6pm-9pm—Lakeville

Registered or Licensed Family and Group Family Providers, Assistants, and Substitutes. The material is presented in six sessions and covers specific training modules. Existing providers will find this a great refresher course in 7 of the 9 required topics. It is also a good way for assistants to get their first 15 hours of training.

American Red Cross First Aid and CPR—Infant, Child and Adult CPR and Basic First Aid

Sat. July 9th, 9am-2pm—Rochester Sat., August 13th, 9am - 2pm—Rochester

Sat. August 20th 9am - 2pm—Lakeville Sat. September 10th, 9am - 2pm—Rochester

Sat. September 19th & 21st, 6:30pm - 9pm—Newark

CLASSES AT CHILD CARE COUNCIL JULY-SEPT 2016

Individual Classes: All classes are 6:30-9:00 pm unless otherwise noted.

Helping Families with Challenges Rochester July 6th

Instructor: Anne Leone

Many families are facing challenges and struggles every day and as a child care provider, it is essential to be able to establish and maintain a productive, supportive relationship with the families in your program. This training is designed to further identify these concerns and gain the knowledge and skills to more effectively support families and identify community resources.

Full Serving of Nutrition Rochester July 23rd, 9am-11:30am
-or- Rochester Sept. 22nd, 6:30-9pm

Instructor: Chelsea Peckham

As caregivers you are aware that infants, toddlers, preschoolers, and school age children want to be very independent and can be picky when it comes to feeding themselves foods that they choose to eat. Feeding a young child is not always simple. They may want to eat the same food three days in a row and then refuse to touch it the next day, or they won't touch their lunch but beg for a cookie. Why do children do this? How can we help them get in a full serving of fruits and vegetables at every meal? What are the correct serving sizes for each age group? Let's explore these frequently asked questions together in this class.

Imagine, Plan, Create: STEM Engineering Activities for Children

Instructor: Jennifer Shook Rochester Aug. 4th

Young children are natural scientists. They are also young engineers. This session will look at the concept of STEM education in early childhood settings, focusing on how children can create, solve problems, experiment, test, adapt, and collaborate by participating in the design process as young engineers. This highly interactive session will look at ways to incorporate engineering as a way to connect with all domains of learning.

Prepare For Nutritional Success Rochester Aug. 15th

Instructor: Jodi VerWeire Newark Sept. 10th, 9am-11:30am

Effective menu planning rewards you with time, money, and happy children. In this class you'll learn to effectively plan new, exciting menus that will get you out of the rut of serving the same foods all the time, and will leave the kids in your care smiling. You'll get new tools, recipes, and strategies to keep kids eating healthfully, and save you time. You'll also learn how to incorporate learning into every meal, and why it is important for you to "swap the 7."

Simple and Fun Math Activities Rochester Sept. 15th

Instructor: Jennifer Shook

Providing math experiences for children doesn't have to be hard! We will explore activities to help young learners discover mathematical relationships and patterns. Participants will discuss the five components of mathematics and learn how careful planning can support these components.

Asthma 101 Rochester Sept. 19th

Instructor: Joanne Buell

Child Care Council, Inc. has partnered with the American Lung Association to offer an endorsement of child care programs that are friendly to children who have asthma. This endorsement begins with training in asthma and the specific care needs required by these children including asthma information, correct medication administration techniques, emergency planning, and environmental measures.

See the Early Childhood Professional Development Course Calendar for details and a full course list.

Child Care Council courses, links to SUNY videoconference information, and EIP applications, are available at www.childcarecouncil.com

Individual Classes Continued

Sparkling Creativity through Repurposed Materials

Instructor: Anne Leone Rochester Sept. 26th

Join us for a fun filled evening in our newly remodeled and renamed Repurpose & More Store (formerly the Recycle Shop). Cheap and easy ideas will be given for you to transform ordinary materials into spectacular creations. Bring home a free bag of treasures to use in your child care program.

Series Classes

School Age Planning and Activities

This two part course is designed for child care center staff, school age program staff and family child care providers who are working with school age children. This interactive class will explore activities for school age children to keep them engaged and excited throughout the school breaks and whole summer. We will begin by taking time to plan for the summer using a variety of forms and curriculum types. Then we will delve into various activities that will encourage Science, Mathematical, Artistic, and Literacy development. Join us to get excited about the summer!

July 11th & 18th, 6:30-9pm- Rochester

School Age Special Needs Series

This school-age special needs series focuses on current topics in Special Education. By attending this series, participants will earn 15 hours of training and will leave with current evidence-based techniques to successfully work with older children with special needs, including behavior management. Participants will also learn strategies to create a more inclusive classroom. Participants must enroll in the entire series and will receive a special needs resource binder.

July 11th, 13th, 18th, 20th, 25th & 27th 10am-12:30pm - Rochester

Behavioral Support Training Series

This three part training series provides an important opportunity to educate child care providers on topics that are crucial when working with children with disabilities and also gives them a chance to expand the scope of their work with children with special needs and their families.

Participants must enroll in the entire series.

Aug. 23rd, 25th & 30th - Rochester

Sept. 20th, 22nd & 27th - Newark

Special Needs Series

This 5 week series is designed to highlight key topic areas in Special Education. By attending this training, you will learn the skills you need to successfully work with children who have developmental disabilities. Participants must enroll in the entire series.

* Down Syndrome

* Autism

* Cerebral Palsy

* Meltdown Management

* ADHD Aug. 31rd-September 28 - Rochester

Legally Exempt Provider Classes:

The Legally-Exempt Training Series is for any in-home or family legally-exempt provider who wishes to enhance their knowledge and their reimbursement rate. Participants will learn about topics such as business regulations, child development, child abuse, and SIDS while interacting and networking with other providers.