



**Eco-Healthy  
Child Care®**

## Will Furniture Finally be Toxic-Free?

Usually draft legislation does not receive much attention. Except last month, when a new draft furniture flammability standard, TB-117-2013, was released with much anticipation.

The revised furniture flammability standard fixes a nearly 40 year old problem that has resulted in all of us having pounds of toxic chemicals in our furniture. The chemicals were placed there in an effort to reduce flammability; most couches contain at least one of five different flame retardant chemicals. Some of the chemicals are linked to cancer, others are linked to neurodevelopment and fertility problems. But most chemicals have never been adequately tested for safety due to weaknesses in federal law, the Toxic Substances Control Act.

The newly revised flammability standard (TB117-2013), is a win-win for millions of Californian's and people across the country. When enacted, it will improve fire safety while eliminating the need for any chemicals to be used. It addresses the place where fires start – the outer fabric covering instead of the inner foam and it addresses the cause of most fires – smoldering cigarettes.

In addition, the new regulation will exempt 17 children's products from having to comply with flammability standards or carry warning label because they do not pose a fire hazard. This is relief for parents who don't want these toxic chemicals in children's products and to business' who won't have to create a special label for their products.

Child care providers interested in learning more about flame retardants in their programs, Eco-Healthy Child Care and the trainings that will be offered, are encouraged to contact Kate McArdle at (585) 654-4752 or [k.mcardle@childcarecouncil.com](mailto:k.mcardle@childcarecouncil.com).



**CHILD CARE COUNCIL**  
*Your premier resource.* Inc.

WE DO THAT!



# CARING MATTERS

April 2013 - Vol. 31 Issue 4



April is

## “The Month of the Young Child”

The Month of the Young Child is a Rochester celebration and tradition based on “The Week of the Young Child™” which is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC).

The purpose of the Week of the Young Child™ is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs.

The 2013 Week of the Young Child™ is:

April 14–20

The theme is:

Early Years Are Learning Years®.

For ideas to celebrate this special month in your program, visit <http://www.naeyc.org/woyc>. There are many exciting community events and programs happening this month.

*See page 10 for dates!*



**President Christopher Yuskiw-CEO Barbara-Ann Mattle -Editor Jennifer Weykman**

\*\*\*\*\* LOCATIONS \*\*\*\*\*

Livingston County Branch Office  
3513 Thomas Dr. Suite 4  
Lakeville, NY 14480-0670  
Phone: (585) 346-6050  
Fax: (585) 346-6058

Main Office  
595 Blossom Rd. Suite 120  
Rochester, NY 14610-1825  
Phone: (585) 654-4720  
Fax: (585) 654-4721

Wayne County Branch Office  
510 West Union St., Suite 1  
Newark, NY 14513-9201  
Phone: (315) 331-5443  
Fax: (315) 331-5271



## Selecting a Summer Camp for your Child

By Renee Scholz, Referrals Services Coordinator

Summer is fast approaching and it may be time to think about some additional summer fun activities for your child. There are a multitude of camps available in New York State. Summer camps must have a state, city or county health department permit to operate legally. These permits are issued only if the camp is in compliance with the state's health regulations. The camp must be inspected twice a year by a health department representative. At least one inspection must be made during the time the camp is in operation.

Consider the following when choosing a summer camp for your child:

### Staff Credentials/Supervision

- The New York State Health Code requires that the director of an overnight camp be at least 25 years old or hold a bachelor's degree.
- A day camp director must be at least 21 years-old.
- Camp directors' backgrounds are screened by the Office of Children and Family Services Central Register Database for reported incidents of child abuse and maltreatment. They are also screened by the Health Department for criminal convictions.
- Counselors must have experience in camping and supervision of children or have completed an acceptable training course.
- At overnight camps, 80 percent of the camps' counselors must be at least 18 years old.
- There must at least one counselor for every 10 children aged 8 years and older, and one counselor for every 8 children younger than 8 years old.
- At day camps, counselors must be 16 years or older and there must be a minimum of one counselor for every 12 children.
- Camps that must provide at least 10 counselors may choose to use counselors-in-training (CITs). The CITs must be at least 16 years of age at an overnight camp and 15 years old at a day camp.

### Health

- All summer camps in New York State are required to have a health director and a written medical plan approved by the Health Department.
- Camps must keep current medical history reports on file for all campers. Be sure to detail your child's history of immunization, illness, disability or allergy.
- Is a doctor or nurse in residence or on call for campers at all times?

### Camp Safety

- The camp operator must develop a written plan to include supervision of campers, campsite hazards, emergency procedures and drills and safety and security procedures.
- Each floor of every building needs to have fire exits in 2 different locations.
- Functioning smoke detectors are required.
- All waterfront activities at camps in New York State must be supervised by an experienced certified lifeguard or water safety instructor. On qualified lifeguard is required for every 25 swimmers. All aquatic staff are required to be trained in CPR.
- Campers should be tested to determine their level of swimming ability.
- Campers need to be required to wear life preservers when boating or canoeing.
- All camp trips must be supervised by a trip leader who is at least 18 years old and competent in the activity.
- Counselors that supervise and instruct archery, riflery and horseback riding are required to have special training in those areas.

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## Cameras & Kids 2013 is well underway!

Last year we had a record number of submissions for the Cameras & Kids contest, which ended in a fun award ceremony and day at the zoo. This year, we have expanded the age groups so more children can participate and more children will be contest winners.

## Incorporate Photography in Your Program

Let the children take pictures when you are out on a walk, exploring the neighborhood, or just playing outside. Ask them questions as you look at the pictures together and you will enjoy seeing things through their eyes.

## Dates to Remember

**April 30, 2013**—Contest deadline (all forms

and submissions **MUST** be received)

**May 18, 2013**—Cameras & Kids Award Ceremony

at Springdale Farm

All forms are available at [www.childcarecouncil.com](http://www.childcarecouncil.com)

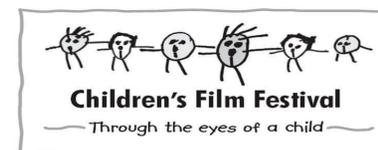


## *Month of the Young Child ~ Children's Film Festival* con't

Look for the Children's Film Festival brochure available at all screenings, which provides information about selecting appropriate entertainment. Encourage parents and colleagues to participate with their children in this important month-long series of events.

The Children's Film Festival DVD of films can also be shown in centers and programs throughout the area in April. You can schedule a CFF screening at your program. The DVD may be checked out at the front office of RCN, **Rochester ChildFirst Network**, 941 South Ave. Rochester, NY 14620 (585) 473-2858 (Lynn Lubecki)

Or arrangements can be made to reserve the DVD for a screening by contacting **Wayne County**: Theresa Cummings 315-946-1259 or Wendy Mendola; **Rochester City School District**: Pat Dangler; 585-328-3360. Check [www.raeyc.org](http://www.raeyc.org) for screening dates and more information.





## Congratulations to the graduating class of CDA 71. We are proud of you!



CDA 71—The participants from left to right are; Maritza Rodriguez-Glover, Mariah Howard, Justine Cruz, Samantha Belpanno, *Andrea McKenna, Instructor*, Megan Johnson, Elizabeth Lynn, Christy Porte, Emily Chmura, Amanda Anderson, Christina Jackson, Josalyn Jackson.

### *Month of the Young Child ~ Children's Film Festival*

This is the seventh year the Children's Film Festival will present a delightful program of short films made for and about children by creative filmmakers from around the world. The 60 minute program of films has again been carefully selected by Ruth Cowing, a curator of many film festivals, together with a team of early childhood educators. This year our Film Festival is a collection of 17 films which creatively illustrate life and imagination for children. Notably, five of the films have been made with children involved in the creative process. There are films from 7 different countries. Many of the films have received significant awards.

Rochester AEYC is leading the effort this year in partnership with Child Care Council, Inc., Family Child Care Satellites of Greater Rochester, Monroe County Library System, Rochester Childfirst Network, Rochester City School District, Early Childhood Education Quality Council and community volunteers. Building on six years of success, this year's event during April, the Month of the Young Child, will capture a broader audience of children, teachers and parents, through centers, classrooms, many branch libraries and child care programs in Monroe, Ontario and Wayne counties.



## Celebrate Earth Day with Green Grocery Shopping!

By Kelli Archer, Registered Dietitian

April brings more than just showers—Earth Day is celebrated during the month of April as well—April 22nd! The options are endless of all the things one can do to be more Earth friendly—walking more and driving less, turning lights off when not in use, and taking shorter showers are a few of the things we hear quite often. Grocery shopping can be turned into a greener endeavor as well. Practice the suggestions below to help not only the Earth but also your pocket book!



- **Use reusable shopping bags.** If you forget your bag at home, reuse the plastic grocery bags at home to line waste baskets.
- **Buy in bulk.** Products such as hand soap are great to purchase in bulk—they cost less and packaging is reduced.
- **Purchase a reusable water bottle.** You will save money and prevent waste.
- **Plan ahead and make a shopping list.** This prevents excess trips to the store.
- **Avoid purchasing individually packaged foods.** While these are helpful with portion control, consider buying foods in bulk and putting into individual servings at home in reusable Tupperware.
- **Be mindful of expiration dates.** This will help prevent spoilage of food. Aim to buy what you know will be used before it goes bad. Freeze food if you will not be using it by its expiration date.

**University of Nebraska-Lincoln** <http://food.unl.edu/web/fnh/going-green>

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### **Nutrition**

- Food must be prepared from inspected sources
- Good health practices should be observed including cleaning and sanitizing surfaces, hand washing, cleaning dishes and pots and pans
- Does the camp serve food your child likes?

The local health department can provide parents or guardians an opportunity to review inspection reports and required plans. If possible, visit the camp before and during the camping season. For further information about New York State health laws relating to summer camps, call the State Health Department's Bureau of Community Environmental Health and Food protection at (800) 458-1158.



## Youngsters on the Move...

By Rose Shufelt, Infant Toddler Specialist

Clearly, movement is very important for helping children grow healthy and strong, however, as children explore and interact with the world through movement, there is a lot more learning going on. Through movement, children also develop thinking and communication skills, as well as self-confidence.

Children feel competent both physically and emotionally when they use their bodies to communicate and solve problems. Children learn problem-solving skills as they try different actions – climbing up, over, in and through. Movement is also one of the earliest ways children express their thoughts and feelings.

Perhaps most important, through movement children can develop a closer bond with their parents and caregivers. There are many fun ways you can encourage your children to get moving.

- Follow their movements. Babies and toddlers love when you imitate them. It makes them feel important.
- Put your baby on his belly to help him develop coordination between upper and lower body and support muscle and motor development.
- Put on different types of music and move to the beat with your young child in your arms. Encourage your toddler to move to the music on her own. Children this age often do not change their movements to match the music, they respond to their own internal rhythm.
- Describe your child's actions as she dances to the music. "Look how you bounce to the beat." This not only helps her learn new words, but also instills a sense of pride that her actions are noticed!
- Create an "obstacle course" that encourages your toddler to use a variety of skills. Have boxes set up for him to crawl through, pillows to climb on and blocks to run around. Doing the course over and over helps your child learn to organize his actions to reach a goal.
- Songs like *The Itsy Bitsy Spider* can help develop the use of fingers and hands.
- In the sandbox, offer your child different size pails and shovels to help her practice using her hands and fingers.
- Play with balls of all sizes. Figure out together which ones are best to kick, throw, play catch with and roll on.
- Act out stories using movement and dance. Good themes include animal stories, marching bands and fantasy images such as fairies and superheroes.



## CCC Membership Benefits and Application

### Individual Membership—\$35.00/yr

- Loan privileges at the Early Childhood Professional Libraries
- My First Library loan privileges for your own children between the ages of 6 wks thru 5 yrs
- Free Notary Public Services
- Council Pin, Lanyard, Tote Bag or Cooler Beach Bag

#### Benefits

### Child Care Center Staff Member, Registered Family Child Care Provider or Legally Exempt Child Care Provider Membership—\$50/yr

- 50% discount on Business Center Services
- 10% membership discount every Tuesday on Recycle Shop purchases
- Access to group rate Health and Dental Insurance
- Substantial member savings on Council offered classes and events

#### All Benefits Above Plus

### Non-Child Care Organization Membership—\$75/yr

- \$5.00 discount on individual staff memberships in the Child Care Council

#### All Benefits Above Plus

### Single Site Group Family Child Care Provider—\$75/yr

- Substantial member discount on in-service training at your location
- Substantial discount on Council classes and events for provider and assistants

#### All Benefits Above Plus

### Child Care Center, Nursery School, School-Age, Multi-Site Group Family Child Care Membership

- \$100.00/yr (1-10 staff members)      \$200.00/yr (21-30 staff members)
- \$150.00/yr (11-20 staff members)      \$250.00/yr (31+ staff members)
- Substantial Discount on Individualized Training Program and In-Service Sessions
- All staff members eligible for substantial member savings on Council classes and events

#### All Benefits Above Plus

### CCC Annual Membership Application

- Individual Membership (\$35)
- Center Staff Member Membership (\$50)
- Family Provider Membership (\$50)
- Single Site Group Family Child Care Membership (\$75)
- Non-Child Care Organization Membership (\$75)
- CACFP Family Provider (\$25)
- CACFP Group Provider (\$37.50)
- Center     Nursery School     School-Age     Multiple Site     Group Family
  - 1 - 10 Staff Members (\$100)     21-30 Staff members (\$200)
  - 11-20 Staff members (\$150)     31+ Staff members (\$250)

Mail form & payment to:  
Child Care Council Membership  
595 Blossom Road, Suite 120  
Rochester, NY 14610

Membership Fees are non-refundable

Please ✓ one	
<input type="checkbox"/> New	
<input type="checkbox"/> Membership	
<input type="checkbox"/> Renewal	
<input type="checkbox"/> Membership - # _____	

Name \_\_\_\_\_ Home Phone (    ) \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Center Name \_\_\_\_\_ Center Phone (    ) \_\_\_\_\_

Center Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Total \$: \_\_\_\_\_ MC/Visa# \_\_\_\_\_ Exp. Date \_\_\_\_\_ V# \_\_\_\_\_

(3 digit # on back of credit card)

Amount Enclosed: \_\_\_\_\_ - Check # \_\_\_\_\_ Signature: \_\_\_\_\_

Please check one:     Council Pin     Lanyard     Carabiner Key Tag

## ~NEWS ALERT~

Please join the National Association for Family Child Care (NAFCC) in applauding President Obama for the aggressive legislative agenda that he proposed during the State of the Union speech on February 12, 2013.

“In states that make it a priority to educate our youngest children... studies show students grow up more likely to read and do math at grade level, graduate high school, hold a job, form more stable families of their own. We know this works. So let’s do what works and make sure none of our children start the race of life already behind.”

**President Barack Obama**  
State of the Union, February 12, 2013

President Obama called on Congress to expand high-quality preschool for all children.

His proposal includes the following:

*Cost sharing partnership with states to expand preschool to all low and moderate income four year olds who reside in families at or below 200% of poverty. He envisions expansion of publicly funded preschool programs for four year olds and expansion of Head Start for three year olds.*

NAFCC supports the expansion of publicly funded preschool for four year olds and Head Start for three year olds and believes that accredited family child care providers should play an integral part in this expansion through contracting and partnerships.

*States would be required to meet quality benchmarks that are linked to better outcomes for children, which include: state-level standards for early learning; qualified teachers for all preschool classrooms; and a plan to implement comprehensive data and assessment systems.*

NAFCC Accreditation is recognized as the highest indicator that a family child care program is a quality environment. In states where Quality Rating Systems have been implemented, NAFCC Accreditation is often the "top" level in the rating system.

*Preschool programs across the states would meet common and consistent standards for quality across all programs, including: well-trained teachers, who are paid comparably to K-12 staff; small class sizes and low adult to child ratios; a rigorous curriculum; comprehensive health and related services; and effective evaluation and review of programs.*

*The President will also launch a new Early Head Start-Child Care Partnership program.*

NAFCC believes that accredited family child care homes are the most natural setting for our nation's youngest children. The low child adult ratio, home-like setting, and consistent care give enable children to build trusting relationships that open up their curiosity to learning about themselves and their environment. Family child care partnerships with Early Head Start grantees are the perfect fit for children and providers. Through these partnerships, providers continue to develop their knowledge of young children through professional development, mentoring and coaching, and on-going evaluation and review.

NAFCC encourages members to reach out and share your ideas with President Obama and Congress to make sure family child care is central to this historic expansion in early care and education.

<http://www.whitehouse.gov/contact/submit-questions-and-comments>



## Developmental Screening

By Emily Leone RN, C-PNP  
Health Services Coordinator

Early identification of developmental delays and referral to appropriate therapy is essential for children to reach their fullest potential. Child care providers are important team members in promoting young children's development.

You are sometimes the first person to identify that a child's development has fallen behind. You let parents know of your concerns and you provide written documentation to the child's health care provider. Some child care providers are even trained to do developmental screening and referrals when indicated. Then, if services are needed, they are often scheduled during the child care program where you can continue with activities that are prescribed by the child's therapists to promote developmental gains.

If you aren't already, there are a few more things you can do.  
**Awareness:** You can make sure that parents are aware of developmental milestones, help them be comfortable raising concerns with their medical provider, and assist them with tracking their child's developmental milestones. Pediatricians, family physicians, and pediatric nurse practitioners should be performing developmental surveillance at every well child visit, and at a minimum, developmental screening should be done at 9 months, 18 months, and between 24 and 30 months.

**Communication:** Point out to parents as children achieve developmental milestones. Make this a routine part of your communication with parents so that if a child is delayed at achieving a milestone, the conversation is comfortable and your expertise has already been established.

**Resources:** Be aware of community partners that can conduct developmental screening and referral for families in your area. Our communities have Early Intervention for children birth to 3 years and local school districts screen children over 3 years, but there are numerous other resources available as well.

See the "Community Resources" section of our website for more information.



## Ayudando a los Trabajadores de la Salud a Combatir la Desnutrición Infantil en la Provincia de Sekong

Por Héctor L. Santiago, Coordinador Servicios para los Latinos

Alrededor de cuarenta médicos y enfermeras locales se han dado la labor de reunirse para combatir la desnutrición infantil en República Democrática Popular Lao, Provincia de Sekong. En el Hospital del Distrito de Darkcheung se reciben alrededor de 30 pacientes infantiles al día. Casi la mitad tienen menos de cinco años de edad y padecen de enfermedades infecciosas. La mayoría de los pacientes infantiles están desnutridos. Estos pacientes residen en zonas pobres y apartadas en las cuales los padres deben de viajar dos días para que sus hijos sean atendidos en hospital.

Los doctores reclaman que los niños no reciben alimento básico para aumentar su masa muscular y que los padres no cuentan con la información suficiente acerca de una salud y nutrición infantil adecuada. “Muchos de los niños carecen de proteínas, minerales y vitaminas. Se debe en gran parte a que crecen en zonas montañosas donde escasea el alimento. Para comprar pescado, frutas y verduras, los padres deben de ir al mercado. Esto establece que la mayoría de los padres tienen que viajar hasta 60 km para comprar los alimentos”, Dr. Phonesivisay (11 de junio de 2012). El Dr. Phonesivisay aprendió en un seminario, respaldado por UNICEF, el modo de diagnosticar la desnutrición aguda en los niños menores de cinco años con la medida de la circunferencia braquial. Con una cinta de medir con varios colores se diagnostica la desnutrición aguda: la parte verde indica si el niño está sano, la parte amarilla indica una desnutrición aguda moderada y la roja señala que el niño está gravemente desnutrido. Más del 60% de los niños menores de cinco años en la provincia padece retraso en el crecimiento y casi la mitad tiene un peso inferior al normal.



UNICEF. Panorama: Lao, República Democrática Popular. Un Seminario respaldado por UNICEF en la Rep. Dem. Popular Lao ayuda a los trabajadores de la salud a combatir la desnutrición. (en Línea). 11 de junio de 2012. [http://www.unicef.org/spanish/infobycountry/laopdr\\_62607.html](http://www.unicef.org/spanish/infobycountry/laopdr_62607.html)



## Class Schedule



**New items are in BOLD** Classes are 6:30pm—9:00pm unless otherwise noted

Categories are listed in parenthesis ( ) following the date.

### Rochester Office:

4/2-(5) Business Practices for F/GFCC  
 4/4, 11, 13, 20, 25, 27-Health & Safety in Spanish  
 4/8-5/9-(\*) Starting Your Own Child Care Business 101  
 4/3-(2,4,7) MAT Independent Study 6pm-9pm  
 4/8 & 10-(2,4,7) MAT 9:30am-2:30pm  
 4/10-(4) Parent Communication: Parents as Partners  
 4/13-CPR & First Aid, Sat. 9am-2pm  
 4/13-(2) Keeping it Safe in the Kitchen  
 4/16-Intro. To Family Child Care  
 4/17-(2) Asthma 101  
 4/23-(4) Fire and Program Safety  
 4/24-(3) Goops and Gaks  
 4/29, 5/13, 20, 6/10, 17, 24-(1 thru 9)-F/GFCC Training Series

### Lakeville Office:

4/1-5/8-(\*) Starting Your Own Child Care Business 101  
 4/13 & 20-(2,4,7) MAT Independent Study 6pm-9pm  
 4/22 & 24-CPR and First Aid 6:30-9pm  
 4/29-CACFP

### Newark Office:

4/1-(Varies) Prof. Dev. Grp 6:30-8:30pm  
 4/2-CACFP  
 4/4-Program Development  
 4/8-(2,3,4,5) Make Your Child Care Eco-Healthy  
 4/9 & 11-Business & Taxes  
 4/20-(2,4)-CPR & First Aid 9am-2pm

### Rochester Office:

5/7-(2) Asthma 101  
 5/7, 14, 21, 28 & 6/4, 11-(1,2,3,4,5,7) SACC Training Series 9:30am-Noon  
 5/8-(3) Recycle Shop Art  
 5/8-(3,5) Staff Hiring & Retention-Centers 9:30am-Noon  
 5/9-Intro to Family Child Care 9:30-Noon  
 5/11-(2) Be a Role Model: Create a Healthy Child 9am-11:30am  
 5/11-CPR & First Aid-(2,4) Sat. 9am-2pm  
 5/14-(3,5)ERS-Centers  
 5/16-(1,2,4) Bullying and Children with Special Needs  
 5/18-(2) Keeping It Safe in the Kitchen (Held at the Sweden Clarkson Rec)  
 5/18 & 19 (Sat. & Sun)-(2,4,7)-MAT Sat. 9am-3pm, Sun. 12pm-4pm  
 5/20-(2) *Spanish* Be a Role Model: Create a Healthy Child  
 5/23-(1,3)Television, Xbox and Internet, Oh My!  
 5/21-(7) Know Your Regs-Center  
 5/30-(7) Know Your Regs-FCC/GFCC  
 5/6-6/17-(\*) Starting Your Own Child Care Business 101

### Lakeville Office:

5/4-(2,4) CPR/First Aid Sat. 9am-2pm  
 5/20-(2,3,4,5) Make Your Child Care Eco-Healthy

### Newark Office:

5/2-(2,4,7)-MAT Ind Study 6pm-9pm  
 5/6-(Varies) Prof. Dev. Grp 6:30-8:30pm  
 5/7-6/13-(\*) Starting Your Own Child Care Business 101  
 5/28, 30-(2,4) CPR and First Aid 6:30pm-9pm

See the Jan-Jun 2013 Course Calendar for more details and a full list of courses. Child Care Council courses, and links to SUNY videoconference information and EIP applications are available at [www.childcarecouncil.com](http://www.childcarecouncil.com)

**\* The Starting Your Own Child Care Business 101 Series covers all Family Child Care categories and includes:**

- Health & Safety
- Introduction to CACFP
- Developing Your Program
- CPR & First Aid
- Business Class
- Tax Class

*Monroe County-Rochester*

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

*Livingston County-Lakeville & Wayne County-Newark*

Hours are Mon-Fri 9am-5pm closed from 1pm to 2pm.

Other hours available by appointment.

**April**

- 13th-Rochester Recycle Shop Open 10:30-12:30
- 24th-Child Care Council Staff Meeting, 12-2pm

**May**

- 11th-Rochester Recycle Shop Open 10:30-12:30
- 18th- Cameras and Kids Award Ceremony
- 27th-Closed for Memorial Day
- 29th-Child Care Council Staff Meeting, 12-2pm

### April "Month of the Young Child "Events

- 1st-RAEYC Month of the Young Child Opening Celebration 6:30-8:30pm, Cornell Coop Ext.
- 4th-6th-NYSAEYC Annual Conference, Turning Stone Resort
- 14th-20th-The Week of the Young Child NAEYC
- 19th & 20th-Family Child Care Association of NYS, Callicoon, NY
- 23rd & 24th-Bivona Summit on Child Abuse
- 29th-Outdoor Play with Infants and Toddlers, CCC staff 7-8:30pm Nazareth College
- 30th-Cameras and Kids contest deadline
- 1st-30th- Children's Film Festival, multiple dates and locations in the community, see page 14 & 15

Visit [www.childcarecouncil.com](http://www.childcarecouncil.com) and [www.raeyc.org](http://www.raeyc.org) for more details!



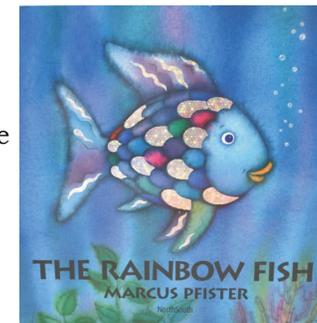
## **Fishing For Literacy**

By Peggy Grillo, Registration Services Coordinator and Registrar

As we enjoy the April showers and look ahead to May flowers, what better time to turn to literacy activities! However, keep in mind that there is so much more to literacy than simply reading books. By expanding the concepts in a book to dramatic play, artwork, and other activities, new concepts are repeated and made meaningful, both of which are ways to enhance children's learning.

For example, *The Rainbow Fish*, by Marcus Pfister, lends itself to several expanded literacy activities. The Rainbow Fish is the most beautiful fish in the ocean, but he is proud and vain, and none of the other fish want to be his friend. However, once the Rainbow Fish begins to share his most prized possession, his beautiful, shining scales, he has many friends and becomes the happiest fish in the sea.

This simple children's story can lead to discussions of sharing, giving, feelings, and the uniqueness of every person. To further these concepts, draw a large outline of a fish and hang it on a wall. From construction paper, cut out fish scales for each child. Instruct the children to write their names and something unique and special about themselves on their scales. Have them decorate the scales with crayons and markers and small pieces of aluminum foil for shine, and



then hang all the scales on the large outline of the fish on the wall.

To highlight the moral of sharing in the story, have the children write a list of ways that they can share with their friends and families. Then let them act out the sharing activities with each other.

Add the story to the children's dramatic play by having them clip their scales onto themselves with a clothespin. Children can role play giving and taking the scales or may even wish to act out the whole story.

These activities have targeted the children's fine motor, language, and social skills. They have brought the story to life and made it meaningful to the children. Finally, using small poles with magnets and "fish" with paper clips on them, cap it all off with a "fishing trip"!

## "The Book Nook" Professional Library Book Review

### First Feelings

Stanley Greenspan, M.D.,  
Nancy Thorndike Greenspan

Reviewed by:

Beverly Maisch, Education Specialist

This is a book about the emotional development of children in the early years. In this book, the authors define 6 stages of emotional development. They are: 1) Self Regulation and Interest in the World (birth—3 mos.), 2) Falling In Love (2 -7 mos.), 3) Developing Intentional Communication (3 -10 mos.), 4) The Emergence of An Organized Sense of Self (9—18 mos.), 5) Creating Emotional Ideas (18—36 mos.), and 6) Emotional Thinking: The Basis for Fantasy, Reality, and Self- Esteem (30—48 mos.) These comprise the chapter divisions and within each one they thoroughly discuss the need and worth of observation of the growing child, and the impact of the environment on children.

Throughout the book, common difficulties are explored and strategies for addressing those difficulties are covered. At the end of the book, a chart for mapping a child's emotional milestones is also provided.

I also like that it would be easy to access information in a particular period of development. For instance, during the 4th developmental phase called, An Organized Sense of Self, (on pg. 100) the ability to recover from stress is talked about. An important point is made regarding the need to regulate and stabilize feelings and actions. Children need our help to learn how to recover from disruptions in their stable pattern.

I found the book to be written in a very reader friendly style and that the points that were presented are supported by my own experience and much of the research that I have read on the topic.



## THE RECYCLE SHOP

### ITEM OF THE MONTH IS:

#### Pink Foam Blocks

These are a bag item. Put as many in a bag as you can fit or mix with other bag items. There are many other shapes and sizes of foam to choose from. Come take a look!



## Community Conference

5<sup>th</sup>
Annual  
Bivona Summit on Child Abuse



Please join us at the 5th Annual Bivona Summit on Child Abuse, a multidisciplinary training conference for professionals who work with children. The Summit offers a comprehensive program at an affordable price, presented by experts in their field, including national and international speakers.

<p style="color: #76923c; font-size: 0.8em;">New This Year...</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p style="font-size: 0.8em;">Keynote Speaker Marilyn Van Derbur</p> <p style="font-size: 0.7em;">"Miss America By Day"</p> </div> <div style="text-align: center;"> <p style="font-size: 0.8em;">Plenary Speaker Phylip Peltier</p> <p style="font-size: 0.7em;">"She Never Had a Chance: A Murder Case Study"</p> </div> </div>	<p style="color: #76923c; font-size: 0.8em;">Back by Popular Demand...</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p style="font-size: 0.8em;">Dr. Joe Sullivan</p> <p style="font-size: 0.7em;">"The ABC's of Sex Offenders"</p> </div> <div style="text-align: center;"> <p style="font-size: 0.8em;">Victor Vieth</p> <p style="font-size: 0.7em;">"Lessons Learned from Penn State"</p> </div> </div>
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Register online today: [www.BivonaSummit.org](http://www.BivonaSummit.org)

Call: 585-935-7800    Email: [Info@BivonaCAC.org](mailto:Info@BivonaCAC.org)    Visit: [www.BivonaSummit.org](http://www.BivonaSummit.org)

When: April 23 & 24, 2013  
 Tuesday: 8:00 a.m. - 5:00 p.m.  
 Tuesday Networking Reception: 5:00 - 7:00 p.m.  
 Wednesday: 7:30 a.m. - 4:00 p.m.

Where: Hyatt Regency Rochester  
 125 E Main St., Rochester, NY 14604

- Who Should Attend:  
 Professionals who work with children
- Social Workers
  - Law Enforcement
  - Prosecutors and Judges
  - Mental Health Professionals
  - Pediatric Medical Community
  - Faith-Based Community
  - School Personnel
  - Day Care Providers
  - Advocates

## New Class at Child Care Council!

## Learn to Prevent Child Sexual Abuse

Cover Categories 6 & 8 in just 3 hours!

What is Stewards of Children?

Stewards of Children is a Child Abuse Prevention training program that seeks to protect children from sexual abuse by placing the responsibility on adults' shoulders.

Who teaches the course?

It is taught in group sessions by Authorized Facilitators who have been trained by the Darkness to Light organization.

What is the curriculum all about?

Stewards of Children is the only nationally evaluated program proven to increase knowledge, improve attitudes, and change child protective behaviors. It is for any responsible adult who cares about the welfare of children; including youth-serving organizations (sports leagues, day care providers, after school programs, children's clubs, church groups, etc.).

- Utilizes 7 Steps to Protecting Children including awareness of the problem, minimizing risks, detecting potential abuse, reporting and handling disclosures
- 3 hour interactive training utilizing a video, a workbook and group discussion

**When:** Monday, May 13, 2013 from 6:30 p.m. - 9 p.m.  
 (Or schedule a class for your own group!)

**Where:** Child Care Council Offices  
 595 Blossom Rd #120, Rochester, NY

**How do I sign up?**  
 Stefanie Szwedjka, Prevention Education Specialist  
[sszwedjka@bivonacac.org](mailto:sszwedjka@bivonacac.org) • 585-935-7822

