



**Eco-Healthy  
Child Care®**

## **Batteries in our Landfills, What Can You Do?**

Americans throw out approximately 179,000 tons of batteries a year, and of these 14,000, many are rechargeable. All batteries contain toxic substances, but certain battery chemistries are considered more dangerous when mixed in with regular trash. According to the EPA, batteries "account for a disproportionate amount of the toxic heavy metals contained in municipal solid waste," even though they make up less than 1 percent of that waste. Single-use alkaline batteries contain fewer toxic chemicals than rechargeable batteries, but there are many more of them in the waste stream.

While battery manufacturers have largely moved away from batteries containing mercury, cadmium and lead are still widely used in rechargeable batteries sold today. Keeping toxins such as lead, mercury and cadmium from contaminating the air, water and soil is essential to health of our environment and ultimately, human health.

**Eliminate Batteries Altogether.** Limit the number of products you purchase that require batteries. Before purchasing appliances, toys, tools, or other equipment that require batteries, talk to the salesperson to find out if you can also purchase a plug-in A/C adapter, to eliminate the need for batteries altogether.

**Try Rechargeable Batteries.** If you cannot replace a battery with a plug-in A/C adapter perhaps you can select a rechargeable model with built-in batteries and a recharging station. Or, invest in individual rechargeable batteries and a recharger. Rechargeable batteries can be used many times before disposal, saving you money and reducing the number of batteries that end up in landfills.

**Recycle your Rechargeable Batteries.** The NYS Rechargeable Battery Recycling Act requires manufacturers of rechargeable batteries to collect and recycle the batteries statewide in a manufacturer-funded program at no cost to consumers. The fine for disposing of rechargeable batteries as solid waste is up to \$200.

For more information about recycling, proper disposal of batteries and other household materials, or the Eco-Healthy Child Care program, contact Kate McArdle at (585)654-4752 or [k.mcardle@childcarecouncil.com](mailto:k.mcardle@childcarecouncil.com).



**CHILD CARE COUNCIL**  
*Your premier resource. Inc.*



# **CARING MATTERS**

November 2013 - Vol. 31 Issue 11



## **Child Care Council Recognized as one of the Nation's Leading Resource and Referral Agencies**

*Non-profit achieves national quality accreditation*

ROCHESTER, N.Y., Oct. 4, 2013 – Child Care Council Inc. is one of the leading Child Care Resource and Referral (CCR&R) agencies in the country, according to a national accreditation organization.

The Council has achieved national accreditation as a Quality Assured agency from Child Care Aware® of America – one of just 18 out of 37 CCR&R agencies in New York State to receive this national recognition.

Quality Assurance, a voluntary, national certification program, is a rigorous and comprehensive validation process. In achieving Quality Assurance accreditation, Child Care Council is being recognized for meeting best practices criteria for delivering outstanding services to parents, providers, businesses and communities.

"Child Care Council is deeply proud and honored to be recognized as one of the best Child Care Resource and Referral agencies, not only in New York State but in the nation," said Child Care Council CEO Barbara-Ann Mattle. "This recognition demonstrates that Child Care Council is the place for parents to go when they need assistance finding high-quality child care, and it is a testament to the amazing work of our staff, our leadership team and our board of directors."

"Child Care Council's achievement of Child Care Aware® of America Quality Assurance solidifies its place as one of the top CCR&Rs in the nation," said Lynette M. Fraga, Ph.D., executive director of Child Care Aware® of America.

**President Christopher Yuskiw-CEO Barbara-Ann Mattle -Editor Jennifer Weykman**

\*\*\*\*\* LOCATIONS \*\*\*\*\*

Livingston County Branch Office  
3513 Thomas Dr. Suite 4  
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595 Blossom Rd. Suite 120  
Rochester, NY 14610-1825  
Phone: (585) 654-4720  
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Wayne County Branch Office  
510 West Union St., Suite 1  
Newark, NY 14513-9201  
Phone: (315) 331-5443  
Fax: (315) 331-5271



## Keeping Kids Healthy during the Cold Weather Season

By Josean Vargas, Referral Specialist

The cold weather is approaching and we all become concerned about our kids getting sick. Watching the weather is part of the job of anyone caring for children. Planning for playtime, field trips, or weather safety is crucial in our efforts to maintain the health of the kids under our care. According to the **American Academy of Pediatrics**, *"Cold weather does not cause colds or flu." But the viruses that cause colds and flu are more common during the winter when the kids tend to be inside more often and are in closer contact with each other.* Following are some simple steps you can take to help keep yourself and your family healthy during this winter season

### Get vaccinated.

According to the CDC, influenza vaccination is safe and effective and is the single best way to help protect yourself and your family from the flu each year. Since the virus and the vaccine changes every year, it is important to get a vaccination annually.

### Wash your hands.

Frequent hand washing keeps lots of germs out of our bodies, including the influenza virus.

### Stay home if you don't feel well.

Should you become infected, keep the germs from spreading by staying home – and don't forget to take care of yourself!

### Do the elbow cough.

Cough into elbows, not hands where it's more likely to spread bacteria and viruses through touch.

### Avoid touching your eyes, nose, or mouth.

Germs spread this way.

### Clean and disinfect surfaces or objects.

Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill.

<http://richmondmom.com/2012/01/07/playing-outdoors-in-winter-can-help-prevent-colds-and-flu/>

<http://www.familiesfightingflu.org/resources/prevention/?clid=CNCppemChboCFRGi4Aod62kAzzg>

## Save the date!

Save the date for the 6th Annual Bivona Summit on Child Abuse presented by New York State Division of Criminal Justice Services.

In partnership with:

- Daisy Marquis Jones Foundation
- Golisano Children's Hospital
- Joseph & Irene Skalny Charitable Trust
- National Child Protection Training Center
- Northeast Regional Children's Advocacy Center
- NYS Child Advocacy Resource Consultation Center



The Bivona Summit on Child Abuse is the largest event of its kind in the Northeast part of the country and is quickly becoming nationally recognized for its quality. If you are a professional working with children, you know firsthand the urgent need for education and awareness about child abuse. Summit attendees learn from national and international experts, and get an inside look at outstanding community resources available for children and families, including the Bivona Child Advocacy Center.

*Choose to attend one day or two!*

This unique training opportunity will be held Tuesday & Wednesday, April 22 & 23, 2014, at the Rochester Riverside Convention Center in Rochester, New York.

Complete listing of workshops coming soon! Check [www.BivonaSummit.org](http://www.BivonaSummit.org) for updates.

### Keynote Speaker:

Jim Holler, Retired Chief of Police, Liberty Township Police Department  
"The Echoing of a Nightmare" - Shattered lives, survivors and superheroes!"

### Plenary Speaker:

Laura van Dernoot Lipsky, founder and director of the Trauma Stewardship Institute "Trauma Stewardship: Caring for Self While Caring for Others".



## Congratulations CDA #73

After 40 weeks of hard work, these ladies have graduated and are on their way to receiving their CDA (Child Development Associate) Credential. Way to go!

*Front Row:* Jasmine Martinez,

Kavita Nankooosingh,

*Second Row:* April Johnson,

Sarah Rajotte, Kerri Hastings,

Alexa Fischer, Tashara Spinks,

Thomasina Hopkins,

*Third Row:* Rose Shufelt (Instructor), Crystal Mechler, Marcy Laber, Myrtle Feelings-Thomas, and Katie Lundy; Absent: Farrah Cherubin





## Hector Santiago Elected to National Association for Family Child Care Board

Hector Santiago, Latino Services Coordinator at Child Care Council Inc., has been elected to the National Association for Family Child Care's (NAFCC) board of directors.

The NAFCC ([www.nafcc.org](http://www.nafcc.org)) is a non-profit organization dedicated to promoting quality child care by strengthening the family child care profession. The Association's goals include strengthening state and local associations as the primary support system for individual, family child care providers; promoting professional accreditation; advocating for family child care providers; and promoting diversity along the family child care profession.

As Latino Services Coordinator, Hector Santiago helps ensure that Child Care Council communicates effectively with limited English-proficient individuals. A West Henrietta, N.Y. resident, Santiago earned his bachelor's degree in Elementary Education from the University of Puerto Rico in Ponce.

## Help to build the CHILD CARE COUNCIL'S Provider Scholarship Fund



### THANK YOU FOR YOUR SUPPORT!

Mail form and Donation to:  
Scholarship Fund  
CHILD CARE COUNCIL, INC.  
595 Blossom Road, Suite 120  
Rochester, NY 14610

Name \_\_\_\_\_ Home Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Donation Amount \_\_\_\_\_

Payment Information: Check # \_\_\_\_\_

MC/Visa# \_\_\_\_\_ Exp. Date \_\_\_\_\_ V# \_\_\_\_\_

(3 digit # on back of credit card)

Signature: \_\_\_\_\_



## What's The Forecast for Today?

By Beverly Maisch, Education Specialist

Will it be sunny or stormy in your child care setting today? I just heard someone say it depends on how the kids (and parents) come in. But, I don't think it has to be that way! We've all had days when it seems like everyone was in a bad mood and everything was going wrong.



It may not seem like it—but we can choose how we respond to a bad day/mood. Don't get me wrong — I lose site of the big picture too sometimes, but there've been a few glorious exceptions when I was able to rise above the chaos and mayhem and OH! It was great!

So, the next time things are headed south in a hurry—do something unexpected and fun to change direction like:



Dance and sing spontaneously, or paint a wall mural, or serve an indoor picnic, or go outside and splash in the puddles.

*Haim Ginnott said: "In all situations, it is my response that decides whether a crisis will be escalated or deescalated and a child humanized or dehumanized."*





## MAT Renewal Options

By Emily Leone RN, C-PNP Health Services Coordinator

Congratulations and thank you for continuing to provide medication administration services for the families in your care.

### MAT Renewal Options:

The 1st and 2nd time you renew your MAT certification you have the option of taking a MAT Renewal Test online for free or taking the MAT class again. Don't groan...I have yet to have a participant who is repeating the MAT class say it was a waste of their time. Comments are always positive and reflect how much the participant learned in taking this refresher.

If you decide to repeat the MAT class there are two options. The Classroom MAT and MAT Independent Study~MAT IS. Both of these options are competency based trainings that require successful completion of the written and demonstration tests following a hands-on practice session.

The difference between MAT IS and Classroom MAT is the amount of time you spend with the MAT Trainer and therefore the cost. For the MAT IS you prepare on your own time, at your own pace with a MAT IS Study Guide that walks you through the process of watching the MAT videos with the MAT Participant Handouts. With both MAT options you will leave with a MAT Certificate for 8 hours of training following your successful completion of the competencies.

If you are **Renewing your MAT Online for the 3rd consecutive time**. Please, please, please take your MAT Online Renewal Test as soon as you get your letter. This will afford you 6 months to then schedule a session to demonstrate your competency with the MAT skills. Your MAT expiration date will stay the same and not be changed based on the date you take the online renewal. I promise!

We are offering Skills Competency testing sessions every month in Rochester and at least twice a year in Livingston and Wayne counties. We are charging \$70 and there is a \$70 MAT Rebate. The net cost is zero. It is free, but we need your help to keep it that way by registering for the offered sessions.

If you are not sure if this is your 2nd or 3rd time renewing your MAT online, look at your MAT Certificate. It has the date you originally took MAT at the end of the first paragraph. If it is coming up on 9 years, then you will need to either demonstrate your competence with the MAT Skills OR retake the MAT class.

## CCC Membership Benefits and Application

### Individual Membership—\$35.00/yr

- Loan privileges at the Early Childhood Professional Libraries
- My First Library loan privileges for your own children between the ages of 6 wks thru 5 yrs
- Free Notary Public Services
- Council Pin, Lanyard, Tote Bag or Cooler Beach Bag

### Child Care Center Staff Member, Registered Family Child Care Provider or Legally Exempt Child Care Provider Membership—\$50/yr

- All Benefits** ➤ 50% discount on Business Center Services
- Above Plus** ➤ 10% membership discount every Tuesday on Recycle Shop purchases
- Access to group rate Health and Dental Insurance
- Substantial member savings on Council offered classes and events

### Non-Child Care Organization Membership—\$75/yr

- All Benefits** ➤ \$5.00 discount on individual staff memberships in the Child Care Council
- Above Plus**

### Single Site Group Family Child Care Provider—\$75/yr

- All Benefits** ➤ Substantial member discount on in-service training at your location
- Above Plus** ➤ Substantial discount on Council classes and events for provider and assistants

### Child Care Center, Nursery School, School-Age, Multi-Site Group Family Child Care Membership

- |  |                                   |                                   |
|--|-----------------------------------|-----------------------------------|
|  | \$100.00/yr (1-10 staff members)  | \$200.00/yr (21-30 staff members) |
|  | \$150.00/yr (11-20 staff members) | \$250.00/yr (31+ staff members)   |
- All Benefits** ➤ Substantial Discount on Individualized Training Program and In-Service Sessions
  - Above Plus** ➤ All staff members eligible for substantial member savings on Council classes and events

### CCC Annual Membership Application

- ☐ Individual Membership (\$35)
- ☐ Center Staff Member Membership (\$50)
- ☐ Family Provider Membership (\$50)
- ☐ Single Site Group Family Child Care Membership (\$75)
- ☐ Non-Child Care Organization Membership (\$75)
- ☐ CACFP Family Provider (\$25)
- ☐ CACFP Group Provider (\$37.50)
- ☐ Center
  - ☐ Nursery School ☐ School-Age ☐ Multiple Site ☐ Group Family
  - ☐ 1 - 10 Staff Members (\$100) ☐ 21-30 Staff members (\$200)
  - ☐ 11-20 Staff members (\$150) ☐ 31+ Staff members (\$250)

Mail form & payment to:  
Child Care Council Membership  
595 Blossom Road, Suite 120  
Rochester, NY 14610

Membership Fees are non-refundable

Please ✓ one	
<input type="checkbox"/> New	Memb. # _____
<input type="checkbox"/> Renewal	
<input type="checkbox"/> Membership	

Name \_\_\_\_\_ Home Phone ( ) \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Center Name \_\_\_\_\_ Center Phone ( ) \_\_\_\_\_

Center Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Total \$: \_\_\_\_\_ MC/Visa# \_\_\_\_\_ Exp. Date \_\_\_\_\_ V# \_\_\_\_\_

(3 digit # on back of credit card)

Amount Enclosed: \_\_\_\_\_ - Check # \_\_\_\_\_ Signature: \_\_\_\_\_

Please check one: ☐ Council Pin ☐ Lanyard ☐ Carabiner Key Tag

## Get Covered: A Guide to the Health Insurance Marketplace

You and your family have many new low cost, quality health insurance options available through the Individual Marketplace. You can quickly compare health plan options and apply for assistance that could lower the cost of your health coverage. You may also qualify for health care coverage from Medicaid or Child Health Plus through the Marketplace. Anyone can apply. Sign up as early as October 1, 2013 for coverage that begins January 1, 2014.

The Marketplace is run by either your state or the federal government. NYS residents will use the NY Health Plan Marketplace at [nystateofhealth.ny.gov](http://nystateofhealth.ny.gov) or 1-855-355-5777.

Here's a quick rundown on the most important things to know:

- **The new Health Insurance Marketplace helps uninsured people find health coverage.** The Marketplace is a new way to find quality health coverage. It can help if you don't have coverage now or if you have it but want to look at other options.
- **Insurance plans in the Marketplace are offered by private companies.** They cover the same core set of benefits called essential health benefits. No plan can turn you away or charge you more because you have an illness or medical condition. They must cover treatments for these conditions. Plans can't charge women more than men for the same plan. Many preventive services are covered at no cost to you.
- **Most people must have health coverage in 2014 or pay a fee.** If you don't have coverage in 2014, you'll have to pay a penalty of \$95 per adult, \$47.50 per child, or 1% of your income (whichever is higher). The fee increases every year. Some people may qualify for an exemption to this fee.
- **You're considered covered** if you have Medicare, Medicaid, CHIP, any job-based plan, any plan you bought yourself, COBRA, retiree coverage, TRICARE, VA health coverage, or some other kinds of health coverage.
- **If you're eligible for job-based insurance, you can consider switching to a Marketplace plan.** But you won't qualify for lower costs based on your income unless the job-based insurance is unaffordable or doesn't meet minimum requirements. You also may lose any contribution your employer makes to your premiums.
- **If you have Medicare, you're considered covered and don't have to make any changes.** You can't use the Marketplace to buy a supplemental or dental plan.
- **Marketplace open enrollment ends March 31, 2014.** If you enroll by December 15, 2013, coverage can begin as soon as January 1, 2014.

What you'll learn when you apply in the Health Insurance Marketplace

When you use the Health Insurance Marketplace, you'll fill out an application and see all the health plans available in your area. You'll provide some information about your household size and income to find out if you can get lower costs on your monthly premiums for private insurance plans. You'll learn if you qualify for lower out-of-pocket costs. The Marketplace will also tell you if you qualify for free or low-cost coverage available through Medicaid or the Children's Health Insurance Program (CHIP). Most Americans will be eligible to use the Marketplace.

Apply online, by mail, or in-person

You can apply for Marketplace coverage three ways: online, by mail, or in-person with the help of a Navigator or other qualified helper. Telephone help and online chat are available 24/7 to help you complete your application. Call the call center to have a copy of the paper application mailed to you.



## Caring for Children Who Have Experienced Trauma

By Gina Barber, Legally Exempt Enrollment Specialist

We all know that child care providers have a unique opportunity to touch the lives of young children on a daily basis. Unfortunately, this at times will include a child who has experienced some form of abuse or neglect in their life. As mandated reporters, child care providers are trained to document any signs of abuse or neglect and report to the State Central Registry (1-800-635-1522) when necessary. Once that threat of abuse or neglect has been removed from a child's life, it may take years to recover from the trauma they have experienced. Child care providers can be a source of stability, love, acceptance and normalcy during this troubling time. You may have a long-standing relationship with this child, or it may be a new child who comes into your program that you know has had a history of trauma.

As of December 2012, there were 20,539 children in the foster care system in New York State. This number reflects only the children who have been removed from their homes. Preventive services assists at-risk families with services to help avoid placing a child in foster care. Many of these children are in need of child care while foster parents work, or parents work or attend programs to help their families.

Children who have experienced trauma may exhibit the following symptoms:

- \*Emotional, Behavioral or Physical Delays or Difficulties
- \*Anxiety
- \*Sleep Disturbance
- \*Aggression
- \*Withdrawal
- \*Hyperactivity
- \*Persistent levels of fear

Providers can help reduce these symptoms and promote security by:

- \*Developing daily routines and prepare children for any changes
- \*Setting gentle but firm limits with consistent and clear rules  
("You may ride the bike and stop at this point.")
- \*Using non-punitive, natural consequences for behaviors  
("Bike riding is over, because you did not stop at this point.")
- \*Taking time to listen
- \*Allowing children to express emotions—this can be redirected appropriately through drawing, writing, story-telling or dramatic play.
- \*Giving choices and a sense of control when possible  
("You can choose the blue cup or the yellow cup for lunchtime.")
- \*Making only promises that can be kept—this helps develop trust  
("We will paint this afternoon after naptime")
- \*Being role models of positive interactions and behaviors
- \*Being patient, healing takes time
- \*Continuing your education on topics of trauma in children

Adapted from, The Foster Care and Adoption Resource Center - [wiadoption.org](http://wiadoption.org)



## Tips for a Healthier Thanksgiving!

By Kim Murrell, Registered Dietitian

We all know that food is the biggest and best part of the holidays, especially Thanksgiving! The bad news is, with a huge spread of delicious food at your holiday meal, you're much more likely to overindulge. By using some of the suggestions listed below, you can still enjoy the comfort food without packing on the pounds!

- **Skin-OFF the turkey**– the turkey is the star of the show, and a nutritious source of lean protein too! Do yourself a favor though and skip the skin, which adds an additional 3g fat per 3 oz serving.
- **Skin-ON the mashed potatoes**– mashed potatoes, to me the token Thanksgiving side, provide us with the most nutrition when the skin is left on. The skin is a source of additional fiber, potassium and magnesium. Lucky for you, it's also less work to prepare! For flavoring, try adding less salt and more pepper, Greek yogurt instead of sour cream, and a heart healthy spread in place of butter.
- **Re-invent stuffing**– swap out traditional white bread for whole wheat. If the change is too drastic for you, try half white and half whole wheat. Substitute high fat meats like sausage for fruit, seasonal vegetables, fresh herbs, and nuts to pack in even more nutrition.
- **There's more to green than beans**– green beans are not the only vegetable out there! Try roasting an assortment of green beans, butternut squash, carrots and broccoli on a cookie sheet with a drizzle of extra-virgin olive oil and plenty of fresh herbs. Your guests will love the refreshing change from the classic sodium-laden green bean casserole.



Source: [www.ars.usda.gov](http://www.ars.usda.gov)



Classes are 6:30pm—9:00pm unless otherwise noted

Categories are listed in parenthesis ( ) following the date.

### Rochester Office:

11/2 & 9-(2,4,7) MAT Training 9am-2pm  
 11/4-(5) Environmental Rating Scales-Family Child Care  
 11/9-(2) All in the Way You Cook It CACFP-9am-11:30am  
 11/9-(2,4) CPR & First Aid 9am-2pm  
 11/11-(1,4) You Can't Say that to Me!  
 11/16-(2,4) First Aid & CPR in Spanish 9am-2pm  
 11/18-(1,3) Sugar, Spice and Everything Nice  
 11/19-(2,4,7) MAT Independent Study 6pm-9pm  
 11/19 or 11/21-(2,3,5) Make Your Child Care Eco-Healthy  
 11/21-(1) Understanding Autism  
 11/25-(7) Know Your Regulations-FCC

### Lakeville Office:

11/4-Joining CACFP-FREE  
 11/9-(3,4,5) Eco-Healthy Children's Products and Toys, Sat. 9am-11:30am

### Newark Office:

11/4-(Varies) Wayne County Family Child Care Professional Development & Support Series  
 11/2-Child Care Emergency Preparedness Saturday 9:00am-1:00pm  
 11/5-12/19-(\*) Starting Your Own Child Care Business 101  
 11/6-(2,4,7) MAT Independent Study  
 11/13-(2,4,5) Asthma 101

### Rochester Office:

12/2-Intro. to Family Child Care  
 12/2-Joining CACFP-FREE  
 12/3-(4) Fire and Program Safety  
 12/3-1/23/14-(\*) Starting Your Own Child Care Business 101  
 12/4-(7) Know Your Regulations-Center  
 12/12-MAT Skills Competency Demonstration 9:30am-12:30pm  
 12/9 or 12/11 (2,4,7) MAT Independent Study Class 6:00pm-9:00pm  
 12/14 & 21 (2,4,7) MAT Training Saturdays 9:00am-2:00pm  
 12/14-(2,4) CPR and First Aid Saturday 9:00am-2:00pm  
 12/16-(2,4,5) Asthma 101  
 12/16-(3,5) Business Practices for Family Child Care  
 12/18-(2,3,5) Make Your Child Care Eco-Healthy  
 12/19-(1,3) Play, it's that Simple!

### Lakeville Office:

12/2-1/27/14-(\*) Starting Your Own Child Care Business 101

### Newark Office:

12/2-(Varies) Wayne County Family Child Care Professional Development & Support Series  
 12/3 & 5-(2,4) CPR and First Aid  
 12/4-MAT Skills Competency Demonstration 9:30am-12:30pm

See the Jul-Dec 2013 Course Calendar for more details and a full list of courses.  
 Child Care Council courses, and links to SUNY videoconference information and EIP applications are available at [www.childcarecouncil.com](http://www.childcarecouncil.com)

### \* The Starting Your Own Child Care Business 101 Series covers all Family Child Care categories and includes:

- |                   |                         |                           |
|-------------------|-------------------------|---------------------------|
| • Health & Safety | • Introduction to CACFP | • Developing Your Program |
| • CPR & First Aid | • Business Class        | • Tax Class               |



## Child Care Council



### Office Schedule and Calendar of Events

#### Monroe County-Rochester

Regular hours are Mon-Fri 9am-5pm.  
Other hours available by appointment.

#### Livingston County-Lakeville & Wayne County-Newark

Regular hours are Mon-Fri 9am-5pm closed from 1pm to 2pm.  
Other hours available by appointment.

#### November

- 28th & 29th -Closed for Thanksgiving

#### December

- 4th- Child Care Council Staff Meeting, closed 12-2pm.
- 25th -Closed for Christmas

#### Check out our social media pages!

Twitter	<a href="https://twitter.com/ChildCareCoun">https://twitter.com/ChildCareCoun</a>
Facebook	<a href="https://www.facebook.com/pages/Child-Care-Council-Inc/140064946010719">https://www.facebook.com/pages/Child-Care-Council-Inc/140064946010719</a>
Pinterest	<a href="http://pinterest.com/ccouncilinc/">http://pinterest.com/ccouncilinc/</a>
YouTube	<a href="http://www.youtube.com/user/ChildCareCouncilinc">http://www.youtube.com/user/ChildCareCouncilinc</a>

## FREE CLASS!

### Emergency Preparedness for Providers

Emergency Preparedness Training is designed to help child care providers develop and implement emergency plans that cater to the specific ages in their program. All materials are provided. This training is good for all modalities of child care.

**Funding for this training is being provided by Save the Children.**

Saturday, October 26th—9am to 1pm Rochester CCC

Saturday, November 2nd—9am to 1pm Wayne CCC

Questions? Contact Wilma Colotti, Inspector, 585-654-1229

Class size is limited so call now!



## A Closer Look



## CPR and First Aid Certification Online.

### Is it Accepted?

By Joanne Ramire, Inspector

We have seen an increase in the number of providers who have taken online First Aid and CPR certification training courses. Unfortunately, almost all of these online courses are not approved by OCFS. The Office of Children and Family Services mandates that: **CPR and First Aid training MUST include a face-to-face skills demonstration component to be approved.** Currently, the only organization that has an approved online program that combines computer based instruction and classroom skill demonstration is an offering by The American Red Cross.

#### Additional resources:

- Child Care Council offers CPR/First Aid training on a monthly basis; please plan well in advance of your certification expiring.
- The American Red Cross also offers training to individuals who are currently working at a registered or licensed child care facility. To find a training in your area call 888-522-1277. (They will require your facility ID#).
- *In person* First Aid and CPR certification courses are offered through a variety of organizations that are sponsored by either the American Red Cross or the American Heart Association. Often, your local ambulance company will offer these courses and often they are free to residents of that area.

Also remember that EIP may cover the cost of the course depending on your eligibility. You can apply by going to [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu) or call for information at 1-800-295-9616.

### On-going Training

As a reminder, with the issuance of the 4 year registration, providers are required to complete 30 hours of training in all 9 topic areas in the first 2 years of their registration period or by what is considered the 'midpoint' date. 30 hours of training are required every two years for a total of 60 hours in a 4 year registration period.

Many online trainings are available however, not all are approved by OCFS.

For a complete list of all approved online training:

- Go to The Office of Children and Family Services website:  
[www.ocfs.state.ny.us](http://www.ocfs.state.ny.us)
- Under the CHILD CARE tab click on: **Info for Providers**
- Scroll down to: **Provider Training**
- Click on: **Approved On-line Training Courses for Child Care Providers**
- You will be redirected to the **Professional Development Program (PDP)** website/ This website has a complete list of currently approved online courses. You may also search by the organization or by topic description by using the SEARCH box.

Child Care Council also has approved online training available via our website.

Please visit: <http://childcarecouncil.com/professional-development/>

If you have any questions regarding online training, or whether or not it is approved, please contact your registrar or inspector for assistance prior to taking the course.





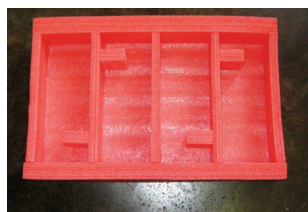
## CDA 2.0 Tips and Updates

### Important Updates

- Did you know you can renew your CDA credential six months prior to the expiration date? Renewing online is fast and easy – [www.cdacouncil.org](http://www.cdacouncil.org). If your CDA Credential has an award date of June 1, 2013 or after, your CDA renewal materials must be submitted before the expiration date, to avoid beginning the CDA credentialing process as a new Candidate.
- The CDA Credential has a new look! With the launch of CDA 2.0 - the new and improved CDA credentialing process, the Council also updated the look of the CDA Credential. The new CDA Credential now features a printed CDA Credential setting, the credential date, expiration date, a unique credential identification number and a beautifully foil-embossed gold CDA seal. We are very excited about the new look of the CDA Credential and know you too will be proud to display this new design.
- Just a reminder that CDA assessment fee increases went into effect on September 1, 2013. The following fees are effective as of September 1, 2013:
  - Assessment Fee - \$425
  - Online Renewal Fee - \$75
  - Paper Application Renewal Fee - \$100

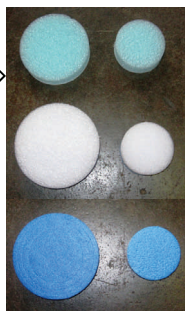
## THE RECYCLE SHOP

### ITEM OF THE MONTH IS: FOAM SHAPES



Red foam with  
compartments  
⇐ 50¢ each

Circles in:  
Light Blue  
White  
Deep Blue  
50¢ each



Dark Gray  
Small ⇐  
50¢ each  
⇐ Large  
\$1 each



## NEWS FROM CPSC



The U.S. Consumer Product Safety Commission is charged with protecting the public from unreasonable risks of injury or death from thousands of types of consumer products under the agency's jurisdiction. The CPSC is committed to protecting consumers and families from products that pose a fire, electrical, chemical, or mechanical hazard or can injure children.

Following is one of the important recalls to be found on the CPSC website at [www.cpsc.gov](http://www.cpsc.gov). On the site you can sign up to receive alerts through many avenues including email, youtube, and twitter.

### Product Recall

Recall Date: August 29, 2013

Recall Number: 13-274

Build-A-Bear Recalls Stuffed Animal Toy Due to Choking Hazard

WASHINGTON, D.C. - Consumers should stop using this product, which is being recalled voluntarily, unless otherwise instructed. It is illegal to resell or attempt to resell a recalled consumer product.



#### Recall Summary:

Name of product: Sulley character stuffed animal

Hazard: The stuffed animal's eye can detach, posing a choking hazard to young children.

Remedy: Consumers should immediately take the recalled Sulley from children and return it to any Build-A-Bear Workshop store to receive a coupon for any stuffed animal from Build-A-Bear Workshop.

Consumer Contact: Build-A-Bear toll-free at (866) 236-5683 between 8 a.m. and 8 p.m. CT Monday through Friday, on Saturday between 9 a.m. and 6 p.m. CT and on Sunday between 10 a.m. and 7 p.m. CT. You may also email the firm at [ProductHotline@buildabear.com](mailto:ProductHotline@buildabear.com). Visit the firm's website [www.buildabear.com](http://www.buildabear.com) and click on Product Recalls at the bottom of the page for more information.

Units: 25,000 in the U.S. and 1,100 in Canada

Description: Sulley is a furry blue creature from the Monsters movies. The Build-A-Bear stuffed monster is covered in blue furry fabric with purple spots, horn on its head and has blue eyes measuring about 1 inch in diameter. The stuffed monster is about 17 inches high and 10.5 inches wide. Tracking label ending with 4384 or 4385 for USA and 4378 for Canada can be found on a sewn in label on the backside of the leg of the stuffed monster.

Sold at: Build-A-Bear Workshop stores and online at [www.buildabear.com](http://www.buildabear.com) during June 2013 for about \$23.