



## Safer Spring Cleaning: Remove Toxics from Your Household

Many of us will use the spring season as an opportunity to clean up around the house. Unfortunately, while spring cleaning is a time to refresh and renew, many of the products used around the house may be polluting your home and making you sick. There are thousands of chemicals found in household cleaners, many of which have not been tested for possible health effects. Some of the chemicals have been linked to cancers, respiratory illness, allergic reactions and reproductive difficulties. Here are some things you can do to make your spring cleaning even healthier:

**Thoroughly dust your home** and clean or replace air conditioning and heating filters. Clean all ducts and vents to decrease your exposure to pollens and other airborne allergens.

**Read the label** – Choose products that actually list their ingredients and educate yourself on questionable ingredients.

**Go fragrance free** – Heavily scented air fresheners contain many toxic chemicals. Be sure to read the label because even unscented products can contain these same chemicals.

**Wash with plain soap** – Anti-bacterial soaps contain hormone disruptors and create bacterial resistance. Castile soap is a better option.

**Make your own cleaners** – There are many recipes online for simple cleaners. A multipurpose cleaner can be made simply out of a diluted vinegar solution. Baking soda and essential oils are also great additions.

**Check for “toxic trash”** - Old cans of paint, thinners, oils, solvents, and stains are harmful for our environment and need to be treated as hazardous waste. Find your local drop-off center (in Rochester, EcoPark, is a great option) and get rid of anything you're not going to use.

**Have your chimney professionally cleaned.** You'll reduce the chances of carbon monoxide exposure from your chimney when it's fire season again.

**Change batteries.** Change batteries in your smoke detector and carbon monoxide detector. Collect old batteries throughout the house for disposal in a battery recycling or hazardous waste center.

**For more information about the Eco-Healthy Child Care program contact Kate at (585) 654-4752 or [k.mcardle@childcarecouncil.com](mailto:k.mcardle@childcarecouncil.com).**



## CARING MATTERS

March 2014 - Vol. 32 Issue 3



## *OCFS announces a public comment period for proposed regulations*

The Office of Children and Family Services is collecting comments on the following proposed regulations from child care directors, employees, other government agencies, parents and the public as a whole.

### **This is regarding proposed changes to day care center, school age child care, and small day care center regulations:**

Part 413 Definitions, Enforcement and Hearings;  
Part 418-1 Day Care Center  
Part 414 School Age Child Care  
Part 418-2 Small Day Care Center

Please take the time to review the proposed changes and think about how those changes might affect your child care program. The Division of Child Care Services has posted the proposed regulations to its website at: <http://ocfs.ny.gov/main/childcare/> - Select: Notice of Proposed Rulemaking - Proposed Changes to Regulations

*More information inside on page 15*

**President Christopher Yuskiw-CEO Barbara-Ann Mattle -Editor Jennifer Weykman**

\*\*\*\*\* LOCATIONS \*\*\*\*\*

Livingston County Branch Office  
3513 Thomas Dr. Suite 4  
Lakeville, NY 14480-0670  
Phone: (585) 346-6050  
Fax: (585) 346-6058

Main Office  
595 Blossom Rd. Suite 120  
Rochester, NY 14610-1825  
Phone: (585) 654-4720  
Fax: (585) 654-4721

Wayne County Branch Office  
510 West Union St., Suite 1  
Newark, NY 14513-9201  
Phone: (315) 331-5443  
Fax: (315) 331-5271



## The Affordable Health Care Act

By Renee Scholz, Referral Services Coordinator

If you are one of the millions of Americans who don't yet have health insurance, the Affordable Health Care Act offers an array of quality, affordable, private health insurance plans to choose from. If you need insurance, you will have the opportunity to get coverage. The deadline to enroll is March 31, 2014.

### Some top questions you may have about the Affordable Care Act:

*Who can sign up for insurance in the new Marketplaces?*

The new health insurance Marketplaces, or Exchanges, are mostly for people who buy insurance on their own and for people who don't have any insurance.

*How do tax credits work?*

Tax credits are only available on health plans purchased through the Marketplaces. If you are single and you make less than about \$46,000, or if you are a family of four and you make less than about \$94,000 a year, you may get a tax credit from the government to help pay your premium.

*What is the penalty if I don't get insurance?*

The Affordable Care Act says most Americans must purchase insurance or pay a penalty. If you can afford insurance but don't buy it, you'll pay a fine when you file your taxes in 2014. In 2014 you will pay \$95 for each adult and \$47.50 for each child. Penalties go up in 2015.

### You won't have to pay a fine for not having insurance if:

- ◇ The lowest cost health insurance plan available to you costs more than 8% of your income.
- ◇ Your income is low enough that you're exempt from having to file taxes.
- ◇ Your income qualifies you for Medicaid coverage but you live in a state not expanding its Medicaid program under the law.
- ◇ You can't afford coverage because the health insurance a family member is offered at work is too costly and you don't qualify for a tax subsidy on the Marketplace.
- ◇ You are of American Indian descent.

If you are unsure about how to enroll in a Managed Care HMO or the Federal Affordable Healthcare Act, come meet with a Certified Applicant Counselor to see if you qualify. A Certified Applicant Counselor will be available to meet with you individually at Child Care Council in Rochester on March 3<sup>rd</sup> from 9:00 a.m.-11:00 a.m. and on March 7<sup>th</sup> from 3:00 p.m.-5:00 p.m. To make an appointment please contact:

**Yvonne Salgado**  
**Certified Applicant Counselor**  
**Bi-Lingual**  
**585-285-0834**

\*If you are unable to meet with Yvonne at these times, please contact her to schedule an appointment that may be more convenient.

**In Wayne County contact: Stephanie Urena, Outreach Specialist-585-764-1703**

**In Livingston County contact: Livingston County DSS or Health Department at 585-613-7662 or go to [nystateofhealth.ny.gov/register](http://nystateofhealth.ny.gov/register)**



## Proposed regulations changes by the Office of Children and Family Services (continued from front page)

The Office's main objectives in proposing changes to current child day care regulations is to strengthen health and safety standards, correct conflicting regulatory language discovered in existing citations in the administration of medication, add recently adopted law and to make the regulations easier to understand. In addition, modifications are proposed that will break up long citations into clearer, more concise requirements. This will help make the regulation more readable, easier to locate in the text and the Office website will more accurately reflect what violation was cited. The proposed changes come as a result of numerous planning and informational sessions with child care programs, directors, NYS Education Department, NYS Department of Health, infant and toddler specialists, health care consultants, social services districts, Child Care Resource and Referral agencies, the New York State Afterschool Network (NYSAN), other child care advocates, and the Office's Regional Office staff.

**The public comment period is from January 29, 2014 to March 17, 2014.** There are three methods in which to comment:

Via the Division of Child Care Services' website at:

<http://ocfs.ny.gov/main/childcare/>

- or -

Write a letter and send it to:

New York State Office of Children and Family Services  
 Division of Child Care Services - Child Care Public Comment  
 52 Washington Street, Room 309 South  
 Rensselaer, NY 12144

Or fax to: (518) 474-9617



## News You Can Use



### What is C.A.S.H.?

C.A.S.H. is an Empire Justice Center and United Way of Greater Rochester-led community coalition that helps working families get the money and assistance they've earned.

### What does C.A.S.H. offer?

C.A.S.H. volunteers will prepare and e-file your tax return **for FREE**. They can also connect you to free credit reports, home buying programs, affordable banking and more!

### FAST@C.A.S.H.

(Available at select site locations)

If you are comfortable with computers and have an email account that you regularly use, you can prepare your own tax return using on-line software at one of our participating tax sites. Trained C.A.S.H. volunteers will help you with any questions you have while you do-it-yourself at one of our FAST@C.A.S.H. kiosks. Just ask a volunteer at the site!

For information about dates, times and locations call 585-242-6485

## Help to build the CHILD CARE COUNCIL'S Provider Scholarship Fund



Mail form and Donation to:  
Scholarship Fund  
CHILD CARE COUNCIL, INC.  
595 Blossom Road, Suite 120  
Rochester, NY 14610

### THANK YOU FOR YOUR SUPPORT!

Name \_\_\_\_\_ Home Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Donation Amount \_\_\_\_\_

Payment Information: Check # \_\_\_\_\_

MC/Visa# \_\_\_\_\_ Exp. Date \_\_\_\_\_ V# \_\_\_\_\_

(3 digit # on back of credit card)

Signature: \_\_\_\_\_



## Rhyming Your Way into Literacy

By Andrea McKenna, Education Specialist

Rhyme and music are essential parts of a quality early childhood program. Using rhymes and songs are great ways to help children transition from activity to activity. The children enjoy the rhythm of rhyming and they are just great fun to use in your program.

Rhymes are also a key element in preparing children to read. "Experts in literacy and child development have discovered that if children know eight nursery rhymes by heart by the time they're four years old, they're usually among the best readers by the time they're eight." [Fox, M. (2001). Reading Magic. San Diego, CA: Harcourt. Singing songs and reciting rhymes help build vocabulary and develop sound discrimination. Hearing nursery rhymes and songs also help children develop listening and comprehension skills. Perhaps the most important influence rhyming and singing have on early literacy skills is that they are fun. Having fun encourages children to love language and, in turn, increases their desire to learn to read.



Teachers in early childhood programs should use nursery rhymes and songs every day with the children they work with. It's fun, it's easy, and it really is the foundation for early literacy skills. If teachers don't feel comfortable singing, they can chant nursery rhymes instead. Many songs and nursery rhymes have hand movements that can be incorporated to help encourage motor development and include topics that fit in nicely with whatever the children are learning about. Here are two classic nursery rhymes to get you started "rhyming your way into literacy."

**Hey, diddle, diddle  
The cat and the fiddle,  
The cow jumped over the moon;  
The Little Dog Laughed to see  
such sport,  
And the dish ran away with  
the spoon.**

**Jack be nimble.  
Jack be quick.  
Jack jump over the candle stick.  
Jack be nimble.  
Jack be spry.  
Jack jump over the apple pie.  
Jack be nimble.  
Jack jump high.  
Jack fly up into the sky.**

A great resource for incorporating rhymes and songs in your program is the book, Do You Know the Muffin Man, by Pam Schiller and Thomas Moore.

## In Search of a Disinfectant For Child Care

By Chris Kordenbrock, RN, Child Care Health Specialist

As many of you know the Environmental Protection Agency (EPA) has classified bleach (sodium hypochlorite) as an asthmagen; meaning it causes asthma or makes it worse. Many early learning programs use bleach for sanitizing and disinfecting. The EPA's current recommendation for early learning programs is to switch their cleaning products to an EPA registered hospital grade germicide. Here at the Child Care Council, we have been looking into the research regarding these products; our goal is to find a product that works best for our providers, keeping their environment safe and clean, while following current regulations.

Our Health Care Services team has the help of our Environmental Education Coordinator, Kate McArdle. She is a wealth of information and a wonderful resource for all of us! Check our course calendar for the classes she is teaching. We partner with Clean and Healthy NY. This is the website: [www.cleanhealthyny.org/](http://www.cleanhealthyny.org/) and you can find them on Facebook. On the Clean and Healthy NY website you can find information about products for sanitizing and disinfecting specifically for child care. Under Additional Resources on their site, there is a terrific Disinfectant Guide that has alternatives to bleach listed, with dwell times, the germs they kill, and the estimated cost of products.

For child care we are looking for a product that has a dwell time of 2 minutes, especially for dealing with the diaper changing surface, and that kills the germs that are most important to kill.

We are in the process of making the Disinfectant Guide, mentioned above, available to everyone at our offices. In the meantime, it is available to everyone via their website. Call us with any questions.



## CCC Membership Benefits and Application

### Individual-Non-Child Care Membership—\$35.00/yr

- Loan privileges at the Early Childhood Professional Libraries
- My First Library loan privileges for your own children between the ages of 6 wks thru 5 yrs
- Free Notary Public Services
- Council Pin, Lanyard, Tote Bag or Carabineer Key Tag

**Benefits**

### Child Care Center Staff Member, Registered Family Child Care Provider or Legally Exempt Child Care Provider Membership—\$50/yr

**All Benefits Above Plus**

- 50% discount on Business Center Services
- 10% membership discount every Tuesday on Recycle Shop purchases
- Access to group rate Health and Dental Insurance
- Substantial member savings on Council offered classes and events

**All Benefits Above Plus**

### Non-Child Care Organization Membership—\$75/yr

- \$5.00 discount on individual staff memberships in the Child Care Council

**All Benefits Above Plus**

### Single Site Group Family Child Care Provider—\$75/yr

- Substantial member discount on in-service training at your location
- Substantial discount on Council classes and events for provider and assistants

### Child Care Center, Nursery School, School-Age, Multi-Site Group Family Child Care Membership

**All Benefits Above Plus**

\$150.00/yr (1-10 staff members)      \$250.00/yr (21-30 staff members)  
 \$200.00/yr (11-20 staff members)      \$300.00/yr (31+ staff members)

- Substantial Discount on Individualized Training Program and In-Service Sessions
- All staff members eligible for substantial member savings on Council classes and events

### CCC Annual Membership Application

- Individual Membership (\$35)
- Center Staff Member Membership (\$50)
- Family Provider Membership (\$50)
- Single Site Group Family Child Care Membership (\$75)
- Non-Child Care Organization Membership (\$75)
- CACFP Family Provider (\$25)
- CACFP Group Provider (\$37.50)
- Center
  - Nursery School
  - School-Age
  - Multiple Site
  - Group Family
    - 1 - 10 Staff Members (\$150)
    - 21-30 Staff members (\$250)
    - 11-20 Staff members (\$200)
    - 31+ Staff members (\$300)

Mail form & payment to:  
 Child Care Council Membership  
 595 Blossom Road, Suite 120  
 Rochester, NY 14610

Membership Fees are non-refundable

Please  one  
 \_\_\_ New  
 Membership  
 \_\_\_ Renewal      Memb.  
 Membership      # \_\_\_

Name \_\_\_\_\_ Home Phone (    ) \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Center Name \_\_\_\_\_ Center Phone (    ) \_\_\_\_\_

Center Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Total \$: \_\_\_\_\_ MC/Visa# \_\_\_\_\_ Exp. Date \_\_\_\_\_ V# \_\_\_\_\_

(3 digit # on back of credit card)

Amount Enclosed: \_\_\_\_\_ - Check # \_\_\_\_\_ Signature: \_\_\_\_\_

Please check one:     Council Pin     Lanyard     Carabiner Key Tag



All young children in New York deserve a strong start. Please write your State representatives to urge them to prioritize funding in the New York State budget for proven programs that help level the playing field for all children and youth. Join The Children's Agenda and many others around New York State in the Believe in Children Campaign: A Call for Universal Child Care, Pre-Kindergarten, and After-school. Ask your State legislators to build on Governor Cuomo's budget proposals:

- Invest \$182 million in child care subsidies in 2014-15 to reach an additional 25,000 children, and commit to providing universal access within 5 years to the estimated 305,000 children of working parents who are currently in need of high-quality early care and learning;
- Invest \$225 million in new, high-quality full-day Pre-K opportunities in 2014-15, and embrace the Governor's commitment to make Pre-K available to all New York children within 5 years;
- Invest \$9 million in quality after-school program infrastructure in 2014-15 and \$160 million in 2015-16, and commit to kicking off a 5-year plan to reach at least half of the school-age children in need of after-school and summer learning opportunities.

The time is now, and the need is urgent. Families are struggling to find safe, reliable and affordable opportunities for their children - including early learning and child care, after-school, and summer enriched learning opportunities. Many area children are falling further behind their middle- and upper-income peers each year. Kindergartners enter school lacking the basic skills and knowledge they need to learn to read by 3rd grade, and then to read to learn.

Urge your State Assemblymembers and Senators to make wise choices in the 2014-15 State budget. New York's children will only be young for a short time - they cannot wait, and we can't afford to miss this opportunity to give them a strong, smart start by making sure they have access to high-quality services and programs early in their lives that will make a big difference in their future, and in ours.

Thank you.

## Fun Cold Weather Activities

By Tamika Johnson , Director of Legally Exempt Enrollment

Winter time brings with it many fun outdoor adventures sure to excite the boundless energy of children from ice skating and snow fort building to sledding and skiing. Unfortunately, it is sometimes just too cold to go outside and play and that energy still needs to be expressed within the confines of a sometimes too small space. Indoor gross motor activities (activities that involve the large muscles needed to crawl, run, walk, hop) can be a fun way to increase activity.

Here are just a few fun activities to do with your young children during those blustery days ahead!

- Try this variation on Musical Chairs: Using different colored pieces of fabric, large paper or string tied in a circle big enough for multiple children to stand on together, start your music. When you stop the music, call out one or two colors for the children to stand on. This can also be modified to help children work on number and letter recognition by drawing the numbers and letters on the papers and calling them when the music stops!
- Go on a scavenger hunt: For younger children use picture lists with the words to help build early literacy skills.
- Dance Party: Put some child friendly music on and play freeze dance. When the music stops, each child must freeze in place.
- Cold Weather Science: Blow bubbles outside on a cold day and discuss with the children their observations of what happens with the bubbles. Winter is a perfect time to talk about and experiment with liquids, solids and gases.
- "Paint the Snow": Use spray bottles filled with colored water to spray designs in the snow.





## Pinpointing Food Sensitivities

By Jodi VerWeire, CACFP Specialist

Food allergy involves a response by a person's immune system. An allergic reaction usually takes place not long after the food is consumed, anywhere from a few minutes to an hour or two after ingestion. An allergic reaction can result in a rash or hives, nausea, stomach pain, diarrhea, shortness of breath to a multitude of other symptoms including potentially deadly reactions such as swelling of the airways.

A food sensitivity takes longer to manifest; up to 3 days after eating the food. That makes it a little trickier to pinpoint. The symptoms of a sensitivity are not as severe as those of an allergic reaction. They include nausea, stomach pain, gas, cramps, heartburn, diarrhea, headaches, irritability or nervousness. Lactose intolerance is the most common food sensitivity, affecting about 10% of all Americans.

Trial and error is the best way to diagnose food sensitivity. If you are a nursing mom, you may need to keep a "food and symptom diary" to record what you eat and how your baby reacts. For an older child, you may keep notes on what the child eats and how they behave in order to pinpoint sensitivities. A doctor may also order tests.

Eliminating foods from your diet, or that of your child, will be necessary when a food sensitivity is suspected. Begin with foods known to cause sensitivities such as gluten, peanuts, tree nuts, soy, milk, eggs, corn, refined sugar, and yeast. Make sure that you replace whatever nutrients you are losing when you remove those foods from the diet, by eating other foods that offer similar nutritional benefits.

Wait 4-5 days for traces of customary foods to be out of your system. When sensitivity symptoms have lessened, you can begin to reintroduce the foods you think your infant or child is sensitive to, one at a time. Introduce each food in the morning by itself before eating anything else. Note behaviors or changes. Eliminate the food again if you note changes and don't reintroduce the food for another 2 weeks.

If there is no reaction, incorporate the food into a rotation diet. This diet is divided into 4 days. It is based on the elimination diet, but note you will have foods that you will eat once every few weeks. Eat a variety of foods, new or routine, and after every 4 days go back to day one. This ensures no one food is eaten more than once in 4 days. It will help to prevent new sensitivities and digestive problems.



Classes are 6:30pm—9:00pm unless otherwise noted

NYS Required Categories are listed in parenthesis ( ) following the date.

### Rochester Office:

- 3/1-(2,3) All in the Way You Cook It  
9am-11:30am
- 3/1-MAT Skills Competency Demonstration  
Saturday, 9am-Noon
- 3/3-MAT Skills Competency Demonstration  
9:30am-12:30pm
- 3/3-4/9-(\*) Starting Your Own Child Care  
Business 101
- 3/4-(1,3,4) Bullying and Children with  
Special Needs
- 3/4-(2) Being Successful in CACFP
- 3/6-(2,4,7) MAT Independent Study  
6pm-9pm
- 3/8-(2,4) CPR & First Aid 9am-2pm
- 3/11-(3,5) Lesson Planning and Curriculum
- 3/13-(2,4,5) Asthma 101
- 3/18-(7,8) Know Your Regulations-FCC
- 3/19-(3,5) Environmental Rating Scales-  
Centers
- 3/20-**CDA 77 Starts-Call for details**
- 3/24,31 & 4/7,14,21,28-FCC Training  
Series
- 3/31-(2) Being Successful in CACFP

### Lakeville:

- 3/11 & 3/13-(2,4) CPR & First Aid
  - 3/12-(2,4,5)-Make Your Child Care  
Eco-Healthy
  - 3/18-(2) Being Successful in CACFP
  - 3/31, 4/2,7,9,14 (1,2,3,4,5) Special Needs  
Training Series
- ### Newark:
- 3/3-(Varies) Prof. Dev. Grp. 6:30pm-8:30pm
  - 3/15-(2,4) CPR & First Aid, Sat. 9am-2pm
  - 3/27-MAT Skills Competency Demonstration  
6pm-9pm

### Rochester Office:

- 4/1-5/8-(\*) Starting Your Own Child Care  
Business 101
  - 4/1 & 3-(2,4,7) MAT 9:30am-2:30pm
  - 4/2-(1,3) Sugar, Spice and Everything Nice
  - 4/3 & 10-(3,4,5,7,8) Foundations of Secure  
and Safe School Age Programs
  - 4/7-MAT Skills Competency  
Demonstration 9:30am-12:30pm
  - 4/7-MAT Skills Competency  
Demonstration 6pm-9pm
  - 4/9-(1,2,4)-Fetal Alcohol Spectrum  
Disorder, 6:30pm-8pm
  - 4/9-(2,4,7) MAT Independent Study  
9:30am-12:30pm
  - 4/12-(2,3) All in the Way You Cook It  
9am-11:30am
  - 4/12-CPR & First Aid Sat. 9am-2pm
  - 4/22,24-(2,4) SPANISH CPR & First  
Aid
  - 4/23-Intro. to Family Child Care
  - 4/23-(2,4,7) MAT Independent Study  
6pm-9pm
  - 4/26-(2,4,5) Make Your Child Care  
Eco-Healthy, Sat. 9am-11:30am
  - 4/29-(2) SPANISH Being Successful in  
CACFP
- ### Lakeville:
- 4/5 & 12-(2,4,7) MAT Sats. 9am-2pm
- ### Newark:
- 4/7-(Varies) Prof. Dev. Grp. 6:30pm-  
8:30pm
  - 4/9-5/21-(\*) Starting Your Own Child  
Care Business 101
  - 4/24-(2,4,7) MAT Independent Study  
6pm-9pm

See the Jan-Jun 2014 Course Calendar for more details and a full list of courses.  
Child Care Council courses, and links to SUNY videoconference information and  
EIP applications are available at [www.childcarecouncil.com](http://www.childcarecouncil.com)

\* The Starting Your Own Child Care Business 101 Series covers  
all **Family Child Care** categories and includes:

- Health & Safety
- CPR & First Aid
- Introduction to CACFP
- Business Class
- Developing Your Program
- Tax Class



## Child Care Council

### Office Schedule and Calendar of Events

#### Monroe County-Rochester

Regular hours are Mon-Fri 9am-5pm.  
Other hours available by appointment.

#### Livingston County-Lakeville & Wayne County-Newark

Regular hours are Mon-Fri 9am-5pm closed from 1pm to 2pm.  
Other hours available by appointment.

#### March

- 11th-Council of Child Care Administrators Meeting
- 21st-"A Kaleidoscope of Possibilities: A Reggio Emilia Inspired Conference for educators working with children birth-age 8" Part II
- 26th-Child Care Council Staff Meeting-Rochester, closed 10am-12pm

#### April

- 15th-Council of Child Care Administrators Meeting
- 30th-Child Care Council Staff Meeting-Rochester, closed 10am-12pm

#### Check out our social media pages!

Twitter <https://twitter.com/ChildCareCoun>  
 Facebook <https://www.facebook.com/pages/Child-Care-Council-Inc/140064946010719>  
 Pinterest <http://pinterest.com/ccouncilinc/>  
 YouTube <http://www.youtube.com/user/ChildCareCouncilinc>

## Meet the Staff of Child Care Council



Happy March! My name is Jason Place. I work at the Child Care Council as the Wayne County Branch office Coordinator and as a Registrar in Wayne and Monroe Counties. I have been in my current position since August of 2012. I primarily work with Registered Family Child Care Providers. Whether applying for a registration for the first time, or renewing their application, I am here to answer any question about the registration process and receive their paperwork for processing. If you

are ever in Newark, please visit our office. Our staff is always available to offer help and suggestions for your child care needs. If you wish to visit me in person, please contact me at 585-654-4725 to make an appointment. I look forward to seeing you soon.



## A Closer Look



## NEW REGULATIONS

### Are You Ready?

Wilma Colotti, SACC and Family Day Care Inspector

Hopefully you know by now the new **Family and Group Family** regulations go into effect May 1, 2014.

Did you know they are available for viewing now? Did you know that almost every section has NEW regulations or changes that will affect how you run your program beginning May 1st?

One of the new regulations that is getting the most buzz is the regulation regarding television and other electronic media.

#### (417.7 (u) (v) (w) (x))

Effective May 1, 2014 your program may only use television and other electronic media for educational purposes. (u)

-Television and other electronic media must be turned off when not part of a planned developmentally appropriate program activity. (v)

-Children must not watch television or other electronic visual media during meals. (w)

-Television and other electronic visual media must be turned off while children are sleeping, and during established nap times. (x)

Basically what the new regulation means is that television and other electronic media must not be used to solely occupy time.

If you have not done so already, you can register for a FREE training class that covers the new regulations and the changes that will be effective May 1, 2014.

Call Linda Stilson (585) 654-4794 at Child Care Council NOW to register. Classes are filling fast.

The new regulations can be accessed through the Child Care Council website: [www.childcarecouncil.com](http://www.childcarecouncil.com). On the main page under the Latest News select New Family and Group Family Child Care Regulations Released-Effective May 1. At the bottom of the article select click here (in pink) to link to the Legislation and Regulations page-or-you may also access the page by going to: <http://ocfs.ny.gov/main/legal/regulatory/final/>.

Using either method, once you get to the Legislation and Regulations page scroll down to Adopted Rule-Repeal and re-enactment of Parts 413, 416 and 417 of Title 18 of the NYCRR. You can then select Regs Part 413-Child Day Care Definitions, Enforcement and Hearings; Regs Part 416-Group Family Day Care Homes; Regs Part 417-Family Day Care Homes.

Your inspectors and registrars are working hard to offer technical assistance between now and May 1st. Please feel free to call with any questions you may have.



## CDA 2.0 Tips and Updates

### Important Update About Your CDA Renewal

Did you know? You can renew your CDA credential six months prior to the expiration date!

If you have a CDA Credential with an **award date of May 1, 2013 or before**, you still have a two year grace period after the expiration date to renew your credential if it is expired. Although your CDA Credential is expired, you still have an opportunity to renew within two years after the expiration date on your credential certificate.

If your CDA Credential has an **award date of June 1, 2013 or after, there is NO GRACE PERIOD**. This means, your CDA renewal materials must be submitted before the expiration date, to avoid beginning the CDA credentialing process as a new Candidate.

## THE RECYCLE SHOP ITEM OF THE MONTH IS:

### *Black plastic containers with clear lids*

Length: 10½ inches

Width: 3½ inches

Depth: 1½ inches

Price: 20 for \$1.00



## NEWS FROM CPSC



The U.S. Consumer Product Safety Commission is charged with protecting the public from unreasonable risks of injury or death from thousands of types of consumer products under the agency's jurisdiction. The CPSC is committed to protecting consumers and families from products that pose a fire, electrical, chemical, or mechanical hazard or can injure children.

Following is one of the important recalls to be found on the CPSC website at [www.cpsc.gov](http://www.cpsc.gov). On the site you can sign up to receive alerts through many avenues including email, youtube, and twitter.

### **Angelcare Recalls to Repair Movement and Sound Baby Monitors After Two Deaths Due to Strangulation Hazard**

*Name of product:* Angelcare Movement and Sound Baby Monitors

*Hazard:* The cord attached to the baby monitor's sensor pad is placed under the crib mattress. If the child pulls the cord into the crib, it can become wrapped around the baby's neck.

*Consumer Contact:* Angelcare at (855) 355-2643 from 8 a.m. to 8 p.m. ET Monday through Friday, e-mail at [Consumers@angelcare.ca](mailto:Consumers@angelcare.ca) or online at <http://www.angelcarebaby.com> and click on the safety notice section of the website for more information.

Angelcare is providing consumers with a repair kit that includes rigid protective cord covers through which the sensor pad cords can be threaded, a new, permanent electric cord warning label about the strangulation risk, and revised instructions.

The recalled baby monitors were sold at Babies R Us/Toys R Us, Burlington Coat Factory, Meijer, Sears, Walmart, Amazon.com, Target.com, Overstock.com, and nearly 70 small baby specialty stores, from October 1999 through September 2013 for about \$100 to \$300.

Consumers should immediately make sure cords are placed out of reach of the child and contact Angelcare toll-free at (855)355-2643 between 8 a.m. and 8 p.m. ET Monday through Friday or visit the firm's website [www.angelcarebaby.com](http://www.angelcarebaby.com) to order the free repair kit.

### **CPSC Safety Alert Campaign on Monitor Cords**

In February 2011, CPSC issued a safety alert warning consumers that industry-wide there had been seven reports of strangulation in baby monitor cords since 2002. Since that alert, the number of death reports has risen to eight of which two involved the Angelcare monitors with sensor cords. CPSC has a safety alert [Infants Can Strangle in Baby Monitor Cords](#) and conducted an information and education campaign with JPMA in which Angelcare has taken an active role to raise awareness on the hazards associated with baby monitor cords. Parents and caregivers should visit CPSC's Crib Information Center at [www.cpsc.gov/cribs](http://www.cpsc.gov/cribs) for additional baby monitor cord safety information and they should make sure all cords are out of arm's reach of children.