

August 4th or 5th, 2014

Add Active Play to Your Day



## Active Play Workshop Session

### Learn Fun Physical Activities for Young Children



Learn fun, inclusive, developmentally appropriate physical activities that use inexpensive equipment, small spaces, and work well in homes, child care centers and preschool classrooms. View videos of 2-5 year olds engaged in these fun activities and try a few, too!



### ***Childhood Obesity is the Most Prevalent Health Concern Facing Children Under 5 in NY State***

We can make a difference as children develop habits in their first 5 years of life by adding active play to the day.

The 3-hour session will be offered by

**Diane Craft & Patty Persell**

**Diane H. Craft, Ph.D.**, is a professor of physical education at SUNY Cortland. She has co-authored four books on developmentally appropriate, inclusive physical activity for young children including *Active Play! Fun Physical Activities for Young Children*.

**Patty Persell** is the New York State Head Start Collaboration Director and is working to help eliminate early childhood obesity in the state.

**Who should attend:** Family Child Care Providers, Home Visitors, UPK, Child Care, Head Start, Nursery School Teachers and Administrators

*Fee is \$5 per session*



Register by e-mailing  
[course-reg@childcarecouncil.com](mailto:course-reg@childcarecouncil.com)

or by mailing the attached form to—Linda Stilson

CHILD CARE COUNCIL, INC.  
595 BLOSSOM ROAD, SUITE 120  
ROCHESTER, NY, 14610

One session will be held in the evening and one during the day to best meet your schedule.

Aug 4th Session is 6:00-9:00 PM

Aug 5th Session is 9:00 - Noon

You receive training credit and resources for your program.

**Deadline 7/21 or when room is full!**

