



News You Can Use

The New EIP 2015 Applications are available now!

The Educational Incentive Program (EIP) is a scholarship program that helps child care providers pay for training and educational activities with the intent to build provider knowledge, skills, and competencies in order to improve the quality of child care. To be eligible for EIP, child care providers must be required to take training and must be caring for children in a program regulated by the New York State Office of Children and Family Services (NYS OCFS) or the New York City Department of Health and Mental Hygiene (NYC DOHMH). Applicants must provide a completed application by the appropriate deadline to be reviewed for scholarship.

*** New for 2015:** Applications for training that begins between January 1 through December 31, 2015 will be accepted at the start of the scholarship year (December 2, 2014).

*** New for 2015:** The maximum award amount for college courses has increased to \$2,500 for both Upstate and Downstate providers.

To apply for an EIP scholarship or find more information about the program, please visit www.ecetp.pdp.albany.edu or call our office 585-654-4720.



PROFESSIONAL DEVELOPMENT PROGRAM
ROCKEFELLER COLLEGE UNIVERSITY AT ALBANY State University of New York

The Educational Incentive Program is sponsored by the New York State Office of Children and Family Services, funded by the federal Child Care and Development Fund and administered by the Professional Development Program, Rockefeller College, University at Albany



CHILD CARE COUNCIL
Your premier resource, Inc.



CARING MATTERS

January 2015 - Vol. 34 Issue 1



New Regulations Effective June 1, 2015



The Office of Children and Family Services (OCFS) is pleased to announce that its review of public comment on the day care center, school age child care and small day care center regulations is complete. The new regulations were adopted on November 19, 2014 and are **effective on June 1, 2015**. This six month lag period was built into the process so that programs have time to review the changes and come into compliance by June 1, 2015.

OCFS's main objectives in changing day care center, school age child care, and small day care center regulations were to strengthen health and safety standards, correct conflicting regulatory language discovered in existing citations relative to the administration of medication, update the regulations with recent changes made to Social Services Law and the NYS Building Code, and make the regulations easier to understand.

On November 19, 2014, OCFS posted to its website the new regulations, the assessment of public comment, a summary of the assessment and a summary of substance. We recommend that programs become familiar with the new regulations and regularly check the website for opportunities for training. You can find the new regulations online at <http://ocfs.ny.gov/main/childcare/default.asp>. To order a printed copy, call the Forms Warehouse at (518) 473-0971.

Source: OCFS Dear provider letter Dec 2014

President Jason Kiefer CEO Barbara-Ann Mattle Editor Jennifer Weykman

***** LOCATIONS *****

Livingston County Branch Office
3513 Thomas Dr., Suite 4
Lakeville, NY 14480-0670
Phone: (585) 346-6050
Fax: (585) 346-6058

Main Office
595 Blossom Rd., Suite 120
Rochester, NY 14610-1825
Phone: (585) 654-4720
Fax: (585) 654-4721

Wayne County Branch Office
510 West Union St., Suite 1
Newark, NY 14513-9201
Phone: (315) 331-5443
Fax: (315) 331-5271



Raising Healthy Children A Free Community Discussion with Dr. Phillip Landrigan

The rate of childhood diseases-such as autism, allergies, asthma, ADHD, learning disabilities, childhood cancer, diabetes, and obesity-is increasing. Scientific research suggests that chemicals found in our homes, schools, and communities may play a role in this upward trend. Learn how these chemicals affect our children's health and the practical steps parents can take to prevent environmental exposures in our children's everyday lives.

Philip J. Landrigan, MD, MSc, is the director of the Children's Environmental Health Center, chair of the Department of Preventive Medicine and Dean for Global Health at The Mount Sinai Medical Center. He has devoted his career to protecting children against environmental threats to health through landmark studies on lead poisoning, pesticides, and their unique effects on children's health.

Tuesday, January 20, 2015
4:00 pm-5:00 pm
Child Care Council, Inc
Drake Lok Lifelong Learning Center

This discussion is free and open to the public. One hour of training will be offered.

To register please contact Renee Scholz at 654-1286.

*Brought to you by Finger Lakes Children's
Environmental Health Center*

CCC Membership Benefits and Application

Individual-Non-Child Care Membership—\$35.00/yr

- Loan privileges at the Early Childhood Professional Libraries
- My First Library loan privileges for your own children between the ages of 6 wks thru 5 yrs
- Free Notary Public Services
- Council Pin, Lanyard, Tote Bag or Carabineer Key Tag

Benefits

Child Care Center Staff Member, Registered Family Child Care Provider or Legally Exempt Child Care Provider Membership—\$50/yr

- 50% discount on Business Center Services
- 10% membership discount every Tuesday on Recycle Shop purchases
- Access to group rate Health and Dental Insurance
- Substantial member savings on Council offered classes and events

All Benefits

Above Plus

Non-Child Care Organization Membership—\$75/yr

- \$5.00 discount on individual staff memberships in the Child Care Council

All Benefits

Above Plus

Single Site Group Family Child Care Provider—\$75/yr

- Substantial member discount on in-service training at your location
- Substantial discount on Council classes and events for provider and assistants

Child Care Center, Nursery School, School-Age, Multi-Site Group Family Child Care Membership

- | | | |
|--|-----------------------------------|-----------------------------------|
| | \$150.00/yr (1-10 staff members) | \$250.00/yr (21-30 staff members) |
| | \$200.00/yr (11-20 staff members) | \$300.00/yr (31+ staff members) |
- Substantial Discount on Individualized Training Program and In-Service Sessions
 - All staff members eligible for substantial member savings on Council classes and events

All Benefits

Above Plus

CCC Annual Membership Application

- Individual Membership (\$35)
- Center Staff Member Membership (\$50)
- Family Provider Membership (\$50)
- Single Site Group Family Child Care Membership (\$75)
- Non-Child Care Organization Membership (\$75)
- CACFP Family Provider (\$25)
- CACFP Group Provider (\$37.50)
- Center
 - Nursery School
 - School-Age
 - Multiple Site
 - Group Family
 - 1 - 10 Staff Members (\$150)
 - 21-30 Staff members (\$250)
 - 11-20 Staff members (\$200)
 - 31+ Staff members (\$300)

Mail form & payment to:
 Child Care Council Membership
 595 Blossom Road, Suite 120
 Rochester, NY 14610

Membership Fees are non-refundable

Please ✓ one
 ___ New
 Membership
 ___ Renewal Memb.
 Membership # ___

Name _____ Home Phone () _____

Home Address _____ City _____ Zip _____

Center Name _____ Center Phone () _____

Center Address _____ City _____ Zip _____

Total \$: _____ MC/Visa# _____ Exp. Date _____ V# _____

(3 digit # on back of credit card)

Amount Enclosed: _____ - Check # _____ Signature: _____

Please check one: Council Pin Lanyard Carabiner Key Tag

November 19, 2014 – A DATE TO REMEMBER

By Barbara-Ann Mattle, CEO

For all of us (you, me, and the entire US child care world) November 19, 2014 will be a date to remember. On that date, the new Child Care Development Block Grant was officially signed into law. This is the first such law change since 1996 and it reflects significant changes for our child care world.

The new law is based on a new premise - a two generational approach to child care with a combined emphasis on parent and family involvement along with a coordinated high quality child care system. The individual components of the law are designed to achieve greater stability and safety within programs, create family friendly eligibility, and help increase parental understanding of the choices available to families who rely on the support of the quality child care programs in their communities.

The new law also contains requirements for provider professional development. On this point, I am pleased to note that New York State is ahead of some other states by already having implemented many required training topic areas. We are also ahead in our inspection requirements for registered and licensed programs.

Additions to our current state practices and regulations will include FBI fingerprint checks for Registered, Licensed, and Legally Exempt Providers, a focus on provider accreditation, annual inspections for Legally Exempt providers, support for continuity of care in child care centers, and special support for underserved populations (homeless, persons with disabilities, non-traditional hour care, tribal settings) and hopefully (although not specifically stated) refugees and English language learners.

Over the next 6 months, states will be working to develop plans for the implementation of the new law. It will be important for all of us in New York State to remain vigilant and offer input and support to the development of these plans. This is the beginning of a new direction and a new way of work for child care in our country, our state, and our council. Please watch this column for more information regarding the implementation of the new law in New York State and be prepared to lend your voice to discussions on this topic at the local, state, and national level.

If we are not a part of the solution conversation - we can and will be part of the problem.



Outside with Infants and Toddlers: Oh My!

By Rose Shufelt, Infant Toddler Specialist

Going outside in winter with infants and toddlers seems like a daunting experience for caregivers. With the mountains of clothing that need to go on to keep the children protected from cold weather, it seems as though you spend more time getting the children ready to go out than you actually spend outdoors. This may be true but part of the outdoor learning experience for infants and toddlers is getting ready to go out.

Security and trust are key elements in a young infant's development. Therefore, make sure that their primary caregiver is the one to get them dressed for outdoor play. Putting on bulky winter clothing can be an unpleasant experience for some babies. Using reassuring words and gentle touches will help ease this transition. When outside, take time to snuggle and talk to the infant about the feel of the snowflakes, how cold and crisp the air is and how bright the sun sparkles on the snow.

For mobile infants, winter clothing provides an exciting opportunity for exploration. Help mobile infants notice the softness of their hat, take a look inside their boots, recognize the color of their mittens and discuss how their legs fit into their snow pants. Simply rolling a snow ball with mobile infants to touch, climb on and push can keep them busy and learning.

For toddlers whose sense of self is developing, being able to perform routines on their own is very important. Make a game of finding their own clothes, encourage and help them put on their own snow pants, and give them choices about which boot or mitten they want to put on first.

Now everybody is dressed and ready to go out. You may only be out for ten minutes before the first child wants to come in. That's ok. The learning that has taken place in that short time is invaluable. After coming in, take developmental issues into consideration during the undressing routine and again, use this time as a learning experience. Before you know it, it's lunchtime and the children have had opportunities to examine the attributes of objects, were exposed to language in a meaningful way, worked on both gross and fine motors skills as they dressed and undressed, and a daunting chore has turned into a valuable learning experience.



Measuring Medication—Ditch the Teaspoon

By Emily Leone RN, C-PNP Health Services Coordinator

Child care programs, pediatric offices, and children's homes are busy places! Unfortunately, miscommunication from pediatric provider to parent to child care providers can lead to medication errors. In fact, medication errors lead to over 10,000 calls to poison control hotlines each year.

A study published in *Pediatrics* this summer found that nearly 40% of parents incorrectly measured the dose they intended and over 41% made an error in measuring what the doctor prescribed.

Part of the reason for the confusion is that there are a range of units used to measure oral liquid medications such as milliliters, teaspoons, and tablespoons. These units may be used interchangeably to describe a child's dose as part of counseling by the prescriber or pharmacist.

In this study, parents using teaspoon or tablespoon measurements were 2.3 times more likely to pour the wrong dose and 1.9 times more likely to not accurately follow the prescription.

Parents given dosing instructions in teaspoons or tablespoons were also more likely to reach for a kitchen spoon to measure the dose rather than using accurate measuring devices such as an oral syringe or a medicine cup.

A strategy to reduce medication measurement errors is to use the milliliter as the standard unit of measurement for pediatric liquid medications. This strategy is endorsed by the American Academy of Pediatrics (AAP), the Centers for Disease Control (CDC), and the Institute for Safe Medication Practices.

To translate this study to child care programs:

- Ask parents to have their doctor complete the dose of medication in milliliters on the Medication Consent Form.
- Have parents provide you with an accurate dosing device labeled with a dose that matches the medication.
- Only oral medication dosing devices should be used. These include oral syringes, medicine cups, dosing spoons, or unit-dose packaging.

Source: Unit of Measurement Used and Parent Medication Dosing Errors; Yin, H. Shonna et al; *Pediatrics*, July 2014.



Child Care Council, Inc. thanks our
Board President,
Chris Yuskiw,
and the
Kiwanis Club
for their generous donation of
Little Golden Books for the
65th Anniversary of Little Golden Books
celebration at
the Memorial Art Gallery!



Golden Legacy
65 YEARS OF GOLDEN BOOKS
October 19–
January 4
learn more...

PICTURED: Richard Scarry, *I Am a Bunny* (1963). © Random House, Inc.



trust. healing. justice.

7th Annual Bivona Child Abuse Summit

2015 Conference Dates

Thursday, April 30-Friday, May 1
Rochester Riverside Convention Center

Standard Registration

Full conference (two days)

\$180/person

Register by March 24 for a reduced rate of \$150/person

Groups 4+ from the Same Agency

Full Conference (two days)

\$140/person

Group registrations must be submitted and paid for at the same time

About the Bivona Child Abuse Summit

Don't miss the premier Child Abuse Summit in the Northeast region. This cutting edge multidisciplinary training is for social workers, law enforcement, prosecutors, mental health and medical professionals, school personnel, day care providers, the faith-based community and more. Workshops are being presented by national and local experts.



Winter Craft Ideas

By Brenda Colón, Legally Exempt Inspector

By January, parents and child care providers, especially in the Northeast, are searching for indoor winter-related activities in which to engage the children in their care.

Recipes and artwork that feature snowmen, polar bears, igloos, snowflakes, mittens and other items strongly associated with the winter season, are always fun for children to create.

One great activity is the 3-D Paper Plate Snowman. Simply glue a small paper plate onto a larger one. Poke a small hole in the middle of the snowman's head and insert an orange paper nose. You may use black pom poms for the mouth, eyes and buttons. You may want to add arms and a scarf or hat with construction paper. A recycled brown paper bag may also do the trick. The main idea is just to have fun!



Older children prefer more challenging crafts, such as the Sugar Cube Igloo. You will need paper plates, a glue gun, glue sticks and sugar cubes or marshmallows. First, cut the top of a Styrofoam cup off and hot glue the bottom to a paper plate. Next, cut the upper part of the cup to make two Us and glue one of the Us onto the cup to make an entrance. Then spread glue over the cup and entrance. Finally, glue sugar cubes or mini marshmallows onto the igloo, beginning with the base and top of the entrance.

In addition to the crafts listed above, you may create snowman pancakes, using fruit for the eyes, mouth, nose and buttons or you may choose to have an indoor snow fight, using rolled up white socks.

Whatever activity you plan, the children in your program are sure to enjoy. In addition, some of the crafts may be used as hand made gifts for special occasions or holidays.

www.freekidcrafts.com/winter.html



Peanut Allergies on the Rise

By Jodi VerWeire, CACFP Specialist

Peanut allergies have become a more common problem in recent years. Children with peanut allergies must be closely monitored. Accidental ingestion of peanuts or foods that have been in contact with peanuts, could be fatal.

In the United States, the prevalence of peanut allergies rose from 0.4% in 1997 to 1.4% in 2010. Along with that often comes allergies to tree nuts such as walnuts, pecans, or almonds. 25-40% of those with allergies to peanuts also have an allergy to tree nuts. Adults and children that have a peanut allergy usually need to carry an auto injected epinephrine with them, often in the form of Epipen or Auvi-Q. This device is a shot of Epinephrine they can administer until they can get medical attention.

There is no cure for peanut allergies at this time. For several years, medical experts thought that babies should avoid being exposed to peanuts until at least 2 years old. That school of thought is being changed. It is now thought that the earlier the child is exposed to peanuts or tree nuts, the better. Mothers, pregnant and postpartum, should not avoid eating nuts. Studies have shown that the earlier a child is exposed to nuts, the less likely they are to develop an allergy. This, of course, should be done with close health supervision.

Why nut allergies seems to be on the rise is still a mystery. There are many hypotheses but nothing concrete can answer the question. In the grand scheme of things, the risk of nut exposure is low. There are some kids that are going to have a reaction no matter what you do, and there are kids that are not going to have a reaction no matter what you do. If you have a child in your program that is allergic to peanuts it is probably safest to make sure that nothing served contains or has been cross contaminated with peanuts. The Food Allergen Labeling and Consumer Protection Act requires that foods containing common allergens be labeled as such. It is not required that the package say that the food was processed in a facility that also processes nuts. That information is voluntary.

<http://content.time.com/time/health/article/0,8599,1869095,00.html>

<http://well.blogs.nytimes.com/2014/02/03/as-peanut-allergies-rise-trying-to-determine-a-cause/?>



Classes are 6:30pm—9:00pm unless otherwise noted
NYS Required Categories are listed in parenthesis () following the date

January 2015

Rochester Office:

1/6-2/24-(1,3,4,5,7) How to Start and Operate a Child Care Center. 8 Tuesday Evening Classes
1/6-2/12-Family Child Care Business 101 Series *
1/6,8,13,15,29, 2/3-(1,2,3,4,7) NEW Special Needs School Age Training Series 10am-12:30pm
1/7-Child Day Care Orientation 9:30am-12pm
1/7-(2,4,7) MAT Independent Study Class 6pm-9pm
1/10,24-(2,4,7) MAT 9am-2pm
1/10-(2,4) CPR and First Aid 9am-2pm
1/12-Being Successful in CACFP-For Providers who are NEW to the CACFP Program
1/14,21-(2,4,7) MAT 9:30am-2:30pm
1/14-MAT Skills Competency Demonstration 6pm-9pm
1/15-Child Day Care Orientation 6:30pm-9pm
1/31-MAT Skills Competency Demonstration Saturday 9am-12pm
1/31-(2,3,5) Cook Once, Serve Twice. Free To providers enrolled in CACFP
1/31,2/7-(2,4,7) MAT (SPANISH) 9am-3pm

Lakeville:

1/15-(2,4,5) Asthma 101
1/29-(2,4,7) MAT Independent Study Class 6pm-9pm

Newark:

1/5-(Varies) FCC Professional Development & Support Series 6:30pm-8:30pm
1/12-3/4-Family Child Care Business 101 Series *

February 2015

Rochester Office:

2/3-3/12-Family Child Care Business 101 Series *
2/3-Being Successful in CACFP-For Providers who are NEW to the CACFP Program
2/4-Child Day Care Orientation 9:30am-12pm
2/4-(1,3,9) Happiest Baby on the Block
2/4,9,11,18 & 25-(1,2,3,4,5) Special Needs Training Series ***NEW***
2/7-MAT Skills Competency Demonstration 9am-12pm
2/9-Child Day Care Orientation
2/11-(7,8) Know Your Regulations Family Child Care
2/11-(2,4,7) MAT Independent Study Class 10am-1pm
2/21-(2,4) CPR & First Aid, Sat. 9am-2pm
2/24-(1,2,3,5) Little Children, Big Challenges
2/26-(2,4,7) MAT Independent Study Class
2/28-(2,3,5) Cook Once, Serve Twice 9am-11:30am
2/28 & 3/7-(2,4,7) MAT Training Saturdays, 9am-2pm

Lakeville:

2/17-3/26-Family Child Care Business 101 Series *
2/25-MAT Skills Competency Demonstration

Newark:

2/2-(Varies) FCC Professional Development & Support Series 6:30pm-8:30pm
2/9 & 11-(2,4) CPR & First Aid
2/18-Being Successful in CACFP-For Providers who are NEW to the CACFP Program

See the January-June 2015 Course Calendar for details and a full course list.
Child Care Council courses, and links to SUNY videoconference information and EIP applications, are available at www.childcarecouncil.com

*** The Family Child Care Business 101 Series covers all Family Child Care categories and includes:**

- Health & Safety
- CPR & First Aid
- Introduction to CACFP
- Business Class
- Developing Your Program
- Tax Class

Office Schedule and Calendar of Events

Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Livingston County-Lakeville & Wayne County-Newark

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

December 2014

- 24th, 25th, 26th and 31st-Offices are closed for the holidays

January 2015

- 1st & 2nd-Offices are closed for the holidays
- 19th-Offices closed for Martin Luther King Jr. Day
- 28th-closed for staff meeting 10:00am-12:00pm

Check out our social media pages!

Twitter	https://twitter.com/ChildCareCoun
Facebook	https://www.facebook.com/pages/Child-Care-Council-Inc/140064946010719
Pinterest	http://pinterest.com/ccouncilinc/
YouTube	http://www.youtube.com/user/ChildCareCouncilinc

Meet the Staff of Child Care Council

Introducing Kristinne Seibel, Registration Services Director



Hello, my name is Kristinne Seibel. I joined Child Care Council in June of 2008. My background is in social service and case management in several different roles. I have worked with the elderly as an Adult Protective Services supervisor helping vulnerable elders to live safely in their chosen environment. I have worked with children as a family day care provider, as a case manager for children with disabilities, and as an education advocate. I have also worked as a court investigator for guardianship and an employment counselor. Working at the Council has taught me that all of my previous experiences have prepared me for my current set of responsibilities. I use so many skill sets each and every day. I enjoy working with child care providers because I believe that supporting providers and

quality early childhood education translates directly into improving the lives of children, their families, and our community. I look forward to continuing to grow as a professional and working to have a positive impact on quality care for children.



A Closer Look



Winter is Here!

By Mark Bradley, Director of Inspection Services

Winter is upon us, and this month we'll take a closer look at some of the regulations that are of particular importance during the cold and snowy months.

The first regulation that comes to mind pertains to the fact that all porches, walkways, decks, ramps and stairs must be kept clear of ice and snow. Make sure to get outside early enough to clear things up before the children come into care in the morning. Take extra care to ensure that all means of egress and the paths leading to and from your egresses are kept clear.



Another regulation prohibits the use of portable electric heaters or other portable heating devices, regardless of the type of fuel used, in rooms which are accessible to the children. Along the same line, please remember that all radiators and pipes located in rooms occupied by children must be covered to protect the children from injury.

As you know, the regulations also require that trash, garbage and combustible materials must not be stored within four feet of the furnace. And, for those of you are using wood or coal burning stoves, fireplaces, pellet stoves, and permanently installed gas space heaters, your system must be inspected and approved by local authorities or an inspector qualified to approve fuel burning systems.



Lastly, the regulations require that a temperature of at least 68 degrees Fahrenheit must be maintained in all rooms to be occupied by children.

I, for one, feel that winter is a beautiful time of year here in Western New York! Get out there and enjoy it. And remember, while we no longer need to worry about cutting the grass, we do have other regulatory responsibilities to adhere to during the winter months.

Language and Literacy Tips:

Extending your story time for early comprehension skills!

Getting children to think about the details of stories they've heard as a part of their imaginative and creative play.

Get them thinking or ask them to remember.

While they're in the play house, ask what a certain story character would do. When they're drawing a picture, ask if they're drawing the place the story happened in. Get creative!



How it works: Thinking back on a story helps children better understand what they're hearing even after the fact and develops early comprehension skills!



The U.S. Consumer Product Safety Commission is charged with protecting the public from unreasonable risks of injury or death from thousands of types of consumer products under the agency's jurisdiction. The CPSC is committed to protecting consumers and families from products that pose a fire, electrical, chemical, or mechanical hazard or can injure children.

Following is one of the important recalls to be found on the CPSC website at www.cpsc.gov. On the site you can sign up to receive alerts through many avenues including email, YouTube, and Twitter.

Recall Summary

Name of product: "Hello Kitty® Birthday Lollipop" Whistles

Hazard: Components inside of the whistle can detach, posing choking and aspiration hazards to young children.

Remedy: Replace (See Recall Details below)

Consumer Contact: For additional information, contact McDonald's at (800) 244-6227 between 7 a.m. and 7 p.m. CT, seven days a week, or visit the firm's website at www.mcdonalds.com.

Recall Details

Units: About 2.3 million in the U.S. In addition, about 200,000 were distributed in Canada.

Description: The recalled whistles are red and were included in a plastic Hello Kitty figurine holding a pink heart-shaped lollipop. The whistle can be removed and used to make sounds by inhaling or exhaling through the mouthpiece. When closed, the figurine measures about 3 inches in height and width and 1 3/4 inches in depth. The whistle measures about 1 3/4 inches in height and width and 3/4 inches in depth. A picture of Hello Kitty appears on both sides of the whistle. The text "©1976, 2014 SANRIO CO., LTD." appears above Hello Kitty's face on the whistle, and "Made for McDonald's China CCW Chine" appears below Hello Kitty's face on the whistle. The bag in which the toy is packaged includes the text "Hello Kitty® Birthday Lollipop" and the number "6" in the upper right corner.

Remedy: Consumers should immediately take the whistle away from children and return it to any McDonald's for a free replacement toy and either a yogurt tube or a bag of apple slices.

Distributed exclusively at: McDonald's restaurants nationwide from October 2014 through the first week of November 2014 with Happy Meals and Mighty Kids Meals.



THE RECYCLE SHOP

ITEM OF THE MONTH IS:

Blue Plastic Bags

These bags are \$5.00 per box of 200

or

20 bags for \$1.00

