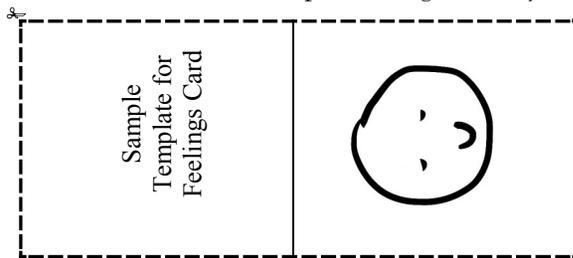


# LITTLE children BIG challenges

## How Am I Feeling?

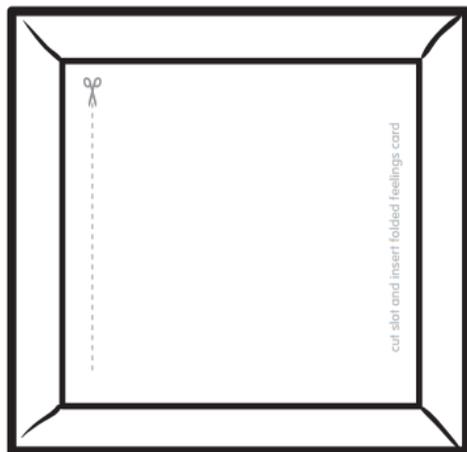
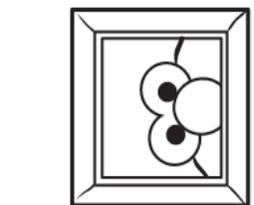
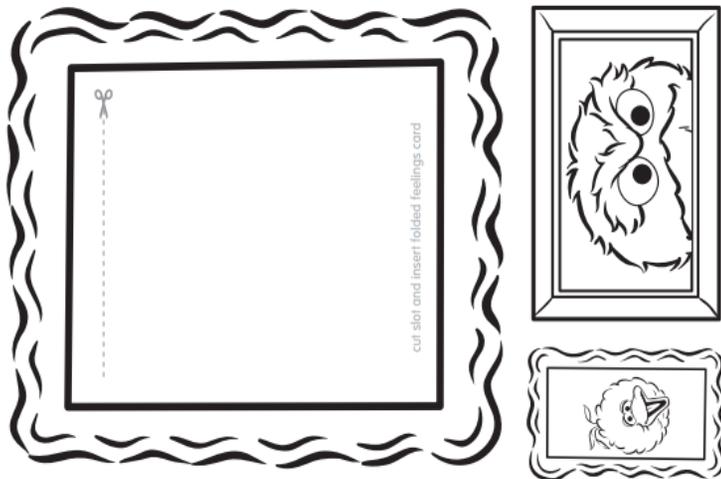
This project has been modified to fit this publication.  
For a full version go to <http://www.sesamestreet.org/parents/topicsandactivities/toolkits/challenges#>

- How to Make It:*
- Have the child draw feelings on the bottom half of a strip of paper to make a feelings card. Cut around dotted lines and fold on solid line.
  - Cut along the dotted lines on the poster to make pockets.
  - Help your child hang the poster at home and tuck feeling cards into the pockets. Talk with your child about why he is feeling that way. You can store extra cards in an envelope and change cards anytime!



### How Am I Feeling?

Express yourself! This poster can help you name, show, and talk about your feelings anytime.



## CARING MATTERS

August 2015 - Vol. 34 Issue 8



### VOICE/CSEA, LOCAL 100A

Since 2002, VOICE has built a strong union that bolsters the bottom-line of more than 6,300 Family and Group Family Child Care Providers in 57 counties outside New York City.

Voice delivered more than 19,500 \$500 child care quality grants to providers who applied.

Voice supported thousands of providers' timely and accurate DSS payments and fraud investigations.

**\*\*\* NEW FOR 2015 \*\*\***

CSEA VOICE has an agreement with NYS OCFS to expand its work with counties by providing –

- \$16,433,500 in quality program grants
- \$8,566,500 in professional development grants
- Health insurance rebates
- Supplemental vision and dental insurance

For more information contact –  
(877) 483-CSEA (2732)

[www.voicecsea.org](http://www.voicecsea.org)

**President Jason Kiefer - CEO Barbara-Ann Mattle - Editor Jennifer Weykman**

\*\*\*\*\* LOCATIONS \*\*\*\*\*

Livingston County Branch Office  
3513 Thomas Dr., Suite 4  
Lakeville, NY 14480-0670  
Phone: (585) 346-6050  
Fax: (585) 346-6058

Main Office  
595 Blossom Rd., Suite 120  
Rochester, NY 14610-1825  
Phone: (585) 654-4720  
Fax: (585) 654-4721

Wayne County Branch Office  
510 West Union St., Suite 1  
Newark, NY 14513-9201  
Phone: (315) 331-5443  
Fax: (315) 331-5271



## Children's Understanding and Interactions with peers with disabilities

By Bethany Williams, Special Needs Services Coordinator

Research has shown that young children develop an understanding of and attitudes toward students with disabilities over time (Conant & Budoff, 1983). Children as young as four and five years old are able to identify obvious physical disabilities that their peers may have, such as cerebral palsy (Diamond, 1993; Dyson, 2005). As children grow older, they become increasingly aware of less visible disabilities. When children are in the primary grades, they can generally identify individuals with intellectual disabilities (Nowiski, 2006), and it is not until middle school that they notice and understand less obvious disabilities such as psychological disturbances.

Attitudes about individuals with disabilities are complex. Some children may have direct experiences (encounters with an individual with disabilities) and indirect experiences (such as books, media, and conversations about individuals with disabilities), and are highly influenced by the child's primary social group (family, teachers and peers). When young children with disabilities have a repeated opportunity to engage with their typically developing peers, it can foster positive attitudes towards children with disabilities.

A way to encourage conversations about children with disabilities is to include age appropriate books about disabilities in your classroom. The exposure to information about disabilities increases children's understanding about human differences. Young children often have limited or incorrect understanding about individuals with disabilities and the adaptive equipment that they may use. Through book reading and discussions, teachers can provide young children exposure to individuals with disabilities they have not personally encountered, terminology associated with the disabilities and give the child an opportunity to ask questions. Another important reason for early exposure about their peers with disabilities is that early exposure can increase children's acceptance of peers with varying abilities (Okagaki, 1998). Books also provide an opportunity for discussion and reflection. For young children who do not have regular contact with students who have special needs, reading books about disabilities at home or at school may provide an important platform for discussing issues of similarity and differences at an early age.



**Benefits**

- Loan privileges at the Early Childhood Professional Libraries
  - My First Library loan privileges for your own children between the ages of 6 wks thru 5 yrs
  - Free Notary Public Services
  - Council Pin, Lanyard, Tote Bag or Carabineer Key Tag
- Child Care Center Staff Member, Registered Family Child Care Provider or Legally Exempt Child Care Provider Membership—\$50/yr**
- 50% discount on Business Center Services
  - 10% membership discount every Tuesday on Recycle Shop purchases
  - Substantial member savings on Council offered classes and events
- Non-Child Care Organization Membership—\$75/yr**
- \$5.00 discount on individual staff memberships in the Child Care Council
- Single Site Group Family Child Care Provider—\$75/yr**
- Substantial member discount on in-service training at your location
  - Substantial discount on Council classes and events for provider and assistants
- Child Care Center, Nursery School, School-Age, Multi-Site Group Family Child Care Membership**
- |                                   |                                   |
|-----------------------------------|-----------------------------------|
| \$150.00/yr (1-10 staff members)  | \$250.00/yr (21-30 staff members) |
| \$200.00/yr (11-20 staff members) | \$300.00/yr (31+ staff members)   |
- Substantial Discount on Individualized Training Program and In-Service Sessions
  - All staff members eligible for substantial member savings on Council classes and events

**CCC Annual Membership Application**

- Individual Membership (\$35)
- Center Staff Member Membership (\$50)
- Family Provider Membership (\$50)
- Single Site Group Family Child Care Membership (\$75)
- Non-Child Care Organization Membership (\$75)
- CACFP Family Provider (\$25)
- CACFP Group Provider (\$37.50)
- Center
  - Nursery School
  - School-Age
  - Multiple Site
  - Group Family
    - 1 - 10 Staff Members (\$150)
    - 11-20 Staff members (\$200)
    - 21-30 Staff members (\$250)
    - 31+ Staff members (\$300)

Mail form & payment to:  
 Child Care Council Membership  
 595 Blossom Road, Suite 120  
 Rochester, NY 14610

Membership Fees are non-refundable

Please  one

New Membership

Renewal Membership # \_\_\_\_\_

Name \_\_\_\_\_ Home Phone ( ) \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Center Name \_\_\_\_\_ Center Phone ( ) \_\_\_\_\_

Center Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Total \$: \_\_\_\_\_ MC/Visa# \_\_\_\_\_ Exp. Date \_\_\_\_\_ V# \_\_\_\_\_  
(3 digit # on back of credit card)

Amount Enclosed: \_\_\_\_\_ - Check # \_\_\_\_\_ Signature: \_\_\_\_\_

Please check one:  Council Pin  Lanyard  Carabiner Key Tag



## News You Can Use

**November 18th**

*Strengthening Supervisory Skills for Child Care Center Directors*

9am-4pm OCFS Area-3,5 CBK Area-6,7

Reflecting on and strengthening one's supervisory skills is perhaps the most important responsibility of the day care center director.

Directors have the challenge of negotiating and meeting the needs of staff, parents, children and many times, board members as well as owners. Having well-developed supervisory skills will greatly enhance the director's ability to successfully meet this challenge.

The first portion of this workshop will focus on the skills and strategies necessary for effective team building and leadership. The importance of trust, conflict resolution, commitment, accountability and attention to quality will be discussed, as will methods to foster these things with, and among, the staff. We will also address tailoring your communication style, ensuring developmentally appropriate practice and effectual delegation. The afternoon portion of the training will focus on performance situations which will be examined in detail. The numerous considerations involved in assessing and intervening in performance problems will be described, and a systematic approach for addressing these considerations will be introduced. Participants will then have an opportunity to apply this approach to a specific performance dilemma by carefully analyzing the nature of the problem and the potential solutions.

## Wayne County Breastfeeding Summit

August 1 through August 7 2015 is **World Breastfeeding Week**. This year's theme focuses on breastfeeding and work. As we know, a breastfeeding supportive child care arrangement is critical for nursing mothers who work outside the home.

This month, Newark-Wayne Community Hospital, Wayne County Rural Health Network, Wayne County Public Health, and Cornell Cooperative Extension of Wayne County are sponsoring the **Third Annual Breastfeeding Summit**. This free event offers child care, exhibits, information sharing, and knowledgeable speakers. Child Care Council will be there to share about breastfeeding and child care. For moms, moms-to-be, partners and spouses, and anyone in the community interested in learning more about breastfeeding and breastfeeding support. No registration is required.

This year's speaker topics include "Why Breastfeed?," "Breastfeeding and Working," "The Importance of Support," and information about the new local Baby Cafés.

**Thursday August 6, 2015, 2-5 PM**  
Park Presbyterian Church, 110 Maple Ct. Newark, NY



## The Know Place



### Balance

By Beverly Maisch, Education Specialist

*Gentle Readers – As I was researching quotes on the subject of “balance,” I found this quote from the Dalai Lama and found it to be just right! It said many things in a very thoughtful way! It taught me a lesson (or two) and I thought it might do the same for many others. As I retire, I thought it would be good to leave some things to think about. I bid you all a fond farewell and leave my love with Child Care Council and all affiliated with it!...*

### THE PARADOX OF OUR AGE

**“WE HAVE BIGGER HOUSES, BUT SMALLER FAMILIES;  
MORE CONVENIENCES, BUT LESS TIME;  
WE HAVE MORE DEGREES, BUT LESS SENSE;  
MORE KNOWLEDGE, BUT LESS JUDGEMENT;  
MORE EXPERTS, BUT MORE PROBLEMS;  
MORE MEDICINES, BUT LESS HEALTHINESS;  
WE’VE BEEN ALL THE WAY TO THE MOON AND BACK.  
BUT HAVE TROUBLE CROSSING THE STREET TO MEET  
THE NEW NEIGHBOR.  
WE BUILT MORE COMPUTERS TO HOLD MORE  
INFORMATION, TO PRODUCE MORE COPIES THAN EVER,  
BUT HAVE LESS COMMUNICATION.  
WE HAVE BECOME LONG ON QUANTITY,  
BUT SHORT ON QUALITY.  
THESE ARE TIMES OF FAST FOOD  
BUT SLOW DIGESTION;  
TALL MAN BUT SHORT CHARACTER;  
STEEP PROFITS BUT SHALLOW RELATIONSHIPS.  
IT IS A TIME WHEN THERE IS MUCH IN THE WINDOW,  
BUT NOTHING IN THE ROOM.”**  
~ DALAI LAMA



## Non Chemical Tick Prevention

By Joanne M. Buell RN, MS., Health Care Specialist

It is tick season with its risk of Lyme Disease and a host of other tick-caused diseases. In conjunction with using repellents with a high enough concentration of the active ingredient DEET on skin and clothes, other integrated pest management (IPM) practices can be used to protect humans and pets from tick bites. IPM practices can reduce the risk of becoming a victim by utilizing knowledge of the tick life cycle, stage of development and how ticks attach themselves to hosts. Ticks do not fly, jump or drop from trees but attach to foliage and grab hold of unsuspecting hosts as they brush past. Adult ticks favor high grasses and bushes while tick nymphs favor attaching to low grasses and leaf piles.



Here are some IPM suggestions:

- \* Create a "Tick Safe Zone"- a three foot wide woodchip, mulch or gravel border between your lawn and wooded areas, stonewalls, or ornamental plantings.
- \* Lay mulch under and around play areas of your yard and patio/decks to discourage attracting animal hosts (mice, deer, stray dogs).
- \* Plant flowers unattractive to deer (marigolds or sage).
- \* Mow your lawn often and remove weeds, leaf piles and brush immediately.
- \* Cut back tree branches and shrubs to increase sunlight and reduce shade.
- \* Keep ground cover plantings away from the house and areas pets use.
- \* Walk in the middle of woodland paths wearing light colored long pants tucked into socks, long sleeved shirts, neckerchief and hat. Check for ticks on clothes, behind the ears, between legs and around the waist area (even on your dog!). Ticks will crawl from one body area to another to find thinner skin to attach.
- \* Clean around and seal openings in stonewalls and foundations to reduce rodent activity.



If a tick is attached to the skin, remove it by grasping the tick close to the skin with fine point tweezers and pull up with a smooth steady pressure. Wash the area with warm soap and water. Call your doctor for further advice.



*We are proud to present the following  
2015 Early Care Management Trainings  
at our Rochester office*

### August 19th

*Observation of Children (Half-Day Workshop) 9am—Noon*  
OCFS Area-3 CBK Area-2,3—Training Code OYC

This **half-day** workshop is designed to assist seasoned directors with consistent observation of all children for the main purpose of designing lesson plans for the classrooms and individual goals for the children based upon the observations. In addition to exploring and practicing observation skills themselves, directors will participate in several activities and explore tools that they can use to help train their staff.

### September 23rd

*Cultural Sensitivity: Promoting Peaceful Relationships 9am-4pm*  
OCFS Area-1,3,4 CBK Area-1,2—Training Code CSP

Overall, cultural sensitivity is about being open to the perspectives of other co-workers, families and children. It is a key component in building positive relationships with children and families and therefore an integral piece of providing developmentally appropriate practice. Directors and their staff must first have an understanding of the process of realizing their own cultural identity in order to help every child understand and value his/her identity. This workshop will begin with self-reflection about your own cultural identity. Then we will focus on three aspects of cultural sensitivity: Promoting Peacemaking, Managing Diverse Human Resources, and Supporting Family Inclusion.

### October 15th

*Orientation: The Process to Staff Integration 9am-4pm*  
OCFS Area-4,5,7 CBK Area-5,7—Training Code OPS

Hiring and recruiting staff is one of the biggest challenges that child care directors face in this day of early care and education. YOU ARE NOT ALONE in the challenge of finding qualified, dedicated and knowledgeable staff while maintaining a high quality center as well as maintaining staff/child ratios. Once we find staff, we want them to learn and succeed which will ensure that the children in the program are learning and are successful. Often, we find ourselves hiring staff and having them start immediately in the classroom (on-the-job training) with a scant orientation. With the "sink or swim" mentality the new teacher/staff will often sink.

At this training we will explore the value of creating a progressive orientation process as a way to fully integrate teachers/staff into your program. We will focus on the hiring and orientation process as a method for retaining staff. You will leave this workshop with a tool that you can revise to meet your center's needs.

Continued on next page...



### Congratulations to Little Rascals Family Daycare

LIVONIA June 4, 2015—Little Rascals Licensed Family Daycare has been selected for the 2015 Best of Livonia Award in the Child Day Care Services category by the Livonia Award Program.

Each year, the Livonia Award Program identifies companies that we believe have achieved exceptional marketing success in their local community and business category. These are local companies that enhance the positive image of small business through service to their customers and our community. These exceptional companies help make the Livonia area a great place to live, work and play.



### Asthma Episode, Anaphylaxis and Emergency Medication Video Presentation Description

“Asthma Episode, Anaphylaxis and Emergency Medication” is a three part video presentation developed by Child Care Council, Inc to address the OCFS Regulations that allow non medication approved child care programs to accept emergency medications for children who have severe asthma or severe allergic reactions called anaphylaxis. Each part of the presentation focuses on one aspect of the preparation and care of these children. Part 1 of the presentation reviews the OCFS Regulations and the required paperwork needed before a program may accept emergency medications. Part 2 concentrates on how the Regulations and paperwork are followed during an asthma episode including a demonstration of the administration of asthma emergency medications. Part 3 of the presentation addresses the paperwork and demonstration of administration of the epinephrine auto-injector to a child having an anaphylactic reaction.

Video link is <https://www.youtube.com/user/ChildCareCouncilinc>



### Summer Madness

By Brian Travis, Legally Exempt

With summer here and beautiful weather there is no reason to be inside. Let the children out and have some summer fun! With Michelle Obama’s new initiative “Let’s Move” we now have a reason for kids to be more active. There are plenty of activities that you can do with your children such as nature walks, flying kites or playing an outdoor game. A fun game that you can play with multiple children is called One Fish, Two Fish, Red Fish, Blue Fish. To play this game is simple; you just need cones to set a boundary, and an object to be captured. The object of this game is helping the children use problem solving skills to work as a team and have physical activity.

The leader stands behind the object facing the players. The leader turns around with the players behind them and loudly says, “One Fish, Two Fish, Red Fish, Blue Fish.” The players may only move while the leader is turned the other way and is speaking the phrase. When the leader finishes “blue fish,” he or she turns around and all players must freeze. If anyone is moving after “blue fish,” the whole group goes back to the starting line. If no players are caught moving, the leader turns around again and loudly says, “One Fish, Two Fish, Red Fish, Blue Fish” and the players get to move from their current spot. Once players get close enough to take the object from behind the leader, the players need to hide it behind their backs so the leader does not know which player has the object. Players still may only move during the phrase, but once the object is taken, the player gets to guess who has the object (one guess per roughly 8 players). If the leader guesses correctly, the object is returned and the players begin again at the starting line. After incorrect guesses, the players continue moving from where they are during the phrase. The object is for the players to get the object back to their starting line without the player guessing who has it. Each freeze, a different player must have the object.

For additional games you can check the Playworks website.

<http://www.playworks.org/playbook/games>

## Food For Thought

### Safer Grilling

By Kim Klee, RD for Eat Well Play Hard

The summer and fall lends itself to perfect grilling temperatures and juicy barbeque meals! While food from the grill can be mouth-watering and much desired after the cold winter months, it's important to be aware of how to grill as safely as possible.

Cooking meat using high-temperature methods such as grilling over an open flame produces chemicals known as heterocyclic amines (HCAs) and polycyclic aromatic hydrocarbons (PAHs). In laboratory experiments, these compounds have been shown to cause changes in DNA that may increase the risk of cancer. While this is a scary thought, the good news is that there are things we can do to help prevent the formation of these chemicals when grilling:



- *“Low and Slow”*- It is better to cook meat slowly at a lower temperature than directly exposing it over an open flame at very high temperatures.
- *Pre-Cook*- Use a microwave to partly cook meat prior to exposure to high temperatures. This can substantially reduce HCA formation by reducing the time that meat must be in contact with high heat to finish cooking.
- *Turning the meat*- Continuously turning meat over when being cooked on a high heat source can also reduce HCA formation.
- *Ditch the charred portions*- If one part of the meat looks particularly black and charred, cut it off and do not consume.
- *Marinating*- marinating meat for at least 30 minutes beforehand with an acid component (lemon, vinegar, wine, etc.) helps to block the formation of HCAs and PAHs.
- *Throw on the Veggies*- Vegetables do not form the same harmful compounds when grilled, and also contain naturally occurring compounds called phytochemicals that are cancer *protective*. So round up an assortment of colors, toss them on the grill, and eat up!



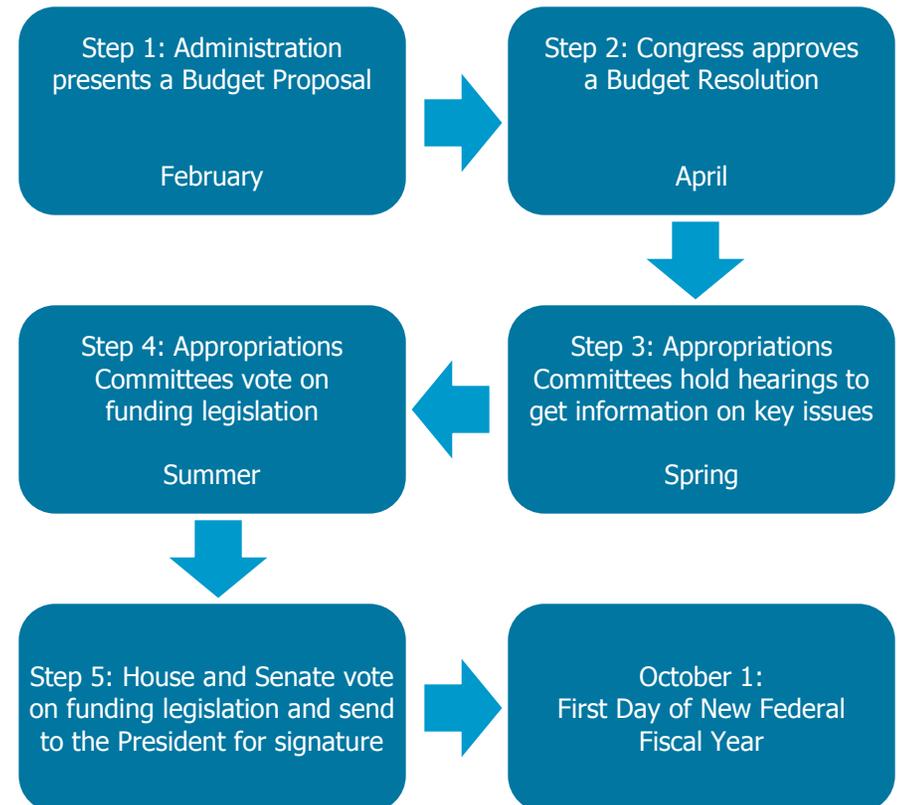
### Quick Guide to the Annual Federal Budget Process - CONTINUED -

*The federal government plays a crucial role in setting policy and investments for early care and education. Knowing how and when funding decisions are made helps us to take action for children, families, child care centers, and family child care providers!*

**Administration's Budget Proposal (see March 2015 newsletter)**  
**Congress Approves Budget Resolution (see April 2015 newsletter)**  
**Appropriations Committees hold hearings (see May 2015 newsletter)**  
**House and Senate Approval of Committee Bills (See June 2015 newsletter)**

#### AND NOW WE WAIT

#### Federal Budget Action Timeline





The U.S. Consumer Product Safety Commission is charged with protecting the public from unreasonable risks of injury or death from thousands of types of consumer products under the agency's jurisdiction. The CPSC is committed to protecting consumers and families from products that pose a fire, electrical, chemical, or mechanical hazard or can injure children.

Following is one of the important recalls to be found on the CPSC website at [www.cpsc.gov](http://www.cpsc.gov). On the site you can sign up to receive alerts through many avenues including email, YouTube, and Twitter.

#### Recall Summary

**Name of product:** Bud and Skipit Wheely Cute Pull Toys

**Hazard:** Hub caps on the wheels can break or come off the wheel, posing a choking hazard for young children.

**Consumer Contact:** Bunnies by the Bay toll-free at (866) 763-8869 between 8:30 a.m. and 5 p.m. ET Monday through Friday, email [customerservice@kidspreferred.com](mailto:customerservice@kidspreferred.com) or online at [www.kidspreferred.com](http://www.kidspreferred.com) and click on "Contact Us" at the bottom of the homepage for more information.

#### Recall Details

**Units:** About 800 in the United States and 10 in Canada

**Description:** Bud, an 8-inch high soft brown puppy with a blue and white pull cord, stands on red wooden wheels with blue hub caps. There is a red, blue and white soft ball at the end of the pull cord. Skipit, an 8-inch high cream-colored bunny with an orange and white pull cord, stands on blue wheels with orange hub caps. There is a soft cloth carrot at the end of the pull cord. Lot code YM5/14 is on the label sewn on the back leg of each toy. The item number for Bud Wheely Cute Toy, found on the lower right-hand corner of the original packing, is #401101. The item number for Skipit Wheely Cute Toy is #401103.

**Remedy:** Consumers should take the toys away from young children immediately and return the item to where it was purchased for a full refund.

**Sold at:** Gift and specialty stores nationwide and online at [Bunnies-bythebay.com](http://Bunnies-bythebay.com) and [amazon.com](http://amazon.com) from February 2015 through April 2015 for about \$30.



Location of Label



## A Closer Look



### September Is Just Around the Corner

By Jason Place,  
Wayne County Branch Coordinator and Registrar

Yesterday I was taking a moment to enjoy the fact that summer was finally here. Shorts, sun and cook-outs- it was exhilarating after the long winter and spring we had endured. I ran into a local retailer to grab a few items for my cook-out and that proverbial slap of reality hit me. In the front of the store they were stocking up for Back to School. Are they serious??? Yes they were, and in reality, in less than two short months it will be that time.

For Providers that means it's also a good time to start getting your updated forms ready to give to parents for the New Year. Since the Regulations were updated in May of 2014, many forms have been updated and some have been updated twice. If you have kept a file in your programs with extra copies of forms, you may need to double check that they are the current form. The best place to get the most up to date forms is going to the OCFS website, under child care forms.

<http://ocfs.ny.gov/main/documents/docsChildCare.asp>

Here is a short list of some forms that you have parents complete yearly and the last revision dates.

- "Blue Cards" also known as Day Care Registration (1/2005)
- Child in Care Medical Statement (5/2014)
- Transportation Consent (2/2015)
- Transportation Plan (3/2015)
- Non Medication Consent Form (5/2015), and Medication Consent Form (5/2015).

If you are unable to print the forms from the OCFS website you can pick them up from any of the Child Care Council, Inc. Offices. In our offices we also have sample forms for the Napping Agreement, Infant Feeding Agreement, Indirect Supervision Permission for School Age Child/ren and Persons Authorized To Take Child/ren from Family Day Care Home (Permission To Pick-Up).

Please remember that if you have any questions call your registrar or licensor. We are here to help and I hope everyone has a safe and enjoyable summer.



## Language and Literacy Tips:

### Connect Read Alouds to Summer Activities

Read a book about the beach, before or after a beach trip.

Read "The Very Lonely Firefly" after seeing fireflies at a family cookout.

There are tons of books that can connect to many fun summer activities. Contact your local librarian for some suggestions or do a quick search on the internet.



How it works: Reading and discussing books about activities or things your children have experienced help them learn important vocabulary and extend understanding of experiences.

## Child Care Council Office Schedule and Calendar of Events

### Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

### Livingston County-Lakeville & Wayne County-Newark

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

### September 2015

- 7th-Labor Day- Office Closed
- 18th-Staff retreat- Office Closed
- 30th-Child Care Council Staff Meeting, closed 10am-12pm

### Check out our social media pages!

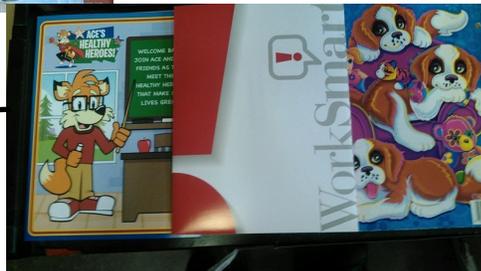
- Twitter <https://twitter.com/ChildCareCoun>
- Facebook <https://www.facebook.com/ChildCareCouncilinc>
- Pinterest <http://pinterest.com/ccouncilinc/>
- YouTube <http://www.youtube.com/user/ChildCareCouncilinc>

## THE RECYCLE SHOP ITEMS OF THE MONTH ARE:



Bag Items:  
Plastic lids

Back to School  
Special:  
Folders 15/\$1



## Meet the Staff of Child Care Council

Introducing Susan Giovannini, Inspector



Hello, My name is Susan Giovannini. I joined the Child Care Council in February of 2014 as an Inspector. My background includes thirteen years as an elementary grade school teacher and seven years working in the child care field in a Group Family Day Care setting and as a Day Care Center Director. These experiences have given me skills and understanding to perform my new role as a Day Care Inspector. I thoroughly enjoy working with our community of providers and hope that my support and guidance helps them provide the best care possible.

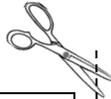
"Children are our future.

We must take care of them with maximum effort."

-Naomi Campbell



# COURSE REGISTRATION FORM



For Health & Safety or Business 101 Series, NYS License/Registration Booklet #: \_\_\_\_\_

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

If your name has changed, please write your previous name below \_\_\_\_\_

Work Phone: \_\_\_\_\_

Child Care Council Membership # \_\_\_\_\_ Email Address: \_\_\_\_\_

Home / Mailing Address \_\_\_\_\_

City/Town \_\_\_\_\_ Zip \_\_\_\_\_ County \_\_\_\_\_

Is this a change of address or contact?  Yes  No

Business/Center Name \_\_\_\_\_ County \_\_\_\_\_

Family Child Care Facility  Group Family Child Care Facility  Legally Exempt Provider  
 Child Care Center  School-Age Child Care Program

Other \_\_\_\_\_

Home Language \_\_\_\_\_ Interpreting Services Requested  Yes  No

COURSE TITLE	COURSE DATE	LOCATION Lakeville Rochester Newark	COURSE FEE
			\$
			\$
			\$

Registrations MUST be received at least one week BEFORE class

Please mail this form, with your payment to:

Child Care Council, Inc.

595 Blossom Rd., Suite 120  
Rochester, New York 14610

Attention: Finance Department

Method of Payment	
Cash	\$ _____
Check # _____	\$ _____
EIP Award # _____	\$ _____
Child Care Council Voucher (please enclose)	\$ _____
Visa/Mastercard	\$ _____
Card # _____ (Three digits from back of card) V# _____	
Name of Card Holder _____	
Expiration Date _____	
Signature _____	
<b>Total Enclosed</b>	<b>\$ _____</b>

Office Use Only	
EIP technical assistance by: _____	Date _____
EIP Application Received _____	
EIP Award Letter Received _____	
PO Completed for EIP Reimbursement _____	

Revised: March 2015

## UPCOMING CLASSES AT CHILD CARE COUNCIL, INC. AUGUST-SEPTEMBER 2015

### *Are you interested in becoming a Family or Group Family Child Care Provider?*

Follow the path to your new child care business! New York State requires that you attend an orientation class prior to ordering an application. You may attend a Child Day Care Orientation class online at <http://www.ocfs.state.ny.us/main/childcare/infoforproviders.asp>

- or -

Take a live, interactive class with us! Call 585-654-4720 for dates and times.

Once you complete the orientation, if you choose to proceed with Family or Group Family Child Care Registration or Licensing, you will need to fulfill your training requirements.

Child Care Council offers a comprehensive training package to meet your needs

**The Child Care Business 101 Series covers all or your training needs including:**

Health and Safety	First Aid and CPR	Program Development
Introduction to CACFP	Taxes	Business Class

All included for the Health and Safety registration fee which is refundable upon completion of Registration or Licensing. PLUS you will receive a complimentary Child Care Council Membership with full payment at registration, and giveaways to help you start your business!

### *Child Development Associate Classes (CDA)*

Participants may choose one of three specializations: Infant/Toddler, Preschool, or Family Child Care. CDA Courses at Child Care Council, Inc. are designed for potential candidates to complete their 120 hours, assist with the development of competency papers, and create a professional portfolio. CDA Courses are available in the evenings.

Classes meet weekly and are from 6:00 pm- 9:00 pm.  
NEW classes-CDA 83 in Spanish begins on August 24th.

### *Introducing CDA 2.0!*

- \* Have you completed the CDA course but never took the test?
- \* Did you let your credential expire and haven't renewed your CDA?
- \* Did you create a portfolio under the old system but want to apply for your credential now?
- \* Did you take the CDA on-line but need help with the portfolio?
- \* Did you take CDA at a high school BOCES program but never continued the process to get the credential?

This series is perfect for you! We will be focusing on three main topics:  
Navigating the new CDA 2.0 Credentialing Process, Developing a Professional Portfolio, and Preparing for the Verification Visit and CDA Exam.

Next class series dates: September 9th, 16th, 23rd, 30th, October 14th & 18th 6pm-9pm  
**To receive a CDA 2.0 Course registration package, call (585) 654-4798.**

### *Legally Exempt Provider Classes:*

The Legally-Exempt Training Series is for any in-home or family legally-exempt provider who wishes to enhance their knowledge and their reimbursement rate. Participants will learn about topics such as business regulations, child development, child abuse, and SIDS while interacting and networking with other providers.

Take your child care to the next level with this invaluable series.  
Next Series: August 10th, 17th, 31st and September 14th (*Spanish*)

## UPCOMING CLASSES AT CHILD CARE COUNCIL, INC. AUGUST & SEPTEMBER 2015

***Individual Classes:*** All classes are 6:30-9:00 pm unless otherwise noted.

### **Little Children, Big Challenges**

**Instructor: Renee Scholz**

Explore how to help young children ages 2-5 learn to manage and express their emotions, be persistent, and learn problem solving strategies. This workshop introduces key ideas to building resilience skills in children and includes hands-on activities using Sesame Workshop's **Little Children, Big Challenges** curriculum. All attendees will receive an Educator's Guide to provide you with ongoing activities to use with children in your program in addition to a Community Guide and Family Guide.

**This course has a special price of \$25.00.**

### **Food for Thought: Eating Well on a Budget**

**Instructor: Jodi VerWeire**

This training is based on a Sesame Street curriculum, a guide to family mealtime. Participants will explore healthy food choices on a budget, talking with children about food, and easy, healthful recipes. Each attendee will receive Sesame Street curriculum packets for themselves and the families they serve. The packet includes recipe cards, a DVD with child-centered positive nutrition messages, and activities to do with the family.

### **Know the New Regulations-Centers**

**Instructor: Andrea McKenna**

Are you familiar with the changes to the New York State Child Care Regulations? Would you like a refresher on the original regulations? Become familiar with both new and old regulations, required forms and documents, and regulations regarding child abuse.

### **Know the New Regulations-Family Child Care**

**Instructor: Lynne Fisher**

Are you familiar with the changes to the New York State Child Care Regulations? Would you like a refresher on the original regulations? Become familiar with both new and old regulations, required forms and documents, and regulations regarding child abuse.

### **Great Works of Literature for Children**

**Instructor: Jennifer Shook**

This course will give you hands-on activities for children to expose them to various works of literature. We will work with Shakespeare, Melville, Dickens, and Twain, and include various elements of literature suitable for your youngest learners.

### **Cook Once, Serve Twice**

**Instructor: Catherine Turco**

During this training, participants will learn and practice how to safely prepare and repurpose healthy meal components for subsequent meals/snacks in an effort to cut down on meal costs, meal preparation time, and increase meal variety.

### **Asthma 101**

**Instructor: Joanne Buell**

Child Care Council, Inc. has partnered with the American Lung Association to offer an endorsement of child care programs that are friendly to children who have asthma. This endorsement begins with training in asthma and the specific care needs required by these children including asthma information, correct medication administration techniques, emergency planning, and environmental measures.

### **Baby Wants More**

**Instructor: Rose Shufelt**

Through simple signs, very young children can communicate with you effectively when trying to identify objects, wants, and/or feelings. Incorporating "baby signs" into your program will help ease the frustrations that often accompany preverbal infants and toddlers with trying to get their "voices" across. Come and learn some simple signs that can easily add a new dimension to your program.

**Aug. 4th**

**Aug. 15th 9-11:30**

**Aug. 24th**

**Sept. 15th**

**Sept. 15th**

**Sept. 22nd**

**Sept. 22nd**

**Sept. 29th**

*See the July-December 2015 Course Calendar for details and a full course list.*

*Child Care Council courses, links to SUNY videoconference information, and EIP applications, are available at [www.childcarecouncil.com](http://www.childcarecouncil.com)*

### ***Specialty Classes:***

#### **Medication Administration Training (MAT)**

In order to administer medication to children in New York State,

Day Care regulations require this training.

There are several options available to obtain or renew this training.

To learn more about these options please refer to the July-December 2015 Course Calendar or contact one of our MAT certified instructors.

Upcoming dates are:

*MAT: Aug. 1st & 8th 9am-2pm Rochester—Sept. 12th & 19th 9am-2pm Rochester*

*MAT Independent Study Class: Aug. 20th or 27th, Sept. 24th or 29th all are 6pm-9pm Rochester*

*MAT Skills Competency Demonstration: Aug. 20th 9:30am-12:30pm Rochester—Aug. 25th 6pm-9pm Rochester—Sept. 2nd 9:30am-12:30pm—Sept. 22nd 6pm-9pm Rochester*

#### **CPR and First Aid—CEU .50 or 5 hours**

This Red Cross Training and Certification is for Infant, Child & Adult CPR and Basic First Aid.

*Aug. 8th 9am-2pm Rochester.— Aug. 18th & 20th 6:30-9pm Newark*

*Sept. 12th 9am-2pm—Rochester-Sept. 12th 9am-2pm Lakeville*

#### **Health and Safety**

EIP eligible - Series fee - \$235.00 NYS category 2, 4, 5, 6, 7, 8, 9 CEU 1.5 or 15 hours  
This series is for Registered or Licensed Family and Group Family Providers, Assistants, and Substitutes. The material is presented in six sessions and covers specific training modules.

Existing providers will find this a great refresher course in 7 of the 9 required topics. It is also a good way for assistants to get their first 15 hours of training.

*September 8th, 10th, 15th, 17th, 22nd & 24th 9am - 12pm Rochester*

### ***Series Classes:***

#### **School Age Special Needs Training Series**

**Instructor: Bethany Williams**

**Spanish session: Josean Vargas**

NYS 1, 2, 3, 4, 7—CBK 1, 3, 4—CDA 2, 3, 7, 8 (CEU .15 or 15.0 hours)

This school-age special needs series focuses on current topics in Special Education.

By attending this series, participants will earn 15 hours of training and will leave with current evidence-based techniques to successfully work with older children with special needs, including behavior management. Participants will also learn strategies to create a more inclusive classroom. Participants must enroll in the entire series and will also receive a special needs resource binder.

*SPANISH Aug. 4, 6, 11, 13, 18, 20*

*ENGLISH Sept. 14, 21, 28, October 5, 19, 26 6:30pm-9pm*

#### **Special Needs Training Series**

**Instructor: Bethany Williams** NYS 1, 2, 3, 4, 5—CBK 1, 2, 3, 4—CDA 2, 3, 4, 7, 8

This 5 week series is designed to highlight key topic areas in Special Education. By attending this training, you will learn the skills you need to successfully work with children who have developmental disabilities. Participants must enroll in the whole

*series. August 4, 6, 11, 13, 18 6:30pm-9pm*