



Council Offers CDA Renewal Amnesty Program

Additional Renewal Amnesty Program requirements: All CDA® Renewal applications and required documentation must be submitted online (Paper applications are not permitted under the Amnesty Program).

Renewal applicants must use the online YourCDA portal (create an online Renewal account).

Amnesty renewal candidates must submit payment - \$125 online renewal fee by December 29, 2017.

All renewals submitted under the amnesty program must be complete and meet "all five" renewal requirements (applications that do not meet the five renewal requirements will be rejected)

IMPORTANT NOTICE: All renewal requirements must be complete before creating an online renewal account.

Note – even if you have a current online account, you must create a new renewal account. Use Resource #3 below to view a webinar on "Registering for the YourCDA Online Renewal Application."

Resources:

CDA Renewal Procedures Guides

How to upload documents to YourCDA Renewal Portal

List of webinars in English & Spanish: CDA Renewal Process

www.cdacouncil.org/yourcda

President Jason Kiefer - CEO Barbara-Ann Mattle - Editor Jennifer Weykman

***** LOCATIONS *****

Livingston County Branch Office
3513 Thomas Dr., Suite 4
Lakeville, NY 14480-0670
Phone: (585) 346-6050
Fax: (585) 346-6058

Main Office
595 Blossom Rd., Suite 120
Rochester, NY 14610-1825
Phone: (585) 654-4720
Fax: (585) 654-4721

Wayne County Branch Office
510 West Union St., Suite 1
Newark, NY 14513-9201
Phone: (315) 331-5443
Fax: (315) 331-5271



CHILD CARE COUNCIL
Your premier resource, Inc.



CARING MATTERS

August 2017- Vol. 35 Issue 8



NEW FINGERPRINTING SERVICE COMES TO WAYNE COUNTY

Child Care Council, Inc.—Newark Branch Office, 510 West Union St. (Rt 31) is proud to announce that it is now an official IdentoGO partner location.

This great service was added as another way we can help families and providers as well as the general public with their digital fingerprinting needs.

Hours of Operation:

9:30am-1pm

2pm-4:30pm

Monday through Friday.

Appointments must be made in advance.

To schedule an appointment, go to www.IdentoGO.com or call (844) 321-2124.





Family Focus



Vroom

Squishy Fun

Sponge Sensations

When you're doing the dishes, let your child play with a clean sponge in a place where he/she won't get everything wet. Your child will love the texture. Show him/her how they can squeeze and absorb water with the sponge. Ask your child to describe this experience.

Ages 1-2



Brainy Background powered by Mind in the Making

When your child feels new things and hears new words in conversations like these, he/she is building connections in his/her brain that are the foundations for reading and math. Your child is learning from your words and actions, especially when he/she is having fun!

For more activities like these, check out the free Daily Vroom mobile app!

How does it feel?

Laundry Sense

Give your child a chance to explore textures when you're putting away laundry. Before you fold, pass them to your child first and ask him/her how each feels. Is it soft, rough, thin, heavy? What else feels that way?

Ages 2-3



Brainy Background powered by Mind in the Making

This game helps your child "think like a detective" because he/she is using his/her senses (including touch) to understand the world around him/her.

For more activities like these, check out the free Daily Vroom mobile app!

For more tips and to explore the wonderful world of VROOM visit: www.joinvroom.org

CCC Membership Benefits and Application

Individual-Non-Child Care Membership—\$35/yr

- Loan privileges at the Early Childhood Professional Libraries
- My First Library loan privileges for your own children between the ages of 6 wks thru 5 yrs
- Free Notary Public Services
- Council Pin, Lanyard, Tote Bag or Carabineer Key Tag

Child Care Center Staff Member, Registered Family Child Care Provider or Legally Exempt Child Care Provider Membership—\$50/yr

- All Benefits Above Plus 50% discount on Business Center Services
- 10% membership discount every Tuesday on Recycle Shop purchases
- Substantial member savings on Council offered classes and events

Non-Child Care Organization Membership—\$75/yr

- All Benefits Above Plus \$5.00 discount on individual staff memberships in the Child Care Council

Single Site Group Family Child Care Provider—\$75/yr

- All Benefits Above Plus Substantial member discount on in-service training at your location
- Substantial discount on Council classes and events for provider and assistants

Child Care Center, Nursery School, School-Age, Multi-Site Group Family Child Care Membership

- All Benefits Above Plus

\$150.00/yr (1-10 staff members)	\$250.00/yr (21-30 staff members)
\$200.00/yr (11-20 staff members)	\$300.00/yr (31+ staff members)
- Substantial Discount on Individualized Training Program and In-Service Sessions
- All staff members eligible for substantial member savings on Council classes and events

CCC Annual Membership Application

- ☐ Individual Membership (\$35)
- ☐ Center Staff Member Membership (\$50)
- ☐ Family Provider Membership (\$50)
- ☐ Single Site Group Family Child Care Membership (\$75)
- ☐ Non-Child Care Organization Membership (\$75)
- ☐ CACFP Family Provider (\$25)
- ☐ CACFP Group Provider (\$37.50)
- ☐ Center
 - ☐ Nursery School
 - ☐ School-Age
 - ☐ Multiple Site
 - ☐ Group Family
 - ☐ 1 - 10 Staff Members (\$150)
 - ☐ 11-20 Staff members (\$200)
 - ☐ 21-30 Staff members (\$250)
 - ☐ 31+ Staff members (\$300)

Mail form & payment to:
Child Care Council Membership
595 Blossom Road, Suite 120
Rochester, NY 14610

Membership Fees are non-refundable

Please ☒ one
☐ New Membership
☐ Renewal Membership
 Memb. # _____

Name _____ Home Phone () _____

Home Address _____ City _____ Zip _____

Center Name _____ Center Phone () _____

Center Address _____ City _____ Zip _____

Total \$: _____ MC/Visa# _____ Exp. Date _____ V# _____

(3 digit # on back of credit card)

Amount Enclosed: _____ - Check # _____ Signature: _____

Please check one: ☐ Council Pin ☐ Lanyard ☐ Carabiner Key Tag

New York State Child Care Subsidies

New York State Child Care Subsidies provide child care support for low income, working families, in all counties in New York State. These subsidies make it possible for these working families to find and keep child care services that make it possible for the parents to continue working to support their families and to someday reach a salary level where subsidy support is no longer needed.

This year New York State Child Care Subsidy funding was reduced by a total of 6 million 846 thousand dollars. It was anticipated that this reduction would filter through to local counties. However, that has not necessarily been the case.

In fact, this year there have been some big changes in all three of our counties but not all of these changes have been funding reductions. In fact only one of the three counties sustained a loss of funding while the others had substantial funding increases.

We are not exactly sure how this happened but it is important for you, as child care center operators, family and group family child care providers, legally exempt providers, and school age programs to be aware of these changes in your potential funding sources.

So – here's the SCOOP

Livingston County Funding was increased by \$33,512

Monroe County Funding was decreased by \$366,314

Wayne County Funding was increased by \$160,662

So, if you are in Livingston or Wayne County you can look for more funds available for low income families seeking your services. Monroe County, however, has sustained the third largest fund reduction of any county in New York State. Consequently, providers in that county can expect to see a decline in the county's ability to provide subsidies for the high number of low income families who reside there.

Our congratulations go out to Livingston and Wayne County DSS and our sincere sympathy goes out to Monroe County DHS and its low income working parents.



Community Service Ideas For your Program

By Jennifer Shook, Education Specialist

“How wonderful that no one need wait a single moment to improve the world.” Anne Frank

Service work teaches children about compassion, empathy, tolerance, gratitude, and community responsibility. Children who volunteer are more likely to continue as adults. Many of these ideas can be adapted for all ages, including toddlers.

- Regularly visit a “grand friend” in your neighborhood, at a nursing home, or assisted living facility. Play card games, be creative, teach each other a new skill or make up stories.
- Make a garden; grow extra vegetables and donate to a hunger center or to new parents in your neighborhood.
- Have children draw special pictures to mail to deployed service members. Older children can write letters of gratitude.
- Make special treats for your local police or fire station.
- Decorate small boxes and fill them with cards, playdough, small games, and puzzle books for kids at the local hospital.
- Clean up your neighborhood or local park. Bring bags and gloves and remember to supervise closely.





Ticks

By Chris Meagher, RN, BSN

Ticks are most active in the warmer months, April-September. It is important to be extra vigilant. Children are most susceptible to ticks carrying diseases.

Ticks are efficient hunters, waiting in brush or tall grass for a host to latch onto - and once attached, can often go unnoticed for days! But ticks aren't just out in the wilderness — they can be transported much closer to home by mammals like raccoons, mice or even squirrels. Tick larvae, nymphs or adult ticks can easily end up in residential areas, creating a whole new tick population waiting to be fed in your own garden or neighborhood park. As the American Lyme Disease Foundation ([ALDF](#)) explains, "Ticks are responsible for at least ten different known diseases in humans in the U.S., including Lyme disease, Rocky Mountain spotted fever, babesiosis, and more recently, anaplasmosis and ehrlichiosis. According to tick expert Dr. Neeta Connally, many of those diseases can actually be spread from aggravating the tick (i.e. "drowning" it in substances like peppermint oil). She said that removing a tick in this fashion is certainly "not recommended". "We don't want to agitate the tick at all because as you know, many species of ticks carry all sorts of diseases," Dr. Connally explained. "Those are actually salivated into the body when the tick attaches, and so we don't want to agitate the tick in any way, that is going to make it salivate more and thereby be more likely to transmit anything into you that may make you sick."

The Centers for Disease Control and Prevention ([CDC](#)) took things one step further by recommending people avoid any "folk remedies" like painting the tick with nail polish or petroleum jelly, or using heat to make the tick detach from the skin.

It typically takes anywhere from 24 to 48 hours of feeding for a tick to transmit any one of the diseases it may be carrying, according to [Pest World](#), so it's best to remove it before then.

It's best to remove ticks in the ways described by the professionals:

- Simply slide fine tweezers between the body and head of the embedded tick, firmly grab and pull up until the tick pulls free.
- If you're not comfortable with that, go see a doctor.
- Wash the site and monitor for signs of infection.

Always check yourself, the children in your care, and outdoor pets thoroughly any time after any outing.

<https://www.ticksafety.com/>

<https://www.outdoors.org>

<http://washingtonfeed.com>



Council Offers CDA Renewal Amnesty Program

The Council's Renewal Amnesty Program allows anyone with a CDA® credential expiration date as far back as January 1, 2007 to apply for renewal online. This amnesty opportunity provides a waiver of the CDA holder's expiration deadline. It does not waive the five steps required to renew a CDA®. All applications and payments must be submitted online by the Amnesty Program expiration date of **DECEMBER 29, 2017** with no exceptions or extensions.

If you plan to renew your CDA® you must complete the following five requirements:

- Attend continuing education or training courses in the setting of your original credential (Training taken after the issue date, not older than 5 years)
- Choose an early childhood education (ECE) professional to complete your recommendation
- Achieve First Aid and Infant/Child (Pediatric) CPR certification
- Work with young children in the setting of your original credential
- Join or renew your membership in a national or local early childhood professional organization

All of the five items above should be completed before submitting your online CDA renewal application.

Continued on back page.



News You Can Use

Liquid Detergent Pods Pose Lethal Risk to Children and Adults with Dementia

In the U.S. eight deaths have been reported due to the ingesting of liquid laundry packets between 2012 and 2017. Two of these cases were young children and six were adults with dementia.

The colorful pods can look like toys or candy which helps explain why children are drawn to them. However, children are not the only ones fooled by the squishy colorful pods. Adults with Dementia can also be drawn to them.

As noted above, out of the 8 cases reported between 2012 and 2017, 6 of the deaths were adults with dementia.

It is recommended that families with children under the age of 6 years old, and family members caring for anyone who is cognitively impaired, not keep pods in the home.

Here are some tips to keep children and adults who suffer from cognitive impairment safe from household cleaners.

- Remove cleaning products that may resemble food from the home.
- Limit the use of toxic home-cleaning products.
- Keep cleaning products in their original containers and choose products with latches intended to keep kids out, when possible. Never transfer cleaning products into a generic, unlabeled container.
- Store cleaning products in a separate place from food, and lock the cabinet. This is especially important when it comes to sweet-smelling liquid cleaners and bright blue glass cleaners, such as Windex, which could be mistaken for bottles of juice.
- Monitor the behavior of a person with dementia, watching for impulsivity and increasing interest in placing items in the mouth. If you observe these behaviors, remove choking hazards and items that could be fatal if ingested, including cleaners, medications, certain plants, and batteries.

Informational resource: consumerreports.org



Legal Ease



TV in a Box

By Brian Travis, Legally Exempt Enroller

Summer is here and the days are hot. I'm sure there will be a lot of trips to the park planned. But what about rainy days? No one likes rainy days. To add excitement to those rainy days, you can make a TV in a box. It may seem odd, but it allows children to have a chance to be creative.

What's needed for TV in a box is a big cardboard cutout with enough space for the children's body to show. Even if it's not their full body but just the upper half is fine. From there you can let their imagination takeover. You can also add to the fun so they won't feel alone. More ways you can be involved is writing a script with the children to act out. By doing so you are helping them read as well.

This can be a time for you and the children to create your own ideal TV show. This can help with social and emotional development, communication, and literacy. So on those rainy days you can easily create more fun in the house!





Food For Thought

Nuevos Patrones de Comidas de CACFP

By Hector Santiago, Coordinador de Servicios Multilingüe

Aquellos programas de cuidado infantil que son participantes del Programa de Alimentos para el Cuidado de Niños y Adultos (CACFP), son un componente crítico al promover hábitos saludables en la nutrición infantil. A través de la participación de las familias y niños en programas de cuidado infantil los proveedores tienen la oportunidad de modelar e inculcar hábitos saludables que serán la base para el desarrollo óptimo de los niños. Utilizando diferentes recursos tales como la Ley de Niños Sanos y Sin Hambre, el USDA realizó los primeros cambios a los patrones de las comidas y meriendas servidas en los programas que participan bajo CACFP desde que el programa inició el año 1968. Los cambios asegurarán a proveer acceso a los niños a comidas más saludables a su vez mejorando el bienestar de los adultos.

Con las nuevas actualizaciones en los patrones de comidas y meriendas de CACFP, incluirán una mayor variedad a frutas, vegetales, granos integrales y menos alimentos que contienen un exceso azúcares tales como donas, entre otros. Las nuevas normas promueven la lactancia materna dentro de los programas de cuidado infantil y a su vez se alinea más a otros programas de nutricional infantil tal como el Programa Especial de Nutrición Suplementaria para Mujeres, Bebés y Niños (WIC). **Las nuevas normas entrarán en vigor el 1 de octubre de este año.** Los programas que no cumplan con las normas establecidas podrán verse afectados. **Child Care Council Inc.** es un patrocinador de CACFP y **está ofreciendo capacitaciones GRATIS** a aquellos proveedores que participan del programa con la agencia.



Language and Literacy Tips:

Reading with Infants

Snuggle up with a book: Babies will enjoy the close contact and hearing your voice. Feeling safe and secure will help build baby's love of reading.

Choose baby-friendly books: Books with bright colors and bold illustrations are easier for babies to see. "Board Books" or books made from cloth are easier for babies to handle. And it is more than okay for babies to mouth books, it is how they learn.



How it works?

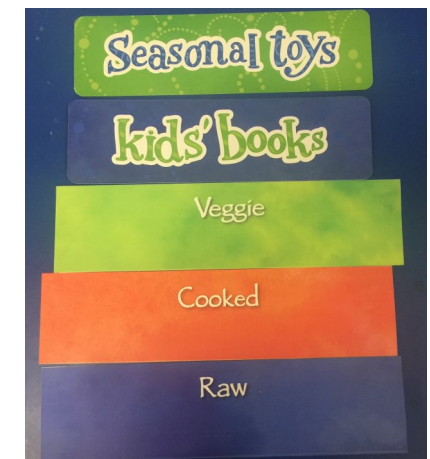
It's never too early to read to your baby. As soon as your baby is born, your baby starts learning and her brain continues to develop. Talking to and reading to your baby will help your baby develop language skills necessary to become a reader.

THE REPURPOSE AND MORE STORE ITEM OF THE MONTH IS:

Variety of Signs

**Perfect for
Dramatic Play!**

3/\$1



Child Care Council

Office Schedule and Calendar of Events

Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Livingston County-Lakeville & Wayne County-Newark

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Sept. 2017

- 4th - Offices closed for the holiday
- 27th - Child Care Council Staff Meeting-Office closed 10am-Noon



Check out our social media pages!

Twitter	https://twitter.com/ChildCareCoun
Facebook	https://www.facebook.com/ChildCareCouncilinc
Pinterest	http://pinterest.com/ccouncilinc/
YouTube	http://www.youtube.com/user/ChildCareCouncilinc

Meet the Staff of Child Care Council

Introducing Brian Travis, Legally Exempt Enrollment Specialist



Hello, my name is Brian Travis. I joined Child Care Council in November of 2014. My background is in School Age Child Care. I enjoy working at the Council because it gives me a chance to grow as a person, and the people that work here are pretty awesome.

I look forward to continuing to grow with an excellent company.



A Closer Look



Updating With the Seasons

By Jason Place, Wayne County Branch Office Coordinator and Registrar

Summer is a great time of vacations, warm air, and trips to the beach. It is also a good time to prepare for your program for the fall. Many forms and documents may need to be updated and new signatures gathered for the start of the new school year. Documents to consider are Contracts, Blue Cards (LDSS-0792), Permission to Pick-up, Napping agreements, Indirect Supervision and the Health Care Plan.

Contracts are always good to review and update. It is recommended to sign a new one with parents each year as rates may change, hours that they are contracting with you, or fees for things like late pick-up. Blue cards should always be redone every six months. September is a good time to get these updates as parents contact numbers and emergency pick-ups may change (This may also effect the Permission to Pick-up Form). Children's ages and groups may change. Children that were in cribs may now be sleeping on cots and children returning from summer vacation may now be school agers, which may allow for changes in supervision. With these changes, the Napping agreement and Indirect Supervision forms would be needed. Transportation needs may change,. If so ,you will need a new transportation agreement and consent forms from parents.

This is also a great time of year to review your health care plan if you have not recently done so. Any changes in the over the counter topical ointments you use? Are you no longer using something like diaper cream? With new kids coming to the program, do you need to make additions? Did the location of your first aid kit work for your program? Or, is there a new spot that is easier for the provider to access? These changes would require updating.

**If you have any questions please
don't hesitate to give us call,
we are here to help.
(585) 654-4720.**





Self Regulation

By Bethany Williams, Special Needs Coordinator

What is self-regulation?

Self-regulation is the ability to manage your emotions and behavior in accordance with the demands of the situation. It includes being able to resist highly emotional reactions to upsetting stimuli, to calm yourself down when you get upset, to adjust to a change in expectations and to handle frustration without an outburst. It is a set of skills that enables children, as they mature, to direct their own behavior towards a goal, despite the unpredictability of the world and our own feelings.

What does emotional dysregulation look like?

Problems with self-regulation manifest in different ways depending on the child, says Dr. Matthew Rouse, a clinical psychologist at the Child Mind Institute.

“Some kids are instantaneous — they have a huge, strong reaction and there’s no lead-in or build-up,” he says. “They can’t inhibit that immediate behavior response.”

For other kids, he notes, distress seems to build up and they can only take it for so long. Eventually it leads to some sort of behavioral outburst. “You can see them going down the wrong path but you don’t know how to stop it.”

The key for both kinds of kids is to learn to handle those strong reactions and find ways to express their emotions that are more effective (and less disruptive) than having a meltdown

Why do some kids struggle with self-regulation?

“A child’s innate capacities for self-regulation are temperament and personality-based,” he explains. Some babies have trouble self-soothing, he adds, and get very distressed when you’re trying to bathe them or put on clothes. Those kids may be more likely to experience trouble with emotional self-regulation when they’re older.

But the environment plays a role as well. When parents give in to tantrums or work overtime to soothe their children when they get upset and act out, kids have a hard time developing self-discipline. “In those situations, the child is basically looking to the parents to be external self-regulators,” Dr. Rouse says. “If that’s a pattern that happens again and again, and a child is able to ‘outsource’ self-regulation, then that’s something that might develop as a habit.”

Source: www.childmind.org



COURSE REGISTRATION FORM

For Health & Safety or Business 101 Series, NYS License/Registration Booklet #: _____

Name _____ Home Phone _____

If your name has changed, please write your previous name below

Work Phone: _____

Child Care Council Membership # _____ Email Address: _____

Home / Mailing Address _____

City/Town _____ Zip _____ County _____

Is this a change of address or contact? ____ Yes ____ No

Business/Center Name _____ County _____

____ Family Child Care Facility ____ Group Family Child Care Facility ____ Legally Exempt Provider

____ Child Care Center ____ School-Age Child Care Program

____ Other _____

Home Language _____ Interpreting Services Requested ____ Yes ____ No

COURSE TITLE	COURSE DATE	LOCATION Lakeville Rochester Newark	COURSE FEE
			\$
			\$
			\$

Registrations MUST be received at least one week BEFORE class

Please mail this form, with your payment to:

Child Care Council, Inc.

595 Blossom Rd., Suite 120
Rochester, New York 14610

Attention: Finance Department

Office Use Only	
EIP technical assistance by: _____	Date _____
EIP Application Received _____	
EIP Award Letter Received _____	
PO Completed for EIP Reimbursement _____	

Revised: March 2015

Method of Payment	
Cash	\$ _____
Check # _____	\$ _____
EIP Award # _____	\$ _____
Child Care Council Voucher (please enclose)	\$ _____
Visa/Mastercard	\$ _____
Card # _____	(Three digits from back of card) V# _____
Name of Card Holder _____	Expiration Date _____
Signature _____	
Total Enclosed	\$ _____

See the Early Childhood Professional Development Course Calendar for details and a full course list.

Child Care Council courses, links to SUNY videoconference information, and EIP applications, are available at www.childcarecouncil.com

Series Classes

New York State Pyramid Model Partnership

This series promotes the statewide use of the Pyramid Model, an evidence-based framework proven to be an effective approach to building social and emotional competence in all early care and education programs.

For those who have already attended Pyramid Model: Preschool Module 1:

Pyramid Model: Preschool Module 2: Social Emotional Teaching Strategies
is available on August 17th and 24th.

For those who have attended Pyramid Model: Infant Toddler Modules 1 and 2:

Pyramid Model: Infant Toddler Module 3: Individualized Intervention, will be available on
Saturday September 16th from 9am to 3:30pm.

Look to our Early Childhood Professional Development Course Calendar for new series start dates as they become available.

Perfecting Your Family Child Care Program

This series is designed to help participants develop a Child Care Program that is developmentally appropriate and will help to support children in their quest for exploring and learning through an environment that is designed with their needs in mind. Participants will leave the series with a “tool box” of ideas, materials, and references to support their program and the work they do with children. Topics that will be explored are:

Programming with a Purpose, Playing with a Purpose, Planning with a Purpose, Discovering the Math in Music, Proving the Purpose is in the “Pudding”, Organize your Business.

A full description of each class can be found in Child Care Council’s Early Childhood Professional Development Course Calendar July-December 2017.

This Series begins on August 30th and runs on Monday and Wednesday evenings from 6:30pm to 9:00pm. The series ends on September 20th. You must attend the entire series so check your calendars. If applying for EIP or CSEA grant funds we urge you to do so as soon as possible. Staff of the Council will be happy to provide you with assistance if needed.

Specialty Classes:

Medication Administration Training (MAT)

In order to administer medication to children in New York State, Day Care regulations require this training. There are several options available to obtain or renew this training. To learn more about these options contact one of our MAT certified instructors. Next dates are:

MAT Training:

August 19th & 26th 9am-2pm in Rochester

MAT Independent Study Classes

*Aug. 15th 6pm-9pm or Aug. 24th 9:30am-12:30pm,
all are in Rochester*

American Red Cross First Aid and CPR—Infant, Child and Adult CPR and Basic First Aid

Aug. 12th 9am-2pm or Aug. 19th (Spanish) 9am-2pm

CLASSES AT CHILD CARE COUNCIL AUG-SEPT 2017

Are you interested in becoming a Family or Group Family Child Care Provider?

Follow the path to your new child care business! New York State requires that you attend an orientation class prior to ordering an application. You may attend a

Child Day Care Orientation class online at

<http://www.ocfs.state.ny.us/main/childcare/infoforproviders.asp>

- or - Take a live, interactive class with us! Call (585) 654-4720 for dates and times.

Once you complete the orientation, if you choose to proceed with Family or Group Family Child Care Registration or Licensing, you will need to fulfill your training requirements. Child Care Council offers a comprehensive training package to meet your needs

The Child Care Business 101 Series covers all of your training needs including:

Health and Safety	First Aid and CPR	Program Development
Introduction to CACFP	Regulations	Business Class

All included for the Health and Safety registration fee PLUS you will receive a complimentary Child Care Council Membership with full payment at registration, and giveaways to help you start your business!

Child Development Associate Classes (CDA)

A Child Development Associate (CDA) is an individual who has successfully completed a CDA assessment and has been awarded the National CDA Credential from the Council for Professional Recognition. The CDA is accepted as the required training hours for Family Day Care Accreditation and is a requirement for lead teachers in a child care center according to the minimum qualifications in the NYS day care regulations.

Prior to applying for CDA Credential Assessment, each candidate is required to complete 120 clock hours of formal child care education in eight different categories, which are offered through our CDA courses. Participants must be working in a child care setting.

CDA Courses at Child Care Council, Inc. are designed for potential candidates to complete their 120 hours, assist with the development of competency papers, and create a professional portfolio. CDA Courses are available in the evenings.

Classes meet weekly and are from 6:00 pm- 9:00 pm.

CDA will now be offered in four modules. You may apply for more than one module at a time within a calendar year. Classes are first come, first served.

For dates and times or to receive a CDA Course registration package, call (585) 654-4798.

Legally Exempt Provider Classes:

The Legally-Exempt Training Series is for any in-home or family legally-exempt provider who wishes to enhance their knowledge and their reimbursement rate. Participants will learn about topics such as business regulations, child development, child abuse, and SIDS while interacting and networking with other providers.

CLASSES AT CHILD CARE COUNCIL AUG-SEPT 2017

Individual Classes: All classes are 6:30-9:00 pm unless otherwise noted.

Implementing CACFP Meal Patterns Lakeville Aug. 17th

Instructor: Catherine Turco

USDA recently revised the CACFP meal patterns to ensure infants and children have access to healthy, balanced meals throughout the day. Under the new revisions, meals served will include a greater variety of vegetables and fruit, more whole grains, and less added sugar and saturated fat. This training will detail each change and provide strategies for implementing the new requirements, which will go into effect October 1, 2017.

Know the Regulations-Family Child Care Rochester Aug. 1st

Instructor: Tamika Johnson

Are you familiar with the changes to the New York State Child Care Regulations? Would you like a refresher on the original regulations? Become familiar with both new and old regulations, required forms, documents, and regulations regarding child abuse.

Dealing with Children's Challenging Behaviors Rochester Aug. 8th

Instructor: Jennifer Shook

"I'm Going to Tell My Mommy on You!" Challenging behaviors happen, even on the best of days. Learning some simple strategies can help caregivers find the enjoyment and satisfaction in conflict mediation. Children will also have a greater chance of becoming the amazing problem solvers we believe them to be.

Asthma 101 Rochester Aug. 16th

Instructor: Joanne Buell

Child Care Council, Inc. has partnered with the American Lung Association to offer an endorsement of child care programs that are friendly to children who have asthma. This endorsement begins with training in asthma and the specific care needs required by these children including asthma information, correct medication administration techniques, emergency planning, and environmental measures.

Music with the Great Masters Rochester Aug. 22nd

Instructor: Jennifer Shook

Music is essential in every early childhood classroom and is an important part of young children's growth and development. We will learn about and listen to famous composers including Mozart, Chopin, Bach, and Debussy. Participants will explore several activities to help caregivers expose children to these amazing musicians.

Wayne County Professional Development Group Newark Sept 11th

Instructor: Jason Place

Family and Group Family child care providers meet together once a month to network, support each other, and participate in a training chosen by the group. There is a different topic each month. If you would like to join the group, contact us for the details. (585) 654-4798

Autism Spectrum Disorders Rochester Sept 13th

Instructor: Bethany Williams

This Autism Spectrum Disorder training session will be an introductory course about the characteristics of Autism Spectrum disorders in young children ages 3-5. We will look at what current research tells us and how to support children while they are in child care by creating a more sensory friendly environment. *This class has a reduced rate of \$10.00.*

CLASSES AT CHILD CARE COUNCIL AUG-SEPT 2017

Individual Classes: All classes are 6:30-9:00 pm unless otherwise noted.

Simple and Fun Math Activities Rochester Sept 18th

Instructor: Jennifer Shook

Providing math experiences for children doesn't have to be hard! We will explore activities to help young learners discover mathematical relationships and patterns. Participants will discuss the five components of mathematics and learn how careful planning can support these components.

Attention Deficit Hyperactivity Disorder Rochester Sept 18th

Instructor: Bethany Williams

This training session will be an introductory course about the characteristics of Attention Deficit Hyperactivity Disorder in children ages 5-12. In addition, we will discuss current research about appropriate accommodations for children with ADHD. The participants will leave with ideas to use in their programs to make it more inclusive. *This class has a reduced rate of \$10.00.*

Sensory Processing Disorder Rochester Sept 20th

Instructor: Bethany Williams

The Sensory Processing Disorder training session will be an introductory course about the characteristics of Sensory Processing Disorder in young children. We will look at what current research tells us about the challenges of Sensory Processing Disorder and how to support children while they are in child care. The participants will leave with increased knowledge about the 7 sensory systems which include: Tactile, Visual, Auditory, Olfactory, Gustatory, Vestibular and Proprioceptive. *This class has a reduced rate of \$10.00*

Science Experiments for Children Rochester Sept 25th

Instructor: Kristine Huff

This hands-on science class explores age-appropriate science experiments to do with young children. Participants will explore how to set up science experiments, questions to ask the children to provoke thinking, and ways to document results. The participants will leave with a variety of different science and sensory activities to do with children.

Meltdown Management Rochester Sept 27th

Instructor: Bethany Williams

This Meltdown Management training session is an introduction to challenging behaviors in children with special needs. We will discuss the difference between meltdowns and tantrums, why challenging behaviors occur and prevention strategies. The participants will leave with ideas to use in their programs to decrease the frequency of challenging behaviors. *This class has a reduced rate of \$10.00.*