Perfecting Your Program Series for Family/Group Family Child Care



6 Nights (April 10, 12, 17, 19, 24, 26) 6:30 p.m. - 9:00 p.m.

NYS Training Topics: 1,2,3,4,5,7 Presenter: Diane Deveney

Participants will discover different types of programming, work with floor plans, and engage in a number of hands-on experiences with developmentally appropriate toys.

We will explore lesson planning formats, create and demonstrate developmentally appropriate activities and lessons to share. Contracts, policy handbooks and regulations will also be discussed. Participants will leave the training with a toolbox of resources and ideas that will help them create a developmentally appropriate program.



To register call Child Care Council at 585-654-4720 or register online at www.childcarecouncil.com

President Jason Kiefer - CEO Barbara-Ann Mattle - Editor Jennifer Weykman

* * * * * LOCATIONS * * * * *

Livingston County Branch Office 3513 Thomas Dr., Suite 4 Lakeville, NY 14480-0670 Phone: (585) 346-6050 Fax: (585) 346-6058 Main Office 595 Blossom Rd., Suite 120 Rochester, NY 14610-1825 Phone: (585) 654-4720 Fax: (585) 654-4721 Wayne County Branch Office 510 West Union St., Suite 1 Newark, NY 14513-9201 Phone: (315) 331-5443 Fax: (315) 331-5271





CARING MATTERS

March 2018- Vol. 36 Issue 3



Rochester Office Repurpose & More Store Is Open Again!



Stop by to see our new shopping area design – with new stock and new pricing.

Fill a small paper bag for \$1 or a nice cloth tote bag for \$5.

Bring this ad and receive a **free gift**with your first purchase!



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Tips for Discussing Current Events With Children

By Renee Scholz, Referral Director

Often the things children see and hear on the news or on websites that cover the news may be confusing and alarming. Even if you don't let your children read or watch the news, they may hear about events from other children at school. With some preparation, you can help your children to understand and react calmly to news and current events.

The first thing to keep in mind when talking about current events with your child is to find out what your child already knows. Your child may have already heard about an event from classmates but may lack context for an understanding of the details of the event. By asking your child questions about what news topics are being discussed in school or what stories they recently saw in the newspaper or on TV, you can help your child fill in gaps in their understanding of events.

Another thing to keep in mind is that while it may be advisable to shield very young children from particularly <u>distressing news stories</u>, this is not likely to be an option for older children. If they don't hear about the event from you, then they are likely to hear about it from classmates. By talking to your child first, you can help them learn distressing or confusing news from you instead of learning about it at school.

Another way you can help your child understand the news is to seek out child appropriate news sources. Explain to your child the importance of getting news from reputable sources. There are multiple well-regarded websites that have news stories geared towards younger children. Your child's teacher may also be able to help you find appropriate sources. Older children may want to read the same news sources that you read or watch. Try to watch or read the news together and encourage your child to ask questions if they see something confusing or upsetting.

Be honest with your child about your feelings. If a news story upsets you, it is okay to tell your child this. Showing children that having strong feelings about world events is healthy. You can also show your child how you respond to these events, whether it be by donating to a charity or by contacting your government representatives. While you should be honest about your feelings, you shouldn't try to force your child to feel the same way. Encourage your child to read or watch the news critically and to draw their own conclusions.

While the world can be a confusing place and the internet allows for almost instant information on events anywhere in the world, that doesn't mean you have to let your child be overwhelmed by the news. By talking with your child about current events and stories they see in the news or hear about at school, you can help your child to feel more confident in their understanding of the world and to become a better and more informed global citizen.

Resource:

https://child development in fo. com/family-building/4-tips-for-discussing-current-events-with-children/#. Wnirhmoo4uQ



News You Can Use

Stay Safe When Babysitting



Child Care Council, Inc. offers the Safe Sitter training program for young teens ages 11 and up. Learn how to stay safe when caring for young children.

Upcoming Classes (9 a.m. to 2:30 p.m.):

- March 24—Wayne County
- April 28—Livingston County (There is a class fee of \$70)

Note: If you have a group of 8 or more providers—and these dates are not convenient—please call to set up another date.

For more information contact:

Child Care Council, 585.654.4720

To register, contact:

Yolanda Reese, 585.654.4798 or y.reese@childcarecouncil.com





www.childcarecouncil.com





\$500 Paper CDA Application - Save \$75 With an Online Application

The price for submitting a paper application for an Initial CDA Certificate is now \$500. Here's how to reduce your paper CDA application fee to \$425. It's easy – you'll save \$75 by submitting an online application. That's it!

Applying online is quick, easy and improves communications through email.

You can still pay for an online application either online or off-line.

There are also self-help resources online at www.cdacouncil.org.

CDA Renewal Amnesty Program Extended Until March 30, 2018

In 2017, the Council processed more than 26,000 renewal applications, a record level of CDA renewals. Given the high demand and overwhelming interest, the Council has extended its Renewal Amnesty Program until March 30, 2018.

All renewal applicants must complete the 5 steps required to renew a CDA credential. Renewal Amnesty applies to expired CDA credentials dating as far back as July 1, 2007.



Character Scrapbook

Jennifer Shook, Professional Development Specialist

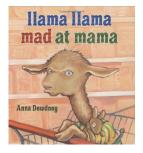
A character scrapbook is a great way to engage children in a deeper understanding of a book's characters.

"A character is someone whose activities, thoughts and feelings are revealed in a story. It does not always have to be a person. Often, in books for young readers, the characters are animals. The reader learns about the characters through details in the story." Patricia Gable

It is important for caregivers to help early learners to become familiar with the characters of a book. This will foster critical reading skills that will be invaluable as the children become readers.

One story that is a favorite among early learners is <u>Llama Llama Mad at Mama</u>, by Anna Dewdney. Once you read the story, you can then discuss the characters. Little ones can try their hand at drawing the characters and school agers can write about the characters. Don't be afraid to write a list of the traits the children discover about the characters. Or, you can even compare the characters in multiple stories.

Once you have several characters represented on paper, you can transfer the creations to a scrapbook. This becomes a book the children can read again and again, or add to as they discover more amazing characters.







Fear of the Dentist

By Chris Meagher RN BSN Health Care Consultant

Taking your child to the dentist is an important part of health care. Your child's baby (primary) teeth will erupt between 6 and 10 months. When the teeth can be seen you should brush them 2x/day. A child's first visit to the dentist should happen by the first birthday and continually after that. If the parent has a fear of the dentist they might avoid taking their child.

A few tips for dealing with fear of the dentist for adults:

- ♦ Acknowledge the fear, but don't share it with the kids.
- ♦ Ask family members and friends who were afraid of dental visits to recommend a dentist that has helped them.
- ♦ Bring a trusted friend or family member who is not afraid to sit with them during their appointment.
- ♦ Let the dentist/hygienist know about your fear.
- ♦ Ask for an explanation of the procedures before they take place.
- Before treatment begins, decide on a signal to use to indicate
 that you are uncomfortable or need a break.
- Wear earplugs or noise cancelling headphones to block noise or wear ear buds to listen to music during the procedure.
- ♦ Practice and use relaxation techniques: deep breathing, muscle relaxation, prayer/meditation; imagine a special place.
- Ask for numbing cream to be applied before a shot is given or to use nitrous oxide (laughing gas).
- Ensure that you are comfortable; ask for the chair to be adjusted to suit your needs.

Taken from The National Center on Early Childhood Health and Wellness

https://eclkc.ohs.acf.hhs.gov/oral-health/article/healthy-habits-happy-smiles



NY lawmakers want packaging for toxic laundry pods to look less appetizing

By The Associated Press

ALBANY, N.Y. (AP) -- Legislation introduced in New York state would mandate child-resistant packaging, warning labels and uniform colors for laundry detergent pods following the dangerous trend of people eating the toxic items.

State Sen. Brad Hoylman and Assemblywoman Aravella Simotas announced their proposal Tuesday. Both are New York City Democrats.



Eating Tide detergent pods can be deadly, teens warned

Internet craze fuels spike in calls to poison control centers.

The lawmakers say the pods' bright colors, squishy texture and appealing smell can make them irresistible to young children or adults with dementia.

The "Tide Pods challenge" is an internet trend involving videos of people putting the pods in their mouth. The American Association of Poison Control Centers reports 154 calls to poison control centers so far this year relating to teenagers ingesting the items.

Procter and Gamble, which owns Tide, recently launched a campaign to warn people away from eating the pods.



Your Home. Your Profession. Our Commitment.

Sign the petition: I support the Child Care for Working Families Act

Access to child care enables parents to work and gives children the good start they need to succeed in school and in life. But, for too many families, this care is out of reach. And too many child care providers aren't getting the support they need. **We have an opportunity to change that.**

This year, U.S. Senator Patty Murray (D-WA) and U.S. Representative Bobby Scott (D-VA) introduced the Child Care for Working Families Act, which would transform the lives of millions of American parents and children. NAFCC is pleased to endorse this legislation that invests in the crucial work of child care - and recognized the crucial role of family child care and the needs of families who are counting on you.

Here's how you can help: Add your name to the petition to support the Child Care for Working Families Act. NAFCC will deliver your message to Congress!

Let's work together to recognize the role of family child care for families, in the early childhood field, and in policy decisions. NAFCC'S federal policy agenda calls for early learning opportunities and support for working families happening right in our own neighborhoods. Investments like the Child Care for Working Families Act are crucial to the success of this. We say: *count us in.*

To sign the petition go to: http://survey.constantcontact.com/survey/

Read more about the NAFCC policy agenda and the Child Care for Working Families Act at www.nafcc.org if you have questions, please email policy@ nafcc.org



Double Coach

By Brian Travis, Legally Exempt Enroller

As a provider, you share responsibility with the parent in shaping the children's character. Sometimes that will involve coaching them through the little mistakes they might make throughout your time together. It can be coaching them through mistakes while in care or mistakes in life.

All children make mistakes. Some more than others. With each mistake, there is an opportunity to teach. That's what you can call a teachable moment. Those are the moments you will value more because it gives you a chance to show them what mistake was made and how they can correct it. Instead of giving them a negative response, you can approach it in a more positive manner.

Another way to help the children to not make the same mistakes could be a reward system. Not rewards for not making a mistake but a reward for effort and recognizing that a mistake was made.

Overall being positive with children can help them as they get older. For every mistake they might make give them positive feedback.

As providers you are appreciated and needed, continue the great job!





Safe Food Handling

By Kim Klee, Registered Dietitian

When preparing food for the children in your care, it's very important to adhere to safe food handling guidelines. Children under 5 years old are at an increased risk for foodborne illness because their immune systems are still developing. Let's discuss a few tips to ensure that your food is handled properly.

Cook to temperature- As you can see in the thermometer to the right, every food product served hot has a minimum internal temperature for safety. Color, time cooked, or texture are NOT reliable indicators that your food has been cooked to the correct temperature. It is best to use a calibrated, digital thermometer to check that food has

Minimum Internal
Temperature for Safety
Poultry, Stuffing,
Casseroles,
Reheat Leftovers
Egg Dishes and
Ground Meat
Beef, Pork, Lamb, Veal*
Roasts, Steaks, Chops
Ham, fully cooked
(to reheat)
Holding Temperature
for Cooked Food

Danger

Zone

Refrigerator
Temperature
Freezer
Temperature

*Allow to rest for
at least 3 minutes.

been cooked to a high enough temperature to kill the bacteria. **Avoid the Danger Zone**- Between 40°F-140°F is the danger zone. This is the temperature range where harmful bacteria multiplies the fastest. Discard ANY food that has sat in the danger zone for 2 hours or more (or on days 90°F or above, discard after 1 hour). Once this time frame has been reached, it is no longer safe to eat. **Thaw properly-** It is very important to never thaw or marinate foods on the counter. Room temperature is in the "danger zone," and the longer the thawing food sits at room temperature, the more dangerous it is to consume it. Proper thawing includes using the refrigerator, thawing in cold water (while being sure to change the water every 30 minutes), or in the microwave. Both the cold water and microwave methods must be followed by immediate cooking. **Cross contamination**– In specific reference to meat products, be sure to always prepare raw meat on a separate cutting board then any other foods being prepared. Also be sure to wash your cutting board, surfaces exposed, and your hands, immediately after handling raw meat.

Source: www.foodsafety.gov

Language and Literacy Tips:



Why Should you Read to Infants?

Research shows it is never too early to read to an infant. Here's why:

- It's bonding time! The sound of your voice soothes your infant and can actually help you bond with your baby.
- It actually prepares your baby for future reading. While your baby doesn't understand what is being said, he or she will pick up on tones and inflections. And the more words a child is exposed to, the better prepared they are to start reading on their own.
- It introduces infants to emotion, visuals, and that reading can be fun.

THE REPURPOSE AND MORE STORE ITEM OF THE MONTH IS:

Large Selection of Scrapbooking Supplies

Stickers
3 for \$1 -to- \$1
each

Scrapbook
Paper
\$2 per pack





Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Livingston County-Lakeville & Wayne County-Newark Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

March 2017

• 28th - Child Care Council Staff Meeting-Office closed 10am-Noon

April 2017

• 25th - Child Care Council Staff Meeting-Office closed 10am-Noon

Check out our social media pages!

Twitter https://twitter.com/ChildCareCoun

Facebook https://www.facebook.com/ChildCareCouncilinc

Pinterest http://pinterest.com/cccouncilinc/

YouTube http://www.youtube.com/user/ChildCareCouncilinc

Meet the Staff of Child Care Council

Introducing Larissa Cutulle, Registrar



My name is Larissa Cutulle. I joined the Child Care Council in February of 2016. I currently work in the Registration department, where I assist new providers in completing the application process and becoming a registered Family Day Care or School Age Child Care program. I have recently obtained my Master's degree in Public Service Leadership and my Bachelor's degree is in Human Development and Family Relations with a concentration in Child Care Management. This summer I had the opportunity to begin a new program called Books 4 Fun with Joan Frazier. Together we came up with, labeled, sorted, and continuously distribute over 2,500 gently used children's books to providers in Monroe and Wayne Counties. We are planning to expand to Livingston county in the near future. I enjoy working with everyone here at the Child Care Council and I look forward to many more years!





Organizational Tips

By Colleen Peno, Inspector



By now you should have received a letter from your Inspector letting you know our contact information. During our visits we will be looking at your monthly, as well as your daily, paperwork to ensure that you are meeting the regulations. We understand that your top priority is to care for the children in your program, so we wanted to provide you with some helpful tips.

Please have your **visitor's log, CPR and First Aid,** and your **Foundations in Health and Safety certifications** readily available upon our arrival. Having them posted or in a centralized location will keep you from looking for them while caring for the children.

Daily paperwork: caregiver log, and attendance need to be completed as children and caregivers enter and depart from the **program**. These documents need to capture who is in the program at any given time. A helpful tip-keep up on a clipboard or again in a centralized location, so they can be easily accessed throughout the day.

Monthly Paperwork, such as the **Evacuation Drill log** could be placed on a *clipboard* with the **attendance and caregiver log** or *posted* on a wall to ensure that they are being completed in accordance with the regulations. If you are providing **more than one shift of care**, an evacuation drill needs to be conducted and recorded for each shift of care. Please ensure that exits are being varied so that everyone in the program is aware of the approved routes.

Each Program must hold at least two shelter in Place drills annually during which procedures and supplies are reviewed. Parents must be made aware of this drill in advance. (417/416. 5 a (4). Posting the log in a location where you can visually see that at least two drills had been conducted and recorded will help you ensure that you have met the requirement by **December 31.** Or, you may want to conduct and record drills when you change your smoke detector batteries during day light savings time. Inspectors will be reviewing the log after January 1st to ensure that you had met the requirement the previous year.

If you have any questions or need additional tips, we are here to assist you. Please contact us directly with the contact information that you have received in your letter or you may contact us through our main office number 585-654-4720, we will be happy help you.





Effective Behavioral Interventions for ADHD

By Bethany Williams, Special Needs Coordinator

Implementing behavioral interventions is a major component in supporting children with ADHD. One purpose of behavioral interventions is to assist students in teaching them how to identify and manage their behavior. One of the most effective strategies is *verbal reinforcement*. It is effective for teachers to praise children with ADHD frequently and look for a behavior to praise before and not after, a child may get off task. Some ways to effectively provide positive verbal reinforcement strategies include:

- 1) **Defining the appropriate behavior while giving praise.**Praise should be specific for the positive behavior that is displayed by the student. The comment should focus on what the student did right and include what parts of the student's behavior was desirable.
- 2) **Give praise immediately**-The sooner that the approval is given regarding the appropriate behavior, the more likely the student will repeat it.
- 3) **Vary the statements given as praise**-The comments used by the teachers to praise desired behaviors should vary; when students hear the same praise repeated over and over, it may lose its value.
- 4) **Be consistent and sincere with praise**-For children with ADHD, it is important that children receive sincere, consistent praise. Make sure the praise is sincere as children can tell when it's not and will make it less effective.

Lastly, it is important to provide at least some of these supports to young children with ADHD who have difficulty learning how to control their impulsiveness and hyperactivity. As a result, this may cause problems forming friendships with other children in their class and may have difficulty thinking through the social consequences of their actions.

Source: www.ed.gov



NEWS FROM CPSC 🗽



The U.S. Consumer Product Safety Commission is charged with protecting the public from unreasonable risks of injury or death from thousands of types of consumer products under the agency's jurisdiction. The CPSC is committed to protecting consumers and families from products that pose a fire, electrical, chemical, or mechanical hazard or can injure children.

Following is one of the important recalls to be found on the CPSC website at www.cpsc.gov On the site you can sign up to receive alerts through many avenues including email, YouTube, and Twitter.

VTech Recalls Lights & Lullabies Travel Mobiles Due to Injury Hazard

Name of product: Lights & Lullabies travel Mobiles

Hazard: The clamp attaching the mobile to the crib rail can break causing the mobile to fall, posing an injury hazard to an infant in the crib.

Description: This recall involves VTech Lights & Lullabies Travel mobiles. The recalled mobiles were sold in blue and pink. The model numbers are 80-503000 (blue). The pink mobile was sold exclusively at Amazon.com. The mobile has a white and blue plastic arm that clamps onto the side of a crib. It has three star attachments that hang from the top. The mobile has a misic button that plays music, nature sounds and nursery rhymes. The mobile measures 5 inches wide by 15.8 inches tall. The model numbers are printed on the battery compartment door.

Remedy: Consumers should immediately stop using the recalled mobiles and contact Vtech for a full refund or a replacement product.

Consumer Contact: VTech at 800-521-2010 from 8 a.m. to 7 p.m. CT Monday through Friday or online at vtechkids.com and click on Support for more information or register online at https://www.vtechkids.com/support/support_form.

Incidents/Injuries: Vtech has received six reports of the clamp cracking. No injuries have been reported.

Sold At: Kmart, Walmart and online at Amazon.com and zulily.com from February 2017 through November 2017 for about \$25.

Recall number: 18-084







COURSE REGISTRATION FORM

For Health & Safety or Business 101 Series, NYS License/Registration Booklet #:

lame Home Phone				
If your name has changed, please write your previous na		0110		
	Work Pho	one:		
Child Care Council Membership # Email	Address:			
Home / Mailing Address				
City/Town	Zip	County_		
Is this a change of address or contact?Yes	No			
Business/Center Name		County		
Family Child Care FacilityGroup Family ChildSchool-Age Child C	Care FacilityL are Program	egally Exempt	Provider	
Other				
Home Language	Interpreting Se	Interpreting Services RequestedYesNe		
COURSE TITLE	COURSE DATE	LOCATION Lakeville Rochester Newark	COURSE FEE	
			\$	
			\$	
			\$	
Registrations <u>MUST</u> be received at I	least one week BE	FORE class		
Please mail this form, with your payment to:	n.	Method of Payment		
Child Care Council, Inc.		Cash \$		
595 Blossom Rd., Suite 120 Rochester, New York 14610	Che	Check # \$		
Attention: Finance Department	EIP Award #		\$	
		Child Care Council Voucher (please enclose) \$		
Office Use Only	Visa/Mastercard		\$	
EIP technical assistance by: Date	Card #	Card # (Three digits from back of card) V#		
EIP Application Received		Name of Card Holder		
EIP Award Letter Received		Expiration Date		
PO Completed for EIP Reimbursement				
		Signature		
Revised: March 2015	7	Total Enclosed \$		

CLASSES AT CHILD CARE COUNCIL MAR-APR 2018

Are you interested in becoming a Family or Group Family Child Care Provider? Follow the path to your new child care business! New York State requires that you attend an orientation class prior to ordering an application. You may attend a

Child Day Care Orientation class online at

http://www.ocfs.state.ny.us/main/childcare/infoforproviders.asp - or - Take a live, interactive class with us! Call (585) 654-4720 for dates and times.

Once you complete the orientation, if you choose to proceed with Family or Group Family Child Care Registration or Licensing, you will need to fulfill your training requirements. Child Care Council offers a comprehensive

training package to meet your needs

The Child Care Business 101 Series covers all of your training needs including:

Health and Safety First Aid and CPR Program Development

Introduction to CACFP Taxes Business Class

All included for the Health and Safety registration fee PLUS you will receive a complimentary Child Care Council Membership with full payment at registration, and giveaways to help you start your business!

Child Development Associate Classes (CDA)

A Child Development Associate (CDA) is an individual who has successfully completed a CDA assessment and has been awarded the National CDA Credential from the Council for Professional Recognition. The CDA is accepted as the required training hours for Family Day Care Accreditation and is a requirement for lead teachers in a child care center according to the minimum qualifications in the NYS day care regulations.

Prior to applying for CDA Credential Assessment, each candidate is required to complete 120 clock hours of formal child care education in eight different categories, which are offered through our CDA courses. Participants must be working in a child care setting.

CDA Courses at Child Care Council, Inc. are designed for potential candidates to complete their 120 hours, assist with the development of competency papers, and create a professional portfolio. CDA Courses are available in the evenings.

Classes meet weekly and are from 6:00 pm- 9:00 pm.

CDA will now be offered in four modules. You may apply for more than one module at a time within a calendar year. Classes are first come, first served.

For dates and times or to receive a CDA Course registration package, call (585) 654-4720. <u>NEW sessions start in April!</u>

Legally Exempt Provider Classes:

The Legally-Exempt Training Series is for any in-home or family legally-exempt provider who wishes to enhance their knowledge and their reimbursement rate. Participants will learn about topics such as business regulations, child development, child abuse, and SIDS while interacting and networking with other providers.

CLASSES AT CHILD CARE COUNCIL MAR-APR 2018

Individual Classes: All classes are 6:30-9:00 pm unless otherwise noted.

Wayne County Professional Development Group

Instructor: Jason Place Newark Mar 5th, Apr. 2nd

Family and Group Family child care providers meet together once a month to network, support each other and participate in a training session chosen by the group. If you would like to join the group, please contact us for details.

Cooking Up Something New

Instructor: Chelsea Peckham Rochester Mar. 1st
Jodi VerWeire Rochester Mar. 10th
Darla Ferrante Rochester Mar. 14th

The content covered will include a brief overview of the new CACFP menu guidelines and regulations. How to implement these into daily menus will be discussed and the class will include hands-on cooking experiences. Participants will take home recipes they have tried and provide them for the children in their program. FREE for CACFP providers participating with Child Care Council, Inc.

Sensory Processing Disorder

Instructor: Bethany Williams Rochester Mar. 19th

The Sensory Processing Disorder training session will be an introductory course about the characteristics of Sensory Processing Disorder in young children. We will look at what current research tells us about the challenges of Sensory Processing Disorder and how to support children while they are in child care. The participants will leave with increased knowledge about the 7 sensory systems which include: Tactile, Visual, Auditory, Olfactory, Gustatory, Vestibular and Proprioceptive. *This class has a reduced rate of \$25.00*.

Creative Movement Activities

Instructor: Kristine Huff Rochester Mar. 27th

During this interactive class, participants will explore the many benefits of music and movement and learn ways that music and movement can play roles in their program every day. Participants will leave with many new games, activities and songs for their classes including ways to incorporate rhythm sticks into their programs.

Autism Spectrum Disorder

Instructor: Bethany Williams Rochester Mar. 28th

This Autism Spectrum Disorder training session is an introductory course about the characteristics of Autism Spectrum Disorders in young children ages 3-5. We will look at what current research tells us about Autism Spectrum Disorder and how to support children while they are in child care by creating a more sensory friendly environment. <u>This class has a reduced rate of \$25.00.</u>

Inclusion

Instructor: Bethany Williams Rochester Apr. 11th

This introductory class is an overview of inclusion and practical ways to make your child care program more inclusive. Information will be presented on the Americans with Disabilities Act and how it relates to child care, in regards to federal laws and state regulations. *This class has a reduce rate of \$25.00*

Know the Regulations-Child Care Centers

Instructor: Kristine Huff Rochester Apr. 16th

Are you familiar with the changes to the New York State Child Care Regulations? Would you like a refresher on the original regulations? Become familiar with both new and old regulations, required forms, documents, and regulations regarding child abuse.

See the Early Childhood Professional Development Course Calendar for details and a full course list.

Child Care Council courses, links to SUNY videoconference information, and EIP applications, are available at www.childcarecouncil.com

Individual Classes continued:

Superhero Play and Prop Boxes Galore

Instructor: Jennifer Shook Rochester Apr. 23rd

Play is the never-ending, critical work of childhood. How do we not only encourage Super Hero Play, but turn it into meaningful learning experiences for the children we care for? This class will look at Super Hero Play and several Prop Boxes that caregivers can use in their programs.

Meltdown Management

Instructor: Bethany Williams Rochester Apr. 30th

This Meltdown Management training session is an introduction to challenging behaviors in children with special needs. We will discuss the difference between meltdowns and tantrums, why challenging behavior occurs and prevention strategies. The participants will leave with ideas to use in their programs to decrease the frequency of challenging behaviors. *This class has a reduced rate of \$25.00*.

Specialty Classes:

Medication Administration Training (MAT)

In order to administer medication to children in New York State, Day Care regulations require this training. There are several options available to obtain or renew this training. To learn more about these options contact one of our MAT certified instructors. Next dates are:

MAT Training:

Mar. 3rd & 10th 9am-2pm - or - Apr. 14th & 21st Both in Rochester

MAT Independent Study Classes

Mar. 15th 9:30am-12:30pm - or - Mar. 26th 6pm-9pm - or - Apr. 3rd 6pm-9pm - or - Apr. 11th 9:30am-12:30pm All in Rochester

American Red Cross First Aid and CPR—Infant, Child and Adult CPR and Basic First Aid
Mar. 3rd 9am-2pm-Lakeville - or - Mar. 10th 9am-2pm Rochester
- or- Mar. 12th & 14th 6:30pm-9pm-Newark - or - April 14th 9am-2pm-Rochester

Pyramid Model Training

The New York State Pyramid Model Partnership promotes the statewide use of the Pyramid Model, an evidence-based framework proven to be an effective approach to building social and emotional competence in all early care and education programs.

Pyramid Model: Preschool Module 1: Building Relationships and Creating Supportive Environments Saturday, March 3rd 9:00am-4:00pm—Rochester, Bring Lunch!

Pyramid Model: Preschool Module 2: Social Emotional Teaching Strategies Saturday, April 7th 9:00am-4:00pm-Rochester, Bring Lunch! For more information on full Pyramid Model implementation in your program,

contact Rose Shufelt at 585-654-4740.