



## News You Can Use

### **Risk of serious and potentially fatal blood disorder prompts FDA action on oral over-the-counter benzocaine products used for teething and mouth pain and prescription local anesthetics.**

[ 05-23-2018 ] The U.S. Food and Drug Administration (FDA) is warning that over-the-counter (OTC) oral drug products containing benzocaine should not be used to treat infants and children younger than 2 years. We are also warning that benzocaine oral drug products should only be used in adults and children 2 years and older if they contain certain warnings on the drug label. These products carry serious risks and provide little to no benefits for treating oral pain, including sore gums in infants due to teething. Benzocaine, a local anesthetic, can cause a condition in which the amount of oxygen carried through the blood is greatly reduced. This condition, called methemoglobinemia, can be life-threatening and result in death.

Due to the significant safety risk of methemoglobinemia, we have urged manufacturers that they should stop marketing OTC oral drug products for treating teething in infants and children younger than 2 years. If companies do not comply, we will take action to remove these products from the market. We have also urged manufacturers of OTC oral drug products containing benzocaine for adults and children 2 years and older to make changes to the labels of their products:

**Parents and caregivers** should follow the [American Academy of Pediatrics' recommendations for treating teething pain](#)

- Gently rub or massage the child's gums with one of your fingers.
- Use a firm rubber teething ring.

Topical pain relievers and medications that are rubbed on the gums are not useful because they wash out of a baby's mouth within minutes. FDA has previously cautioned parents and caregivers to [not give certain homeopathic teething tablets](#) to children.

See full article at: [www.fda.gov/Drugs/DrugSafety/ucm608265.htm](http://www.fda.gov/Drugs/DrugSafety/ucm608265.htm)

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**CHILD CARE COUNCIL**  
*Your premier resource. Inc.*



**CARING MATTERS**

July/August 2018- Vol. 36 Issue 6



**SAVE THE DATE!**

**October 17, 2018**

*for Child Care Council's*  
**Start Bright Gala**

**Locust Hill**

**Country Club**

2000 Jefferson Road,  
Pittsford, NY 14534

*Enjoy dinner, awards,  
raffles, and a silent auction.*

**Special honoree:**  
**Mayor Lovely Warren**



Know an outstanding child care provider? Nominate him or her for the Impact Award (form available at [childcarecouncil.com](http://childcarecouncil.com)).





## Upstate Revitalization Initiative, URI Child Care Funding

By: Rachael Teixeira

The URI child care funding subsidy project is designed to fill the gap in child care subsidy eligibility. Many residents in Monroe County who are engaged in a training program with young children cannot afford child care. The goals of the URI child care program are to increase enrollment in training programs targeted toward individuals who are living in poverty; reduce training program dropout rates, decrease poverty through increased educational attainment and reduce the gap in child care assistance for non-TANF families enrolled in training.

This project will provide child care subsidy funding for low income individuals residing in Monroe County and enrolled in approved training programs that are expected to lead to full time employment. When the trainee is NOT receiving public assistances and DOES NOT receive TANF, there is a child care guarantee for training participation. The trainee must have at least one dependent child under age 13 and have household income of less than 275% of the federal poverty level.

MCDHS will pay “market rate” (as determined by NYS OCFS) child care reimbursement to the participants child care providers for the duration of the approved training and for up to 3 months after the training to allow the participant the opportunity to secure employment.

For more information please contact  
Connected Communities at 585-224-1083



## Annual Membership Benefits

Name/Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I prefer to receive the newsletter by \_\_\_\_ Email \_\_\_\_ Snail-mail

Individual Membership - \$75 - Check one

- ☐ Family Child Care Provider
- ☐ Group Family Child Care Provider
- ☐ Group Family Child Care Assistant
- ☐ Legally Exempt Child Care Provider
- ☐ Individual - Non Child Care
- ☐ Child Care Council - CACFP Provider Membership - \$50

Payment Method	
Amount Enclosed: _____	Check # _____
MC/Visa # _____	
Exp. _____	Vcode: _____
Signature: _____	

Center Membership - Check one

- ☐ \$200 staff of 1-10
- ☐ \$300 staff of 11-20
- ☐ \$400 staff of 21-30
- ☐ \$500 staff of more than 30
- ☐ Licensed Child Care Center
- ☐ School Age Program
- ☐ Legally Exempt Group Program
- ☐ Nursery School

Please list names of current staff on a separate sheet and attach and notify regarding changes.

(note: Benefits applicable to all current staff members with the exception of the pin and special gift)

### Child Care Council Membership Benefits

- ⇒ 20% discount on purchases at the Repurpose and More Store
- ⇒ 20% discount on Print Shop orders
- ⇒ 20% discount on Council classes listed in the Course Calendar (EXCEPT CDA)
- ⇒ 20% discount on donation for use of Council meeting rooms
- ⇒ Discount on myMAX Program Fee
- ⇒ Free notary services
- ⇒ Loan privileges from the Early Childhood Professional Library
- ⇒ Membership Pin
- ⇒ Special gift selection

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**Constructive Playthings** offers a “Greenscape collection” which it describes as “earth-friendly materials used in construction combined with LEED™ Certified manufacturing standards. Achieves LEED™ credits; “Green Cross Certified” 100% recycled and recovered wood; lifetime guarantee against defects in material or workmanship; Polyvinyl Chloride (PVC) Free; low formaldehyde emissions; water-based inks; NO Lead used in Manufacturing; 100% recycled packaging.” However, it does not offer a certification for the formaldehyde levels, as does GreenGuard, GreenGuard Gold or Indoor Advantage Gold.

Only one company, **Creative Children**, did not provide information about certifications in their materials or include information about any chemical composition in their product descriptions.

## Meet the Staff of Child Care Council

Introducing Awilda Rodriguez, Business Support Specialist



Hello, my name is Awilda Rodriguez, I joined the Child Care Council in September of 2008. I have 3 amazing kids. I'm from San Juan, Puerto Rico. I moved to Rochester, NY in 2001. My background is Home Health Aid and Secretary Assistant.

It's a pleasure to be part of the Business Services Department at Child Care Council. If you need copies, flyers, business cards or have the need for laminating, stop by to see me at the Rochester office. It will be my pleasure to assist you.

I enjoy working at Child Care Council because it gives me a chance to grow personally and professionally. My co-workers are pretty awesome!

I look forward to continuing to grow with an excellent company.



## The Know Place ?

### Inspiration for Creative Movement

By Kristine Huff, Professional Development Specialist

#### What is Creative Movement?

Creative Movement is an enjoyable way for children to develop physical skills, direct energy, spark imagination, encourage creativity and explore their own abilities.

#### Why should you be using Creative Movements in your programs daily?

- \* Movement gives children an emotional outlet, lets them release energy, and a reason to make noise.
- \* All children can participate. It can include children with communication, sensory, development, and physical challenges.
- \* Children gain a mental picture of their bodies. They learn about the space around them and each other's "personal space". Children are learning the first step in self-regulation.
- \* Self-esteem is increased in children. Creative movement is about the process not the product. There is no wrong way and all children can be successful. Children feel their contributions are valued. They are also learning new skills and given time to practice these skills. As a teacher, you can observe what interests them and expand on those interests.
- \* There are social benefits as well. Creative Movement is non-competitive. Children are cooperating and sharing space with each other.
- \* Children are developing better listening skills and concentration which will benefit them in later school success.
- \* Language development is enhanced. When babies hear music they sway, clap, rock, and kick feet in excitement as first forms of communication. Movement activities help children increase memory and communication skills.
- \* Children may not have the words to express how they are feeling but can put their emotions into actions.
- \* Children develop physical skills, coordination, and increased health from movement.

It enhances all areas of Learning and Growth and it is FUN!

**Contact the Education Department if you would like to schedule some Creative Movement Opportunities for your Program 585-654-4737.**



## A Playground Safety Report Card

By Joanne M. Buell RN, MS. Health Services Specialist

Does your playground make the grade? Playground injuries account for 200,000 child injuries per year\*. The National Program for Playground Safety developed evaluation criteria to assess your playground safety score. Circle Y (YES) or N (NO) to each statement.

### Supervision:

Adults present and attentive when children on equipment. Y or **N**  
 Children easily viewed on equipment. Y or N  
 Children easily viewed in crawl spaces. Y or N  
 Rules posted regarding expected behavior (short & simple). Y or N

### Age-Appropriate Design:

Has separate areas for ages 2-5 & 5-12. Y or **N**  
 Platforms have appropriate guardrails. Y or **N**  
 Platforms allow changing direction to get on/off structure. Y or N  
 Signage indicating age group for equipment provided. Y or N  
 Structure design prevents climbing outside the structure. Y or N  
 Supporting structure prevents climbing on it. Y or N

### Fall Surfacing:

Suitable surface material provided (loose fill, rubber mats) Y or **N**  
 Appropriate depth of loose fill. Y or **N**  
 Height of all equipment is 8 feet or lower. Y or **N**  
 Six foot use zone has appropriate surface material. Y or **N**  
 Concrete footings are covered. Y or **N**  
 Surface is free of foreign objects. Y or N

### Equipment Maintenance:

Equipment is free of noticeable gaps that "catch" clothing. Y or **N**  
 Equipment is free of head entrapment (gaps <3.5 or >9 in.) Y or **N**  
 Equipment is free of broken parts. Y or **N**  
 Equipment is free of missing parts. Y or **N**  
 Equipment is free of protruding bolts. Y or N  
 Equipment is free of rust. Y or N  
 Equipment is free of splinters. Y or N  
 Equipment is free of cracks or holes. Y or N

### Total Points (add up all Y (Yes) answers)

12 or less: children at risk; 16-13: correct hazards; 19-17: fix "NOs"

24-20: Amazing! If you circled any **bolded N (NO)**-DO NOT USE!

More details: \*www.playgroundsafety.org & Public Playground Safety Handbook at US Consumer Product Safety Commission Publication #325 Nov 2010.

Continued from previous page:

"PVC-FREE," phthalate-free" "heavy-metal-free" and found that while a number of companies occasionally indicate this, the information was not consistently applied to all products, and there was no explanation of how these assertions were verified. Therefore, we have not included information about these listings for specific companies.

Only one company in our survey has a comprehensive chemicals policy: **Community Playthings**. They both manufacture and sell their products, and their chemicals policy that covers all products they sell. Over the last decade, Community Playthings has eliminated all BPA (polycarbonates, epoxies), PVC (vinyl/phthalates), styrene (including EPS foam packaging), acrylonitrile, butadiene, antimony based colorants, most perfluorinated fabric treatments (PFCs), flame retardant additives in bedding products, and more from their product line. Their California Technical Bulletin-117 2013 (also called TB-117 2013) compliant upholstered furniture, nap mats, and crib mattresses are free of added flame retardant chemicals. Products are certified to Indoor Advantage Gold level by SCS Global Services. Community Playthings is also working to reduce perfluorinated (PFAS) stain release treatments in carpets, and PFASs and flame retardants in their California TB-133 compliant upholstered furniture products. When flame retardants are required, they do not use any halogenated flame retardants. A brief discussion of their standard is available on their website and their catalogs.

**Kids Advance Montessori** has a chemicals policy that is more limited, but they reported to us that they do not sell products containing flame retardants. They are the only other company that explicitly reported avoiding a class of chemicals for all products they sell. In addition, they produce solid wood products and use water-based paints. They post online results of their product testing for heavy metals.

**Kaplan Early Learning** presented eight different certifications on their website but did not have a company-wide policy on screening out harmful chemicals. The company stated, "We strive to include detailed product information, and this is where information regarding 'green' or 'natural' qualities is provided. Customers can easily identify these products by searching our website and catalogues, or contacting a member of our Total Care Team. We recognize the value in these products and add them to our offerings when possible if they also meet our standards for quality, value, and educational purposes."

Continued on next page...



## ***Selling Safer Products For Early Care and Education Clean & Healthy New York***

(Continued from the May/June 2018 issue)

### ***About Retailers***

We surveyed 24 companies that market directly to child care providers and the broader early care and education community. Because of the distributed nature of child care programs, these companies use either online stores, catalogs, or both to reach providers. The largest of these retailers attend, host booths, and sponsor early care and education conferences. They supply materials that are not easily found at broadly consumer oriented stores, including child-sized furniture, dramatic play items, texture tables, and nap mats.

### ***Our Survey***

We sent letters to 24 retail outlets, asking them the following questions:

- 1) Do you have a policy to address harmful chemicals?
- 2) Do you carry products that go above and beyond regulations to be less toxic?
- 3) How do you let your customers know about these products?
- 4) What, if any, certifications back up your environmental claims?

Our online survey, a link to which was included in our letter, specifically asked about chemicals the company avoided: flame retardants, bisphenols, triclosan, perfluorinated compounds, phthalates, and heavy metals. We reviewed catalogs and websites as though we were consumers ourselves. We also manually searched for and used search bars (entering terms like “certification” and “certified” as well as “greenguard” and “AP”) to identify which certifications were used to verify claims. We constrained our review to retailers who directly and specifically target the early care and education community, and to products designed specifically for that community. Therefore we did not evaluate cleaning products, office furniture, or printed educational materials.

### ***What we found***

Our research revealed a range of actions regarding chemicals in products. The good news is that 22 of the 24 companies we surveyed offered products labeled as meeting at least one third-party chemical-related certification beyond regulatory requirements, primarily GreenGuard, GreenGuard Gold, and AP. However, the number of products meeting these and other certifications varied widely.

Most companies offered some products labeled as “BPA-free” while also offering polycarbonate products (which are made from, and have been shown to leach, BPA). We assessed use of indications such as “BPA-free,”



## **Keeping Kids Safe**

By Linda Lane, Director of Legally Exempt Services

The weather is finally turning nicer and the days are longer. Our children will be spending more time outside and may not always be in our line of sight. This is a good time to talk to your children about safety.

The Bureau’s National Crime Information Center (NCIC) had more than 32,000 records of missing youngsters under the age of 18, at the end of 2017. The danger is highest for teen and tween girls. More often than not the children know their kidnappers. They are often relatives but anyone can be a danger. A study done by the National Center for Missing and Exploited Children (NCMEC) found that an offering of a ride or candy, asking questions or the use of a cute animal are some of the tactics used to lure the child into a car.

While supervision of your child is the best way to keep your child safe, we still need to talk to them. NCMEC suggests telling your children:

- It’s OK to be rude if someone is making you uncomfortable. Say “no,” walk away and tell a trusted adult.
- Always go places with a friend and stay with the group.
- You should never approach or get into a vehicle without my permission. If someone is following you in a vehicle, turn and run in the other direction. Tell me or another trusted adult what happened right away.
- When you are home alone, do not open the door for anyone.
- Tell me where you are and where you are going.
- If we are separated and you need help, ask a police officer, a store clerk or a parent with children.
- If someone grabs you, kick, yell and pull away.

If you think you have seen a missing child or if your child is missing, immediately contact the National Center for Missing and Exploited Children 24 hours a day, seven days a week: 1-800-843-5678 or 1-800-THE-LOST.



## Big Changes for Household Co-op

By Chelsea Peckham, CACFP Specialist

We are excited to announce a new opportunity to CACFP providers participating in Household Co-op in Monroe County. Beginning in April 2018, providers were able to enjoy a shopping experience paired with their monthly Co-op orders thanks to our expanding partnership with Foodlink.



**How it works:** Providers will come to Foodlink on the last Tuesday of every month between 5:00-7:30 pm. Providers will receive a base order of 1-2 cases of shelf stable food similar to items typically found in monthly orders. This base order will not cost more than \$15. On the day of pick up providers will receive a phone call reminder with the order total. **Base orders must still be paid to Child Care Council with a check, money order, or exact cash.**

The Shopping Experience: Providers will have up to 30 minutes to use the Shop Thru area at Foodlink's Mt. Read Blvd. location. Here additional items can be purchased using only **SNAP/EBT card or Credit/Debit Card.** Foodlink cannot accept cash or check as a payment.

**Fresh fruits and vegetables, dairy items** (milk, cheese, yogurt, and eggs) and **grains** (uncooked dough, bread, buns, and rolls.) are available at **NO COST** to providers (*limit of 5 dairy and 5 grain items per provider*).

**Shelf stable foods** (pastas, canned fruit or vegetables, soups, 100% juice, condiments and cereals) and **frozen proteins** (meats including: chicken, ground beef, burgers, roasts, cold cuts, and seafood) are available at **.49/pound!**

Providers are encouraged to contact their CACFP Specialist with any questions regarding participation or Household Co-op policy changes.

## Repurpose & More Store

Submitted by Susan Goodno, Store Services Specialist

### Featured Items

*Plastic Tube Containers* \$1 per bag -  
(Approximately 50 per bag.)

*Pipe Cleaners* - \$1 per bag

### Pipe-cleaner and Tube Craft

Create a flower,  
spider, butterfly  
or dragonfly!



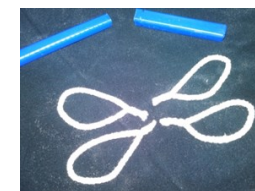
Visit any location of  
Child Care Council  
to find unique craft  
items every day!



1. Remove sticker tag



2. Take apart plastic tube



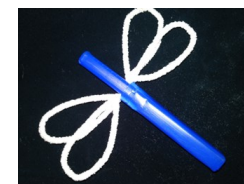
3. Shape pipe-cleaners



4. Put ends of shaped pipe-cleaners into bigger end of tube



5. Put smaller end into bigger end of tube to hold in pipe-cleaners in place



**Adjust & Enjoy!**

## Child Care Council

### Office Schedule and Calendar of Events

#### Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

#### Livingston County-Lakeville & Wayne County-Newark

Hours are Mon-Fri 9am-5pm. Closed daily from 1pm-2pm. Other hours available by appointment.

#### July 2018

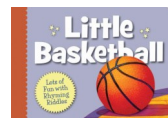
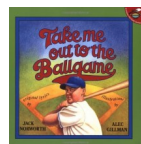
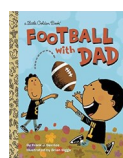
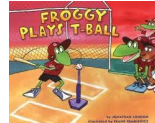
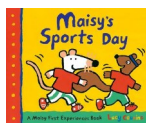
- 4th - Office closed for the holiday

#### Check out our social media pages!

Twitter	<a href="https://twitter.com/ChildCareCoun">https://twitter.com/ChildCareCoun</a>
Facebook	<a href="https://www.facebook.com/ChildCareCouncilinc">https://www.facebook.com/ChildCareCouncilinc</a>
Pinterest	<a href="http://pinterest.com/ccouncilinc/">http://pinterest.com/ccouncilinc/</a>
YouTube	<a href="http://www.youtube.com/user/ChildCareCouncilinc">http://www.youtube.com/user/ChildCareCouncilinc</a>

## Language and Literacy Tips:

### *Books for Your Little Athlete!*



## A Closer Look



## Parent Contracts and Policies

By Tom Goodno, Registrar



As with any business venture, establishing well-thought out business practices and policies is the best way to ensure long-term success. Registered and Licensed Day Care programs are no exception.

Contracts (i.e. Parent Agreements) and Policies (i.e. Parent Handbook) should be two separate documents. A contract, at minimum, details the terms of time and money and are **enforceable in court**. Whereas policies are house rules that spell out how care will be provided. These rules are not enforceable in court.

The terms of your contract (parent agreement) will spell out the names of both parties, hours of care for the child(ren), terms of payment, termination procedure, and the signature of all the parties. It is strongly advised to have each parent, or any guardian with custody, sign the agreement.

The policies detailed within your parent handbook should contain some background information on yourself, program description, client responsibilities, transportation policy and information on illness, health and safety concerns. Keep in mind, policies are not enforceable in a court of law, but still should include the policies that are most important to you—policies that if not followed, you would terminate an agreement over.

As a sole proprietor, you set your own rules. You can change your policies at will, but it still should be put in writing and discussed with the parents. Changes to the contract should additionally have the signatures of both parties. **You are responsible for enforcing your own policies and contract!** Without enforcement, your policies and contract become nothing more than a wish list.

For further business advise on anything Day Care-related, please visit: [TomCopelandBlog.com](http://TomCopelandBlog.com).





## Using Specific Praise

By Bethany Williams, Special Needs Services Coordinator

Oftentimes, we find ourselves as parents and teachers saying, “good job” when a child completes an activity or follows a direction. We can increase the effectiveness of our praise by being specific and also embedding questions so that the children can draw up on how they feel when they accomplish something. Below is a list of different ways that we can provide praise to our children and make them feel SUPER!

**DON'T SAY 'GOOD JOB'**  
Say this instead...

**Instead of saying ‘good job’ when kids do well on test/exams, you can say:**

1. You worked really hard to understand the material. Your hard work and effort paid off.
2. Look at that! You spent a lot of time studying and your test score shows it.
3. Wow! You got ‘X’ correctly. How did you do that?
4. Your grade improved compared to your last test score. What strategies did you use this time?
5. Wow! You answered all the questions correctly. How does that make you feel?

**Instead of saying ‘good job’ when kids don’t give up, you can say:**

1. You didn’t give up. What made you keep going?
2. I can tell you really wanted to \_\_\_\_\_. You kept trying different strategies until you found one that worked.
3. Wow! That took a lot of time and effort, and you still never gave up.
4. You did it!
5. You really challenged yourself and got the job done!

**Instead of saying ‘good job’ when kids excel at sports:**

1. Your practice is paying off. You’re getting better at \_\_\_\_\_ (name something specific i.e. dribbling, passing, hitting the ball, etc.)
2. You scored and helped your team win.
3. Your teammates were all cheering for you. How did that make you feel?
4. Congratulations! You did what the coach asked you to do and really helped your team out.
5. You were determined and kept trying until you scored. What did you think when you scored?

**Instead of saying ‘good job’ when kids try hard and still fail, you can say:**

1. I see that you really want to get this right. What else can you try?
2. OK, what are we missing? What’s another strategy we can try?
3. Who else might be able to help you solve this problem? Should we talk to \_\_\_\_\_? (i.e. the teacher, the coach, parent, etc.)
4. You really want to figure this out. Is there another way we can look at this problem?
5. You’re really challenging yourself. Can you think of another way to do this?

**Instead of saying ‘good job’ when a child shows off a piece of work, you can say:**

1. Look at that! I can tell you put a lot of work in it.
2. Tell me about what you did.
3. Show me more.
4. Wow! How did you do that?
5. That looks like it took a lot of effort!



## Immigrant Families’ Safety in Early Childhood Programs

Many people are aware that immigration agents aren’t supposed to engage people at place like schools, hospitals, and churches. It’s less known that early childhood programs are also protected.

“Sensitive location policies” are internal guidance at Immigration and Customs Enforcement (ICE) and Customs and Border Patrol (CBP). In short, immigration agents can’t apprehend, arrest, interview, or search people at certain locations without a warrant or other prior approval. That includes schools, school bus stops, health care facilities, places of worship, site of religious or civil ceremonies, and public demonstrations.

Early childhood programs - including known and licensed child care, Head Start, preschool, pre-kindergarten, and other early learning programs - fall under the definition of “schools”.

### What can you do to keep immigrant families safe?

For more information visit [CLASP.ORG](http://CLASP.ORG)  
(Center for Law and Social Policy)

Visit their blog and you can also find CLASP’s fact sheets on sensitive locations. They are available in English or Spanish.

CLASP · 1200 18th Street NW, Suite 200 · Washington, D.C.  
20036  
(202) 906-8000





## COURSE REGISTRATION FORM

**For Health & Safety or Business 101 Series, NYS License/Registration Booklet #:** \_\_\_\_\_

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

If your name has changed, please write your previous name below

Work Phone: \_\_\_\_\_

Child Care Council Membership # \_\_\_\_\_ Email Address: \_\_\_\_\_

Home / Mailing Address \_\_\_\_\_

City/Town \_\_\_\_\_ Zip \_\_\_\_\_ County \_\_\_\_\_

Is this a change of address or contact? \_\_\_\_ Yes \_\_\_\_ No

Business/Center Name \_\_\_\_\_ County \_\_\_\_\_

\_\_\_\_ Family Child Care Facility \_\_\_\_ Group Family Child Care Facility \_\_\_\_ Legally Exempt Provider

\_\_\_\_ Child Care Center \_\_\_\_ School-Age Child Care Program

\_\_\_\_ Other \_\_\_\_\_

Home Language \_\_\_\_\_ Interpreting Services Requested \_\_\_\_ Yes \_\_\_\_ No

COURSE TITLE	COURSE DATE	LOCATION Lakeville Rochester Newark	COURSE FEE
			\$
			\$
			\$

Registrations MUST be received at least one week BEFORE class

Please mail this form, with your payment to:

Child Care Council, Inc.

595 Blossom Rd., Suite 120  
Rochester, New York 14610

Attention: Finance Department

*Office Use Only*

EIP technical assistance by: \_\_\_\_\_ Date \_\_\_\_\_

EIP Application Received \_\_\_\_\_

EIP Award Letter Received \_\_\_\_\_

PO Completed for EIP Reimbursement \_\_\_\_\_

Revised: March 2015

### Method of Payment

Cash \$ \_\_\_\_\_

Check # \_\_\_\_\_ \$ \_\_\_\_\_

EIP Award # \_\_\_\_\_ \$ \_\_\_\_\_

Child Care Council Voucher  
(please enclose) \$ \_\_\_\_\_

Visa/Mastercard \$ \_\_\_\_\_

Card # \_\_\_\_\_  
(Three digits from back of card) V# \_\_\_\_\_

Name of Card Holder \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature

**Total Enclosed** \$ \_\_\_\_\_

## Eco-Healthy Child Care

As the weather heats up and we leave the cold behind us; flowers are blooming, and insects are OUT! It's that time of year where we take additional precaution to protect our little ones from bites and stings. Although repellents are effective in preventing bites by mosquitoes, ticks, fleas, chiggers, and biting flies, they have virtually no effect on stinging insects such as bees, hornets, and wasps.

Before you purchase or apply insect repellents to children, here are some helpful tips:

### Try non-chemical methods

- Dress children in light weight clothing that covers their skin, such as long pants and long sleeves while outdoors.
- Use mosquito netting over infant carriers.
- Avoid areas where insects nest or congregate, such as garbage cans, stagnant pools of water, uncovered foods and sweets, and orchards and gardens where flowers are in bloom.
- Avoid clothing with bright colors or flowery prints, because they seem to attract insects.
- Don't use scented soaps, perfumes, or hair sprays on your child, because they also are inviting to insects.
- Get rid of containers with standing water to reduce the mosquito population.

### When using repellents:

- Do not use a product that combines sunscreen and repellent. The general recommendation is to apply sunscreen first, followed by repellent.
- Do not allow children to handle repellents; apply the product to your own hands and then put it on the child.
- Do not apply to children's hands.
- After returning indoors, wash your child's treated skin and clothes with soap and water or bathe them.
- Read and follow the instructions on the label!
- Always store insect repellents safely out of the reach of children.
- Avoid all types of aerosol sprays. Aerosols increase the amount of repellent inhaled, therefore stick to lotions or apply spray repellent in well ventilated area(s) (ie. outside)

### Information on specific repellents:

- Oil of lemon eucalyptus products should not be used on children under the age of three.
- Repellents with DEET should not be used on infants less than 2 months old.
- Do not apply DEET-containing repellents more than once a day on older children.
- The child should have a bath or shower at the end of the day following DEET application.
- Use products with lowest concentration of DEET that corresponds with the time spent outdoors (DEET 10% generally lasts for about 1-2 hours while DEET 30% generally lasts about 3-4 hours).
- DEET's effectiveness appears to peak at a concentration of 30%, which is also the maximum DEET concentration currently recommended for children.
- An alternative to DEET is a product called picaridin (KBR 3023), available in concentrations of 5% to 10%, which generally has a duration of action similar to DEET. It is less oily and does not damage plastic materials.

Lastly, remember that by using Integrated Pest Management (IPM) strategies, you will help to reduce the amount of insects in and around your facility.

Additional Resources: The Centers for Disease Control & Prevention, The U.S. EPA, The U.S. Department of the Interior, The National Pesticide Information Center: [npic@ace.orst.edu](mailto:npic@ace.orst.edu) 1-800-858-7378

## CLASSES AT CHILD CARE COUNCIL JULY-AUG 2018

### *Specialty Classes:*

#### Medication Administration Training (MAT)

In order to administer medication to children in New York State, Day Care regulations require this training. There are several options available to obtain or renew this training.

To learn more about these options contact one of our MAT certified instructors.

Next dates are:

#### MAT Classroom Training:

Saturdays, August 18th & 25th 9am-2pm - Rochester

#### MAT Independent Study Classes

July 18th 6pm-9pm, or July 20th 9:30am-12:30pm  
or August 21st 6pm-9pm or August 23rd 9:30am-12:30pm  
or August 27th 6pm-9pm - All in Rochester

#### American Red Cross First Aid and CPR—Infant, Child and Adult CPR and Basic First Aid

Saturday, July 14th - Rochester or Saturday, August 11th - Rochester  
or Saturday, August 18th - Lakeville. All 9am-2pm.

### *Child Development Associate Classes (CDA)*

A Child Development Associate (CDA) is an individual who has successfully completed a CDA assessment and has been awarded the National CDA Credential from the Council for Professional Recognition. The CDA is accepted as the required training hours for Family Day Care Accreditation and is a requirement for lead teachers in a child care center according to the minimum qualifications in the NYS day care regulations.

Prior to applying for CDA Credential Assessment, each candidate is required to complete 120 clock hours of formal child care education in eight different categories, which are offered through our CDA courses. Participants must be working in a child care setting.

CDA Courses at Child Care Council, Inc. are designed for potential candidates to complete their 120 hours, assist with the development of competency papers, and create a professional portfolio. CDA Courses are available in the evenings.

Classes meet weekly and are from 6:00 pm- 9:00 pm.

**CDA is offered in four modules. You may apply for more than one module at a time within a calendar year. Classes are first come, first served.**

**For dates and times or to receive a CDA Course registration package, call (585) 654-4798. NEW CLASS Starts July 11th.**

### *Legally Exempt Provider Classes:*

The Legally-Exempt Training Series is for any in-home or family legally-exempt provider who wishes to enhance their knowledge and their reimbursement rate. Participants will learn about topics such as business regulations, child development, child abuse, and SIDS while interacting and networking with other providers. For more information call 585-654-4720.

## CLASSES AT CHILD CARE COUNCIL JULY-AUG 2018

Individual Classes: All classes are 6:30-9:00 pm unless otherwise noted.

### Helping Hands in the Kitchen

**Instructor: Catherine Turco**

**Rochester**

**July 21st**

**9am-11:30am**

This class will cover developmentally appropriate ways to involve children in the kitchen, specific hands-on activities for children in the meal preparation, and the importance of family-style dining in the development of young children.

FREE for CACFP providers participating with Child Care Council

### Asthma 101

**Instructor: Joanne Buell**

**Rochester**

**July 26th**

Child Care Council, Inc. has partnered with the American Lung Association to offer an endorsement of child care programs that are friendly to children who have asthma. This endorsement begins with training in asthma and the specific care needs required by these children including asthma information, correct medication administration techniques, emergency planning, and environmental measures.

### The Value of Play

**Instructor: Kristine Huff**

**Rochester**

**August 7th**

During this class, participants will explore how children learn and will identify the connections of play to learning. We will discuss benefits of an environment and schedule that encourages play for children. The participants will understand their role in the classroom and will leave with new learning activities and several ideas on how to incorporate high level play into their program.

### Cooking Up Something New

**Instructor: Catherine Turco**

**Lakeville**

**August 11th**

**9am-11:30am**

The content covered will include a brief overview of the new CACFP menu guidelines and regulations. How to implement these into daily menus will be discussed and the class will include hands-on cooking experiences. Participants will take home recipes they have tried and provide them for the children in their program.

FREE for CACFP providers participating with Child Care Council

### National Association for Family Child Care Accreditation Series

**Members Course Fee - \$ 700.00 Non-Members - \$ 980.00**

**CEU 2.0 or 20 hours, 8 classes**

NYS 1, 2, 3, 4, 5, 6, 7, 8, 9 CBK 1-7 CDA 1-8 ELG D1-5

**Dates**

**July 12th - September 13th**

**Time**

6:30 pm - 9:00 pm

**Location**

Rochester

**Instructor**

Hector Santiago

**Language**

English

The National Association of Family Child Care (NAFCC) accreditation is the only accreditation for Family and Group Family Child Care programs. The Accreditation Series is intended to improve, strengthen, and promote high quality Family and Group Family Child Care Programs in New York State. Child care providers will learn how to make changes in their program in order to prepare for the self study process to meet NAFCC Standards of quality.

The series is designed to support child care providers with information they will need to apply for their self study. The series helps the participants to understand the specific steps necessary to comply with the OCFs regulations, NAFCC standards, document their compliance, and prepare them for NAFCC observation.