# Introducing Adult Craft Classes

Only \$20 per person, per class

#### Wednesdays 6:00 pm-7:30 pm

8/22/2018 Back to School Style

Covering Notebooks and binders with fabric

9/12/2018 Warm up your Front Door

Make a light-weight, festive door hanger

9/26/2018 Frightening Lights

Add a spooky effect to your Halloween décor

11/7/2018 Signs of Gratitude

Create a changeable word sign

12/5/2018 Festive Greetings

Make a one of a kind winter sign

10% off when you sign up for 3 or more



ALL CLASSES ARE AT OUR MAIN OFFICE.

FOR MORE INFORMATION OR TO REGISTER WITH A CREDIT CARD CALL (585) 654-4791

President Jason Kiefer - CEO Barbara-Ann Mattle - Editor Jennifer Weykman

\* \* \* \* \* LOCATIONS \* \* \* \* \*

Livingston County Branch Office 3513 Thomas Dr., Suite 4 Lakeville, NY 14480-0670 Phone: (585) 346-6050 Fax: (585) 346-6058 Main Office 595 Blossom Rd., Suite 120 Rochester, NY 14610-1825 Phone: (585) 654-4720 Fax: (585) 654-4721

Wayne County Branch Office 510 West Union St., Suite 1 Newark, NY 14513-9201 Phone: (315) 331-5443 Fax: (315) 331-5271



## **CARING MATTERS**

Sept/Oct 2018- Vol. 36 Issue 7



# **Child Development Associate (CDA)**

# COUNCIL — for — PROFESSIONAL RECOGNITION

Child Care Council's next CDA will begin with Module 1 on Thursdays beginning October 4th and running through December 20th.

Modules 2,3 & 4 will be held in 2019.

A Child Development Associate (CDA) is an individual who has successfully completed a CDA assessment and has been awarded the National CDA Credential from the Council for Professional Recognition. The CDA is accepted as the required training hours for Family Day Care Accreditation and is a requirement for lead teachers in a child care center according to the minimum qualifications in the NYS day care regulations.

Prior to applying for the CDA Credential Assessment, each candidate is required to complete 120 clock hours of formal child care education in eight different categories, which are offered through our CDA courses. Participants must be working in a child care setting.

CDA Courses at Child Care Council, Inc. are designed for potential candidates to complete their 120 hours, assist with the development of competency papers, and create a professional portfolio.

CDA Courses are available in the evenings.

Classes meet weekly and are from 6:00 pm- 9:00 pm.

Spaces are available. Call today to get started on your CDA journey!



#### **Back to School Tips for Parents**

By Renee Scholz, Referral Director

Starting the new school year can be a time of great excitement... and anxiety. Help calm your child's fears (and your own) with these teacher-approved tips.

#### Meet the new teacher.

For kids, one of the biggest back-to-school fears is "Will I like my new teacher?" Breaking the ice early on is one of the best ways to calm everyone's fears. Take advantage of your school's open house or back-to-school night. Some teachers welcome phone calls or e-mails — another great opportunity to get to know each other before the year begins. If personal contact with the teacher isn't possible, try locating the teacher's picture on a school website or in a yearbook, so your child can put a name with a face. If your child's teacher sends a welcome letter, be sure to read the letter together.

#### Tour the school.

If your school hosts an open house, be sure to go. Familiarizing your child with her environment will help her avoid a nervous stomach on the first day. Together you can meet her teacher, find her desk, or explore the playground.

With an older child, you might ask him to give you a tour of the school. This will help refresh his memory and yours.

#### Connect with friends.

A familiar friend can make all the difference when heading back to school. You might try calling parents from last year's class and finding out which children are in your child's class this year. Refresh these relationships before school starts by scheduling a play date or a school carpool.

#### Tool up.

Obtain the class supply list and take a special shopping trip with your child. Having the right tools will help him feel prepared. While keeping basic needs in mind, allow for a couple of splurges like a cool notebook or a favorite-colored pen. These simple pleasures make going back to school a lot more fun.

School supply lists also provide great insight into the schoolwork ahead. Get your child excited about upcoming projects by explaining how new supplies might be used. Let him practice using supplies that he's not used before — such as colored pencils or a protractor — so he will be comfortable using them in class.

#### Avoid last-minute drilling.

When it's almost time to stop playing, give a five-minute warning. Giving clear messages to your child is very important.

#### Chat about today's events and tomorrow's plans.

While it is important to support learning throughout the summer, don't spend the last weeks of summer vacation reviewing last year's curriculum. All kids need some down time before the rigors of school begin. For some kids, last-minute drills can heighten anxiety, reminding them of what they've forgotten instead of what they remember.

#### Ease into the routine.

Switching from a summer to a school schedule can be stressful to everyone in the household. Avoid first-day-of-school mayhem by practicing your routine a few days in advance. Set the alarm clock, go through your morning rituals, and get in the car or to the bus stop on time. Routines help children feel comfortable, and establishing a solid school routine will make the first day of school go much smoother.

Source: Back to School: Transitioning Your Family From Summer to SchoolPBS Parents



#### Annual Membership Benefits

Latest form update: June 2018

Name/Organization:			
Address:			
Phone:			
Email:			
I prefer to receive the newsletter by	_ Email Snail-mail		
Individual Membership - \$75 - Check one	2		
☐ Family Child Care Provider	Payment Method		
☐ Group Family Child Care Provider	Amount Enclosed: Check #		
<ul><li>☐ Group Family Child Care Assistant</li><li>☐ Legally Exempt Child Care Provider</li></ul>	MC/Visa #		
☐ Individual membership	Exp Vcode:		
☐ Child Care Council CACFP Provider	Veode		
Membership - \$50	Signature:		
Center Membership - Check one			
□ \$200 staff of 1-10	☐ Licensed Child Care Center		
□ \$300 staff of 11-20	☐ School Age Program		
□ \$400 staff of 21-30	☐ Legally Exempt Group Program		
□ \$500 staff of more than 30	☐ Nursery School		
Please list names of current staff on a se	parate sheet and attach and notify regarding changes.		
	taff members with the exception of the pin and special gift)		
Child Care Council Membership Benefits			
⇒ 20% discount on purchases at the	ne Repurpose and More Store		
⇒ 20% discount on Print Shop order			
⇒ 20% discount on Council classes	listed in the Course Calendar (EXCEPT CDA)		
<ul> <li>⇒ 20% discount on Council classes</li> <li>⇒ 20% discount on donation for us</li> <li>⇒ Discount on myMAX Program Fe</li> <li>⇒ Free notary services</li> <li>⇒ Loan privileges from the Early Cl</li> </ul>	5		
⇒ Discount on myMAX Program Fe	ee		
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⇒ Special gift selection			



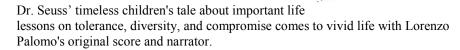
## OrKIDStra **Movie Nights** with the RPO

#### Dr. Seuss's The **Sneetches**

Sunday, October 14 (2p)

\*\*\* Performance at Hochstein Performance Hall

\*\*\* Craft starts 1 hour prior to concert (FREE)



\$10 per person Child Care Council Pricing using Promotion Code CCC

#### TIM BURTON'S THE NIGHTMARE BEFORE **CURISTMAS IN CONCERT**

Wed, October 24<sup>th</sup> (7p) Kodak Hall at Eastman Theatre

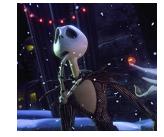
Bring your monsters and ghouls! Jack Skellington, Sally, and Zero are bringing Halloween Town to Kodak Hall at Eastman Theatre. Your RPO performs the

score as the film is shown on the big screen above

the orchestra

\$15 per person Pricing by using the Child Care Council Promotion Code CCC

http://www.rpo.org





#### **Baby Talk**



#### **Terrific Twos**

By Rose Shufelt, Infant Toddler Specialist

Working with toddlers can be challenging but it can also be one of the most rewarding jobs you can have. The wonder and excitement that these young children bring to each experience is nothing short of spectacular. Toddlers learn from the simplest of tasks and approach each with a brain that is ready to make new connections. The activities you plan create meaningful memories that last a lifetime. Here are a few ideas to share with your toddlers. Set the stage, and watch what happens!



Have a dance party. Read a book. Create an obstacle course. Discover music with pots and pans. Play Simon Says.

Build towers out of blocks.

Paint with water. Create a story together.

Make goop. Play dress up. Blow Bubbles. Chase Bubbles.

Make silly faces in the mirror. Make a fort with pillows and blankets.

Play with puzzles. Bake cookies. Give toys a bath. Build a raceway. Laugh together. Sort colored pom poms.



The most important thing to remember is these special times will soon pass. Make the most of this extraordinary time in a child's life by embracing those terrific twos!

Pg 4



#### Do you know a Nurse? We are Hiring! Child Care Health Consultant

Child Care Council Inc. is pleased to announce an opening for a Child Care Health Consultant to provide consultative services, technical assistance, and health training to individuals who are caring for young children in family and group family child care homes, child care centers, and school age child care classrooms in Monroe, Livingston, and Wayne counties. The Child Care Health Consultant's role includes, but is not limited to, approving child care program policies and procedures regarding medication administration, child special health care needs, infection control, and emergency plans in accordance with NYS Child Day Care regulations and best practice standards, training child care providers in the Medication Administration Training (MAT), developing and presenting adult educational programs to large and small group settings, and providing individualized technical assistance and support to caregivers and parents as needed. Requirements:

- Current NYS license as a Registered Professional Nurse
- Minimum of 3 years work experience in the health care field including working with children and/or families
- Clean driving record and daily use of a reliable vehicle
- Willingness to drive throughout Monroe, Wayne, and Livingston counties in all seasons
- Excellent verbal and written communication skills
- Experience making presentations to groups of adult learners
- Working knowledge of computers and internet

35 hour week including some evenings and Saturdays

Excellent Benefits including:

- 90% single coverage Health Insurance with Excellus Blue Cross
- Dental Insurance coverage
- Life Insurance equal to one year's salary
- Free Parking
- Mileage reimbursement at government rate
- 403B Retirement Pan
- Flex Spending Account
- Short and Long Term Disability Insurance Paid holidays and vacation days
- Family Friendly work environment
- AAA Membership

Child Care Council Inc. is an Equal Opportunity Employer

Please send resume:

To: Child Care Council. Inc. c/o Kristin Perrone

595 Blossom Road, Suite 120

Rochester, New York 14610-1825 or email to

k.perrone@childcarecouncil.com



#### **News You Can Use**



**Cradle to Cradle** - acknowledges continuous improvement and innovation of products and processes towards the goal of being not just "less bad" but also "more good" for people and the planet. www.mcdonough.com/organization/cradle-cradle-products-innovation-institute/



**Organic** certification run by the US Food and Drug Administration covers the products of farming, not finished textile products like bedding. It certifies that certain synthetic pesticides and fertilizers were not used in farming. Certified organic textiles are covered by Oeko-Tex and GOTS, neither of which were identified by the retailers in this survey.



**Green Label Plus** tests carpet, adhesives and cushion to help providers identify products with very low emissions of Volatile Organic Compounds (VOCs). Green Label Plus products are tested and certified by an independent laboratory. This is a trade association label - a "second party" certification.

Www.carpet-rug.org/green-label-plus.html



**GreenGuard** - This program, run by Underwriter's Laboratory (UL), certifies interior products and materials that have low chemical emissions, improving the indoor air quality. All certified products must meet emissions standards based on established chemical exposure criteria.

Greenguard.org/en/about.aspx



**GreenGuard Gold** (formerly and still sometimes listed as "Children and Schools") This UL standard includes health based criteria for additional chemicals and requires a total VOC emission level ten times lower than that of GreenGuard standard to ensure that products are acceptable for use in environments such as schools and healthcare facilities.

Greenguards.org/en/Certification Programs/CertificationPrograms childrenSchools.aspx



Indoor Advantage Gold by SCS Global Services sets standards for emission rates of each chemical on the California Office of Environmental Health Hazard Assessment (OEHHA) Chronic Reference Exposure Levels (CRELs) list as well as for any chemical listed as a probable or known carcinogen or as a reproductive toxicant. www.scscertified.com/gbc/indooradvantage.php



The Materials Analytical Services' "green leaf" mark allows customers to identify interior construction products, furniture and furnishings which are designed and manufactured to lower chemical emissions released into the indoor environment.

Www.mascertifiedgreen.com/about-us



#### **News You Can Use**

# Selling Safer Products For Early Care and Education

#### Clean & Healthy New York

(Continued from the July/August 2018 issue)

#### What Certifications Mean

Product certification is the process of certifying that a certain product has passed performance and quality assurance tests, and meets certain qualification criteria. In the search for nontoxic children's products, there is a variety of product certifications, each of which has its own voluntary standards and definitions of what is acceptable. Certifications can provide helpful guidance for early care and education providers who prioritize children's environmental health. But not all certifications are created equally. Here is a description of three main types, which will shed some light on which certifications are the most stringent.

First-party certifications are made by companies themselves. These self-certifications tend to be designed to fit a product, rather than the other way around. Second-party certifications are made by trade associations. These also tend to be designed to ensure eligibility of existing products or to certify compliance with existing laws. Third-party certifications are developed and run by non-profit organizations or government bodies with no financial stake in the outcome. In general, third-party certifications are the most health protective and address the broadest range of concerns. They tend to evolve over time along with the trend toward safer products. Independent third-party certification means that an independent organization has reviewed the manufacturing process of a product and has independently determined that the final product complies.

The following certification relate to chemicals in products that retailers in this report surveyed.



The AP (Approved Product) Seal identifies art materials that are safe and that are certified to contain no materials in sufficient quantities to be toxic or injurious to humans, including children, or to cause acute or chronic health problems. ACMI's toxicology team is located at Duke University's Division of Occupational and Environmental Medicine. www.acmiart.org



Asthma and Allergy Foundation of America - tests household products against proprietary standards to verify claims that products do not contain allergenic or irritating materials, including toys. www.aafa.org/page/certified-asthma-allergy-friendly.aspx



#### 10 Ways to use Magnetic Letters at Home

By Pam Patrick, Legally Exempt Enroller

- 1. COLOR SORT Have children sort all the red, yellow, green, blue letters.
- 2. LETTER PLAY Encourage children to play with the magnetic letters on the refrigerator or on a table. Playing with letters allows children to learn more about how they look.
- 3. MAKING NAMES A child's name is the most important word. Have the children make their name several times, mixing up the letters, making their names and checking them with their names on a written card.
- 4. MAKING WORDS Make a simple word like mom, dad, or sun and have your child make the same word by matching each letter below the model (sun s-u-n)
- 5. ALPHABET CHAIN Have your child put the lowercase letters in the order of the alphabet. Then they can point to them and sing the alphabet song. Repeat with uppercase letters.
- 6. UPPERCASE/LOWERCASE MATCH Have children match the uppercase letters with the lowercase form.
- 7. LETTER NAMES Specify a color and have children take one colored letter at a time and say the letter name.
- 8. CHANGE THE WORD Build several simple words and show the children how to change, add, or take away a letter to make a new word. Examples are me, he, we; at, hat, sat; be, by.
- RHYMING PAIRS Use a metal cookie sheet. Make a simple three letter word such as dog, but, can, hot. Say the word and then say a second word that rhymes (dog-log, bug-mug, cat-fat). Ask the child to make the rhyming word below each.
- 10. WRITING LETTERS -- Have children select ten different letters and write each letter on a paper. They can use the magnetic letter as a model.



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#### The Sunshine Vitamin

By Kim Klee, Registered Dietitian

Vitamin D (The sunshine vitamin') is an important vitamin that promotes calcium absorption in the body which helps to maintain strong and healthy bones. While direct cause and effect links to the following are still unclear at this time, Vitamin D is also thought to promote resistance to chronic diseases (such as heart disease and cancer), improve immune responses, and support mental health. Exposure to sunlight penetrating uncovered skin leads to the synthesis of vitamin D that can then be readily used by the body. Recommendations vary according to researchers, but some suggest that 5-30 minutes of sun exposure between 10am-3pm at least twice per week leads to sufficient vitamin D synthesis. This recommendation is also dependent on season, time of day, length of day, cloud cover, smog,



skin melanin content, and sunscreen. Individuals with limited sun exposure need to include good sources of vitamin D in their diet or take a dietary supplement. In nature, very few foods contain

Vitamin D. The flesh of fatty fish (such as salmon, tuna, and mackerel) and fish liver oils are among the best sources. Small amounts of vitamin D are found in beef liver, cheese, and egg yolks. Fortified foods provide most of the vitamin D in the American diet.



Almost all of the milk supply is fortified, along with ready-to-eat breakfast cereals, and some brands of orange juice, yogurt, margarine and other food products.

Obtaining sufficient vitamin D from natural food sources alone is difficult. For many people, consuming vitamin D-fortified foods along with being exposed to some sunlight are essential for maintaining a healthy vitamin D status. In some groups, dietary supplements might be required to meet the daily need for vitamin D. It is important to keep Vitamin D fortified foods on the menu for you and the little ones in your care, and be sure to get your Vitamin D levels regularly checked by your healthcare professional to ensure that you are getting enough.

Source: National Institutes of Health

Language and Literacy Tips:



Books for Back to School



## THE REPURPOSE AND MORE STORE ITEM OF THE MONTH IS:



#### Mat Board

Great for DIY crafts & Framing

Large Pieces \$5.00 ea. OR 5 for \$20.00 Medium Pieces \$3.00 ea. OR 5 for \$12.00 Small Pieces \$1.00 ea. Or 6 for \$5.00



Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Livingston County-Lakeville & Wayne County-Newark Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

#### Sept 2018

- 3rd All offices closed for the holiday
- 28th All offices closed for Child Care Council Staff Training Day

#### Oct 2018

- 8th All offices closed for the holiday
- 31st All offices closed 10am-12pm for staff meeting

#### Check out our social media pages!

Twitter https://twitter.com/ChildCareCoun

Facebook https://www.facebook.com/ChildCareCouncilinc

Pinterest http://pinterest.com/cccouncilinc/

YouTube http://www.voutube.com/user/ChildCareCouncilinc

#### Meet the Staff of Child Care Council

Introducing Holly Savage, Inspector



Hello, my name is Holly Savage. I joined the Child Care Council in November of 2016. My background is in elementary education. Working at Child Care Council has taught me that we have a lot of very dedicated and amazing child care providers in Monroe, Wayne, and Livingston Counties.

I enjoy working with both the family child care providers and the school age programs because I love helping ensure that they are operating safe, fun, and innovative programs where children can thrive and grow, not only academically, but on a social and emotional level as well . I look forward to, hopefully, many more fun years ahead at the council.



#### School is Back in Session

By Polly Ellstrom, Inspector

Summer's over. Kids are back in school. Child care programs often see changes in enrollment.

Here are some important things you may want to review;

**Blue Cards** - Have the parents/guardians review to ensure that you have the most recent phone numbers and addresses.

**Transportation plans -** These need to be posted to reflect your daily transportation routine.

Please make sure that you have current transportation consent forms filled out and signed for each of the children in your care.

**Napping** - Some of the children may be napping on different napping equipment. Update to appropriate equipment and make sure both you and the parents/guardians sign the form.

**Medical records** - It is a good time to remind parents to pick up a current immunization record for their children when they go to their annual well visits. Remember you must have clearance for care statements and immunization records for all children not yet enrolled in kindergarten.

Indirect supervision permission slips - These can be used inside the home as well as outside. If you have a home where you don't have an open floor plan, you may have school age kids in the kitchen working on home work, while you are in the day care room with the younger children. If you do not have full view of the school age children, explain to parents you will utilize the indirect supervision permission and check on them every 10-15 minutes.

#### Enjoy the Fall!







#### **Using Person-First Language**

By Bethany Williams, Special Needs Coordinator

One way to create an inclusive environment for all children is through the use of person-first language. Person-first language can be defined as a form of linguistic etiquette in which we describe a trait or diagnosis as something a person has rather than as who they are. For example; "a person with Autism" vs "an autistic person" This is one way to recognize and welcome children with different abilities into your classroom environment. How we discuss and describe our children profoundly impacts their sense of inclusion in the classroom.

To begin using person-first language, we should initially try to understand its purpose and meaning. At its core, person-first language seeks to acknowledge the inherent and equal value of every individual, before attaching any other descriptors or identities the person may view as secondary or not intrinsic. Communicating using person-first language begins with empathy.

This is a simple practice but does take effort in reframing how we engage with people around us with different disabilities. However, using person-first language is a critical and often simple step towards creating a more authentic practice of inclusion, in addition to ongoing open discussions about how to best meet that child's needs and how they would like to be referred to.

Lastly, when we encounter a new circumstance or situation, for which we do not know the appropriate person-first language to use, we can always simply ask. Ultimately, the goal of person-first language is to value the child or individual. By practicing this, it can be a critical step to help create meaningful bonds and relationships between providers, children and parents.

Source: www.edutopa.org

# Please join Child Care Council at this year's Start Bright Gala



October 17, 2018
6:00 to 9:00 p.m.
(Dinner at 7:00 p.m.)

# Locust Hill Country Club 2000 Jefferson Road, Pittsford - Dinner, silent auction, raffles, games, and more

Help us celebrate the importance of early education and high-quality child care in ensuring children get a bright start to their future.

Special Honoree: Rochester Mayor Lovely Warren, Distinguished Civic Leader of the Year

Visit **childcarecouncil.com** for more information.



Revised: March 2015

#### **COURSE REGISTRATION FORM**

For Health & Safety or Business 101 Series, NYS License/Registration Booklet #:

NameHome Phone If your name has changed, please write your previous name below				
Work Phone:				
Child Care Council Membership # Email Ad	dress:			
Home / Mailing Address			¦	
City/TownYesYesN		County		
Business/Center Name	County			
Family Child Care FacilityGroup Family Child Care FacilityLegally Exempt Provider Child Care CenterSchool-Age Child Care Program				
Other				
Home Language Interpreting Services RequestedYesNe				
COURSE TITLE	COURSE DATE	LOCATION Lakeville Rochester Newark	COURSE FEE	
			\$	
			\$	
			\$	
Registrations MUST be received at least one week BEFORE class				
Please mail this form, with your payment to: Child Care Council, Inc.	Method of Payment  Cash \$			
595 Blossom Rd., Suite 120  Rochester, New York 14610  Check #				
Attention: Finance Department			\$	
	Child Care Council Voucher (please enclose)		\$	
Office Use Only	Visa/Mastercard \$		\$	
EIP technical assistance by:	Card #			
	(Three digits from back of card) V#Name of Card Holder			
EIP Award Letter Received	Expiration Date			
PO Completed for FIP Reimbursement				

Signature

Total Enclosed \$

#### **CLASSES AT CHILD CARE COUNCIL SEPT-OCT 2018**

Are you interested in becoming a Family or Group Family Child Care Provider?

Follow the path to your new child care business! New York State requires that you attend an orientation class prior to ordering an application. You may attend a

Child Day Care Orientation class online at

http://www.ocfs.state.ny.us/main/childcare/infoforproviders.asp - or - Take a live, interactive class with us! Call (585) 654-4720 for dates and times.

Once you complete the orientation, if you choose to proceed with Family or Group Family Child Care Registration or Licensing, you will need to fulfill your training requirements. Child Care Council offers a comprehensive

training package to meet your needs

The Child Care Business 101 Series covers all of your training needs including:

Health and Safety First Aid and CPR

Program Development

Introduction to CACFP Regulations

**Business Class** 

All included for the Health and Safety registration fee PLUS you will receive a complimentary Child Care Council Membership with full payment at registration, and giveaways to help you start your business!

#### Specialty Classes:

Medication Administration Training (MAT)

In order to administer medication to children in New York State, Day Care regulations require this training. There are several options available to obtain or renew this training. To learn more about these options contact one of our MAT certified instructors. Next dates are:

\*\*MAT Training:\*\*

Saturdays Sept. 15th & 22nd 9:00am-2:00pm in Rochester

MAT Independent Study Classes
Oct. 1st 6:00pm-9:00pm or Oct. 3rd 9:30am-12:30pm - All in Rochester

American Red Cross First Aid and CPR—Infant, Child and Adult CPR and Basic First Aid Sept. 8th 9:00am-2:00pm-Roch. or Sept. 15th 9:00am-2:00pm-Newark or Oct. 13th 9:00am-2:00pm-Roch.

#### Pyramid Model Training - Instructor Rose Shufelt

The New York State Pyramid Model Partnership promotes the statewide use of the Pyramid Model, an evidence-based framework proven to be an effective approach to building social and emotional competence in all early care and education programs.

Pyramid Model: Preschool <u>Module 1</u>: Building Relationships and Creating Supportive Environments - Saturday, October 13th 8:00am-3:00pm Roch. - Bring a lunch.

Pyramid Model: Infant Toddler <u>Module 1</u>: Social Emotional Development Within the Context of Relationships. - Saturday, September 15th 8:00am-3:30pm Roch. - Bring a lunch.

#### Legally Exempt Provider Classes:

The Legally-Exempt Training Series is for any in-home or family legally-exempt provider who wishes to enhance their knowledge and their reimbursement rate. Participants will learn about topics such as business regulations, child development, child abuse, and SIDS while interacting and networking with other providers.

#### CLASSES AT CHILD CARE COUNCIL SEPT-OCT 2018

Individual Classes: All classes are 6:30-9:00 pm unless otherwise noted.

#### Wayne County Professional Development Group Newark

Sept 10th

**Instructor: Jason Place** 

Oct 1st

Family and Group Family child care providers meet together once a month to network, support each other, and participate in a training chosen by the group. There is a different topic each month. If you would like to join the group, contact us for the details. (585) 654-4798

#### **Attention Deficit Hyperactivity Disorder**

#### **Instructor: Bethany Williams**

Rochester Sept. 5th

This training session will be an introductory course about the characteristics of ADHD disorder in children ages 5-12. In addition, we will discuss current research about appropriate accommodations for children with ADHD. The participants will leave with ideas to use in their programs to make it more inclusive. This class has a reduced rate of \$25.00.

#### **Sensory Processing Disorder**

#### **Instructor: Bethany Williams**

Rochester Sept. 20th

The Sensory Processing Disorder training session will be an introductory course about the characteristics of Sensory Processing Disorder in young children. We will look at what current research tells us about the challenges of Sensory Processing Disorder and how to support children while they are in child care. The participants will leave with increased knowledge about the 7 sensory systems which include: Tactile, Visula, Auditory, Olfactory, Gustatory, Vestibular and Proprioceptive. This class has a reduced rate of \$25.00.

#### Helping Hands in the Kitchen

#### **Instructor: Catherine Turco**

Rochester Sept. 29th

This class will cover developmentally appropriate ways to involve children in the kitchen, specific hands-on activities for children in the meal preparation, and the importance of family-style dining in the development of young children. FREE for CCC CACFP providers

#### The VROOM Brain Building Initiative

**Instructor: Renee Scholz** 

Rochester

Oct. 3rd

Vroom is a set of tools and messages that empower parents and caregivers to be brain builders. It elevates what they are already doing and enables them to make the most out of their time with their children. We will explore the materials, learn about the science of brain development and gain information on the specific roles parents and caregivers play in developing the brain of a young child.

#### Superhero Play and Prop Boxes Galore

#### **Instructor: Jennifer Shook**

Rochester

Oct. 9th

Play is the never-ending, critical work of childhood. How do we not only encourage Super Hero Play, but turn it into meaningful learning experiences for the children we care for? This class will look at Super Hero Play and several Prop Boxes that caregivers can use in their programs.

#### **Autism Spectrum Disorder**

**Instructor: Bethany Williams** 

Rochester Oct. 10th

This Autism Spectrum Disorder training session is an introductory course about the characteristics of Autism Spectrum Disorders in young children ages 3-5. We will look at what current research tells us about Autism Spectrum Disorder and how to support children while they are in child care by creating a more sensory friendly environment. This class has a reduced rate of \$25.00.

### See the Early Childhood Professional Development Course Calendar for details and a full course list.

Child Care Council courses, links to SUNY videoconference information, and EIP applications, are available at www.childcarecouncil.com

#### Individual Classes Continued:

#### **Science Experiments for Children**

**Instructor: Hector Santiago** 

Rochester

Oct. 10th

This hands-on science class explores age-appropriate science experiments to do with young children. Participants will explore how to set up science experiments, questions to ask the children to provoke thinking, and ways to document results. The participants will leave with a variety of different science and sensory activities to do with children.

#### Inclusion

**Instructor: Bethany Williams** 

Rochester

Oct. 16th

This introductory class in an overview of inclusion and practical ways to make your child care program more inclusive. Information will be presented on the Americans with Disabilities Act and how it relates to child care, in regards to federal laws and state regulations. This class has a reduced rate of \$25.00.

#### **Know the Regulations-Child Care Centers**

**Instructor: Kristine Huff** 

Rochester

Oct. 22nd

Are you familiar with the changes to the New York State Child Care Regulations? Would you like a refresher on the original regulations? Become familiar with both new and old regulations, required forms, documents, and regulations regarding child abuse.

#### Meltdown Management

**Instructor: Bethany Williams** 

Rochester

Oct. 23rd

This Meltdown Management training session is an introduction to challenging behaviors in children with special needs. We will discuss the difference between meltdowns and tantrums, why challenging behavior occurs and prevention strategies. The participants will leave with ideas to use in their programs to decrease the frequency of challenging behaviors. This class has a reduced rate of \$25.00.

#### Series Classes

Family Child Care Series-Perfecting Your Program

Mondays-September 17th - October 29th - Participants must attend entire series.

This series is designed to help participants develop a Child Care Program that is developmentally appropriate and will help to support children in their quest for exploring and learning through an environment that is designed with their needs in mind. Participants will leave the series with a "tool box" of ideas, materials, and references to support their program and the work they do with children.

- ♦ Programming with a Purpose ♦ Playing with a Purpose
- ♦ Planning with a Purpose ♦ Discovering the Math in Music
- ◆ Proving the Purpose is in the "Pudding" ◆ Organize your Business