

National Association for the Education of Young Children





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It has been one year since NAEYC launched our all new membership structure.

- Simplified pricing
- · Increased benefits
- Updated digital platforms

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To find the member level that is right for you!

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CARING MATTERS

Nov/Dec 2018- Vol. 36 Issue 8



Equity in the Early Years

Preschool students are more likely to be expelled than students in any other grade. In fact, preschoolers are being expelled at rates more than three times higher than students in K-12 schools.

Suspending or expelling a young child during the early, critical and impressionable years, can severely negatively affect physical, emotional, and social development. It removes a child from an early learning environment that contributes to a healthy development and hinders future academic success. By suspending or expelling a young child, possible unaddressed behavioral, emotional, and developmental issues may be over looked.

The high rate of suspension and expulsion in early education is directly linked to high rates of academic failure, drop outs, and incarcerations. High rates of suspension and expulsion, indicates that there is a lack of help for families to support their child's positive social and emotional development, that is the foundation for all learning, future relationships, and school readiness.

How Can I Help?

Visit

- https://www.earlycareandlearning.org/nys-elan-nbcdi.html to download the toolkit, and join the email list to stay updated.
- 'LIKE' the Early Care & Learning Council's page on Facebook. https://www.facebook.com/earlycareandlearning/
- Post on social media. Check out the toolkit for sample Tweets and Facebook posts.





Time is Precious

By Jill Griffith, Referral Specialist

In this busy world we live in, work, and of course life in general, can make spending "quality" time interacting with children seem unattainable. But nothing could be further from the truth.

Quality time with children is any time spent interacting with them in a positive way and can include sharing chores, cooking, cleaning, yard work, etc.

As they grow, you will find that the time they spend helping you will lessen the amount of time you have to spend doing these things. However, resist the temptation to use the time saved to pursue your own interests. Instead, one of the best ways to show children the value of hard work and contributing to the family is by using the time you saved to do something fun with them that you will both enjoy. Point out that the reason you are able to do these things together is directly correlated to the help you received from them. Make sure to thank them for their contribution.

If you do this consistently you may be surprised one day when you are working on a "chore" and your children suddenly volunteer to help.

The old saying, "Many hands make light work." is as true today as ever and that hand-in-hand time working together and then playing together will mean so much to you and your children.



Annual Membership Benefits

Latest form update: June 2018

Name/Organization:						
Address:						
Phone:						
Email:						
I prefer to receive the newsletter by Email Snail-mail						
Individual Membership - \$75 - Check one						
	Family Child Care Provider	Payment Method				
	Group Family Child Care Provider	Amount Enclosed: Check #				
	Group Family Child Care Assistant	MC/Visa #				
	Legally Exempt Child Care Provider					
	Individual - Non Child Care	Exp	Vcode:			
	Child Care Council CACFP Provider					
	Membership - \$50	Signature:				
Center Membership - Check one						
	\$200 staff of 1-10		Licensed Child Care Center			
	\$300 staff of 11-20		School Age Program			
	\$400 staff of 21-30		Legally Exempt Group Program			
	\$500 staff of more than 30		Nursery School			
Please list names of current staff on a separate sheet and attach and notify regarding changes.						
(note: Benefits applicable to all current staff members with the exception of the pin and special gift)						
Child Care Council Membership Benefits						
 20% discount on purchases at the Repurpose and More Store 20% discount on Print Shop orders 						
\Rightarrow	⇒ 20% discount on Council classes listed in the Course Calendar (EXCEPT CDA)					
\Rightarrow	⇒ 20% discount on donation for use of Council meeting rooms					
⇒ Discount on myMAX Program Fee						
⇒ Free notary services						
\Rightarrow	⇒ Loan privileges from the Early Childhood Professional Library → Mombarchia Rin					
\Rightarrow	 ⇒ Membership Pin ⇒ Special gift selection 					

Repurpose & More Store

Submitted by Susan Goodno, Store Services Specialist

Things you can make with items found at our store!

HOME DECOR









HANGING NOTE ROLL

PIRATE'S CHEST

10 Reasons Crafting is Good for You

- 1. It makes you feel you are living your life more fully.
- 2. Makes you better at problem solving.
- 3. It can increase your ability to focus.
- 4. Helps you to discover your strengths and weaknesses.
- 5. It increases dopamine in the brain... That makes you happy.
- 6. Increases patience and persistence.
- 7. Protects against aging by stimulating brain activity.
- 8. Gives you a sense of achievement.
- 9. Increases your attention span.
- 10. It's fun!



Sources:

CNN.com
CountryLiving.com
Relationship Rules.com



Handling Stresses From Parents

By Jennifer Shook, Professional Development Specialist

How Can You Reduce Stress When Dealing With Parents?

- 1. Try Active Listening: Pledge to yourself to try to understand how the parent feels.
- 2. Act Nurturing Toward a Complaining Parent: Express support and let parents know how brave they are taking on this adventure called parenting.
- 3. Learn Developmental Norms: Share information so that you can calm nervous or worried parents.
- 4. Wonder Together With Parents: Ask gentle questions to find out how parents are feeling and wonder out loud to solve problems, together.
- 5. Help Parents Find Positive Attributes About Their Child: Sometimes we really need to keep our cool and remember that kids will be kids.
- 6. Gently Explain Your Point of View When Working With Parents: Work with parents, letting them know your knowledge and experience, but be open to listening to their ideas and knowledge also.
- 7. Help Parents Learn How To Play One-to-One with their Child: Encouraging parents to watch and play with their child increases their genuine interest in their child and benefit both the child and the parent.

Taken from "Little Kids Big Worries" by Alice Sterling Honig



Special Health Care Needs

By Chris Meagher, RN, BSN

Do you have a child in your program that has an identified health care need? Read these excerpts to make sure you are following the appropriate policies. From the NYS Office of Children and Families (OCFS) child day care regulations:

418-1.11 Health and Infection Control

(a)(2) The written medical statement from the health care provider must also state whether the child is a child with special health care needs and, if so, what special provisions, if any, will be necessary in order for the child to participate in child day care. When the written statement from the health care provider advises the day care program that the child being enrolled is a child with special health care needs, the day care program must work together with the parent and the child's health care provider to develop a reasonable health care plan for the child while the child is in the child day care program. The health care plan for the child must also address how the day care program will obtain or develop any additional competencies that the staff will need to have in order to carry out the health care plan for the child.

Section 413.2. Definitions, (d) Miscellaneous:

(1) Children with special health care needs means children who have chronic physical, developmental, behavioral or emotional conditions expected to last 12 months or more <u>and</u> who require health and related services of a type or amount beyond that required by children generally.

When a child is identified by the medical provider as "a child with special health care needs" then an individual special health care plan needs to be completed by the parent who is sharing information from the medical provider. Sometimes a child isn't identified as having a special health care need but the medical statement shows that medication such as albuterol is on their list of medications as a rescue inhaler, or the medical statement may indicate a food allergy. In cases like this, even if the parent isn't going to provide the medication, an individual special health care plan needs to be completed.



News You Can Use

- Assess and avoid hazards. Manufacturers will determine the hazard characteristics of chemical constituents and formulations in their products, use chemicals with inherently low hazard potential, prioritize chemicals of high concern for elimination, minimize exposure when hazards cannot be prevented, and redesign products and processes to avoid the use and/or generation of hazardous chemicals. Buyers will work with their suppliers to achieve this principle.
- Commit to continuous improvement. Establish corporate governance structures, policies and practices that create a framework for the regular review of product and process chemistry, and that promote the use of chemicals, processes, and products with inherently lower hazard potential.
- Support public policies and industry standards. Advance the implementation of the above three principles, ensure that comprehensive hazard data are available for chemicals on the market, take action to eliminate or reduce known hazards and promote a greener economy, including support for green chemistry research and education.

These principles are key features of an effective strategy for promoting, developing and using chemicals that are environmentally preferable across their entire lifecycle.

Actions by early care and education

When evaluating products for purchase, early care and education providers should look for retailers that are screening out harmful chemicals. They should ask retailers to identify products that do not contain the chemicals discussed in this report. They should also encourage their favorite retailers to adopt a chemicals management policy and increase transparency about chemicals of concern in products.

ECE programs should also consider ways to demonstrate their leadership on environmental health matters, by looking at endorsement programs such as the Eco-Healthy Child Care program run by Children's Environmental Health Network. Finally, we recommend that they pay attention to new environmental requirements being incorporated in to accreditations offered by the National Association for the Education of Young Children and others.



News You Can Use

Selling Safer Products For Early Care and Education

Clean & Healthy New York

(Continued from the Sept/Oct 2018 issue) This is the final installment of this series

What retailers should do

Companies that sell products directly to early care and education providers should do the following:

- 1. Create and implement a policy for screening out chemicals that can harm children's healthy development, including a Restricted Substances list.
- 2. Establish a timeline for implementation.
- 3. Make the policy, Restricted Substances List and timeline available to the public.
- 4. Establish a clear and consistent way to identify products that are less toxic and require their vendors to verify these claims.

Major retailers including Target, Walmart, CVS, Bed Bath and Beyond and buy buy BABY have Restricted Substances Lists to direct vendors on materials selection.

What manufacturers should do

Manufacturers should implement the Principles for Safer Chemicals, developed by the Business NGO Workgroup for Safer Chemicals and Sustainable Materials. More information, including current endorsing companies and how to endorse the principles, is available here: www.bizngo.org/safer-chemicals/prinsiples-for-safer-chemicals

Principles for safer chemicals

Creating Healthy Solutions for the Environment, People and Economy

Demand for products made from greener chemicals is growing rapidly. Consumers, investors and governments want chemicals that have low to no toxicity and degrade into innocuous substances in the environment. Leading businesses are seeking to capture these emerging market opportunities by redesigning their products and catalyzing change in their supply chains.

To advance an economy where the production and use of chemicals are healthy for humans, as well as for our global environment and its non-human inhabitants, responsible companies and their supply chains should adopt and implement the following four guiding principles for chemicals policy:

Know and disclose product chemistry. Manufacturers will identify the substances associated with and used in a product across its lifecycle and will increase as appropriate the transparency of the chemical constituents in their products, including the public disclosure of chemicals of high concern. Buyers will request product chemistry data from their suppliers.



Winter Is Coming!

By Gina Barber, Legally Exempt Enroller

It's inevitable. Winter is coming! For some this may be great news while others may dread it. Either way there is a lot to consider when preparing your child care program for winter.

Collect outside winter wear for each child. Children should get outside time every day. Snow and cold are no exceptions. Make sure you have all supplies stocked and ready!

Review your shelter in place supplies. With winter weather comes winter storms. Check your supplies and make sure you have enough formula, diapers, spare clothing, food and bottled water for an emergency.

Practice your evacuation drills with winter in mind. How do you plan to keep each exit free and clear of snow, ice, and water? Does your meeting place work if there is a foot of snow outside? Does your emergency bag have updated supplies and equipment for cold weather?

Notify parents of your procedures for closing in case of inclement weather. Also, review policies for illness and review blue cards to make sure all contact information is accurate.

Plan exciting winter activities and lessons. Winter offers many opportunities for learning and exploring. Bring buckets of snow inside and let children run science experiments by testing how long it takes to melt. Or use if for art projects by using food coloring or water colors to decorate and mix colors. Expand vocabulary by encouraging children to come up with all the words they can think of to describe snow (wet, cold, icy, white, etc.)



New Collaboration with FOODLINK

By Laurie Haley, Director of Nutrition Services

Beginning in April 2018, Child Care Council embarked on an expanded collaboration with FOODLINK in order to bring more savings and access to low-cost food to providers in our area.

Home-based providers (GFDC, FDC, LE) who participate in the Child and Adult Care Food Program (CACFP) with Child Care Council can also participate in our Household Co-op program.



In Rochester, providers who participate in Household Co-op now go to Foodlink on the last Tuesday of each month to shop for food and household items to use within their child care programs. Each provider can choose from fruits, vegetables, dairy products, breads, frozen meats, paper towels and toilet paper, in addition to boxed, canned, and jarred foods. Each provider can fill a cart, and pay \$.49 per lb or less, which is a substantial savings.

Up until now, only Tier 1 Providers could join Co-op, but FOODLINK has now opened up eligibility to ALL Providers, regardless of Tier. In addition, Wayne and Livingston County Providers may also participate in the Rochester Co-op if they are able to drive to FOODLINK on Mt. Read Blvd to shop on the last Tuesday of each month from 5-7pm.



Child Care Council CACFP Providers who wish to join the Rochester Household Co-op please contact Chelsea Peckham at **c.peckham@childcareouncil.com** to get your copy of Co-op policies and the yearly participation agreement.

If you are not in CACFP, you are missing out on monthly reimbursement \$\$ for feeding the children in your care. Call Laurie at (585) 654-4753 to join today!!

Language and Literacy Tips:



Books for Autumn



THE REPURPOSE AND MORE STORE ITEM OF THE MONTH IS:

Arrows for wall art.

Wood \$1 each or 3 for \$2





Mat board 4 for \$1



Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Livingston County-Lakeville & Wayne County-Newark Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

November 2018

22nd & 23rd - All offices are closed for the holiday

December 2018

- 5th Child Care Council Staff Meeting-Office closed 10am-Noon
- 25th All offices are closed for the holiday
- Jan 1- All offices are closed for the holiday

Check out our social media pages!

Twitter https://twitter.com/ChildCareCoun

https://www.facebook.com/ChildCareCouncilinc Facebook

http://pinterest.com/cccouncilinc/ Pinterest

YouTube http://www.voutube.com/user/ChildCareCouncilinc

Meet the Staff of Child Care Council

Introducing Colleen Peno, Inspector

Hello, my name is Colleen Peno.



I work in the Inspection Department as a Family and School Age Child Care Inspector. I joined the Child Care Council in December of 2009. My background is in early childhood, childhood, special education, higher education and adult learning. Working at the council has allowed me to use my education background to assist child care providers, families and children to reach their fullest potential. I look forward to serving you throughout your journey at Child Care Council.



Action Required!

By Dana Bialaszewski, Registration Supervisor



Attention child care providers, in the coming months, you will be required to have a valid email address on file, in order to receive pressing application information. It is always essential to keep your business contact information up to date. If you change your email address or phone number, be sure to contact your registrar or licensor to update it. In doing this, you will avoid unnecessary issues in the future. For Centers and School-Age programs, you will want to include the Director's business email and the program business email as well. If you have any questions or wish to update your contact info, please contact our office at

(585) 654-4720.



Making a Sensory Kit

By Bethany Williams, Special Needs Coordinator

Sensory kits are a set of tools that can be used to support individuals with autism spectrum disorder (ASD) in the community. Sensory kits can be made to fit someone's needs, and used anywhere. For example, they can be used during times of transition, or in situations that are new or overwhelming, such as a doctor's appointment, a crowded place, or a noisy environment. Sensory items help the person focus and process the surroundings or it can give them an outlet to help themselves cope with a stressful situation. Typically, items in the kit are small and easy to carry and can be used to either provide stimulation or calm the person down.

Finding successful tools can feel like a guessing game. For example, the items that some may find entertaining or calming could feel like too much to others.

When you are building a kit, try to identify if the individual is a sensory **seeker** or **avoider**.

People who are sensory avoiders may be described as "picky" or "sensitive" to certain things. They may show behaviors such as avoiding messy activities, preference for quiet, avoidance of physical contact with people, or dislike of certain textures, sounds, or smells. Someone that seeks sensory input may be very interested in the sight, smell, sound, or feel of things. They also might be very active or seek out physical input, such as movement or pressure.

Some individuals may have both sensory-seeking and sensory-avoiding behaviors or may change from seeking to avoiding from time to time. Understanding the likes and dislikes of the person can help you identify what items to include in a sensory kit.

Source: Rochester Regional Center for Autism Spectrum Disorder

Please note: This article is for informational purposes only



There are over 2,000 child care providers in Monroe, Livingston and Wayne Counties.

We are ALL part of that voting block.

TOGETHER we can make a difference.

Let's have OUR VOICES heard.

Every vote WILL MAKE A DIFFERENCE FOR THE FUTURE OF CHILD CARE.

Please CAST YOUR VOTE on NOVEMBER 6th!





COURSE REGISTRATION FORM

For Health & Safety or Business 101 Series, NYS License/Registration Booklet #:

NameHome Phone If your name has changed, please write your previous name below						
Work Phone:						
Child Care Council Membership # Emai	I Address:					
Home / Mailing Address						
City/TownYesYes	Zip No	_ Zip County				
Business/Center Name County						
Family Child Care FacilityGroup Family Child Care FacilityLegally Exempt ProviderChild Care CenterSchool-Age Child Care Program						
Other						
Home Language Interpreting Services RequestedYesNo						
COURSE TITLE	COURSE DATE	LOCATION Lakeville Rochester Newark	COURSE FEE			
			\$			
			\$			
			\$			
Registrations MUST be received at	least one week BF	L L	Φ			
		. • •				
Please mail this form, with your payment to:	lethod of Paym	nent				
Child Care Council, Inc.		Cash \$				
595 Blossom Rd., Suite 120						
Rochester, New York 14610	Ch	Check # \$				
Attention: Finance Department	EIP Award #	EIP Award # \$				
		Child Care Council Voucher (please enclose) \$				
Office Use Only	Visa/Mastercard	Visa/Mastercard				
EIP technical assistance by:	Card #					
Date (Three digits from back of card) V#						
EIP Application Received	-	Name of Card Holder				

PO Completed for EIP Reimbursement

Revised: March 2015

Signature Total Enclosed \$

CLASSES AT CHILD CARE COUNCIL NOV-DEC 2018

Are you interested in becoming a Family or Group Family Child Care Provider? Follow the path to your new child care business! New York State requires that you attend an orientation class prior to ordering an application. You may attend a

Child Day Care Orientation class online at

http://www.ocfs.state.ny.us/main/childcare/infoforproviders.asp - or - Take a live, interactive class with us! Call (585) 654-4720 for dates and times.

Once you complete the orientation, if you choose to proceed with Family or Group Family Child Care Registration or Licensing, you will need to fulfill your training requirements. Child Care Council offers a comprehensive

training package to meet your needs

The Child Care Business 101 Series covers all of your training needs including:

Health and Safety First Aid and CPR Program Development

Introduction to CACFP Taxes

Business Class

All included for the Health and Safety registration fee PLUS you will receive a complimentary Child Care Council Membership with full payment at registration, and giveaways to help you start your business!

Child Development Associate Classes (CDA)

A Child Development Associate (CDA) is an individual who has successfully completed a CDA assessment and has been awarded the National CDA Credential from the Council for Professional Recognition. The CDA is accepted as the required training hours for Family Day Care Accreditation and is a requirement for lead teachers in a child care center according to the minimum qualifications in the NYS day care regulations.

Prior to applying for CDA Credential Assessment, each candidate is required to complete 120 clock hours of formal child care education in eight different categories, which are offered through our CDA courses. Participants must be working in a child care setting. CDA Courses at Child Care Council, Inc. are designed for potential candidates to

complete their 120 hours, assist with the development of competency papers, and create a professional portfolio. CDA Courses are available in the evenings.

Classes meet weekly and are from 6:00 pm- 9:00 pm.

CDA will now be offered in four modules. You may apply for more than one module at a time within a calendar year. Classes are first come, first served. For dates and times or to receive a CDA Course registration package, call (585) 654-4798.

Legally Exempt Provider Classes:

The Legally-Exempt Training Series is for any in-home or family legally-exempt provider who wishes to enhance their knowledge and their reimbursement rate. Participants will learn about topics such as business regulations, child development, child abuse, and SIDS while interacting and networking with other providers.

CLASSES AT CHILD CARE COUNCIL NOV-DEC 2018

Individual Classes: All classes are 6:30-9:00 pm unless otherwise noted.

Wayne County Professional Development Group Newark Nov. 5th Instructor: Jason Place Dec.3rd

Family and Group Family child care providers meet together once a month to network, support each other, and participate in a training chosen by the group. There is a different topic each month. If you would like to join the group, contact us for the details. (585) 654-4798

Gender Issues and Diversity in Programs Rochester Nov. 6th Instructor: Jennifer Shook

As an adult in the lives of young children, we play on important role in guiding children as they explore one of their most pressing question: Who Am I? We will discuss early learning and how to promote resiliency and look at books that help support healthy gender expression in children.

Lesson Planning for Family Child Care Rochester Nov. 7th Instructor: Hector Santiago

Participants will develop the ability to write effective, clear, outcome-based lesson plans that include developmentally appropriate, fun and interesting activities for different age groups. They will learn the benefits of planning lessons ahead of time, and review the stages of child development.

Know the Regulations-Family Child Care Rochester Nov. 13th Instructor: Polly Ellstrom

Are you familiar with the changes to the New York State Child Care Regulations? Would you like a refresher on the original regulations? Become familiar with both new and old regulations, required forms, documents, and regulations regarding child abuse.

Prevention of Child Abuse, Maltreatment and Shaken Baby Syndrome Instructor: Kristine Huff Rochester Nov. 27th

In this workshop we will discuss laws concerning mandated reporting and will look at indicators for abuse and neglect. Participants will be given resources for making a report to the SCR and ideas on how to reach children about personal safety. We will discuss Shaken Baby Syndrome and explore the physical consequences of shaking a child and the most common trigger, crying.

Music with the Great Masters Rochester Dec. 4th Instructor: Jennifer Shook

Music is essential in every early childhood classroom and is an important part of young children's growth. We will learn about and listen to famous composers including Mozart, Chopin, Bach, and Debussy. Participants will explore several activities to help caregivers expose children to these amazing musicians.

See the Early Childhood Professional Development Course Calendar for details and a full course list.

Child Care Council courses, links to SUNY videoconference information, and EIP applications, are available at www.childcarecouncil.com

Specialty Classes:

Medication Administration Training (MAT)

In order to administer medication to children in New York State, Day Care regulations require this training. There are several options available to obtain or renew this training. To learn more about these options contact one of our MAT certified instructors. Next dates are:

MAT Training:

Nov 3rd & 10th 9am-2pm - Rochester

MAT Independent Study Classes
Dec. 4th 9:30am-12:30pm, or Dec. 19th 6:00pm-9:00pm

American Red Cross First Aid and CPR—Infant, Child and Adult CPR and Basic First Aid Nov. 3rd 9am-2pm-Lakeville or Nov. 10th 9am-2pm-Rochester, or Nov 12 & 14th 6:30pm-9:00pm-Newark, or Dec. 8th 9:00am-2:00pm-Rochester

Series Classes

Pyramid Model Training

The New York State Pyramid Model Partnership promotes the statewide use of the Pyramid Model, an evidence-based framework proven to be an effective approach to building social and emotional competence in all early care and education programs.

Pyramid Model: Preschool Module 2:
Social Emotional Teaching Strategies
(must already have attended module 1)
November 12th 8:00am-3:30pm or
December 1st 8:00am-3:00pm - both in Rochester
Bring a lunch!

Pyramid Model: Infant Toddler <u>Module 2</u>: Responsive Routines, Environments, and Targeted Strategies (must already have attended module 1) November 3rd 8:00am-3:00pm or December 27th 8:00am-3:30pm - both in Rochester Bring a lunch!

For more information on full Pyramid Model implementation in your program, contact Rose Shufelt at 585-654-4740.

Keep an eye on your mailbox for the January-June 2019 issue of Child Care Council's Early Childhood Professional Development Course Calendar

