Repurpose & More Store

Submitted by Susan Goodno, Store Services Specialist

Featured Item











Cold winter months mean warm hearted crafts and teachable moments about kindness, compassion and empathy.

Here are some books about just that:



Stellaluna

Written & Illustrated by: Jenell Cannon

Be Kind

Written by Pat Zietlow Miller, Illustrated by Jen Hill



The Smallest Girl in the Smallest Grade Written by Justin Robers, Illustrated by Christian Robertson Each Kindness

Written by Jacqueline Woodson, Illustrated by E. B. Lewis



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President Eric Haselbauer - CEO Barbara-Ann Mattle - Editor Jennifer Weykman

* * * * * LOCATIONS * * * * *

Livingston County Branch Office 3513 Thomas Dr., Suite 4 Lakeville, NY 14480-0670 Phone: (585) 346-6050 Fax: (585) 346-6058 Main Office 595 Blossom Rd., Suite 120 Rochester, NY 14610-1825 Phone: (585) 654-4720 Fax: (585) 654-4721

Wayne County Branch Office 510 West Union St., Suite 1 Newark, NY 14513-9201 Phone: (315) 331-5443 Fax: (315) 331-5271







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Contact our team today for your next project:

585.654.4720 print@childcarecouncil.com

See page 18 for pricing and details



Child Care Subsidy

By Josean Vargas-Rodriguez, Referral Specialist

Affording quality child care for our children can be a challenge for many families in our communities. Luckily there are some options to assist these families get access to quality care. Some of these programs are:

Strengthening Working Families Initiative

- Rochester Rehabilitation
 Mary Lou McCloud
 585-263-2692 X1182
 1357 University Ave., Rochester, NY
- Monroe County resident (if not apply at local DSS)
- Individual is 18 years and older; Individual is the primary caregiver of child or children 13 years old or younger (Please note: if a child has a disability-eligibility can be up to 18 years of age)
- Individual is interested in increasing their skills through short term training and/or career advancement in the following industries: Health Care, Advanced Manufacturing, or Information Technology
- Must be willing to develop a career plan and actively work on goals

Monroe County Department of Human Services

Department of Social Service
Team 76 – Child Care
585-753-6960
111 Westfall Rd. Rochester, NY
www.monroecounty.gov

Preventative Care

- Preventative Care was put into place to prevent the families from entering into the foster care system.
- May be court ordered or when at least one of the following is met:
 - ♦ Health and Safety
 - ♦ Child Services
 - ♦ Pregnancy or Birth risks
 - ♦ Parent Services needed
 - ◊ Parent unwilling, or unable



Annual Membership Benefits

Name/Organization:				
Address:				
Phone:				
Email:				
I prefer to receive the newsletter by	Email Snail-mail			
Individual Membership - \$75 - Check of	one			
☐ Family Child Care Provider	Payment Method			
☐ Group Family Child Care Provider	•			
Group Family Child Care AssistantLegally Exempt Child Care Provide	MC/Visa #			
☐ Individual - Non Child Care	Exp Vcode:			
☐ Child Care Council CACFP Provide	er			
Membership - \$50	Signature:			
Center Membership - Check one				
□ \$200 staff of 1-10	☐ Licensed Child Care Center			
□ \$300 staff of 11-20	☐ School Age Program			
□ \$400 staff of 21-30	☐ Legally Exempt Group Program			
□ \$500 staff of more than 30	☐ Nursery School			
Please list names of current staff on a	separate sheet and attach and notify regarding changes.			
(note: Benefits applicable to all curren	nt staff members with the exception of the pin and special gift)			
Child Care Council Membership Benef	 fits			
	t the Repurpose and More Store			
20% discount on Print Shop orders				
 ⇒ 20% discount on Council classes listed in the Course Calendar (EXCEPT CDA) ⇒ 20% discount on donation for use of Council meeting rooms 				
 ⇒ 20% discount on donation for ⇒ Discount on myMAX Program ⇒ Free notary services ⇒ Loan privileges from the Early 	5			
⇒ Free notary services	·· 			
⇒ Loan privileges from the Early	y Childhood Professional Library			
⇒ Membership Pin ⇒ Special sift selection				
⇒ Special gift selection	Latest form update: June 2018			



Print Shop Pricing

Prices: B&W Printing and Copying on \$0.15 regular white/color paper per page Color Printing on regular white/ \$0.25 color paper per page **Laminating small (8.5x11)** \$1.80 per pouch **Laminating large** \$3.00 per linear foot (equates to a 3 sq. ft. area) Call for quote on:

Customers with a current Child Care Council membership receive a 20% discount before tax.

specialty paper (e.g. glossy, cardstock, etc.

Custom or large volume jobs



New Year.....New Experiences

Kristine Huff, Professional Development Specialist

As you are reflecting on your past year and making New Year's resolutions, challenge yourself to make some new goals for your program and classrooms as well. Sometimes we may get stuck in a rut and repeat familiar activities. Stay positive and use the new year to make a few changes. It is a great time to think outside the box.

Some ideas to get you started:

- 1. Try some new activities in your program. Always start first by asking children's interests and opinions to help shape your plans. Be creative with different theme days. For some ideas: https://www.kidactivities.net/theme-day-ideas-page-1/
- 2. Do a new science experiment each week. Here are some suggestions: https://babbledabbledo.com/20-science-projects-for-preschoolers/
- 3. Don't forget to get outside during the winter months. Children need daily outside activity...weather permitting. https://www.kidactivities.net/games-play-snow/
- 4. Take time to care for yourself. Child care providers can be vulnerable to stress and burnout:

 http://www.taylormichelle.com/

http://www.taylormichelle.com/teacher-burnout/

5. Improve your environment. Try to organize your space so it is a fun, safe and engaging place for children to learn and grow. Controlling the clutter is a great place to start: http://www.thesuperteacher.com/3-changes-daycare-space/



Have fun and stay positive!

Indoor Air Quality

By Chris Meagher, RN, Health Care Consultant

We all spend a lot of time indoors. That environment can have a significant impact on our health. This is especially true for a person who has asthma and/or allergies. When we share indoor space with other occupants, we are sharing the air which contains contaminated organisms and can be more polluted than outdoor air.

There are a few things anyone can do to provide healthy indoor air quality either in a home or center. The New York State Child Day Care Regulations state that "Rooms that will be used by the children must be well-lighted and well-ventilated. Heating, ventilating and lighting equipment must be adequate for the protection of the health of the children.....A temperature of at least 68 degrees Fahrenheit must be maintained in all rooms to be occupied by children." This means that vents in rooms must be open and not blocked to allow good air flow.

According to the AAP under the recommendation to control the "common cold" it states to "Ventilate the facility with fresh outdoor air and maintain temperature and humidity conditions as described in Caring For Our Children, 3rd edition: Indoor Temperature—Winter months: 68-75 degrees Fahrenheit with 30-50% relative humidity." Also in Caring for Our Children standard 5.2.1.1: Fresh Air, "As much fresh air as possible should be provided in rooms occupied by children. Windows should be opened whenever weather and the outdoor air quality permits or when children are out of the room." It also states: Indoor air can contain dirt, moisture and warmth which "encourages the growth of mold and other contaminants, which can trigger allergic reactions and asthma."

We are here to help you and your kids stay healthy!





News You Can Use

What should I be on the lookout for?

In order to distinguish between the different types of plastic that are on the market, products will sometimes have a small symbol - usually located on its underside. The number inside of the three triangles dictates what type of plastic was used to make that item.

One way of actively searching to avoid products made with PVC is to look for the Recycling Code #3. If you see a "3" inside of the triangle, beware! This product is made of PVC and exposure may lead to harmful health effects.

What are some safer alternatives?

The safest option is buying dolls and toys that are completely non-toxic. There are 100% PVC and phthalate free options such as dolls made of natural materials - cotton and wool. Often, these dolls are machine washable, making them easy to clean, while also being safer for your child.

There are dolls available on the market that are 100% PVC and phthalate free. Whenever possible, parents and child care professionals should opt for PVC and phthalate free dolls to minimize harmful exposures to children.

Although there are many positives to using PVC -free and phthalate-free dolls including being better for your children's health and the health of the environment—they will most likely be a more expensive option.

How often should you wash your cloth dolls?

The National Resource Center for Health and Safety in Child Care and Early Education recommends that any toys mouthed by children should be set aside when the child is done playing with them and then sanitized at the end of the day. Cloth toys should be washed once per week. However, if mouthed or soiled, the cloth toys should be removed from the room and returned to the toy rotation after they have been washed. It is important to follow manufacturer's instructions for the cleaning and sanitizing of all toys as well as following the criteria put forth in your state's child care and or health department regulations.

A recent study links phthalate exposure to delayed language development in children. Phthalates are often called "everywhere chemicals" because they are all around us - in consumer products like plastic toys, cosmetics and food packaging. The study showed that the risk for language delay was almost 30% greater in children whose mothers were exposed to higher levels of two phthalate chemicals-- dibutyl phthalate and butyl benzyl phthalate. To reduce exposures to phthalates look for personal care products and plastic

References

 https://toxtown.nlm.nih.gov/text_version/ chemicals.php?id=84

toys labeled

"phthalate-free."

- http://www.chej.org/pvcfactsheets/ The Poison Plastic.html
- http://www.greenspec.co.uk/buildingdesign/polyvinyl-chloride-pvcenvironment-health/
- 4. http://www.pulpworksinc.com/ environmental-impacts-of-pvc.html
- https://www.forbes.com/sites/ kateharrison/2015/06/18/1874/ #1819bb2571f4
- 6. http://nrckids.org/CFOC
- 7. https://silentspring.org/your-parenting
- https://saferchemicals.org/get-the-facts/ chemicals-of-concern/congress-mustensure-important-information-aboutchemical-use-is-not-hidden-from-peoplephthalates/
- https://saferchemicals.org/get-the-facts/ chemicals-of-concern/vinyl-chloride/



News You Can Use



Safer Baby Dolls

Plastic "baby dolls" have been staple play toys for years; in fact, you and/or your children most likely had a favorite doll...can you recall if it was made of plastic? These plastic dolls are found in most child care facilities, and often there are several in each classroom. They are developmentally appropriate - they foster creativity and encourage natural pretend play. Children typically mirror the behavior of their caregivers while imagining that they are a 'mommy' or a 'daddy'. Unfortunately, many plastic dolls are made of polyvinyl chloride (PVC)—making them a health concern for children who play with them on a daily basis. Read on to learn safer doll alternatives for your home and child care facilities

What is polyvinyl chloride (PVC)?

PVC plastic, commonly referred to as "vinyl" (although not all vinyls are PVC), is an odor-less and versatile plastic. It is found in many consumer products including raincoats and rain boots, shoe soles, shades and blinds, upholstery and seat covers, shower curtains, furniture, carpet backing, plastic bags, inflatable swimming pools and floating rafts, beach balls, dolls, bath books, toys (rubber duckies!), and infant chew toys (teething rings).

Why should I be concerned?

During the manufacturing, use, and disposal process-es of PVC, humans are exposed to toxic chemicals such as mercury, dioxins, and phthalates. Lead and other heavy metals are added to PVC during formation to help stabilize the plastic. It is well known that lead is a neurotoxicant that can be harmful to cognitive abilities, especially in young children (see EHCC's Lead Fact Sheet for more information). Heavy metals, such as lead and mercury, cannot be destroyed by incineration; therefore, during the PVC disposal process, these harmful heavy metals are released into the environment.

The health concerns related to PVC are especially worrisome for children due to their increased exposure to PVC in toys and garments. Vinyl chloride, which is the main ingredient in PVC, is a known carcinogen (cancer causing). Other PVC health concerns include birth defects, liver dysfunction, developmental disorders, and endocrine disruption that can lead to low sperm count, undescended testes, and premature puberty.

Often PVC also contains phthalates, which are a class of chemicals used to soften plastic products to make them more flexible. Adverse health effects related to phthalate exposure include: hormone disruption, developmental and reproductive problems, asthma, preterm birth, and the development of some cancers.

How can children be exposed to PVC in Dolls?

Young children have the natural tendency to mouth soft plastics, which can lead to exposure to PVC through ingestion. Chewing on a plastic toy creates small openings (often microscopic) in the plastic, providing an avenue for leaching of chemicals from the toy into a child's mouth. Normal wear and tear can also release PVC. New dolls or small tears in older dolls may cause off-gassing of toxic chemicals from PVC. When trying to understand "off-gassing," it is helpful to think of the new car smell that is very distinct. That smell, which is also present with new plastic baby dolls is the process of off-gassing, which is when the gasses and chemicals that were used to make that doll or car are released into the environment

The best way to protect children from the harmful effects of vinyl dolls is to eliminate them completely. If getting rid of all vinyl dolls is not an option, the next best option would be to remove them from infant and toddler rooms, because this age group has the largest tendency to mouth toys.



Is Your Teen Ready to Babysit?

By Linda Lane, Director of Legally Exempt Enrollment Services

A common question that we hear is "at what age can my child start babysitting?" There is no NYS mandated answer to that question. Each child has a different readiness age. It is important to realize that readiness is not measured by age, rather is it a stage of development. It is a serious decision for a child to make.



A child should enjoy younger children and have a good connection with children younger than themselves. They should also show signs at home such as finishing homework and chores on their own, helping out with making snacks and meals, and following house rules. This will show their maturity and responsibility levels. They must also be comfortable with being left alone for longer period of times, especially in other people's homes.

Once they are alone with the children they must be able to stay in control of her/himself and also be able to control the children. Can they assist a crying infant or a temper tantrum from a toddler? Can they practice safe habits while babysitting? They should also have a basic knowledge of first aid. This includes knowing how to remain calm and not panic in an emergency situation. They should know what to do in common situations such as bumps and bruises, scrapes and burns. It is important that they also know when to ask for help and when to call 911. Communication with adults is also an important part of the babysitting process. They must feel comfortable asking questions of the parents and establishing the rules of the house. He/she should also be able to advocate for him/herself. Setting a babysitting rate is an important part of the process as well. They are providing a service and should be compensated for that service. For many, this is their first job and it is an important step. Their decision should be taken seriously. When they accept the responsibility to babysit they are accepting the responsibility for a child's life.

If your teen is ready, be sure to sign up for our Safe Sitter Courses. This class will give them the tools they need to become a confident sitter. Call 585-654-4720 to sign up today.



Front and Center

By Cat Turco, CACFP Specialist

Healthy snack choices don't stand a chance when fudge, candy canes and sugar cookies are on the table. It's time to put healthy snacks front and center.

If tossing out the leftover sweets is challenging, stash them in the freezer and dole them out in moderation. Explain to your kids that when we eat healthy most of the time, we can enjoy a little treat like that every once in a while without going to excess. After switching to healthier snacks, your children may eventually forget about that freezer stash altogether.

With temptation out of sight, replace the cookie platters with a bowl of fresh fruit.

To satisfy a sweet tooth, offer sweeter fruits, like strawberries and blueberries. Instead of ice cream, have the kids create yogurt parfaits layered with their favorite fresh fruit. If they've developed a taste for sweet drinks, offer a "party punch" of sparkling water with fruit added to it.

For after school snacks, offer them healthier dips and dippers, such as carrot sticks and peanut butter or whole-wheat pita bread and hummus.

No matter the season, make meal time fun! Get the kids involved in the kitchen and teach them the many ways that food can both tasty and healthy.



Language and Literacy Tips:



Literacy Reminders from Mem Fox

- 1. Spend at least ten wildly happy minutes every single day reading aloud. From birth!
- 2. Read at least three stories a day: it may be the same story three times. Children need to hear a thousand stories before they can begin to learn to read. Or the same story a thousand times!
- 3. Read aloud with animation. Listen to your own voice and don't be dull, or flat, or boring. Hang loose and be loud, have fun and laugh a lot.
- 4. Read with joy and enjoyment: real enjoyment for yourself and great joy for the listeners.

THE REPURPOSE AND MORE STORE ITEM OF THE MONTH IS:

Paper Doilies 40 for \$1

These little gems have so many uses.

For some great ideas check out the projects on our back page!





Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Livingston County-Lakeville & Wayne County-Newark Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Jan 2019

- 1st Closed for the Holiday Happy New Year!
- 21st Closed for the Holiday Martin Luther King Jr. Day
- 30th Child Care Council Staff Meeting-Office closed 10am-Noon

Feb 2019

- 18th Closed for the Holiday Presidents' Day
- 27th Child Care Council Staff Meeting-Office closed 10am-Noon

Check out our social media pages!

Twitter https://twitter.com/ChildCareCoun

 $Facebook \\ https://www.facebook.com/ChildCareCouncilinc$

Pinterest http://pinterest.com/cccouncilinc/

YouTube http://www.youtube.com/user/ChildCareCouncilinc

Meet the Staff of Child Care Council

Introducing Claire Haggerty RN, Health Care Consultant



Hello, my name is Claire Haggerty. I joined the Child Care Council on November 5, 2018. I have been a nurse for 26 years, working in different areas of the field, from Oncology and Pain Treatment to Group Home nursing, teaching, and various roles in Hospice care.

I have an adult daughter with a small family-my grandson, Malcolm! My home in the South Wedge is run by my dog and cat.

Working at the council has taught me the value of an organization guiding the people wishing to care for our children.



Regulatory News You Can Use

By Tamika Johnson, Director of Inspection

Smoking Restrictions

In August, Governor Cuomo signed legislation amending Public Health Law 1399-o. As you know, child care regulations prohibit smoking in indoor or outdoor areas in use by children and in vehicles when children are occupying the vehicles. What does this amendment mean for you?

- Smoking is prohibited in areas where child care is provided.
- Smoking includes cigarettes, vaping, and e-cigarettes.
- The ban takes effect on November 18, 2018, and is applicable at all times, including outside of operating hours, even when children receiving care are not present.

Winter Weather

Please remember to keep your sidewalks and stairs clear of snow and ice this Winter.

Outdoor play during the winter months:

Outdoor play and fresh air are essential to children's healthy growth and development. Please be sure to implement this vital program requirement.

As stated in 417.7 (h):

Programs must offer daily supervised outdoor play, except during inclement or extreme weather or unless otherwise prohibited by a health care provider. Parents may request and programs may permit children to remain indoors during outdoor play time so long as such children will be supervised by an approved caregiver.

^{*}Excerpt from November 2018 Dear Provider Letter



Helping Children Identify their Emotions

By Bethany Williams, Special Needs Coordinator

- 1. With younger kids, talk about feelings: Because feelings and triggers are directly related, having discussions about feelings when your kids are young can help you establish a foundation to build on when identifying your child's triggers for him. This should be done when things are calm and going well, not right in the middle of, or after, a tantrum or outburst. Ask your child what makes him angry. What makes him happy? What makes him sad? The purpose of this is to teach kids how to identify various feelings, to learn what it means to feel angry, happy, sad, disappointed, etc., not to give them an excuse for bad behavior. This also enables kids to communicate their feelings to you clearly so that you are in the best position to help them learn how to cope.
- 2. **Connect the dots for them:** Let your child know what you have observed about the trigger and the acting out behavior. Use this as a framework: "Whenever _____ happens, you _____" or "I've noticed that when you _____, you _____." For example, you might say "I've noticed that when you think something is unfair, you get verbally abusive and call me names. "By connecting the dots for them, you are helping them learn their triggers. It's best if this is part of a problem-solving discussion that includes you and your child coming up with a plan for what your child will do differently next time he is in this kind of situation. Having a clear simple plan is necessary to help your child change his behavior in the future.
- 3. **Talk about the signs:** Often there are physical symptoms that come along with these triggers. The nervous system kicks into high gear when a trigger is present and can cause rapid heartbeat, warm flushed cheeks, rapid breathing, cold hands, muscle tension, and a lot of other signals. Ask your child what they feel in their body when the trigger you are talking about is present. When kids are aware of the warning signs their body gives them, it will serve as a natural cue to put the new plan you came up with during your problem-solving discussions into action.

It is important to help children identify their emotions and support them in promoting healthy social emotional skills and problem solving skills.





Washington D.C.---The JPB ENVIRONMENTAL Foundation has awarded funding to the Children's Environmental Health Network (CEHN), the National Association for Family

Child Care (NAFCC) and the National Center for Healthy Housing (NCHH) for the Protecting Children from Lead Exposures in Family Child Care **Environments** project. This two-year project will help family (in-home) child care professionals prevent children's exposures to lead in paint. dust, water, soil and consumer products. There is no safe level of lead for children. Adverse health effects, including IQ deficits and learning and behavioral problems, occur at low levels of exposure to often invisible sources of lead.

U.S. child care facilities care for over 11 million children younger than 6 years old, 3 million of whom are cared for in family home settings by approximately 1 million paid child care professionals. Many of these providers are unaware of the possible lead dangers in their homes' paint, dust, soil and water.

With resources from The JPB Foundation, CEHN, NAFCC and NCHH will develop a Lead Prevention toolkit and innovative outreach methods to provide this toolkit to family child care providers, increasing their awareness of lead exposure prevention. The project team will also help providers establish lead prevention policies for their in-home child care programs.





By targeting family child care providers, the **Protecting** Children from Lead Exposures in Family Child Care Environments project has a unique and crucial opportunity to provide home business owners with tools and resources they need to protect their own families and their child care kids from the dangers of lead.



COURSE REGISTRATION FORM

For Health & Safety or Business 101 Series, NYS License/Registration Booklet #:

NameHome Phone If your name has changed, please write your previous name below				
Work Phone:				
Child Care Council Membership # Email	Address:			
Home / Mailing Address				
City/TownYesYesYes	Zip _No	p County		
Business/Center NameCounty				
Family Child Care FacilityGroup Family Child Care CenterSchool-Age Child Care Center	Care FacilityL are Program	egally Exempt	Provider	
Other				
Home Language		ervices Reques	tedYesNo	
COURSE TITLE	COURSE DATE	LOCATION Lakeville Rochester Newark	COURSE FEE	
			\$	
			\$	
			\$	
Registrations <u>MUST</u> be received at least one week BEFORE class				
Please mail this form, with your payment to:		Method of Payment		
Child Care Council, Inc.		Cash \$		
595 Blossom Rd., Suite 120 Rochester, New York 14610	Ch	Check #		
Attention: Finance Department	EIP Award #	Check # \$		
		Child Care Council Voucher (please enclose) \$		
Office Use Only	Visa/Mastercard	Visa/Mastercard \$		
EIP technical assistance by: Card #				
Date Date	11 '	(Three digits from back of card) V#		
EIP Application Received EIP Award Letter Received	11	Name of Card Holder		

PO Completed for EIP Reimbursement

Revised: March 2015

Expiration Date Signature Total Enclosed \$ CLASSES AT CHILD CARE COUNCIL JAN-FEB 2019

Are you interested in becoming a Family or Group Family Child Care Provider? Follow the path to your new child care business! New York State requires that you attend an orientation class prior to ordering an application. You may attend a

Child Day Care Orientation class online at

http://www.ocfs.state.ny.us/main/childcare/infoforproviders.asp - or - Take a live, interactive class with us! Call (585) 654-4720 for dates and times.

Once you complete the orientation, if you choose to proceed with Family or Group Family Child Care Registration or Licensing, you will need to fulfill your training requirements. Child Care Council offers a comprehensive

training package to meet your needs

The Child Care Business 101 Series covers all of your training needs including: Program Development Health and Safety First Aid and CPR Introduction to CACFP **Business Class** Regulations All included for the Health and Safety registration fee PLUS you will receive a complimentary Child Care Council Membership with full payment at registration, and giveaways to help you start your business!

Child Development Associate Classes (CDA)

A Child Development Associate (CDA) is an individual who has successfully completed a CDA assessment and has been awarded the National CDA Credential from the Council for Professional Recognition. The CDA is accepted as the required training hours for Family Day Care Accreditation and is a requirement for lead teachers in a child care center according to the minimum qualifications in the NYS day care regulations.

Prior to applying for CDA Credential Assessment, each candidate is required to complete 120 clock hours of formal child care education in eight different categories, which are offered through our CDA courses. Participants must be working in a child care setting. CDA Courses at Child Care Council, Inc. are designed for potential candidates to complete their 120 hours, assist with the development of competency papers, and create

a professional portfolio. CDA Courses are available in the evenings.

Classes meet weekly and are from 6:00 pm- 9:00 pm.

CDA will now be offered in four modules. You may apply for more than one module at a time within a calendar year. Classes are first come, first served. For dates and times or to receive a CDA Course registration package, call (585) 654-4798.

Legally Exempt Provider Classes:

The Legally-Exempt Training Series is for any in-home or family legally-exempt provider who wishes to enhance their knowledge and their reimbursement rate. Participants will learn about topics such as business regulations, child development, child abuse, and SIDS while interacting and networking with other providers.

CLASSES AT CHILD CARE COUNCIL JAN-FEB 2019

Individual Classes: All classes are 6:30-9:00 pm unless otherwise noted.

Wayne County Professional Development Group Newark

(Meeting only-No class credit on Jan. 7th)

Instructor: Jason Place

Feb. 4th

Family and Group Family child care providers meet together once a month to network, support each other, and participate in a training chosen by the group. There is a different topic each month. If you would like to join the group, contact us for the details. (585) 654-4798

Nutrition Grows Healthy Children Rochester Jan 12th Instructor: Jodi Ver Weire 9am-11:30am

> Newark Feb 4th Chelsea Peckham Rochester Feb 4th

Just learning meal portions? Our class teaches hands on meal portions and skills including how to prepare balanced meals and healthy choices. The class will offer the opportunity to discuss meal patterns and how to promote healthy choices to help children's growth.

Helping Hands in the Kitchen 2.0 Rochester Jan. 17th Instructor: Chelsea Peckham 6:30-9:00 Jodi VerWeire Rochester Feb. 9th 9am-11:30am

This class is an extension of last year's Helping Hands in the Kitchen. It will review additional developmentally appropriate ways to involve children in the kitchen using new hands-on activities, with an expanded focus on family style dining and the ways to implement it in child care programs.

Supervision in Child Care

Rochester

Feb. 26th

Instructor: Kristine Huff

Family and Group Family child care providers meet together once a month to network, support each other, and participate in a training chosen by the group. There is a different topic each month. If you would like to join the group, contact us for the details. (585) 654-4798

Pyramid Model Training

Pyramid Model: Infant Toddler Module 3: Individualized Intervention with Infants and **Toddlers**

Saturday, January 19th -or- Saturday, February 20th 8am-3:30pm Rochester - Bring a lunch! Have to have already had module 1 & 2

> Pyramid Model: Preschool Module 3: Individualized Intervention Thursday, February 21st 8am-3:30pm Rochester - Bring a lunch! Have to have already had module 1 & 2

For more information on full Pyramid Model implementation in your program, contact Rose Shufelt at 585-654-4740

See the Early Childhood Professional Development Course Calendar for details and a full course list.

Child Care Council courses, links to SUNY videoconference information, and EIP applications, are available at www.childcarecouncil.com

Series Classes

National Association for Family Child Care Accreditation Series

The National Association of Family Child Care (NAFCC) accreditation is the only accreditation for Family and Group Family Child Care programs. The Accreditation Series is intended to improve, strengthen, and promote high quality Family and Group Family Child Care Programs in New York State. Child care providers will lean how to make changes in their program in order to prepare for the self study process to meet NAFCC Standards of quality.

The series is designed to support child care providers with information they will need to apply for their self study. The series helps the participants to understand the specific steps necessary to comply with the OCFS regulations, NAFCC standards, document their compliance, and prepare them for NAFCC observation.

Dates to be announced. Call if interested-Hector Santiago 585-654-4793

Specialty Classes

Medication Administration Training MAT Classroom

In order to administer medication to children in New York State, Day Care regulations require this training. Participants may qualify for a \$100.00 rebate to cover part of the fee for the course

MAT Certification requires renewal every 3 years. The MAT Certification may be renewed by taking the course in a classroom, by independent study, or by taking the Online Certification Renewal Test.

Rebate applications can be obtained at any Child Care Council office or www.ecetp.pdp.albany.edu

The MAT course is offered in a series of two days. Please bring a lunch as break time is limited. Saturdays, January 5th and 12th 9am-2pm Rochester

MAT Independent Study Class

If you prefer to learn independently, at your pace, then the MAT Independent Study course is for you. Part 1 - Study and review MAT course materials.

https://www.ecetp.pdp.albany.edu

Part 2 - You'll need to meet with a MAT trainer for 3-4 hours to complete testing.

Call us at (585) 654-4720 for more information.

February 6th 9:30am-12:30pm - Rochester February 20 6:00-9:00 pm - Rochester

First Aid and CPR

If This 5 hour American Red Cross Training and Certification class is for Infant, Child and Adult CPR and Basic First Aid

Saturday, January 5th 9am-2pm - Lakeville

Saturday, January 19th 9am-2pm - Rochester Saturday, February 9th 9am-2pm - Rochester