

Repurpose & More Store

Submitted by
Susan Goodno, Store Services Specialist



Kids and Wood Scraps

Letting kids explore with wood can help them develop their creativity and communication skills. In addition they can increase their problem solving and cooperation skills. Check out these great articles for more insight and inspirations.

Nurturing Creativity: Preparing Young Children for the Challenges Ahead

CommunityPlaythings.com/Resources/Articles/2019/nurturing-creativity

Six unique ways to use scrap wood in preschool

Teachpreschool.org/2012/10/08/six-unique-ways-to-use-scrap-wood-in-preschool/



Everything You Need to Know about Loose Parts Play

FantasticFunandLearning.com/loose-parts-play-kids.html



Visit **Repurpose & More Store** for a huge variety of wood scraps.

This section is now larger than ever!

See page 15 for more information!



President Eric Haselbauer - CEO Barbara-Ann Mattle - Editor Jennifer Weykman

Follow us on Social Media! * * * * * LOCATIONS * * * * *

Livingston County Branch Office
3513 Thomas Dr., Suite 4
Lakeville, NY 14480-0670
Phone: (585) 346-6050
Fax: (585) 346-6058

Main Office
595 Blossom Rd., Suite 120
Rochester, NY 14610-1825
Phone: (585) 654-4720
Fax: (585) 654-4721

Wayne County Branch Office
510 West Union St., Suite 1
Newark, NY 14513-9201
Phone: (315) 331-5443
Fax: (315) 331-5271



CARING MATTERS

May/June 2019 Vol. 37 Issue 3



At Foodlink we know how to nourish kids!

Our Community Kitchen has provided CACFP meals to local child care programs for over 16 years. Kid-friendly menus are developed by our professionally trained executive chef and registered dietitian. Breakfast, snack, lunch, and dinner meals are available, and pricing never exceeds your CACFP reimbursement. Eligibility for CACFP is not required, we require just a 12 meal minimum for delivery. To learn more, contact Claire Savini at csavini@foodlinkny.org or 585.413.5063.



FoodlinkNY.org | Foodlink is an equal opportunity provider.



Family Focus



“Green” Spring Cleaning

By Renee Scholz, Family and Employer Services Director

The weather is finally getting nice and the temperatures are slowly rising. This is the time of year many of us undertake the task of spring cleaning after the long winter. Instead of using harsh, dangerous cleaning products that contain a range of artificial fragrances, solvents and preservatives which may harm humans, animals and the environment, consider using natural alternatives to chemical products. The products are just as effective for cleaning your home, and the basic ingredients you need will not be costly. Here are some things you may already have in your home, or may want to purchase from the store.

The Cleaning Cabinet Essential 10

For basic cleaning, the following items are all you need:

- 1) **Baking soda (sodium bicarbonate)** Baking soda absorbs odors and its mildly abrasive. Sprinkle on a damp sponge or cloth and use as a gentle, nonabrasive cleanser.
- 2) **White distilled vinegar** Excellent disinfectant, deodorizer and anti-fungal.
- 3) **Borax (sodium borate)** Another miracle cleaner, however it's an eye irritant and toxic if swallowed. Keep out of reach of children.
- 4) **Washing soda (sodium carbonate)** Chemical relative of baking soda, but more strongly alkaline. A great solvent. Don't use on wax floors, fiberglass or aluminum.
- 5) **Hydrogen peroxide (household concentration 3%)** Bleach substitute in place of chlorine.
- 6) **Bon Ami (original)** Founded in 1886, made from calcite and feldspar mineral abrasives. No chlorine, perfume or dye and biodegradable.
- 7) **Liquid vegetable-based soap** Sometimes referred to as castile soap
- 8) **Liquid vegetable-based detergent** Look for products that are biodegradable and made from vegetable-based ingredients rather than petroleum-based.
- 9) **Olive and essential oils** Lavender, lemon, tea tree and peppermint essential oils add natural fragrance and have antiseptic properties.
- 10) **Grapefruit seed extract** A powerful anti-bacterial.

For more information about healthy products please visit:
cleanhealthyny.org.



Annual Membership Benefits

Name/Organization: _____

Address: _____

Phone: _____

Email: _____

I prefer to receive the newsletter by ___ Email ___ Snail-mail

Individual Membership - \$75 - Check one

- Family Child Care Provider
- Group Family Child Care Provider
- Group Family Child Care Assistant
- Legally Exempt Child Care Provider
- Individual - Non Child Care
- Child Care Council CACFP Provider
Membership - \$50

Payment Method	
Amount Enclosed: _____	Check # _____
MC/Visa # _____	
Exp. _____ Vcode: _____	
Signature: _____	

Center Membership - Check one

- \$200 staff of 1-10
- \$300 staff of 11-20
- \$400 staff of 21-30
- \$500 staff of more than 30
- Licensed Child Care Center
- School Age Program
- Legally Exempt Group Program
- Nursery School

Please list names of current staff on a separate sheet and attach and notify regarding changes.

(note: Benefits applicable to all current staff members with the exception of the pin and special gift)

Child Care Council Membership Benefits

- ⇒ 20% discount on purchases at the Repurpose and More Store
- ⇒ 20% discount on Print Shop orders
- ⇒ 20% discount on Council classes listed in the Course Calendar (EXCEPT CDA)
- ⇒ 20% discount on donation for use of Council meeting rooms
- ⇒ Discount on myMAX Program Fee
- ⇒ Free notary services
- ⇒ Loan privileges from the Early Childhood Professional Library
- ⇒ Membership Pin
- ⇒ Special gift selection

New Smoke Alarms Help, But They're Not a Cure-All

Fire departments and injury prevention organizations like Prevention 1st are celebrating the upcoming implementation of New York State's new smoke alarm requirements. As of April 1, all smoke alarms sold in New York must have a 10-year, sealed, non-removable battery, which will undoubtedly prevent a significant number of fire deaths and serious injuries.

While most fires happen during the day, most fatal fires occur at night. Having even one working smoke alarm in your home reduces the chance of dying in a fire by more than half. It is difficult to find a more effective, accessible and affordable prevention tool, which is why most states require them in the first place. Yet people still die in fires on a regular basis. Why?

Missing or dead batteries! Well-meaning people, annoyed by the sound of a dying battery, or by one that is doing its job around a smoky kitchen or steamy bathroom, take out the battery. So do people who are in immediate "need" of a battery for a remote control or other device. Regardless of reason, most people have every intention of replacing that battery, but just don't get around to it, with sometimes tragic consequences.

Ten-year smoke alarms, with long-life batteries that are sealed into the unit, will make a big difference in improving safety. But there are a few things New Yorkers need to know before they install their new ones and forget about them for a decade.

Test your smoke alarm regularly. Long-life batteries are just that – but "long life" may not be ten years. Batteries can and do fail, so continue to test them once a month.

Keep it free of dirt and dust. Alarms are sensitive and finely tuned; like any appliance, they work better when clean! Use a vacuum hose or duster to remove damaging dirt.

Be ready to replace it before ten years is up. A 2008 CDC-commissioned study found that after ten years, 78% of smoke alarms with lithium batteries were that were installed through a public outreach program were still operational. That leaves 22% that were not. Keep testing!

Don't forget the other pieces of the safety puzzle. The time to figure out who is helping children or elderly relatives escape from fire is not the middle of the night with alarms going off and smoke filling your home. Develop an exit plan with your family and practice it at least twice a year!

The new smoke alarms, while slightly more expensive, will be well worth the cost in lives saved and injuries prevented. But they are not a cure-all, and taking a few additional steps will help make your home and your family that much safer.

Source: prevention2st.org

This article also appeared as an op-ed piece by Prevention 1st president Molly Clifford in the March 23, 2019 issue of the Rochester Democrat & Chronicle



Challenging Behaviors and the Pyramid Model

By Rose Shufelt, Pyramid Model Master Trainer/Coach

Challenging behaviors in young children are just that; Challenging! It is frustrating for providers when they don't know how to help the child who is exhibiting those behaviors. New York State has identified the critical need to better support and teach young children and families social emotional skills.



We Teach

If a child doesn't know how to read, we teach.
 If a child doesn't know how to swim, we teach.
 If a child doesn't know how to multiply, we teach.
 If a child doesn't know how to drive, we teach.
 If a child doesn't know how to behave,
 we..... teach?punish?

Why can't we finish the last sentence as automatically as we do the others?"
 Tom Herner (NASDE President) Counterpoint 1998, p.2

We need to focus on **teaching children what to do** in place of the challenging behavior. Punishment/expulsion is not the answer. Pyramid model will help you do just that. Module trainings are designed to give anyone working with children and families the tools needed to meet all children where they are at. Pyramid implementation takes it to the next level.

Programs who commit to implement pyramid strategies to fidelity have seen decreases in children with challenging behaviors by helping all children learn social skills, problem solving skills, healthy emotional literacy, and self-regulation; all of which are needed for future success. This is done through additional training, technical assistance, and coaching to create a business/environment that will set you up for success. Together, let's invest in our children and families and give them the best possible beginning!



For more information on the Pyramid Model, please contact me at 585-654-4740 or r.shufelt@childcarecouncil.com.





Tick Education and Prevention Tips

By Claire P Haggerty RN, Child Care Health Consultant

A small “deer tick” or blacklegged tick is getting attention for spreading Lyme disease at a very fast rate in the US. Education and a prevention plan are good tools to still engage in outdoor activities for people, and for our pets.

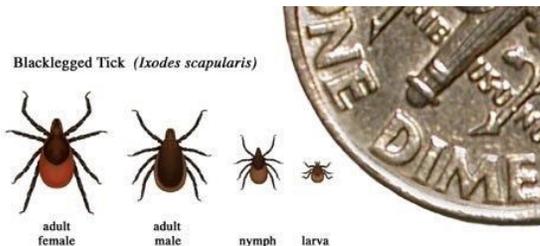
The blacklegged tick is a known carrier of Lyme disease, a bacterial disease that can cause symptoms ranging from rash and flu-like symptoms, and at late stages cause debilitating joint pain, fatigue, and brain inflammation. According to the CDC, over 329,000 cases of Lyme disease are reported yearly. It is possible to avoid, or tend to removal of this tiny vector. Ticks feed on deer, as well as humans. They are found in high grassy areas, and dense woods.

The CDC recommends the following to avoid them:

- Cover up! Long sleeves, long pants, tucking pant legs into socks, preferably white
- Avoid high grassy areas, stick to mowed trails, walking towards the center of the trail
- Using repellants with 20-30% DEET www.cdc.gov/westnile/paq/ repellant
- Purchase insect-repellent clothing with Permethrin (repellant)
- Perform thorough skin, ears, and scalp inspection after outing
- Families need to perform nightly skin inspection at bath time, in the “warm places”, armpits, belt line and groin.

Ticks are small, easy to miss, but will grow in size as they feed. According to the American Academy of Pediatrics, remove found tick with tweezers.

- Grasp the tick close to the skin, and use a gentle traction, without twisting motion. Pull it out of the skin. Wash the area with soap and water after removal.
- Watch for signs of a “Bulls-eye” rash, not seen in all cases. Headache, and Flu-like symptoms, that can occur between 1-30 days after the bite.
- Not all bites result in end stage Lyme disease symptoms, in fact, only a tiny fraction do, thanks to diagnosing and possible use of antibiotics. Call your Doctor with any questions.



15 Things you should know about Ticks Maria Masters
History of Lyme Disease Bay Area Lyme Foundation
Managing Infectious Diseases in Child Care and Schools AAP 4TH edition

Continued from page 17

Mixing an effective yet safe ratio of bleach to water is important. If too much bleach is used, it can affect the breathing of some children; if too little bleach is used, the solution will not properly sanitize or disinfect.

Any leftover solution should be discarded at the end of the day. Keep the bleach solution you mix each day in a cool place out of direct sunlight. Always ensure that chlorine bleach solutions are out of the reach of children, as bleach can cause severe damage to eyes and skin, and may be harmful if swallowed.

Keep in mind that there are safe, effective alternatives to chlorine bleach. Healthier options are peroxide-based bleach products that are registered by EPA for use in sanitizing and disinfecting. Remember to always use the least-toxic cleaner, sanitizer, or disinfectant. For EPA-registered sanitizers and disinfectants, visit: www.epa.gov/saferchoice.

Paints and Finishes

Indoor air can be more polluted than outdoor air. Off-gassing from paints and finishes is one of the main sources of poor indoor air quality. For years after paint is applied, low-levels of volatile organic compounds (VOCs) are re-released into the air. VOCs are organic compounds, such as benzene, formaldehyde, and toluene, that readily evaporate and thus can be inhaled. VOCs are associated with a variety of adverse health effects. These chemicals were standard ingredients in paints and finishes. Now low- or no-VOC paints can be found easily in local stores. Be sure to select those options to protect children’s health, and your own.

Aerosols

Keep aerosol spray away! Aerosol sprays - such as deodorants, hair sprays, carpet cleaners, furniture polish and air fresheners - spew invisible droplets of chemicals into the air. The invisible droplets are inhaled by children and can trigger asthma and allergy symptoms.

Bleach

Read the label to find the concentration of sodium hypo-chlorite (bleach) in the product to make sure you are using the right amount of bleach and water.

- Use only an EPA-registered, unscented products. The product you purchase should have a label that says *EPA Reg#* and lists the number.
- Follow the manufacturer’s instructions.

For more information regarding dilution and contact time instructions provided in Appendix J of *Caring for Our Children*, see:

<http://nrckids.org/files/appendix/AppendixJ.pdf>.

Household Chemicals Resources

- ❖ Caring for Our Children: National Health and Safety Performance Standards; Guidelines for Early Care and Education Programs, 3rd Edition (See Appendix J for information on Bleach) <http://nrckids.org/CFOC>
- ❖ Green Cleaning, Sanitizing, and Disinfecting: A Toolkit for Early Care and Education https://cerch.berkeley.edu/sites/default/files/green_cleaning_toolkit.pdf
- ❖ Eco-Healthy FAQs on Fragrances www.cehn.org/ehcc/ToxFAQs
- ❖ Guidelines for Mixing Bleach Solutions for Child Care and Similar Environments <https://www.doh.wa.gov/Portals/1/Documents/8340/970-216-Disinfect-en-L.pdf>
- ❖ Bleach Solutions <https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/BABIES/HEALTHCHILD CARE/Pages/sanitize.aspx>



FOR MORE INFORMATION
Call: 202-543-4033, ext. 13
Email: ehcc@cehn.org
Visit: www.cehn.org/ehcc

Household Chemicals Health Concerns

Household chemicals can be toxic to our health and to the environment. A wide variety of toxic or hazardous chemicals are routinely used as ingredients for cleaning products. Household chemicals can make indoor air unhealthy to breathe, irritate the skin and eyes, harm the respiratory tract and endocrine system, and pollute the natural environment. Children are especially vulnerable to toxic chemicals because their bodies and organs are still developing. Children are exposed to toxic chemicals in utero, through inhalation, skin and eye contact, and ingestion.

What's the Difference?

Make sure the product you choose is doing the job you need it to do.

Routine **cleaning** with detergent and water is the most useful method for removing germs from surfaces in the child care setting.

A **sanitizer** is a product that reduces germs on inanimate surfaces to levels considered safe by public health codes or regulations. A sanitizer may be appropriate to use on food contact surfaces, toys that children may place in their mouths, and pacifiers.

A **disinfectant** is a product that destroys or inactivates most germs on non-porous surfaces. A disinfectant may be appropriate to use on diaper changing tables, counter tops, door and cabinet handles, and toilets and other bathroom surfaces.

Choose Safer Cleaning Products

Safer cleaning products are not only less toxic and environmentally safe, but they also often cost the same as conventional cleaners.

Green Seal and *ECOLOGO* are non-profit companies that research and certify products that are biodegradable and environmentally friendly. Visit www.greenseal.org and/or search for *ECOLOGO* certified products in the *UL Sustainable Product Guide* to verify whether the products you use are safe, healthy and effective. Additionally, the US Environmental Protection Agency (EPA) has created *Safer Choice*. This label verifies that the product ingredients have been thoroughly reviewed by the EPA review. EPA also has *Safer Choice Fragrance-Free*, a label for products without fragrance. Visit <http://www.epa.gov/saferchoice>.

Proper Sanitization and disinfection

Properly diluted unscented regular strength household bleach is commonly used to sanitize and disinfect in child care, as it is easily accessible and affordable. IMPORTANT: Household bleach is now being sold in a variety of concentrations. It is very important to identify the concentration of sodium hypochlorite, the active ingredient, in the product you purchase so that you can mix the correct amount of bleach and water. The higher the percentage of sodium hypochlorite, the stronger the bleach is.



Gardening with Kids

By Pam Patrick, Legally Exempt Enroller

Gardening with kids presents an exceptional opportunity to develop skills in a meaningful way with a tangible outcome. And spring is the perfect time to get started!

Whether you prefer flowers or vegetables, children learn invaluable lessons and skills from helping in the garden.* Children develop small and large motor skills by planting small seeds, moving from one place to another, and carrying tools and water. Using a trowel or rake and pulling weeds also develop motor skills by using whole hand and pincer grasping which are beginning writing skills. Literacy skills are also developed by learning names of different plants, and reading planting, sun, and watering requirements on seed packages. Mapping out the garden you plant is another reading and writing activity.

Seeds can be purchased inexpensively at many dollar stores and there are so many varieties to choose from! Planting can be started inside when it's still too cold outside for plants to grow. Using biodegradable planters is eco-friendly and easy to transplant into the ground when it's warm enough. Cardboard egg cartons, paper towel tubes folded into cups, and citrus fruit rinds are great for starting seeds, then placing directly into the ground once it's warm enough outside. This prevents damaging the delicate roots, plus they will biodegrade right into the ground and often attract earthworms which help with growing process. See this website for more ideas: <https://www.onegreenplanet.org/lifestyle/biodegradable-pots-for-seedlings/>



* taken from <https://www.canr.msu.edu/news/gardening-with-young-children-helps-their-development>



Healthy food helps kids learn.

Our innovative approach to children’s meals brings together high nutritional standards, a state of the art kitchen and kid-friendly menus created by our executive chef. Today we deliver over 5,000 meals daily to youth programs throughout Monroe County. Our delicious and nutritious meals include the freshest ingredients and are CACFP and Dietitian approved.

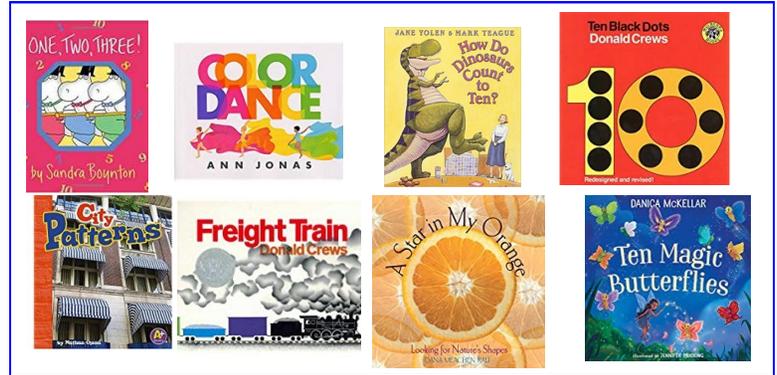
To learn more, contact Claire Savini at csavini@foodlinkny.org or 585.413.5063.

FoodlinkNY.org | Foodlink is an equal opportunity provider.



Language and Literacy Tips:

Encouraging Math and Literacy



THE REPURPOSE AND MORE STORE ITEM OF THE MONTH IS:

Wood Scraps

All kinds of shapes and sizes!

Small: 10/\$1.00
Medium 4/\$1.00
Large \$1.00 each





Child Care Council

Office Schedule and Calendar of Events

Monroe County-Rochester

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

Livingston County-Lakeville & Wayne County-Newark

Hours are Mon-Fri 9am-5pm. Other hours available by appointment.

May 2019

- 27th - All Council Offices Closed for Holiday
- 29th - Child Care Council Staff Meeting-Office closed 10am-Noon

Jun 2019

- 26th - Child Care Council Staff Meeting-Office closed 10am-Noon

Check out our social media pages!

Twitter <https://twitter.com/ChildCareCoun>
 Facebook <https://www.facebook.com/ChildCareCouncilinc>
 Pinterest <http://pinterest.com/ccouncilinc/>
 YouTube <http://www.youtube.com/user/ChildCareCouncilinc>

Meet the Staff of Child Care Council

Introducing Melodie Velazquez, Inspector/Registrar, Latino Services



Hello, my name is Melodie Velazquez. I joined the Child Care Council in September of 2018. My background is in Criminal Justice.

Working at the council has taught me that parents rely on us to make sure their children are safe while they are at work, school, etc. "It takes a village" and we are here to help. I have been working with children for over 12 years.

I enjoy working with providers because I believe they can make a difference in each child's life. I look forward to working with each and every one of you.



A Closer Look



Guidelines for Safely Transporting Children

By Augie Espenmiller, Inspector

Many child care providers are now offering transportation services for families in need. Here are a few key components to consider when transporting day care children:

Required Forms:

417.6(C) Parents must be informed of and agree to a *Transportation Plan*.

417.6(A) Provider's must *obtain written consent* from parents on forms furnished by the office.

417.6(L) Provider's must openly display a daily *Transportation Schedule*.

<All Forms must be **accurate and filled out completely**>



Safety Regulations:

417.6(D) Children must never be left unattended in a vehicle .

417.6(E) Children must board and exit the vehicle from the curb side of the street.

417.6(F) All children must be secured in age appropriate child safety seats that are properly installed, or in a seat belt.



417.6(K) No caregiver may operate a motor vehicle while using a phone or any electronic communication device, including hands-free (ex. Blue tooth)

****Providers who are transporting children will be required to show proof of a *valid driver's license, registration, and insurance* during program inspections. Please keep copies of these materials readily accessible when requested by the office.****

Please Review NYS Family/Group Family Day Care Regulations, section **[6—Transportation]** for all rules and procedures for transporting day care children.





Trauma and Social Emotional Learning Environments

By Bethany Williams, Special Needs Coordinator

Working with trauma-affected students is a difficult balancing act. First, as teachers we need to focus on the individual student and the strong, one-to-one relationships that support our trauma-affected kids. And second, creating these bonds requires a broader cultural adjustment and reprioritization, where the whole community works together to cultivate a space in which students, educators, and staff members thrive.

To support students who have experienced trauma, start by flipping the traditional classroom paradigm: Relationships have to come before content.

Educators should be mindful that traumatic life experiences can sometimes emerge as behaviors that we might otherwise label as challenging. “Trauma can manifest in so many behaviors! Hypervigilance can masquerade as hyperactivity,” recasting a child’s nervous disposition as a possible response to a difficult home environment. “Fear can look like aggression: flight, freeze, or fight.”

A trauma-informed approach to social emotional learning requires partnership between counselors, teachers, parents, and other trusted adults to help guide students through short and long-term challenges.

Source: www.edutopia.org

CHILD CARE COUNCIL SPECIAL SAVINGS! ENJOY \$10 TICKETS TO THESE GREAT CONCERTS!



April 28 (2pm)

Sherlock Holmes and the Case of the Missing Maestro

Join detective Sherlock Holmes as he solves a case of musical intrigue!

GLINKA Overture to *Ruslan and Ludmilla*
RICHARDS *Sherlock's Entrance*
WILLIAMS *Superman March*
MENDELSSOHN *Sherzo from A Midsummer Night's Dream*
STRAUSS *Bahn Frei*
LOPEZ *Mvt 4 Fiesta!* from *Techno*
TCHAIKOVSKY *Serenade for Strings mvt. 2*
MANCINI Theme from *The Pink Panther*
PONCHIELLI *Dance of the Hours*
TCHAIKOVSKY *Symphony No. 4 Mvt. 4*



May 19 (2pm)

PLATYPUS THEATRE'S PRESTO, MAMBO!

Michael Butterman, conductor
 Platypus Theatre

Be ready to dance in the aisles! Michael Butterman returns to conduct Platypus Theatre's interactive family show that highlights the rhythms of Latin American music.

3 WAYS TO ORDER!

Online: RPO.ORG call: 585-454-2100 in person: 108 East Avenue

USE PROMO CODE: CCC

Concert registration forms are also available at Child Care Council offices.



COURSE REGISTRATION FORM



For Health & Safety or Business 101 Series, NYS License/Registration Booklet #: _____

Name _____ Home Phone _____
If your name has changed, please write your previous name below

Work Phone: _____

Child Care Council Membership # _____ Email Address: _____

Home / Mailing Address _____

City/Town _____ Zip _____ County _____
Is this a change of address or contact? ____Yes ____No

Business/Center Name _____ County _____

____Family Child Care Facility ____Group Family Child Care Facility ____Legally Exempt Provider
____Child Care Center ____School-Age Child Care Program

Other _____

Home Language _____ Interpreting Services Requested ____Yes ____No

COURSE TITLE	COURSE DATE	LOCATION Lakeville Rochester Newark	COURSE FEE
			\$
			\$
			\$

Registrations MUST be received at least one week BEFORE class

Please mail this form, with your payment to:
Child Care Council, Inc.
595 Blossom Rd., Suite 120
Rochester, New York 14610
Attention: Finance Department

Method of Payment	
Cash	\$ _____
Check # _____	\$ _____
EIP Award # _____	\$ _____
Child Care Council Voucher (please enclose)	\$ _____
Visa/Mastercard	\$ _____
Card # _____ (Three digits from back of card) V# _____	
Name of Card Holder _____	
Expiration Date _____	
Signature _____	
Total Enclosed	\$ _____

Office Use Only	
EIP technical assistance by: _____	Date _____
EIP Application Received _____	
EIP Award Letter Received _____	
PO Completed for EIP Reimbursement _____	

Revised: March 2015

CLASSES AT CHILD CARE COUNCIL MAY-JUNE 2019

Are you interested in becoming a Family or Group Family Child Care Provider?

Follow the path to your new child care business! New York State requires that you attend an orientation class prior to ordering an application. You may attend a Child Day Care Orientation class online at

<http://www.ocfs.state.ny.us/main/childcare/infoforproviders.asp>

- or - Take a live, interactive class with us! Call (585) 654-4720 for dates and times.

Once you complete the orientation, if you choose to proceed with Family or Group Family Child Care Registration or Licensing, you will need to fulfill your training requirements. Child Care Council offers a comprehensive training package to meet your needs

The Child Care Business 101 Series covers all of your training needs including:

- | | | |
|-----------------------|-------------------|---------------------|
| Health and Safety | First Aid and CPR | Program Development |
| Introduction to CACFP | Regulations | Business Class |

All included for the Health and Safety registration fee PLUS you will receive a complimentary Child Care Council Membership with full payment at registration, and giveaways to help you start your business!

Child Development Associate Classes (CDA)

A Child Development Associate (CDA) is an individual who has successfully completed a CDA assessment and has been awarded the National CDA Credential from the Council for Professional Recognition. The CDA is accepted as the required training hours for Family Day Care Accreditation and is a requirement for lead teachers in a child care center according to the minimum qualifications in the NYS day care regulations. Prior to applying for CDA Credential Assessment, each candidate is required to complete 120 clock hours of formal child care education in eight different categories, which are offered through our CDA courses. Participants must be working in a child care setting.

CDA Courses at Child Care Council, Inc. are designed for potential candidates to complete their 120 hours, assist with the development of competency papers, and create a professional portfolio. CDA Courses are available in the evenings.

Classes meet weekly and are from 6:00 pm- 9:00 pm.

CDA will now be offered in four modules. You may apply for more than one module at a time within a calendar year. Classes are first come, first served.

For dates and times or to receive a CDA Course registration package, call (585) 654-4798.

CLASSES AT CHILD CARE COUNCIL MAY-JUNE 2019

Individual Classes: All classes are 6:30-9:00 pm unless otherwise noted.

**Wayne County Professional Development Group Newark May 6th
Instructor: Jason Place June 3rd**

Family and Group Family child care providers meet together once a month to network, support each other, and participate in a training chosen by the group. There is a different topic each month. If you would like to join the group, contact us for the details. (585) 654-4798

**Know the Regulations-Family Child Care Roch May 1st
Instructor: Colleen Peno**

Are you familiar with the changes to the New York State Child Care Regulations? Would you like a refresher on the original regulations? Become familiar with both new and old regulations, required forms, documents, and regulation regarding child abuse.

**Supervision in Child Care Roch May 6th
Instructor: Kristine Huff 6:30-8pm**

Participants will be able to assess their supervision practices and identify where it may need improvement to assure that no child is left without competent supervision in their program.

**Meltdown Management Roch May 8th
Instructor: Bethany Williams**

This Meltdown Management training session is an introduction to challenging behaviors in children with special needs. We will discuss the difference between meltdowns and tantrums, why challenging behaviors occurs and prevention strategies. The participants will leave with ideas to use in their programs to decrease the frequency of challenging behaviors. This class has a reduced rate of 25.00.

**Helping Hands in the Kitchen 2.0 Roch May 18th
9am-11:30am
Instructor: Hector Santiago/Catherine Turco - or - May 23rd**

This class is an extension of last year's Helping Hands in the Kitchen. It will review additional developmentally appropriate ways to involve children in the kitchen using new hands-on activities, with an expanded focus on family style dining and the ways to implement it in child care programs.

**Parent Communication Roch June 3rd
Instructor: Bethany Williams**

This course provides tips and strategies on how to communicate with parents who have children with special needs or suspected developmental delays. This class will also cover the ASQ-SE (a developmental screening tool) and how to work collaboratively with parents and their children to help ensure a successful relationship. This class has a reduced rate.

**Child Care Center Regulations Roch June 4th
Instructor: Kristine Huff 6:30-8pm**

Learn about NYS child care regulations, required forms, and documents.

**The VROOM Brain Building Initiative Roch June 11th
Instructor: Renee Scholz**

Vroom is a set of tools and messages that empower parents and caregivers to be brain builders. It elevates what they are already doing and enables them to make the most out of their time with their children. We will explore the materials, learn about the science of brain development and gain information on the specific roles parents and caregivers play in developing the brain of a young child.

See the Early Childhood Professional Development Course Calendar for details and a full course list.

Child Care Council courses, links to SUNY videoconference information, and EIP applications, are available at www.childcarecouncil.com

Specialty Classes:

Medication Administration Training (MAT)

In order to administer medication to children in New York State, Day Care regulations require this training. There are several options available to obtain or renew this training. To learn more about these options contact one of our MAT certified instructors. Next dates are:

MAT Training:

May 4th & 11th 9am-2pm - Rochester

MAT Independent Study Classes

June 13th 9:30am-12:30pm or June 18th 6pm-9pm - Both in Rochester

American Red Cross First Aid and CPR—Infant, Child and Adult CPR and Basic First Aid

*May 11th 9am-2pm--Rochester, or May 18th -9am-2pm-Newark,
or June 8th-9am-2pm-Rochester*

Health and Safety Training: Competencies for Becoming a Family or Group Family Day Care Provider

*If you are working in a family or group family child care program as an assistant or substitute, you may use this course for required training hours. In this case the course is eligible for EIP funding.
May 7, 9, 14, 16, 21 & 23 or June 3, 5, 10, 12, 17 & 19 - Both in Rochester*



The FLIP IT! Strategy

Using FLIP IT! To Address Challenging Behaviors

FLIP IT! ® is a strategy that offers a simple, kind, strength-based, commonsense and effective four step process to address children's day-to-day challenging behavior. The four steps are embodied in the FLIP IT! mnemonic which stands for F-Feelings, L-Limits, I-Inquiries, and P-Prompts. FLIP IT! is nothing new, but transforms best practice into a strategy that is easy to remember, applicable in a variety of challenging situations and portable. Children who are frequently "FLIPPED" become emotionally aware problem-solvers who develop healthy coping skills that will last a lifetime.

Note: This training compliments Pyramid Model practices and can be taken before or after Pyramid sessions.

June 1st & 8th 10am-2pm - Instructor: Hector Santiago- **In Spanish**

Contact Hector for registration 654-4793 Bring Your Lunch