



JOIN US!

TO LEARN MORE ABOUT Infant and Early Childhood Mental Health Consultation

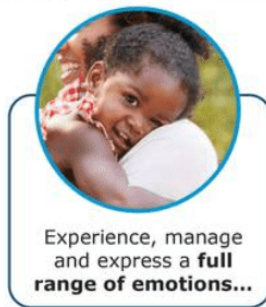
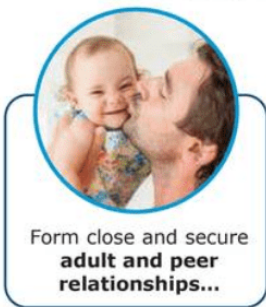
WHAT IS IECMHC?

The Infant and Early Childhood Mental Health Consultation (IECMHC) service is designed to equip caregivers with strategies and supports to strengthen children’s social, emotional, and behavioral health development – early and before intervention is needed. Based on relationship-based practices, it also employs skill- and relationship-building efforts with the adults in a child’s life.

WHAT DOES IT LOOK LIKE?

- Indirect service that benefits young children
- Promotion-based
- Prevention-based
- Provided by a mental health professional
- Builds the capacity of families and professionals
- Supports and sustains healthy social and emotional development of young children
- Delivered in a variety of child-serving systems (ECE, HV, etc.)
- Delivered in a natural or community setting

Social and emotional development, or **infant and early childhood mental health**, is the developing capacity of a child from birth to 5 years old to...



...all in the context of family, community, and culture.

Mental Health Consultation is based on a collaborative approach between Family/Group Family Child care providers, classroom teachers, program administrators, and the mental health consultant. Through problem-solving, and skill-building interventions, the approach strives to build the capacity of the adult caregivers in children’s lives, to prevent, identify, treat, and reduce the impact of mental health problems among children (Georgetown University Center for Child and Human Development, 2009, adapted from Cohen & Kaufmann, 2005). Please join us for an informational session to learn about this exciting new initiative and how it can help support you and your early childhood program.

Please join us for a free informational session hosted by Rose Shufelt and receive **1.5 hours** of training!

March 2, 10:30 AM-12:00PM
March 31, 6:30-8:00 PM

Target Audience:
Center Based Owners/
Administrators/Directors, Family or Group
Family Providers & Community Organizers

OCCF Topic Areas:
1,2,3

TO REGISTER:
LINK SOON